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Level 1

No shampoo may be better for your hair

4th April, 2017

<http://www.breakingnewsenglish.com/1704/170404-shampoo-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1704/170404-shampoo-1.html>

Could shampoo be history? Millions of us use it. Is it necessary? Fewer people are using it. They are changing their hair-washing habits. A study on shampoo said: "People are working from home...and fewer people are smoking, so [they] are using less shampoo." A hair website said shampooing often may be why hair gets greasy. It makes the scalp dry, so the head produces more oil, which you have to shampoo again. Not shampooing mean less oil.

Many people say shampoo is good. A top hairdresser said there is no benefit to not using shampoo. He said it is gentle on your head and makes the hair look shiny and glossy. He added that the hair's oil doesn't clean it. A hair loss clinic said: "Rinsing your hair is not...effective after...activities that make the scalp sweaty, such as exercising or using a sauna....Rinsing will also not remove bacteria or clean the [extra] oil from your scalp if you have greasy hair."

Sources: <http://www.bbc.com/news/uk-38812935>
<http://www.treehugger.com/organic-beauty/washing-ones-hair-shampoo-so-passe.html>
<http://ecosalon.com/no-poo-method/>

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1704/170404-shampoo-1.html>

PARAGRAPH ONE:

- | | |
|-------------------------------------|----------------------|
| 1. Could shampoo be | a. working from home |
| 2. Millions of | b. oil |
| 3. They are changing their hair- | c. dry |
| 4. People are | d. again |
| 5. shampooing often may be why hair | e. us use it |
| 6. It makes the scalp | f. washing habits |
| 7. which you have to shampoo | g. gets greasy |
| 8. Not shampooing mean less | h. history? |

PARAGRAPH TWO:

- | | |
|---|----------------------|
| 1. there is no benefit to | a. sweaty |
| 2. makes the hair look | b. clinic |
| 3. He added that the hair's oil doesn't | c. hair |
| 4. A hair loss | d. shiny |
| 5. Rinsing your hair | e. bacteria |
| 6. activities that make the scalp | f. not using shampoo |
| 7. Rinsing will also not remove | g. is not effective |
| 8. if you have greasy | h. clean it |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1704/170404-shampoo-1.html>

Could shampoo be history? (1) _____ use it. Is it necessary? Fewer (2) _____ it. They are changing their hair-washing habits. A study on shampoo said: "People are working from home...(3) _____ are smoking, so [they] are using less shampoo." A hair website said shampooing (4) _____ why hair gets greasy. It makes the scalp dry, (5) _____ produces more oil, which you have to shampoo again. Not shampooing (6) _____.

Many people say (7) _____. A top hairdresser said (8) _____ benefit to not using shampoo. He said it is gentle on your head and makes (9) _____ shiny and glossy. He added that the hair's oil doesn't clean it. A hair loss clinic said: "Rinsing your hair is (10) _____ after...activities that make the scalp sweaty, (11) _____ or using a sauna....Rinsing will also not remove bacteria or clean the [extra] oil from your scalp if you (12) _____."

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1704/170404-shampoo-1.html>

Could shampoo be history? Millions of us use it. Is it necessary? Fewer people are using it. They are changing their hair-washing habits. A study on shampoos said: "People are working from home... and fewer people are smoking, so [they] are using less shampoo." A hair website said shampooing often may be why hair gets greasy. It makes the scalp dry, so the head produces more oil, which you have to shampoo again. Not shampooing means less oil. Many people say shampoo is good. A top hair dresser said there is no benefit to not using shampoo. He said it is gentle on your head and makes the hair look shiny and glossy. He added that the hair's oil doesn't clean it. A hair loss clinic said: "Rinsing your hair is not... effective after... activities that make the scalp sweaty, such as exercising or using a sauna.... Rinsing will also not remove bacteria or clean the [extra] oil from your scalp if you have greasy hair."

SHAMPOO SURVEY

From <http://www.breakingnewsenglish.com/1704/170404-shampoo-4.html>

Write five GOOD questions about shampoo in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

