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Level 1 – 20th January, 2021

Wristband lets others know your mood

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2101/210120-moods-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2101/210120-moods-1.html>

A device lets people know your mood. It is a wristband called Moodbeam. A company and a healthcare provider designed it. The company wanted to help hospital workers. The healthcare provider wanted its staff to monitor their mood. Wearers can check their mood by logging in to their account. Their information is stored in the cloud. Employers can see the data stored in the cloud. They can find out how workers are feeling at work.

A worried mother thought of the idea. She wanted to know how her daughter was feeling. The company website says: "Moods are hard to capture, tough to talk about and often invisible." It wants to change the way the world sees mood, "by making it easier to...talk about how we feel". It gives us a better understanding of how we feel. We can have more meaningful conversations with those we care about. We can also lead happier lives.

Sources: <https://moodbeam.co.uk/>
<https://www.bbc.com/news/business-55637328>
<https://www.mobihealthnews.com/news/emea/wearable-mood-device-provide-wellbeing-support-nhs-staff>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2101/210120-moods-1.html>

PARAGRAPH ONE:

- | | |
|--|------------------------|
| 1. A device lets people know | a. in the cloud |
| 2. a healthcare | b. workers |
| 3. The company wanted to help hospital | c. feeling at work |
| 4. staff to monitor | d. your mood |
| 5. check their mood by logging | e. stored in the cloud |
| 6. Their information is stored | f. provider |
| 7. see the data | g. in to their account |
| 8. find out how workers are | h. their mood |

PARAGRAPH TWO:

- | | |
|----------------------------------|------------------------|
| 1. A worried mother | a. care about |
| 2. how her daughter | b. sees mood |
| 3. tough to talk | c. happier lives |
| 4. change the way the world | d. thought of the idea |
| 5. a better understanding of how | e. conversations |
| 6. We can have more meaningful | f. about |
| 7. those we | g. we feel |
| 8. We can also lead | h. was feeling |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2101/210120-moods-1.html>

A device lets people (1) _____. It is a wristband called Moodbeam. A company (2) _____ provider designed it. The company wanted to help hospital workers. The healthcare provider wanted its (3) _____ their mood. Wearers can check their (4) _____ in to their account. Their information (5) _____ the cloud. Employers can see the data stored in the cloud. They can find out how workers are (6) _____.

A worried mother thought (7) _____. She wanted to know how her daughter was feeling. The company website says: "Moods are (8) _____, tough to talk about and often invisible." It wants to (9) _____ the world sees mood, "by making it easier to...talk about how we feel". It gives (10) _____ understanding of how we feel. We (11) _____ meaningful conversations with those we care about. We can (12) _____ lives.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2101/210120-moods-1.html>

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MOODS SURVEY

From <https://breakingnewsenglish.com/2101/210120-moods-4.html>

Write five GOOD questions about moods in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

