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## **Level 2 – 16th August, 2018**

### Tonga prime minister challenges leaders to lose weight

FREE online quizzes, mp3 listening and more for this lesson here:

https://breakingnewsenglish.com/1808/180816-losing-weight-2.html

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Please try Levels 0, 1 and 3. They are (a little) harder.

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#### THE READING

From https://breakingnewsenglish.com/1808/180816-losing-weight-2.html

The prime minister of Tonga has asked other leaders to join the fight against obesity by taking part in a year-long weightloss challenge. Akilisi Pohiva told a newspaper that he will set the challenge at the Pacific Island Forum in the tiny nation of Nauru in September. He said: "We should all get together for a weight-loss competition for an entire year, so when we meet the following year, we will weigh in again and see who has lost the most." He added: "We have been [talking about] the same issue, over the years but it doesn't seem to work."

Mr Pohiva also spoke about Tonga's life expectancy going down because of obesity. He said: "It is now down to 68 years old from 71. It has reduced [a lot]." He hopes his challenge will encourage Pacific islanders to lose weight. He believes they will look after their weight better if they see their leaders doing the same. The Pacific Island Forum said Pacific island nations were losing their fight against child obesity. The World Health Organization said 20 per cent of children between the ages of five and 19 were obese in 10 Pacific island countries.

Sources: https://www.theguardian.com/world/2018/aug/14/tonga-pm-obesity-challenges-pacific-leaders-

weight-loss-battle

https://www.telegraph.co.uk/news/2018/08/14/tonga-pm-challenges-pacific-states-weight-loss-

http://www.sobserver.ws/en/14 08 2018/local/35879/Pohiva-urges-Pacific-leaders-to-set-

example.htm

#### PHRASE MATCHING

From https://breakingnewsenglish.com/1808/180816-losing-weight-2.html

#### **PARAGRAPH ONE:**

-			c	
1	1010	tha	tiant	
	1()111	111	fight	
	10111		119116	

- 2. a year-long weight-
- 3. for an entire
- 4. when we meet the
- 5. see who
- 6. talking about
- 7. over the
- 8. it doesn't seem

#### a. following year

- b. years
- c. against obesity
- d. to work
- e. year
- f. has lost the most
- g. loss challenge
- h. the same issue

#### **PARAGRAPH TWO:**

- 1. life
- 2. going down because
- 3. It is now down
- 4. encourage Pacific islanders
- 5. look after their weight
- 6. if they see their leaders
- 7. losing their fight against
- 8. between the ages

- a. child obesity
- b. to lose weight
- c. expectancy
- d. better
- e. doing the same
- f. of obesity
- q. of five and 19
- h. to 68 years

# **LISTEN AND FILL IN THE GAPS**

From https://breakingnewsenglish.com/1808/180816-losing-weight-2.html

The prime minister of Tonga (1)	leaders to
join the fight against obesity (2)	in a year-
long weight-loss challenge. Akilisi Pohiva told a newspap	er that he
will (3) at the Pacific Island Forum	in the tiny
nation of Nauru in September. He said: "We should all ge	t together
for a weight-loss competition for (4)	, so
when we meet the following year, we will (5)	
and see who has lost the most." He added: "We have been	en [talking
about] (6), over the years but	it doesn't
seem to work."	
Mr Pohiva also spoke about Tonga's (7)	
down because of obesity. He said: "It is now down to 68	years old
from 71. (8) [a lot]." He hopes his	challenge
will encourage Pacific islanders (9)	He
believes they will look after their weight better if they	see their
leaders (10) The Pacific Island F	orum said
Pacific island nations were losing (11)	child
obesity. The World Health Organization said 20 per cent	of children
between the ages of five and 19 (12)	10
Pacific island countries.	

# PUT A SLASH ( / )WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1808/180816-losing-weight-2.html

TheprimeministerofTongahasaskedotherleaderstojointhefightagain stobesitybytakingpartinayear-longweight-losschallenge. Akilisi PohivatoldanewspaperthathewillsetthechallengeatthePacificIsland ForuminthetinynationofNauruinSeptember.Hesaid:"Weshouldallge ttogetherforaweight-losscompetitionforanentireyear, sowhenweme etthefollowingyear, we will weighin again and see who has lost the most." Headded: "Wehavebeen [talkingabout] the same is sue, over the years b utitdoesn'tseemtowork."MrPohivaalsospokeaboutTonga'slifeexpect ancygoingdownbecauseofobesity. Hesaid: "Itisnowdownto 68 yearsol dfrom71.Ithasreduced[alot]."Hehopeshischallengewillencourage Pacificislanderstoloseweight. Hebelievestheywilllookafter theirweigh tbetteriftheyseetheirleadersdoingthesame. The Pacific Island Forums aidPacificislandnationswerelosingtheirfightagainstchildobesity.The WorldHealthOrganizationsaid20percentofchildrenbetweentheageso ffiveand19wereobesein10Pacificislandcountries.

#### LOSING WEIGHT SURVEY

From https://breakingnewsenglish.com/1808/180816-losing-weight-4.html

Write five GOOD questions about Losing weight in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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# **WRITING**

 $\label{lem:from:loss} From $$ \underline{ https://breakingnewsenglish.com/1808/180816-losing-weight-2.html} $$$ 

Write about <b>losing weight</b> for 10 minutes. Read and talk about your partner's paper.