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Level 3 – 23rd December, 2019

Live concerts and museums help you live longer

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<https://breakingnewsenglish.com/1912/191223-live-concerts.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Researchers have found that people who go to live concerts, shows and museums can live longer than those who do not. Experts from University College London looked at the lifestyles of over 6,700 British people for 15 years. They examined how often the people went out and what kinds of events they attended. They found that over-50s who regularly went to concerts and shows were around 30 per cent less likely to die over the next 14 years. The researchers said the over-50s could extend their life by engaging with the "receptive arts". These include art galleries, concerts, museums, musicals, the opera and the theatre. In addition to living longer, concertgoers could also have more fun.

Lead researcher Dr Daisy Fancourt said money played a big role in whether or not people went to concerts and engaged with the arts. She wrote: "Over 40 per cent of people in the least wealthy group reported that they never accessed cultural activities." The UK Health Secretary Matt Hancock believes there could be a lot of truth in the research. He said arts and culture could improve things like mental health, ageing and loneliness. He recently announced plans for the UK's National Health Service to use the arts to improve people's wellbeing and health. The researchers said: "Overall, our results highlight the importance of continuing to explore new social factors that affect our health."

Sources: <https://www.thesun.co.uk/news/10583762/oaps-extend-lives-14-gigs/>
<https://www.radiox.co.uk/news/music/over-50s-brits-see-live-gigs-shows-live-longer/>
<https://www.independent.co.uk/life-style/theatre-museums-art-long-life-health-cultural-activities-british-medical-journal-a9252171.html>

WARM-UPS

1. LIVE CONCERTS: Students walk around the class and talk to other students about live concerts. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

live concerts / museums / experts / events / regularly / die / art galleries / opera / fun a big role / wealthy / cultural / activities / truth / loneliness / wellbeing / highlight

Have a chat about the topics you liked. Change topics and partners frequently.

3. THE ARTS: Students A **strongly** believe arts should be part of medical care; Students B **strongly** believe that's silly. Change partners again and talk about your conversations.

4. CULTURE: What are the greatest examples of culture in your country? How much do you like them? Complete this table and share what you wrote with your partner(s). Change partners often.

	Greatest Example	How Much I Like It
Art		
Music		
Dance		
Literature		
Architecture		
Pop Culture		

5. OPERA: Spend one minute writing down all of the different words you associate with the word "opera". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. ARTS THERAPY: Rank these with your partner. Put the things which arts are best for at the top. Change partners often and share your rankings.

- Education
- Creativity
- Raising hope
- Reducing stress
- Bringing people together
- Understanding cultures
- Activating the brain
- Reducing loneliness

VOCABULARY MATCHING

Paragraph 1

- | | |
|--------------|--|
| 1. show | a. A building things from history, science, art, or culture are kept for people to look at and learn from. |
| 2. museum | b. The way in which a person or group lives. |
| 3. experts | c. Make something last longer. |
| 4. lifestyle | d. A person who has a lot knowledge of or skill in a particular area. |
| 5. attended | e. Often. |
| 6. regularly | f. A play or other stage performance, especially a musical. |
| 7. extend | g. Went to an event, meeting, party, etc. |

Paragraph 2

- | | |
|----------------|---|
| 8. role | h. Participated or joined in with something. |
| 9. engaged | i. Very, very rich. |
| 10. wealthy | j. Have an effect on; make a difference to. |
| 11. truth | k. Sadness because of having no friends or no one to talk to. |
| 12. loneliness | l. A fact or belief that is true. |
| 13. improve | m. The part a person or thing has in a particular situation. |
| 14. affect | n. Make or become better. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. People who attend shows have shorter lives than people who don't. **T / F**
- b. Experts looked at the lifestyles of over 6,700 people from Britain. **T / F**
- c. Over-50s who don't go to concerts are like to live only another 14 years. **T / F**
- d. The article said concertgoers have more fun. **T / F**
- e. A researcher found that people with little money went to many concerts. **T / F**
- f. The UK Health Secretary did not accept one word of the research. **T / F**
- g. The UK health service will use the arts to help with mental health. **T / F**
- h. Researchers said their work helped to highlight social factors. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|--------------------|----------------|
| 1. found | a. part |
| 2. experts | b. checked |
| 3. examined | c. enjoyment |
| 4. attended | d. look into |
| 5. fun | e. specialists |
| 6. role | f. make better |
| 7. improve | g. all in all |
| 8. ageing | h. discovered |
| 9. overall | i. getting old |
| 10. explore | j. went to |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|---------------------------------------|-------------------------------|
| 1. live longer than | a. more fun |
| 2. They examined how often | b. die over the next 14 years |
| 3. around 30 per cent less likely to | c. affect our health |
| 4. In addition | d. those who do not |
| 5. concertgoers could also have | e. wealthy group |
| 6. money played a big role in whether | f. of truth in the research |
| 7. people in the least | g. to living longer |
| 8. there could be a lot | h. wellbeing and health |
| 9. use the arts to improve people's | i. the people went out |
| 10. social factors that | j. or not people went |

GAP FILL

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Researchers have found that people who go to live concerts, (1) _____ and museums can live longer than those who do not. Experts from University College London looked at the (2) _____ of over 6,700 British people for 15 years. They (3) _____ how often the people went out and what (4) _____ of events they attended. They found that over-50s who (5) _____ went to concerts and shows were around 30 per cent less (6) _____ to die over the next 14 years. The researchers said the over-50s could extend their life by engaging (7) _____ the "receptive arts". These include art galleries, concerts, museums, musicals, the opera and the theatre. In addition to living longer, concertgoers could also have more (8) _____.

lifestyles

likely

kinds

fun

shows

with

examined

regularly

Lead researcher Dr Daisy Fancourt said money played a big (9) _____ in whether or not people went to concerts and (10) _____ with the arts. She wrote: "Over 40 per cent of people in the (11) _____ wealthy group reported that they never accessed cultural activities." The UK Health Secretary Matt Hancock believes there could be a lot of (12) _____ in the research. He said arts and culture could improve things like mental health, (13) _____ and loneliness. He recently announced plans for the UK's National Health Service to use the arts to (14) _____ people's wellbeing and health. The researchers said: "Overall, our results highlight the (15) _____ of continuing to explore new social factors that affect our (16) _____."

least

health

role

importance

ageing

engaged

truth

improve

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

- 1) people who go to live concerts, shows and museums can live longer than _____ not
 - a. them who do
 - b. those who do
 - c. chose who do
 - d. hose who do
- 2) Experts from University College London looked _____
 - a. at the live style
 - b. at the life stills
 - c. at the live styles
 - d. at the lifestyles
- 3) how often the people went out and what kinds of _____
 - a. avenues they attended
 - b. events they attended
 - c. attends they attended
 - d. bends they attended
- 4) over-50s who regularly went to concerts and shows were around 30 per _____
 - a. cent less likes
 - b. cent less like
 - c. cent less likelihood
 - d. cent less likely
- 5) In addition to living longer, concertgoers could also _____
 - a. have many fun
 - b. have mare fun
 - c. have more fun
 - d. have moor fun
- 6) Lead researcher Dr Daisy Fancourt said money played _____
 - a. a big roll
 - b. a big LOL
 - c. a big real
 - d. a big role
- 7) in whether or not people went to concerts and engaged _____
 - a. with the parts
 - b. with the tarts
 - c. with the arts
 - d. with the hearts
- 8) UK Health Secretary Matt Hancock believes there could be a lot of _____ research
 - a. tooth in the
 - b. truth in the
 - c. true in the
 - d. truly in the
- 9) culture could improve things like mental health, ageing _____
 - a. and loveliness
 - b. and cleanliness
 - c. and loneliness
 - d. and godliness
- 10) highlight the importance of continuing to explore new social factors that _____
 - a. effect our health
 - b. infect our health
 - c. reflect our health
 - d. affect our health

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Researchers have found that people who go (1) _____, shows and museums can live (2) _____ who do not. Experts from University College London looked at the lifestyles of over 6,700 British people for 15 years. They examined how often the people went out and what (3) _____ they attended. They found that over-50s who regularly went to concerts and shows were around 30 per cent less (4) _____ over the next 14 years. The researchers said the over-50s could extend their life (5) _____ the "receptive arts". These include art galleries, concerts, museums, musicals, the opera and the theatre. In (6) _____ longer, concertgoers could also have more fun.

Lead researcher Dr Daisy Fancourt said money played a big (7) _____ or not people went to concerts and engaged with the arts. She wrote: "Over 40 per cent of people in (8) _____ group reported that they never accessed cultural activities." The UK Health Secretary Matt Hancock believes there could be a (9) _____ in the research. He said arts and culture could improve things like mental health, (10) _____. He recently announced plans for the UK's National Health Service to use the arts to improve people's (11) _____. The researchers said: "Overall, our results highlight the importance of continuing to explore new social (12) _____ our health."

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

1. Which university are the experts from?
2. How long did researchers spend on their research?
3. How much less likely to die early are over-50s who attend concerts?
4. What kind of arts did the researchers say could extend lives?
5. Who did the article say had more fun?
6. What plays a big role in whether people go to concerts?
7. What percentage of poorer people never enjoyed cultural activities?
8. Who is Matt Hancock?
9. What might the arts improve besides mental health and loneliness?
10. What do researchers want to continue to explore?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

- 1) Which university are the experts from?
 - a) UCLA
 - b) Oxford University
 - c) University College London
 - d) Beijing University
- 2) How long did researchers spend on their research?
 - a) 15 years
 - b) 12 years
 - c) 14 years
 - d) 13 years
- 3) How much less likely to die early are over-50s who attend concerts?
 - a) 26% less likely
 - b) 33% less likely
 - c) 28% less likely
 - d) 30% less likely
- 4) What kind of arts did the researchers say could extend lives?
 - a) martial arts
 - b) receptive arts
 - c) performing arts
 - d) design arts
- 5) Who did the article say had more fun?
 - a) cinemagoers
 - b) churchgoers
 - c) concertgoers
 - d) partygoers
- 6) What plays a big role in whether people go to concerts?
 - a) the weather
 - b) money
 - c) time
 - d) ticket availability
- 7) What percentage of poorer people never enjoyed cultural activities?
 - a) under 40 per cent
 - b) around 40 per cent
 - c) exactly 40 per cent
 - d) over 40 per cent
- 8) Who is Matt Hancock?
 - a) a doctor
 - b) the UK Health Secretary
 - c) a researcher
 - d) the head of the UK University
- 9) What might the arts improve besides mental health and loneliness?
 - a) ageing
 - b) eyesight
 - c) friendships
 - d) physical fitness
- 10) What do researchers want to continue to explore?
 - a) the mind
 - b) the world
 - c) new music
 - d) social factors

ROLE PLAY

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Role A – Education

You think the arts are best for improving education. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least of these (and why): raising hope, activating the brain or reducing loneliness.

Role B – Raising Hope

You think the arts are best for raising hope. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least of these (and why): education, activating the brain or reducing loneliness.

Role C – Activating The Brain

You think the arts are best for activating the brain. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least of these (and why): raising hope, education or reducing loneliness.

Role D – Reducing Loneliness

You think the arts are best for reducing loneliness. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least of these (and why): raising hope, activating the brain or education.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'concert' and 'art'.

concert	art
----------------	------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• those• over• events• die• include• fun	<ul style="list-style-type: none">• money• 40• lot• mental• plans• explore
---	---

LIVE CONCERTS SURVEY

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Write five GOOD questions about live concerts in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

LIVE CONCERTS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'concert'?
3. What do you think of live concerts?
4. Which are better - live concerts or musicals?
5. How much longer would you like to live, and why?
6. How healthy is your lifestyle?
7. Why do you think going to concerts and museums is good for us?
8. Is it better to go to a live concert or watch one on YouTube?
9. Are you a concertgoer, an opera lover or a museumgoer?
10. Are concerts best in stadiums or clubs?

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LIVE CONCERTS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'museum'?
13. What do you think about what you read?
14. What is the best live concert you have been to?
15. Which are better - museums or art galleries?
16. If you had more money, would you go to more concerts?
17. How can the arts improve our mental health?
18. What is the best thing to help with loneliness?
19. Should all health services offer access to the arts?
20. What questions would you like to ask the researchers?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Researchers have (1) _____ that people who go to live concerts, shows and museums can live longer than (2) _____ who do not. Experts from University College London looked at the lifestyles of over 6,700 British people for 15 years. They examined how often the people went (3) _____ and what kinds of events they attended. They found that over-50s who (4) _____ went to concerts and shows were around 30 per cent less likely to die (5) _____ the next 14 years. The researchers said the over-50s could extend their life by engaging with the "receptive arts". These include art galleries, concerts, museums, musicals, the opera and the theatre. In (6) _____ to living longer, concertgoers could also have more fun.

Lead researcher Dr Daisy Fancourt said money played a big (7) _____ in whether or not people went to concerts and (8) _____ with the arts. She wrote: "Over 40 per cent of people in the least wealthy group reported that they never accessed cultural activities." The UK Health Secretary Matt Hancock (9) _____ there could be a lot of truth in the research. He said arts and culture could improve things like mental health, ageing and (10) _____. He recently announced plans for the UK's National Health Service to use the arts to improve people's (11) _____ and health. The researchers said: "Overall, our results highlight the importance of continuing to explore new social factors that (12) _____ our health."

Put the correct words from the table below in the above article.

- | | | | | |
|-----|-----------------|--------------------|-----------------|---------------|
| 1. | (a) finding | (b) find | (c) fund | (d) found |
| 2. | (a) these | (b) they | (c) them | (d) those |
| 3. | (a) up | (b) out | (c) in | (d) on |
| 4. | (a) regular | (b) regulars | (c) regularly | (d) regulated |
| 5. | (a) over | (b) under | (c) above | (d) up |
| 6. | (a) addition | (b) multiplication | (c) subtraction | (d) division |
| 7. | (a) real | (b) rail | (c) roll | (d) role |
| 8. | (a) engaged | (b) singled | (c) divorced | (d) married |
| 9. | (a) believers | (b) believes | (c) believable | (d) beliefs |
| 10. | (a) godliness | (b) cleanliness | (c) loneliness | (d) manliness |
| 11. | (a) human being | (b) being good | (c) wellbeing | (d) nonbeing |
| 12. | (a) infect | (b) affect | (c) effect | (d) deflect |

SPELLING

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Paragraph 1

1. shows and ummuess
2. rtspxee from University College
3. the eesllstify of over 6,700 British people
4. over-50s who ageullrry went to concerts
5. the over-50s could xtnede their life
6. art lielrgeas

Paragraph 2

7. a big role in ehwrhte or not people went
8. ndaggee with the arts
9. people in the least yewtlah group
10. culture could iprvmeo things like mental health
11. our results gghhlithi the importance
12. new social factors that affetc our health

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Number these lines in the correct order.

- () Lead researcher Dr Daisy Fancourt said money played a big role in whether or not people went to concerts and engaged
- () highlight the importance of continuing to explore new social factors that affect our health."
- () kinds of events they attended. They found that over-50s who regularly went to concerts and
- () be a lot of truth in the research. He said arts and culture could improve things like mental
- () shows were around 30 per cent less likely to die over the next 14 years. The researchers said the over-
- () with the arts. She wrote: "Over 40 per cent of people in the least wealthy group reported that they never
- (**1**) Researchers have found that people who go to live concerts, shows and museums can live
- () accessed cultural activities." The UK Health Secretary Matt Hancock believes there could
- () museums, musicals, the opera and the theatre. In addition to living longer, concertgoers could also have more fun.
- () use the arts to improve people's wellbeing and health. The researchers said: "Overall, our results
- () 50s could extend their life by engaging with the "receptive arts". These include art galleries, concerts,
- () longer than those who do not. Experts from University College London looked at the lifestyles of
- () health, ageing and loneliness. He recently announced plans for the UK's National Health Service to
- () over 6,700 British people for 15 years. They examined how often the people went out and what

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

1. those do who than longer not . Live
2. of people . lifestyles over the Looked at 6,700
3. went examined the how often out . They people
4. to who regularly Over-50s and shows . concerts went
5. their arts . life engaging with Extend by the
6. role not people in A whether went . or
7. wealthy group least People in reported that . the
8. things could mental like Culture health . improve
9. improve the wellbeing . to arts Use people's
10. factors new affect that our health . Explore social

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Researchers have found that people who *go / visit* to live concerts, shows and museums can live longer than *them / those* who do not. *Experts / Expats* from University College London looked at the lifestyles of *over / more* 6,700 British people for 15 years. They examined how often the people went out and what kinds of events they *attention / attended*. They found that over-50s who *regular / regularly* went to concerts and shows were around 30 per cent less *likely / liked* to die over the next 14 years. The researchers said the over-50s could extend their *live / life* by engaging with the "receptive arts". These include art galleries, concerts, museums, musicals, the opera and *a / the* theatre. In addition to living longer, concertgoers could also have more *fun / funny*.

Lead researcher Dr Daisy Fancourt said money *played / acted* a big role in whether or not people went to concerts and engaged *of / with* the arts. She wrote: "Over 40 per cent of people in the *least / last* wealthy group reported that they never *accessed / access* cultural activities." The UK Health Secretary Matt Hancock believes there could be *a / the* lot of truth in the research. He said arts and culture could improve *thing / things* like mental health, ageing and loneliness. He *recently / recent* announced plans for the UK's National Health Service to use the arts to *improve / disappear* people's wellbeing and health. The researchers said: "Overall, our results *lowlight / highlight* the importance of continuing to explore new social factors that *affect / effect* our health."

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

R_s__ r c h_r s h_v_ f__ n d t h_t p__ p l_ w h_ g_
t_ l_v_ c_n c_r t s , s h_w s _n d m_s__ m s c_n
l_v_ l_n g_r t h_n t h_s_ w h_ d_ n_t . E x p_r t s f
r_m U n_v_r s_t y C_l l_g_ L_n d_n l__ k_d _t t h_
l_f_s t y l_s _f _v_r 6 , 7 0 0 B r_t_s h p__ p l_ f_r
1 5 y__ r s . T h_y _x_m_n_d h_w _f t_n t h_ p__ p
l_ w_n t __ t _n d w h_t k_n d s _f _v_n t s t h_y
_t t_n d_d . T h_y f__ n d t h_t _v_r - 5 0 s w h_
r_g_l_r l y w_n t t_ c_n c_r t s _n d s h_w s w_r_
_r__ n d 3 0 p_r c_n t l_s s l_k_l y t_ d__ _v_r t
h_ n_x t 1 4 y__ r s . T h_ r_s__ r c h_r s s__ d t
h_ _v_r - 5 0 s c__ l d _x_t_n d t h__ r l_f_ b_y _n
g_g_n g w_t h t h_ " r_c_p_t_v_ _r t s " . T h_s_ _n c
l_d_ _r t g_l l_r__ s , c_n c_r t s , m_s__ m s ,
m_s_c_l s , t h_ _p_r_ _n d t h_ t h__ t r_ . I n _d
d_t__ n t_ l_v_n g l_n g_r , c_n c_r t g__ r s c__ l d
l s h_v_ m_r_ f_n .

L__ d r_s__ r c h_r D r D__ s y F_n c__ r t s__ d
m_n_y p_l_y_d _ b_g r_l_ _n w h_t h_r _r n_t p__
p l_ w_n t t_ c_n c_r t s _n d _n g_g_d w_t h t h_ _r
t s . S h_ w_r_t_ : " O v_r 4 0 p_r c_n t _f p__ p l_
n t h l__ s t w__ l t h y g_r__ p r_p_r t_d t h_t t
h_y n_v_r _c_c_s_s_d c_l t_r_l _c_t_v_t__ s . " T h_ U
K H__ l t h S_c r_t_r y M_t t H_n c_c k b_l__ v_s t
h_r_ c__ l d b__ l_t _f t_r_t h _n t h_ r_s__ r c h_ .
H_ s__ d _r t s _n d c_l t_r_ c__ l d _m p_r_v_ t h_n g
s l_k_ m_n t_l h__ l t h , _g__ n g _n d l_n_l_n_s s .
H_ r_c_n t l y _n n__ n c_d p_l_n s _f_r t h_ U K ' s
N_t__ n_l H__ l t h S_r v_c_ t_ _s_ t h_ _r t s t_ _m p
r_v_ p__ p l_ ' s w_l l b__ n g _n d h__ l t h . T h_
r_s__ r c h_r s s__ d : " O v_r_l l , __ r r_s_l t s h_g
h l_g h t t h_ _m p_r t_n c_ _f c_n t_n__ n g t_ _x p
l_r_ n_w s_c__ l f_c_t_r s t h_t _f f_c_t __ r h__ l t
h . "

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

researchers have found that people who go to live concerts shows and museums can live longer than those who do not experts from university college london looked at the lifestyles of over 6700 british people for 15 years they examined how often the people went out and what kinds of events they attended they found that over50s who regularly went to concerts and shows were around 30 per cent less likely to die over the next 14 years the researchers said the over50s could extend their life by engaging with the receptive arts these include art galleries concerts museums musicals the opera and the theatre in addition to living longer concertgoers could also have more fun

lead researcher dr daisy fancourt said money played a big role in whether or not people went to concerts and engaged with the arts she wrote over 40 per cent of people in the least wealthy group reported that they never accessed cultural activities the uk health secretary matt hancock believes there could be a lot of truth in the research he said arts and culture could improve things like mental health ageing and loneliness he recently announced plans for the uks national health service to use the arts to improve peoples wellbeing and health the researchers said overall our results highlight the importance of continuing to explore new social factors that affect our health

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1912/191223-live-concerts.html>

Researchers have found that people who go to live concerts, shows and museums can live longer than those who do not. Experts from University College London looked at the lifestyles of over 6,700 British people for 15 years. They examined how often the people went out and what kinds of events they attended. They found that over-50s who regularly went to concerts and shows were around 30 percent less likely to die over the next 14 years. The researchers said the over-50s could extend their life by engaging with the "receptive arts". These include art galleries, concerts, museums, musicals, the opera and the theatre. In addition to living longer, concertgoers could also have more fun. Lead researcher Dr Daisy Fancourt said money played a big role in whether or not people went to concerts and engaged with the arts. She wrote: "Over 40 percent of people in the least wealthy group reported that they never accessed cultural activities." The UK Health Secretary Matt Hancock believes there could be a lot of truth in the research. He said arts and culture could improve things like mental health, ageing and loneliness. He recently announced plans for the UK's National Health Service to use the arts to improve people's well-being and health. The researchers said: "Overall, our results highlight the importance of continuing to explore new social factors that affect our health."

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. LIVE CONCERTS: Make a poster about live concerts. Show your work to your classmates in the next lesson. Did you all have similar things?

4. FREE CONCERTS: Write a magazine article about towns organizing live concerts every day. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on live concerts. Ask him/her three questions about them. Give him/her three of your ideas on why live concerts might help us live longer. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. f 2. a 3. d 4. b 5. g 6. e 7. c
8. m 9. h 10. i 11. l 12. k 13. n 14. j

TRUE / FALSE (p.5)

- a F b T c F d T e F f F g T h a

SYNONYM MATCH (p.5)

1. h	2. e	3. b	4. j	5. c
6. a	7. f	8. i	9. g	10. d

COMPREHENSION QUESTIONS (p.9)

- University College London
- 15 years
- 30% less likely
- Receptive arts
- Concertgoers
- Money
- Over 40 per cent
- The UK Health Secretary
- Ageing
- Social factors that affect our health

WORDS IN THE RIGHT ORDER (p.20)

- Live longer than those who do not.
- Looked at the lifestyles of over 6,700 people.
- They examined how often the people went out.
- Over-50s who regularly went to concerts and shows.
- Extend their life by engaging with the arts.
- A role in whether or not people went.
- People in the least wealthy group reported that.
- Culture could improve things like mental health.
- Use the arts to improve people's wellbeing.
- Explore new social factors that affect our health.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. d 4. b 5. c 6. d 7. b 8. d 9. a 10. d

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)