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Level 4

Up to half of adults suffer from mental illness

18th January, 2016

<http://www.breakingnewsenglish.com/1601/160118-mental-illness-4.html>

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Please try the harder Level 5 and the 26–page Level 6 (harder).

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THE READING

From <http://www.breakingnewsenglish.com/1601/160118-mental-illness-4.html>

Britain's health service said that up to half of adults have suffered from a mental illness. The Health Survey for England shows that 25 per cent of adults have had a mental health problem and 18 per cent believe they have suffered from one but have not seen a doctor. A mental health expert said the survey is a "wake-up call" to make sure that people get mental health support. He said: "Effective mental health treatment saves lives."

Researchers questioned 5,000 adults and found that 26 per cent of them were diagnosed with a mental illness. Depression was the most common form. Women are more likely to suffer than men. Over 40 per cent of middle-aged women have had an illness at some time in their life. A mental health charity said: "These are shocking figures...because the scale of mental illness is already known but too often ignored."

Sources: <http://www.telegraph.co.uk/news/nhs/12101811/Almost-half-of-adults-have-suffered-mental-illness-NHS-stats-suggest.html>
<http://www.bbc.com/news/uk-35322354>
<http://www.mirror.co.uk/lifestyle/health/one-four-diagnosed-mental-illness-7187621>

MATCHING

From <http://www.breakingnewsenglish.com/1601/160118-mental-illness-4.html>

PARAGRAPH ONE:

- | | |
|--------------------------------------|-------------------|
| 1. Britain's health | a. of adults |
| 2. up to | b. saves lives |
| 3. suffered from a | c. half of adults |
| 4. 25 per cent | d. expert |
| 5. have not seen | e. up call |
| 6. A mental health | f. service |
| 7. the survey is a wake- | g. a doctor |
| 8. Effective mental health treatment | h. mental illness |

PARAGRAPH TWO:

- | | |
|-----------------------------|-------------------------|
| 1. Researchers questioned | a. time in their life |
| 2. diagnosed with | b. suffer than men |
| 3. Depression was the most | c. a mental illness |
| 4. Women are more likely to | d. of middle-aged women |
| 5. Over 40 per cent | e. mental illness |
| 6. had an illness at some | f. 5,000 adults |
| 7. These are shocking | g. common form |
| 8. the scale of | h. figures |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1601/160118-mental-illness-4.html>

Britain's health service said (1) _____ of adults have (2) _____ mental illness. The Health Survey for England shows that 25 per cent (3) _____ had a mental health problem and 18 per cent believe they have suffered from one but have (4) _____. A mental health expert said the survey is a "wake-up call" (5) _____ that people get mental health support. He said: "Effective mental health (6) _____."

Researchers (7) _____ adults and found that 26 per cent of them were (8) _____ mental illness. Depression was the most common form. Women are more (9) _____ than men. Over 40 per cent (10) _____ women have had an illness at (11) _____ their life. A mental health charity said: "These are shocking figures...because the scale of mental illness is already known but (12) _____."

MENTAL ILLNESS SURVEY

From <http://www.breakingnewsenglish.com/1601/160118-mental-illness-4.html>

Write five GOOD questions about mental illness in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____
- h) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____
- g) _____
- h) _____

FREE WRITING

From <http://www.breakingnewsenglish.com/1601/160118-mental-illness-4.html>

Write about **mental illness** for 10 minutes. Comment on your partner's paper.
