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Level 0 – 23rd July, 2021

Woodland gives city kids better mental health

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<https://breakingnewsenglish.com/2107/210723-woodland-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2107/210723-woodland-0.html>

Woodland gives children in cities better mental health and thinking skills. Researchers said a natural environment is important for a child's development. The researchers said seeing and hearing the sounds of nature helps the mental health of children in and improves their learning.

Researchers studied children at 31 schools in London over four years. They looked at how woodland affected children's health.

Children near woodland got higher scores on tests. They also had a lower risk of behavioural problems. A researcher said children should enjoy "the sights, sounds and smells of a forest" every day.

Sources: <https://www.nature.com/articles/s41893-021-00751-1.epdf>
<https://edition.cnn.com/2021/07/20/health/woodland-children-wellness-scn-intl-scli-gbr/index.html>
<https://phys.org/news/2021-07-woodlands-good-children-young-people.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2107/210723-woodland-0.html>

PARAGRAPH ONE:

- | | |
|-----------------------------|----------------|
| 1. better mental | a. and hearing |
| 2. thinking | b. important |
| 3. a natural environment is | c. learning |
| 4. a child's | d. health |
| 5. seeing | e. development |
| 6. the sounds | f. of children |
| 7. the mental health | g. skills |
| 8. improves their | h. of nature |

PARAGRAPH TWO:

- | | |
|---------------------------------|------------------------|
| 1. Researchers studied children | a. problems |
| 2. how woodland affected | b. on tests |
| 3. Children near | c. enjoy the sights |
| 4. higher scores | d. children's health |
| 5. They also had a lower | e. smells of a forests |
| 6. behavioural | f. at 31 schools |
| 7. children should | g. risk |
| 8. sounds and | h. woodland |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2107/210723-woodland-0.html>

Woodland gives children (1) _____ mental health and thinking skills. Researchers (2) _____ environment (3) _____ a child's development.

The researchers said (4) _____ the sounds of nature (5) _____ health of children in and (6) _____.

Researchers (7) _____ 31 schools in London over four years. They (8) _____ woodland affected children's health. Children (9) _____ higher scores on tests. They also had (10) _____ of behavioural problems. A researcher said (11) _____ "the sights, sounds and smells of a (12) _____".

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2107/210723-woodland-0.html>

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how woodland affected children's health. Children near woodland got high

scores on tests. They also had a lower risk of behavioural problems. Ar

researchers said children should enjoy "the sights, sounds and smells of a

forest" every day.

WOODLAND SURVEY

From <https://breakingnewsenglish.com/2107/210723-woodland-0.html>

Write five GOOD questions about woodland in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/2107/210723-woodland-0.html>

Write about **woodland** for 10 minutes. Read and talk about your partner's paper.
