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Level 6

Adolescence now lasts from 10 to 24

22nd January, 2018

<https://breakingnewsenglish.com/1801/180122-adolescence.html>

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Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Scientists have changed their estimation of when adolescence ends and adulthood starts. Adolescence is that difficult time when children develop into adults. It was traditionally thought to coincide with our teenage years. However, scientists from the University of Melbourne have redefined this. They say it can start at the age of 10 and continue to the age of 24. Puberty used to occur around the age of 14, but because of improved health and nutrition, puberty can now start at the age of 10, especially in the developed world. Likewise, the upper age for when adolescence ends has been increased. This is because we stay in education longer, and delay responsibilities like marriage, parenthood and getting a job.

The scientists published their study in the "Lancet Child and Adolescent Health" journal. They say society needs to change laws to take into account the findings of the research. Professor Susan Sawyer said: "Although many adult legal privileges start at age 18, the adoption of adult roles and responsibilities generally occurs later." The researchers say youth support services could be extended to the age of 25. However, this could be problematic in many countries around the globe. There is a big difference in the legal age at which nations recognize adulthood. Children legally become adults at the age of 15 in Indonesia, Myanmar and Yemen. In Singapore, Zambia and Honduras, the age is 21.

Sources: <http://www.foxnews.com/health/2018/01/19/scientists-prolong-adolescent-years-to-24-years-old-report-says.html>
<http://www.thelancet.com/journals/lanchi/article/PIIS2352-4642%2818%2930022-1/fulltext>
<http://www.newsweek.com/how-long-take-grow-doctors-say-extend-adolescence-785478>

WARM-UPS

1. ADOLESCENCE: Students walk around the class and talk to other students about adolescence. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

estimation / adolescence / children / adults / age / developed / education / marriage / scientists / study / journal / research / privileges / responsibilities / globe / support

Have a chat about the topics you liked. Change topics and partners frequently.

3. TEENAGE YEARS: Students A **strongly** believe our teenage years are the best years of our life; Students B **strongly** believe our teenage years are the worst years of our life. Change partners again and talk about your conversations.

4. AGES: What are the good and bad things about being these ages? Complete this table with your partner(s). Change partners often and share what you wrote.

	Good things	Bad things
4		
10		
17		
29		
45		
75		

5. CHILDREN: Spend one minute writing down all of the different words you associate with the word "children". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. ADULTHOOD: Rank these with your partner. Put the best things about adulthood at the top. Change partners often and share your rankings.

- freedom
- money
- marriage
- job
- lifestyle
- family life
- driving
- alcohol

VOCABULARY MATCHING

Paragraph 1

- | | |
|----------------|---|
| 1. estimation | a. The process of providing or obtaining the food necessary for health and growth. |
| 2. adolescence | b. The period in which a young person develops from a child into an adult. |
| 3. coincide | c. Re-state the nature, meaning or scope of something again or differently. |
| 4. redefined | d. A rough calculation of the value, number, quantity, or extent of something. |
| 5. puberty | e. Put an action event off for a later time. |
| 6. nutrition | f. Occur at or during the same time. |
| 7. delay | g. The period during which youths reach sexual maturity and become capable of reproduction. |

Paragraph 2

- | | |
|----------------------|---|
| 8. take into account | h. Lasting longer than is usual or expected; prolonged. |
| 9. privileges | i. The action or fact of adopting or being adopted. |
| 10. adoption | j. Accept / Acknowledge the existence, validity, or legality of something. |
| 11. extended | k. Consider a specified thing along with other factors before reaching a decision or taking action. |
| 12. globe | l. Special rights or advantages for a particular person or group of people. |
| 13. recognize | m. In a way that conforms to or is permitted or required by the law. |
| 14. legally | n. The earth. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. Scientists amended the range for which adolescence starts and ends. **T / F**
- b. People believed adolescence and our teenage years were similar. **T / F**
- c. Children used to reach puberty at the age of ten. **T / F**
- d. The age for adolescence increased due to lengthier education. **T / F**
- e. The scientists suggested new laws for adolescents. **T / F**
- f. The researchers want youth support services stopped at 18. **T / F**
- g. All countries use the same age to decide when someone is an adult. **T / F**
- h. In Zambia, people are adults when they turn 18. **T / F**

2. SYNONYM MATCH:

Match the following synonyms. The words in **bold** are from the news article.

- | | |
|-----------------------------|--------------------|
| 1. estimation | a. similarly |
| 2. coincide | b. acknowledge |
| 3. puberty | c. put off |
| 4. likewise | d. correspond |
| 5. delay | e. duties |
| 6. published | f. consider |
| 7. take into account | g. approximation |
| 8. responsibilities | h. lawfully |
| 9. recognize | i. sexual maturity |
| 10. legally | j. brought out |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--|---------------------------|
| 1. that difficult time when children develop | a. around the age of 14 |
| 2. It was traditionally thought to coincide | b. be extended |
| 3. Puberty used to occur | c. like marriage |
| 4. improved health and | d. account the findings |
| 5. delay responsibilities | e. their study |
| 6. The scientists published | f. with our teenage years |
| 7. change laws to take into | g. responsibilities |
| 8. the adoption of adult roles and | h. recognize adulthood |
| 9. youth support services could | i. into adults |
| 10. the legal age at which nations | j. nutrition |

GAP FILL

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Scientists have changed their (1) _____ of when adolescence ends and adulthood starts. Adolescence is that difficult time when children (2) _____ into adults. It was traditionally thought to (3) _____ with our teenage years. However, scientists from the University of Melbourne have (4) _____ this. They say it can start at the age of 10 and continue to the age of 24. Puberty used to occur around the age of 14, but because of (5) _____ health and nutrition, puberty can now start at the age of 10, (6) _____ in the developed world. Likewise, the (7) _____ age for when adolescence ends has been increased. This is because we stay in education longer, and delay (8) _____ like marriage, parenthood and getting a job.

coincide
improved
upper
estimation
responsibilities
redefined
develop
especially

The scientists (9) _____ their study in the "Lancet Child and Adolescent Health" journal. They say (10) _____ needs to change laws to take into (11) _____ the findings of the research. Professor Susan Sawyer said: "Although many adult legal (12) _____ start at age 18, the adoption of adult roles and responsibilities (13) _____ occurs later." The researchers say youth support services could be (14) _____ to the age of 25. However, this could be problematic in many countries around the (15) _____. There is a big difference in the legal age at which nations (16) _____ adulthood. Children legally become adults at the age of 15 in Indonesia, Myanmar and Yemen. In Singapore, Zambia and Honduras, the age is 21.

account
generally
globe
published
recognize
privileges
society
extended

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

- 1) Scientists have changed their estimation of when adolescence ends and _____
 - a. adultery hood starts
 - b. adults hood starts
 - c. adult hooded starts
 - d. adulthood starts
- 2) Adolescence is that difficult time when children _____
 - a. develops into adults
 - b. developed into adults
 - c. develop into adults
 - d. developing into adults
- 3) However, scientists from the University of Melbourne have _____
 - a. redefined this
 - b. refining this
 - c. read if fined this
 - d. reedy fined this
- 4) puberty can now start at the age of 10, especially in the _____
 - a. enveloped world
 - b. developed world
 - c. develop it world
 - d. developer world
- 5) This is because we stay in education longer, and _____
 - a. relay responsibilities
 - b. the lay responsibilities
 - c. delay responsibilities
 - d. delayed responsibilities
- 6) The scientists published their study in the "Lancet Child and Adolescent _____"
 - a. Healthy" journal
 - b. Healthier" journal
 - c. Healthiest" journal
 - d. Health" journal
- 7) They say society needs to change laws to take into _____ findings
 - a. accounts the
 - b. account a
 - c. account then
 - d. account the
- 8) Professor Susan Sawyer said: "Although many adult legal _____ at age 18..."
 - a. privilege is start
 - b. privilege is starts
 - c. privileges start
 - d. privilege start
- 9) the adoption of adult roles and responsibilities generally _____
 - a. occurs later
 - b. occurrence later
 - c. occurs late
 - d. occurrence later
- 10) There is a big difference in the legal age at which _____ adulthood
 - a. nation is recognize
 - b. nationals recognize
 - c. nations recognized
 - d. nations recognize

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Scientists have changed their (1) _____ adolescence ends and adulthood starts. Adolescence is that difficult time when children develop into adults. It was traditionally thought (2) _____ our teenage years. However, scientists from the University of Melbourne (3) _____. They say it can start at the age of 10 and continue to the age of 24. Puberty (4) _____ around the age of 14, but because of improved health and nutrition, puberty can now start at the age of 10, especially in the developed world. Likewise, (5) _____ for when adolescence ends has been increased. This is because (6) _____ education longer, and delay responsibilities like marriage, parenthood and getting a job.

The scientists published their study in the "Lancet Child and Adolescent Health" journal. They say society needs to (7) _____ take into account the findings of the research. Professor Susan Sawyer said: "Although many adult (8) _____ at age 18, the adoption of adult roles and responsibilities (9) _____." The researchers say youth support services could be extended to the age of 25. However, this could (10) _____ many countries around the globe. There is a big difference in the legal age (11) _____ recognize adulthood. Children legally become (12) _____ age of 15 in Indonesia, Myanmar and Yemen. In Singapore, Zambia and Honduras, the age is 21.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

1. What do children develop into during adolescence?
2. What did people think adolescence coincided with?
3. When did puberty use to start?
4. Where is it now common for puberty to start from the age of 10?
5. What are adults spending a longer time in?
6. What did the researchers say needed to change?
7. What age did a professor say adult legal privileges started at?
8. Until what age did researchers suggest extending support services?
9. When do people in Myanmar become adults?
10. When do people in Honduras become adults?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

- 1) What do children develop into during adolescence?
 - a) higher beings
 - b) adults
 - c) trouble
 - d) bad habits
- 2) What did people think adolescence coincided with?
 - a) university
 - b) first dates
 - c) spots and pimples
 - d) teenage years
- 3) When did puberty use to start?
 - a) 12
 - b) 13
 - c) 14
 - d) 15
- 4) Where is it now common for puberty to start from the age of 10?
 - a) the developed world
 - b) Africa
 - c) Yemen
 - d) Singapore
- 5) What are adults spending a longer time in?
 - a) the countryside
 - b) education
 - c) bed
 - d) baths
- 6) What did the researchers say needed to change?
 - a) laws
 - b) everything
 - c) children
 - d) adults
- 7) What age did a professor say adult legal privileges started at?
 - a) 16
 - b) 17
 - c) 18
 - d) 19
- 8) Until what age did researchers suggest extending support services?
 - a) 25
 - b) 24
 - c) 23
 - d) 22
- 9) When do people in Myanmar become adults?
 - a) 18
 - b) 17
 - c) 16
 - d) 15
- 10) When do people in Honduras become adults?
 - a) 18
 - b) 17
 - c) 21
 - d) 20

ROLE PLAY

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Role A – Money

You think money is the best thing about adulthood. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the worst of these (and why): marriage, working or driving.

Role B – Marriage

You think marriage is the best thing about adulthood. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the worst of these (and why): money, working or driving.

Role C – Working

You think working is the best thing about adulthood. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the worst of these (and why): marriage, money or driving.

Role D – Driving

You think driving is the best thing about adulthood. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the worst of these (and why): marriage, working or money.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'child' and 'adult'.

child	adult

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• ends• coincide• continue• especially• upper• delay	<ul style="list-style-type: none">• published• findings• privileges• extended• recognize• Zambia
---	---

ADOLESCENCE SURVEY

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Write five GOOD questions about adolescence in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

ADOLESCENCE DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'child'?
3. What do you think about adolescence?
4. What was your adolescence like?
5. When do you think adolescence starts and finishes?
6. Why is adolescence such a difficult time?
7. How does the mind and body change during adolescence?
8. Would you like to be a child forever?
9. What responsibilities do you have?
10. What responsibilities would you like to delay?

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ADOLESCENCE DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'adult'?
13. What do you think about what you read?
14. At what age can you start to do things in your country?
15. What is the youngest age at which people can get married?
16. What privileges do you enjoy?
17. Why do countries have different ages at which people become adults?
18. What do you think of being an adult at the age of 15?
19. What are the good and bad things about being an adult?
20. What questions would you like to ask the researchers?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Scientists have changed their (1) _____ of when adolescence ends and adulthood starts. Adolescence is that difficult time when children develop into adults. It was traditionally thought to (2) _____ with our teenage years. However, scientists from the University of Melbourne have redefined (3) _____. They say it can start at the age of 10 and continue to the age of 24. Puberty used to occur around the age of 14, but because of improved health and (4) _____, puberty can now start at the age of 10, especially in the (5) _____ world. Likewise, the upper age for when adolescence ends has been increased. This is because we stay in education longer, and (6) _____ responsibilities like marriage, parenthood and getting a job.

The scientists published their study in the "Lancet Child and Adolescent Health" (7) _____. They say society needs to change laws to (8) _____ into account the findings of the research. Professor Susan Sawyer said: "Although many adult legal privileges start at age 18, the adoption (9) _____ adult roles and responsibilities generally occurs later." The researchers say youth support services could be extended (10) _____ the age of 25. However, this could be (11) _____ in many countries around the globe. There is a big difference in the legal age at which nations (12) _____ adulthood. Children legally become adults at the age of 15 in Indonesia, Myanmar and Yemen. In Singapore, Zambia and Honduras, the age is 21.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|-----------------|----------------|-----------------|------------------|
| 1. | (a) esteem | (b) estimation | (c) estimable | (d) esteeming |
| 2. | (a) coerce | (b) coincide | (c) concur | (d) coincidental |
| 3. | (a) then | (b) which | (c) these | (d) this |
| 4. | (a) nutritious | (b) nutrition | (c) nutritional | (d) nutrient |
| 5. | (a) development | (b) develops | (c) developer | (d) developed |
| 6. | (a) decay | (b) derail | (c) delay | (d) destroy |
| 7. | (a) journal | (b) diary | (c) note | (d) memo |
| 8. | (a) have | (b) do | (c) take | (d) put |
| 9. | (a) for | (b) as | (c) on | (d) of |
| 10. | (a) to | (b) as | (c) in | (d) up |
| 11. | (a) problematic | (b) problems | (c) problem | (d) probably |
| 12. | (a) recognize | (b) detect | (c) aware | (d) sight |

SPELLING

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Paragraph 1

1. Scientists have changed their stinemoait
2. idccineo with our teenage years
3. have ednifedre this
4. improved health and initutrno
5. ytbrpeu can now start at the age of 10
6. delay responsibilities like mgiaerar

Paragraph 2

7. The ttnisessic published their study
8. eoystci needs to change laws
9. legal ielprvigse start at age 18
10. the aotpdoni of adult roles
11. ndxedtee to the age of 25
12. the legal age at which nations rioegncz adulthood

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Number these lines in the correct order.

- () age for when adolescence ends has been increased. This is because we stay in
- () adult legal privileges start at age 18, the adoption of adult roles and responsibilities generally occurs
- () laws to take into account the findings of the research. Professor Susan Sawyer said: "Although many
- () coincide with our teenage years. However, scientists from the University of Melbourne have redefined this. They say it can start
- (**1**) Scientists have changed their estimation of when adolescence ends and adulthood
- () and nutrition, puberty can now start at the age of 10, especially in the developed world. Likewise, the upper
- () education longer, and delay responsibilities like marriage, parenthood and getting a job.
- () problematic in many countries around the globe. There is a big difference
- () starts. Adolescence is that difficult time when children develop into adults. It was traditionally thought to
- () in the legal age at which nations recognize adulthood. Children legally become adults
- () later." The researchers say youth support services could be extended to the age of 25. However, this could be
- () at the age of 10 and continue to the age of 24. Puberty used to occur around the age of 14, but because of improved health
- () The scientists published their study in the "Lancet Child and Adolescent Health" journal. They say society needs to change
- () at the age of 15 in Indonesia, Myanmar and Yemen. In Singapore, Zambia and Honduras, the age is 21.

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

1. adolescence their when of estimation ends . Changed
2. thought years . Traditionally teenage our coincide to with
3. the used to around 14 . occur age of Puberty
4. for when ends has upper The increased . adolescence age
5. longer . in stay we because education is This
6. laws into the account Change take findings . to
7. legal Many 18 . age at adult start privileges
8. of and The roles responsibilities adoption later . occurs
9. be services could extended 25 . the Support to of age
10. age . There the legal big is in difference a

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Scientists have changed their *estimating / estimation* of when adolescence ends and adulthood starts. Adolescence is that difficult time when children develop *onto / into* adults. It was traditionally thought to *coincide / coincidence* with our teenage years. However, scientists from the University of Melbourne have redefined *these / this*. They say it can start at the age of 10 and continue *for / to* the age of 24. Puberty used to occur *around / rounded* the age of 14, but because of *improved / improve* health and nutrition, puberty can now start at the age of 10, especially in the developed world. Likewise, the *upper / up* age for when adolescence ends has been increased. This is because we stay *on / in* education longer, and delay responsibilities like *marriage / married*, parenthood and getting a job.

The scientists *published / publication* their study in the "Lancet Child and Adolescent Health" journal. They say *society / societal* needs to change laws to take *into / onto* account the *findings / funding* of the research. Professor Susan Sawyer said: "Although many adult legal *privileges / prevails* start at age 18, the adoption of adult roles and responsibilities *generality / generally* occurs later." The researchers say youth support services could be *extended / extension* to the age of 25. However, this could be *problematic / problem* in many countries around *a / the* globe. There is a big difference in the legal age at which nations *recognize / recognition* adulthood. Children legally become adults at the age of 15 in Indonesia, Myanmar and Yemen. In Singapore, Zambia and Honduras, the age is 21.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Sc__nt__sts h__v__ ch__ng__d th__r__st__
m__t__n__f__wh__n__d__l__sc__nc__nds__n__
d__d__lth__d__st__rts. Ad__l__sc__nc__s__t__
h__t__d__ff__c__lt__t__m__wh__n__ch__ldr__n__d__
v__l__p__nt__d__lts. It w__s tr__d__t__n__
lly th__ght__t__c__nc__d__w__th__r__t__
n__g__y__rs. H__w__v__r, sc__nt__sts fr__
m__th__Un__v__rs__ty__f__M__lb__rn__h__v__
r__d__f__n__d__th__s. Th__y__s__y__t__c__n__s__
t__rt__t__th__g__f__10__nd__c__nt__n__t__
th__g__f__24. P__b__rty__s__d__t__c__c__
r__r__nd__th__g__f__14, b__t__b__c__s__
f__m__pr__v__d__h__lth__nd__n__tr__t__n__,
p__b__rty__c__n__n__w__st__rt__th__g__f__10__
,__sp__c__lly__n__th__d__v__l__p__d__w__rld__
. L__k__w__s__, th__pp__r__g__f__r__wh__n__
d__l__sc__nc__nds__h__s__b__n__ncr__s__
d. Th__s__s__b__c__s__w__st__y__n__d__c__
t__n__l__ng__r__,__nd__d__l__y__r__sp__ns__b__l__
t__s__l__k__m__rr__g__, p__r__nth__d__nd__
g__tt__ng__j__b.

Th__sc__nt__sts p__bl__sh__d__th__r__st__d__
y__n__th__"L__nc__t__Ch__ld__nd__Ad__l__sc__
nt__H__lth__"j__rn__l. Th__y__s__y__s__c__ty__
n__ds__t__ch__ng__l__ws__t__t__k__nt__
c__c__nt__th__f__nd__ngs__f__th__r__s__rch__
. Pr__f__ss__r__S__sn__S__wy__r__s__d__: "Alt__
h__gh__m__ny__d__lt__l__g__l__pr__v__l__g__s__s__
t__rt__t__g__18, th__d__pt__n__f__d__l__
t__r__l__s__nd__r__sp__ns__b__l__t__s__g__n__r__
lly__cc__rs__l__t__r." Th__r__s__rch__rs__s__
y__y__th__s__pp__rt__s__rv__c__s__c__ld__b__
xt__nd__d__t__th__g__f__25. H__w__v__r,
th__s__c__ld__b__pr__bl__m__t__c__n__m__ny__c__
n__tr__s__r__nd__th__gl__b__. Th__r__s__
b__g__d__ff__r__nc__n__th__l__g__l__g__t__
wh__ch__n__t__ns__r__c__gn__z__d__lth__d__
Ch__ldr__n__l__g__lly__b__c__m__d__lts__t__t__
h__g__f__15__n__Ind__n__s__, My__nm__r__
nd__Y__m__n. In__S__ng__p__r__, Z__mb__n__
d__H__nd__r__s__, th__g__s__21.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

scientists have changed their estimation of when adolescence ends and adulthood starts adolescence is that difficult time when children develop into adults it was traditionally thought to coincide with our teenage years however scientists from the university of melbourne have redefined this they say it can start at the age of 10 and continue to the age of 24 puberty used to occur around the age of 14 but because of improved health and nutrition puberty can now start at the age of 10 especially in the developed world likewise the upper age for when adolescence ends has been increased this is because we stay in education longer and delay responsibilities like marriage parenthood and getting a job

the scientists published their study in the lancet child and adolescent health journal they say society needs to change laws to take into account the findings of the research professor susan sawyer said although many adult legal privileges start at age 18 the adoption of adult roles and responsibilities generally occurs later the researchers say youth support services could be extended to the age of 25 however this could be problematic in many countries around the globe there is a big difference in the legal age at which nations recognize adulthood children legally become adults at the age of 15 in indonesia myanmar and yemen in singapore zambia and honduras the age is 21.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1801/180122-adolescence.html>

Scientists have changed their estimation of when adolescence ends and adulthood starts. Adolescence is that difficult time when children develop into adults. It was traditionally thought to coincide with teenage years. However, scientists from the University of Melbourne have redefined this. They say it can start at the age of 10 and continue to the age of 24. Puberty used to occur around the age of 14, but because of improved health and nutrition, puberty can now start at the age of 10, especially in the developed world. Likewise, the upper age for when adolescence ends has been increased. This is because we stay in education longer, and delay responsibilities like marriage, parenthood and getting a job. The scientists published their study in the "Lancet Child and Adolescent Health" journal. They say society needs to change law to take into account the findings of their search. Professor Susan Sawyers said: "Although many adult legal privileges start at age 18, the adoption of adult roles and responsibilities generally occurs later." The researchers say youth support services could be extended to the age of 25. However, this could be problematic in many countries around the globe. There is a big difference in the legal age at which nations recognize adulthood. Children legally become adults at the age of 15 in Indonesia, Myanmar and Yemen. In Singapore, Zambia and Honduras, the age is 21.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. ADOLESCENCE: Make a poster about adolescence. Show your work to your classmates in the next lesson. Did you all have similar things?

4. 16: Write a magazine article about adolescence ending and legal adulthood starting at the age of 16. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on adolescence. Ask him/her three questions about it. Give him/her three of your ideas on when the legal age for adulthood should be, and why. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. d 2. b 3. f 4. c 5. g 6. a 7. e
8. k 9. l 10. i 11. h 12. n 13. j 14. m

TRUE / FALSE (p.5)

- a T b T c F d T e T f F g F h F

SYNONYM MATCH (p.5)

- | | |
|----------------------|--------------------|
| 1. estimation | a. approximation |
| 2. coincide | b. correspond |
| 3. puberty | c. sexual maturity |
| 4. likewise | d. similarly |
| 5. delay | e. put off |
| 6. published | f. brought out |
| 7. take into account | g. consider |
| 8. responsibilities | h. duties |
| 9. recognize | i. acknowledge |
| 10. legally | j. lawfully |

COMPREHENSION QUESTIONS (p.9)

1. Adults
2. Teenage years
3. 14
4. In the developed world
5. Education
6. Laws
7. 18
8. 25
9. 15
10. 21

MULTIPLE CHOICE - QUIZ (p.10)

1. b 2. d 3. c 4. a 5. b 6. a 7. c 8. a 9. d 10. c

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)