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Level 3 – 20th January, 2021

Wristband lets others know your mood

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2101/210120-moods.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2101/210120-moods.html>

A new wearable device can let other people know your mood. The device is a wristband. It is called a Moodbeam and is made by a UK company with the same name. The wristband was designed by the company and a healthcare provider. The company wanted to make a self-reporting device to help doctors and medical staff. The healthcare provider wanted its workers to be able to monitor their mood. Wearers of the device can check their mood by logging in to their Moodbeam account. Information on their mood will be stored in the cloud. Employers and managers can also see the data stored in the cloud on a dashboard. This can let them know how workers and teams are feeling and coping at work.

The original idea for the Moodbeam wristband came from a worried mother. She wanted to know how her daughter was feeling when she wasn't with her. The company website says: "Moodbeam is built on the unfortunate truth that whilst how we feel is so important to our wellbeing, it's hard to capture, tough to talk about and often invisible....Moodbeam was created with the ambition to transform the way the world sees mood, by making it easier to understand and talk about how we feel." It added the device: "Allows for better understanding of how we feel, creates more meaningful conversations with those we care about and helps us lead happier lives."

Sources: <https://moodbeam.co.uk/>
<https://www.bbc.com/news/business-55637328>
<https://www.mobihealthnews.com/news/emea/wearable-mood-device-provide-wellbeing-support-nhs-staff>

WARM-UPS

1. MOODS: Students walk around the class and talk to other students about moods. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

wearable / device / wristband / company / healthcare / monitor / mood / the cloud / original / idea / website / truth / wellbeing / invisible / conversations / happier lives

Have a chat about the topics you liked. Change topics and partners frequently.

3. CLOUD: Students A **strongly** believe it is a good idea to put information about our mood in the cloud; Students B **strongly** believe otherwise. Change partners again and talk about your conversations.

4. WEARABLE DEVICES: How can these wearable devices help us? Would you wear one? Why (not)? Complete this table with your partner(s). Change partners often and share what you wrote.

	How It/They Help	Would You Wear It/Them?	Why (Not)
Moodbeam			
GPS Watch			
Smart glasses			
Health monitor			
Smart shirt			
Smart shoes			

5. DEVICE: Spend one minute writing down all of the different words you associate with the word "device". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. MOOD CHANGERS: Rank these with your partner. Put the best at the top. Change partners often and share your rankings.

- A walk
- Sleep
- Chocolate
- Chats with friends
- Watching movies
- Bills
- Rain
- TV news

VOCABULARY MATCHING

Paragraph 1

- | | |
|--------------|--|
| 1. wearable | a. All the people who work at a company or organisation. |
| 2. device | b. Look at and check the progress or quality of something over a period of time. |
| 3. provider | c. Able to be worn (especially about clothes). |
| 4. staff | d. Dealing effectively with something difficult. |
| 5. monitor | e. A thing made or adapted for a particular purpose, especially a piece of mechanical or electronic equipment. |
| 6. the cloud | f. A person or thing that gives something or makes something available. |
| 7. coping | g. The area of the Internet used to store, manage, and process data. |

Paragraph 2

- | | |
|----------------|---|
| 8. original | h. Having a serious, important, or useful purpose. |
| 9. unfortunate | i. Present or existing from the beginning; first or earliest. |
| 10. truth | j. Having or marked by bad luck; unlucky. |
| 11. wellbeing | k. Record or express accurately in words or pictures. |
| 12. capture | l. The state of being comfortable, healthy, or happy. |
| 13. invisible | m. The quality or state of being true. |
| 14. meaningful | n. Unable to be seen. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2101/210120-moods.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. The Moodbeam was designed and made by an American company. **T / F**
- b. A healthcare provider helped make the wristband. **T / F**
- c. The wristband was designed to help medical staff and doctors. **T / F**
- d. Information on a wearer's mood will be stored in the cloud. **T / F**
- e. The idea came from a woman worried about her daughter's feelings. **T / F**
- f. The company said capturing how we feel is easy. **T / F**
- g. The company wants to change how the world sees wristbands. **T / F**
- h. The company says we probably won't lead happier lives. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|--------------------------|-----------------|
| 1. device | a. change |
| 2. made | b. monitor |
| 3. staff | c. first |
| 4. check | d. gadget |
| 5. coping | e. difficult |
| 6. original | f. workers |
| 7. unfortunate | g. chats |
| 8. tough | h. manufactured |
| 9. transform | i. unlucky |
| 10. conversations | j. managing |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--------------------------------------|-------------------------|
| 1. A new wearable | a. for the Moodbeam |
| 2. a self- | b. and coping at work |
| 3. check their mood by | c. about how we feel |
| 4. see the data stored in the | d. reporting device |
| 5. how workers and teams are feeling | e. happier lives |
| 6. The original idea | f. device |
| 7. how we feel is so important | g. logging in |
| 8. easier to understand and talk | h. to our wellbeing |
| 9. creates more meaningful | i. cloud on a dashboard |
| 10. helps us lead | j. conversations |

GAP FILL

From <https://breakingnewsenglish.com/2101/210120-moods.html>

A new wearable device can let other people
(1) _____ your mood. The device is a wristband. It is
called a Moodbeam and is made by a UK company with the same
(2) _____. The wristband was designed by the
company and a healthcare provider. The company wanted to make
a (3) _____ -reporting device to help doctors and
(4) _____ staff. The healthcare provider wanted its
workers to be able to (5) _____ their mood. Wearers
of the device can check their mood by (6) _____ in to
their Moodbeam account. Information on their mood will be stored
in the (7) _____. Employers and managers can also
see the data stored in the cloud on a dashboard. This can let them
know how workers and teams are feeling and
(8) _____ at work.

name
monitor
know
copying
medical
cloud
self
logging

The (9) _____ idea for the Moodbeam wristband
came from a worried mother. She wanted to know how her
(10) _____ was feeling when she wasn't with her. The
company website says: "Moodbeam is built on the unfortunate
(11) _____ that whilst how we feel is so important to
our wellbeing, it's hard to capture, tough to talk about and often
(12) _____....Moodbeam was created with the
ambition to transform the (13) _____ the world sees
mood, by making it easier to understand and talk about how we
feel." It added the device: "Allows for (14) _____
understanding of how we feel, creates more meaningful
conversations with those we (15) _____ about and
helps us lead happier (16) _____."

invisible
lives
daughter
way
care
original
better
truth

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2101/210120-moods.html>

- 1) It is called a Moodbeam and is made by a UK company with _____
 - a. the same named
 - b. the same names
 - c. the same name
 - d. the same naming
- 2) The company wanted to make a self-reporting device to help doctors _____
 - a. and medical staff
 - b. and medical stuff
 - c. and medical stiff
 - d. and medical starve
- 3) Information on their mood will be stored _____
 - a. in the cloud
 - b. in a cloud
 - c. in them cloudy
 - d. in the cloudy
- 4) Employers and managers can also see the data stored in the cloud _____
 - a. on a dashed board
 - b. on a dash bored
 - c. on a dashboard
 - d. on a dashed bored
- 5) This can let them know how workers and teams are feeling and _____
 - a. coping at work
 - b. cope pin at work
 - c. co-ping at work
 - d. co-pin at work
- 6) The original idea for the Moodbeam wristband came from _____
 - a. a worry mother
 - b. ad worry mother
 - c. a worried mother
 - d. ad worried mother
- 7) The company website says Moodbeam is built on _____
 - a. the unfortunately truth
 - b. the unfortunate truth
 - c. the fortunate truth
 - d. the fortunately truth
- 8) whilst how we feel is so important to our wellbeing, it's _____
 - a. hard to rapture
 - b. hard to enrapture
 - c. hard to capped your
 - d. hard to capture
- 9) tough to talk about and _____
 - a. often invisibly
 - b. often in visible
 - c. often in risible
 - d. often invisible
- 10) meaningful conversations with those we care about and helps us _____
 - a. leads happier lives
 - b. leading happier lives
 - c. lead happier lives
 - d. leader happier lives

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2101/210120-moods.html>

A new wearable device can (1) _____ know your mood. The device is a wristband. It (2) _____ Moodbeam and is made by a UK company with the same name. The wristband was designed by the company and a healthcare provider. The company (3) _____ a self-reporting device to help doctors and medical staff. The healthcare provider wanted its workers to (4) _____ monitor their mood. Wearers of the device can check their mood by logging in to their Moodbeam account. Information on their mood will be stored (5) _____. Employers and managers can also see the data stored in the cloud on a dashboard. This can let them know how workers and teams are (6) _____ at work.

The (7) _____ the Moodbeam wristband came from a worried mother. She wanted to know how her daughter was feeling when she (8) _____. The company website says: "Moodbeam is built on the unfortunate truth that whilst how we feel (9) _____ to our wellbeing, it's hard to capture, tough to talk about and often invisible....Moodbeam was created (10) _____ to transform the way the world sees mood, by making it easier to understand and talk (11) _____ feel." It added the device: "Allows for better understanding of how we feel, creates more meaningful conversations with (12) _____ about and helps us lead happier lives."

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2101/210120-moods.html>

1. Where is the wristband made?
2. Who did the company want to help?
3. How can wearers of the wristband check their mood?
4. Where is data about people's feelings stored?
5. Who can employers know about the feelings of?
6. Who originally came up with the idea for the wristband?
7. What does the company say is hard to capture?
8. What does the company want to do with how the world sees mood?
9. What does the company want to do to our conversations?
10. What might we lead if we wear the wristband?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2101/210120-moods.html>

- 1) Where is the wristband made?
 - a) the UAE
 - b) the UK
 - c) the UAE
 - d) the UN
- 2) Who did the company want to help?
 - a) taxi drivers and train drivers
 - b) the aged and students
 - c) doctors and medical staff
 - d) the whole world
- 3) How can wearers of the wristband check their mood?
 - a) by e-mail
 - b) by printing out a report
 - c) by buying data
 - d) by logging in
- 4) Where is information about people's feelings stored?
 - a) on a hard drive
 - b) in the cloud
 - c) on a USB drive
 - d) in their minds
- 5) Who can employers know about the feelings of?
 - a) workers and teams
 - b) bosses
 - c) customers
 - d) patients
- 6) Who originally came up with the idea for the wristband?
 - a) a worried mother
 - b) a worried daughter
 - c) a scientist
 - d) a psychiatrist
- 7) What does the company say is hard to capture?
 - a) our mind
 - b) photographs
 - c) life
 - d) how we feel
- 8) What does the company want to do with how the world sees mood?
 - a) stop it
 - b) feel it
 - c) transform it
 - d) think about it
- 9) What does the company want to do to our conversations?
 - a) examine them
 - b) record them
 - c) write them down
 - d) make them more meaningful
- 10) What might we lead if we wear the wristband?
 - a) a race
 - b) better lives
 - c) feelings
 - d) the line

ROLE PLAY

From <https://breakingnewsenglish.com/2101/210120-moods.html>

Role A – Sleep

You think sleep is the biggest mood changer. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least likely of these to change mood of these (and why): chatting with friends, rain or TV news.

Role B – Chatting With Friends

You think chatting with friends is the biggest mood changer. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least likely of these to change mood of these (and why): sleep, rain or TV news.

Role C – Rain

You think rain is the biggest mood changer. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least likely of these to change mood of these (and why): chatting with friends, sleep or TV news.

Role D – TV News

You think TV news is the biggest mood changer. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least likely of these to change mood of these (and why): chatting with friends, rain or sleep.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2101/210120-moods.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'mood' and 'device'.

mood	device
-------------	---------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• new• same• help• logging• managers• work	<ul style="list-style-type: none">• idea• daughter• truth• often• better• care
---	---

MOODS SURVEY

From <https://breakingnewsenglish.com/2101/210120-moods.html>

Write five GOOD questions about moods in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

MOODS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'mood'?
3. What do you know about moods?
4. What kind of mood are you in right now?
5. What affects your mood?
6. What are you like when you are in a bad mood?
7. What things put you in a good mood?
8. What do you think of a device that tells you your mood?
9. How do you think the device works?
10. Would you like your boss to have information on your moods?

Wristband lets others know your mood – 20th January, 2021
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MOODS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'device'?
13. What do you think about what you read?
14. How useful do you think this device is?
15. How important is it to know other people's moods?
16. How does our mood affect our health?
17. Is it easy for you to talk about your moods?
18. How could this device make the world better?
19. What would make your world better?
20. What questions would you like to ask the company?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2101/210120-moods.html>

A new wearable device can let other people (1) ____ your mood. The device is a wristband. It is called a Moodbeam and is made by a UK company with the same (2) _____. The wristband was designed by the company and a healthcare provider. The company wanted to make a (3) _____-reporting device to help doctors and medical staff. The healthcare provider wanted its workers to be (4) _____ to monitor their mood. Wearers of the device can check their mood by logging in to their Moodbeam account. Information on their mood will (5) _____ stored in the cloud. Employers and managers can also see the data stored in the cloud on a dashboard. This can let them know how workers and teams are feeling and (6) _____ at work.

The original idea for the Moodbeam wristband (7) _____ from a worried mother. She wanted to know how her daughter was feeling when she wasn't (8) _____ her. The company website says: "Moodbeam is built (9) _____ the unfortunate truth that whilst how we feel is so important to our wellbeing, it's hard to capture, tough to talk about and often invisible....Moodbeam was created with the ambition to (10) _____ the way the world sees mood, by making it easier to understand and talk about how we feel." It (11) _____ the device: "Allows for better understanding of how we feel, creates more meaningful conversations with those we care about and helps us (12) _____ happier lives."

Put the correct words from the table below in the above article.

- | | | | | |
|-----|--------------|---------------|-------------|----------------|
| 1. | (a) knew | (b) knows | (c) know | (d) known |
| 2. | (a) name | (b) call | (c) slogan | (d) banner |
| 3. | (a) self | (b) auto | (c) selfie | (d) pro |
| 4. | (a) able | (b) can | (c) ability | (d) capability |
| 5. | (a) do | (b) have | (c) take | (d) be |
| 6. | (a) copying | (b) clapping | (c) camping | (d) coping |
| 7. | (a) came | (b) coming | (c) became | (d) become |
| 8. | (a) as | (b) at | (c) to | (d) with |
| 9. | (a) on | (b) at | (c) as | (d) of |
| 10. | (a) conform | (b) transform | (c) informs | (d) forms |
| 11. | (a) totalled | (b) added | (c) tacked | (d) joined |
| 12. | (a) lead | (b) tie | (c) tail | (d) guide |

SPELLING

From <https://breakingnewsenglish.com/2101/210120-moods.html>

Paragraph 1

1. A new wearable cvdeei
2. a healthcare riedrvpo
3. be able to oiomtnr their mood
4. sdrteo in the cloud
5. in the cloud on a oasdbhard
6. nicpgo at work

Paragraph 2

7. The ngriolia idea
8. how her daturehg was feeling
9. built on the fnraounutte truth
10. it's hard to teucarp
11. tough to talk about and often libsiivne
12. more ungefnmlia conversations

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2101/210120-moods.html>

Number these lines in the correct order.

- () daughter was feeling when she wasn't with her. The company website says: "Moodbeam is built on the unfortunate
- () making it easier to understand and talk about how we feel." It added the device: "Allows
- () for better understanding of how we feel, creates more meaningful conversations
- () The original idea for the Moodbeam wristband came from a worried mother. She wanted to know how her
- () invisible....Moodbeam was created with the ambition to transform the way the world sees mood, by
- () help doctors and medical staff. The healthcare provider wanted its workers to be able to monitor
- () their mood. Wearers of the device can check their mood by logging in to their Moodbeam account. Information on their mood will be
- () with those we care about and helps us lead happier lives."
- () stored in the cloud. Employers and managers can also see the data stored in the
- () a Moodbeam and is made by a UK company with the same name. The wristband was designed
- (**1**) A new wearable device can let other people know your mood. The device is a wristband. It is called
- () cloud on a dashboard. This can let them know how workers and teams are feeling and coping at work.
- () by the company and a healthcare provider. The company wanted to make a self-reporting device to
- () truth that whilst how we feel is so important to our wellbeing, it's hard to capture, tough to talk about and often

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2101/210120-moods.html>

1. can people know . A let device wearable new
2. company a The wanted self-reporting make to device .
3. to wanted be provider The to . able workers
4. will on mood be their stored . Information
5. They the in stored see data the cloud .
6. her to know how wanted She daughter felt .
7. wellbeing . How to important is feel we our
8. world the way Transform the sees mood .
9. Allows for how understanding we feel . better of
10. about . conversations with we More those care meaningful

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2101/210120-moods.html>

A new *wearable / wearing* device can let other people know your mood. The device is a wristband. It is called a Moodbeam and is *making / made* by a UK company with the same *name / called*. The wristband was designed by the company and a healthcare provider. The company wanted to *take / make* a self-reporting device to help doctors and medical *stuff / staff*. The healthcare provider wanted its workers to be *able / ability* to monitor their mood. Wearers of the device can check their mood by *logged / logging* in to their Moodbeam account. Information on their mood will *be / do* stored in the cloud. Employers and managers can also see the data stored *at / in* the cloud on a dashboard. This can let them know how workers and teams are feeling and coping *of / at* work.

The *original / initially* idea for the Moodbeam wristband came from a worried mother. She wanted to know how her daughter was *felt / feeling* when she wasn't with her. The company website says: "Moodbeam is *create / built* on the unfortunate *true / truth* that whilst how we feel is so important to our wellbeing, it's hard to capture, tough *for / to* talk about and often invisible....Moodbeam was created *with / to* the ambition to transform the way the world sees mood, by *make / making* it easier to understand and talk about how we *feel / feeling*." It added the device: "Allows for better understanding of how we feel, creates more meaningful *conservation / conversations* with those we care about and helps us *lead / iron* happier lives."

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2101/210120-moods.html>

_ n_w w__r_bl_ d_v_c_ c_n l_t _th_r p__pl_ kn_w
y__r m__d. Th_ d_v_c_ _s _ wr_stb_nd. _t _s c_ll_d
_ M__db__m _nd _s m_d_ by _ _K c_m_p_ny w_th th_
s_m_ n_m_. Th_ wr_stb_nd w_s d_s_gn_d by th_
c_m_p_ny _nd _ h__lthc_r_ pr_v_d_r. Th_ c_m_p_ny
w_nt_d t_ m_k_ _ s_lf-r_p_rt_ng d_v_c_ t_ h_lp
d_ct_rs _nd m_d_c_l st_ff. Th_ h__lthc_r_ pr_v_d_r
w_nt_d _ts w_rk_rs t_ b_ _bl_ t_ m_n_t_r th__r m__d.
W__r_rs _f th_ d_v_c_ c_n ch_ck th__r m__d by
l_gg_ng _n t_ th__r M__db__m _cc__nt. _nf_rm_t__n _n
th__r m__d w_ll b_ st_r_d _n th_ cl__d. _mpl_y_rs
_nd m_n_g_rs c_n _ls_ s__ th_ d_t_ st_r_d _n th_
cl__d _n _ d_shb__rd. Th_s c_n l_t th_m kn_w h_w
w_rk_rs _nd t__ms _r_ f__l_ng _nd c_p_ng _t w_rk.

Th_ _r_g_n_l _d__ f_r th_ M__db__m wr_stb_nd c_m_
fr_m _ w_rr__d m_th_r. Sh_ w_nt_d t_ kn_w h_w h_r
d__ght_r w_s f__l_ng wh_n sh_ w_sn't w_th h_r. Th_
c_m_p_ny w_bs_t_ s_ys: "M__db__m _s b__lt _n th_
_nf_rtn_t_ tr_th th_t wh_lst h_w w_ f__l _s s_
_mp_rtn_t t_ __r w_llb__ng, _t's h_rd t_ c_pt_r_,
t__gh t_ t_lk _b__t _nd _ft_n _nv_s_bl_....M__db__m
w_s cr__t_d w_th th_ _mb_t__n t_ tr_nsf_rm th_ w_y
th_ w_rld s__s m__d, by m_k_ng _t __s__r t_
_nd_rst_nd _nd t_lk _b__t h_w w_ f__l." _t _dd_d th_
d_v_c_: "_ll_ws f_r b_tt_r _nd_rst_ndng _f h_w w_
f__l, cr__t_s m_r_ m__n_ngf_l c_nv_rs_t__ns w_th
th_s_ w_ c_r_ _b__t _nd h_lps _s l__d h_pp__r
l_v_s."

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2101/210120-moods.html>

a new wearable device can let other people know your mood the device is a wristband it is called a moodbeam and is made by a uk company with the same name the wristband was designed by the company and a healthcare provider the company wanted to make a selfreporting device to help doctors and medical staff the healthcare provider wanted its workers to be able to monitor their mood wearers of the device can check their mood by logging in to their moodbeam account information on their mood will be stored in the cloud employers and managers can also see the data stored in the cloud on a dashboard this can let them know how workers and teams are feeling and coping at work

the original idea for the moodbeam wristband came from a worried mother she wanted to know how her daughter was feeling when she wasnt with her the company website says moodbeam is built on the unfortunate truth that whilst how we feel is so important to our wellbeing its hard to capture tough to talk about and often invisible moodbeam was created with the ambition to transform the way the world sees mood by making it easier to understand and talk about how we feel it added the device allows for better understanding of how we feel creates more meaningful conversations with those we care about and helps us lead happier lives

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2101/210120-moods.html>

A new wearable device can let other people know your mood. The device is a wristband. It is called a Moodbeam and is made by a UK company with the same name. The wristband was designed by the company and a health care provider. The company wanted to make a self-reporting device to help doctors and medical staff. The health care provider wanted its workers to be able to monitor their mood. Wearers of the device can check their mood by logging into their Moodbeam account. Information on their mood will be stored in the cloud. Employers and managers can also see the data stored in the cloud on a dashboard. This can let them know how workers and teams are feeling and coping at work. The original idea for the Moodbeam wristband came from a worried mother. She wanted to know how her daughter was feeling when she wasn't with her. The company website says: "Moodbeam is built on the unfortunate truth that whilst how we feel is so important to our wellbeing, it's hard to capture, tough to talk about and often invisible.... Moodbeam was created with the ambition to transform the way that the world sees mood, by making it easier to understand and talk about how we feel." It added the device: "Allows for better understanding of how we feel, creates more meaningful conversations with those we care about and helps us lead happier lives."

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. MOODS: Make a poster about moods. Show your work to your classmates in the next lesson. Did you all have similar things?

4. MOODBEAM: Write a magazine article about all of us wearing a Moodbeam so we can monitor our mood. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on moods. Ask him/her three questions about them. Give him/her three of your opinions on the Moodbeam. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. c 2. e 3. f 4. a 5. b 6. g 7. d
8. i 9. j 10. m 11. l 12. k 13. n 14. h

TRUE / FALSE (p.5)

- a F b T c T d T e T f F g F h F

SYNONYM MATCH (p.5)

1. d	2. h	3. f	4. b	5. j
6. c	7. i	8. e	9. a	10. g

COMPREHENSION QUESTIONS (p.9)

1. In the UK
2. Doctors and medical staff
3. By logging in to their account
4. In the cloud
5. Workers and teams
6. A worried mother
7. How we feel
8. Transform it
9. Make them more meaningful
10. Happier lives

WORDS IN THE RIGHT ORDER (p.20)

1. A new wearable device can let people know.
2. The company wanted to make a self-reporting device.
3. The provider wanted workers to be able to.
4. Information on their mood will be stored.
5. They see the data stored in the cloud.
6. She wanted to know how her daughter felt.
7. How we feel is important to our wellbeing.
8. Transform the way the world sees mood.
9. Allows for better understanding of how we feel.
10. More meaningful conversations with those we care about.

MULTIPLE CHOICE - QUIZ (p.10)

1. b 2. c 3. d 4. b 5. a 6. a 7. d 8. c 9. d 10. b

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)