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Level 4

Cockroach milk may be the next superfood

28th May, 2018

<https://breakingnewsenglish.com/1805/180528-cockroach-milk-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-4.html>

It might not sound nice, but cockroach milk could be a new superfood. Insect dairy could soon be in supermarkets. Scientists say insect milk is a good alternative to cow's milk. However, it might be hard for people to accept milk from bugs. Scientists studied the milk from the Pacific Beetle cockroach. They found it was more nutritious than cow's milk. It had more than three times the energy of dairy milk. It was also full of protein.

Milking cockroaches for the human population isn't as easy as milking cows. An alternative is to recreate the milk in a lab, and then mass-produce it in factories. One company has already started selling insect-milk ice cream. It says the milk is, "a sustainable, nature-friendly...delicious, guilt-free dairy alternative of the future". It won't be long before other companies start making food and drinks using milk from insects.

Sources: <http://minnesota.cbslocal.com/2018/05/25/insect-milk-dairy-superfood/>
<https://www.sciencealert.com/scientists-think-we-should-start-drinking-cockroach-milk-superfood>
<http://abc7news.com/food/cockroach-milk-is-latest-superfood-trend-/3521839/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-4.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|-------------------------|
| 1. It might not sound | a. be in supermarkets |
| 2. cockroach milk could be a new | b. than cow's milk |
| 3. Insect dairy could soon | c. of protein |
| 4. a good alternative | d. energy of dairy milk |
| 5. it might be hard for | e. to cow's milk |
| 6. more nutritious | f. nice |
| 7. three times the | g. people to accept |
| 8. It was also full | h. superfood |

PARAGRAPH TWO:

- | | |
|--------------------------------|---------------------|
| 1. Milking cockroaches for the | a. in a lab |
| 2. isn't as easy as | b. be long |
| 3. recreate the milk | c. from insects |
| 4. mass-produce it in | d. milking cows |
| 5. guilt- | e. of the future |
| 6. dairy alternative | f. human population |
| 7. It won't | g. free |
| 8. drinks using milk | h. factories |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-4.html>

It (1) _____ nice, but cockroach milk could be a new superfood. Insect dairy could (2) _____ supermarkets. Scientists say insect milk is (3) _____ to cow's milk. However, it might be hard for (4) _____ milk from bugs. Scientists studied the milk from the Pacific Beetle cockroach. They found it (5) _____ than cow's milk. It had more than three times the energy of dairy milk. It was (6) _____ protein. Milking cockroaches (7) _____ population isn't as easy as milking cows. An alternative is (8) _____ milk in a lab, and then mass-produce (9) _____. One company has already started selling insect-milk ice cream. It says the milk is, "a sustainable, nature-friendly...delicious, (10) _____ alternative of the future". It won't (11) _____ other companies start making food and drinks (12) _____ insects.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-4.html>

It might not sound nice, but cockroach milk could be a new superfood. Insect dairy could soon be in supermarkets. Scientists say insect milk is a good alternative to cow's milk. However, it might be hard for people to accept milk from bugs. Scientists studied the milk from the Pacific Beetle cockroach. They found it was more nutritious than cow's milk. It had more than three times the energy of dairy milk. It was also full of protein. Milking cockroaches for the human population isn't as easy as milking cows. An alternative is to recreate the milk in a lab, and then mass-produce it in factories. One company has already started selling insect-milk ice cream. It says the milk is, "a sustainable, nature-friendly... delicious, guilt-free dairy alternative of the future". It won't be long before other companies start making food and drinks using milk from insects.

COCKROACH MILK SURVEY

From <https://breakingnewsenglish.com/1805/180528-cockroach-milk-4.html>

Write five GOOD questions about cockroach milk in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

