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Level 6 – 3rd October, 2022

'Quiet quitting' becoming common in workplaces

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

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Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

A new culture of work has been quietly spreading around offices, factories and workplaces worldwide. Workers are increasingly embracing the concept of "quiet quitting". This emerging phenomenon entails workers slowly abandoning doing things that are not part of their contract. The website entrepreneur.com defines quiet quitting as follows: "Quiet quitting is the process of coming to work to achieve the minimum requirements of your role in the time that you're there, then leaving. No offers of overtime, no stepping outside your designated obligations, no going the extra mile. It's the silent withdrawal of extra labor to mitigate what are perceived as unreasonable pressures."

Quiet quitting has increased in popularity since the coronavirus pandemic. People are reassessing their attitudes towards work. They have decided to achieve a more fulfilling work-life balance, and focus on avoiding job burnout. Workers are jettisoning unpaid duties they once voluntarily carried out in their workplaces. They do the bare minimum and leave at five on the dot. Some employers are responding with what is being termed as "quiet firing". This is when bosses try to get employees to leave. They do this by not raising salaries, disregarding employees' ideas and omitting them from meetings. A LinkedIn poll found that 48 per cent of employees in a survey have seen quiet firing in the workplace.

Sources: <https://www.entrepreneur.com/leadership/quiet-quitting-is-taking-over-the-workforce-heres-how-to/434560>
<https://www.cnbc.com/2022/09/30/7-signs-of-quiet-firing-to-look-for-at-work.html>
<https://www.sfchronicle.com/opinion/openforum/article/quiet-firing-quitting-17476036.php>

WARM-UPS

1. QUITTING YOUR JOB: Students walk around the class and talk to other students about quitting your job. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

culture / offices / factories / workplaces / phenomenon / entrepreneur / overtime / quitting / popularity / pandemic / burnout / the bare minimum / employees / survey

Have a chat about the topics you liked. Change topics and partners frequently.

3. CONTRACT: Students A **strongly** believe that workers should only do what is in their contract and no more; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

4. THE WORKPLACE: What are your experiences of these workplace things? How could they be better? Complete this table with your partner(s). Change partners often and share what you wrote.

| Things | Your Experiences | Improvements |
|--------------|------------------|--------------|
| Desks | | |
| Bosses | | |
| Staff room | | |
| Overtime | | |
| Design | | |
| Lunch breaks | | |

5. FACTORY: Spend one minute writing down all of the different words you associate with the word "factory". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. QUITTING JOBS: Rank these with your partner. Put the biggest reasons for quitting a job at the top. Change partners often and share your rankings.

- Bad boss
- Overtime
- Meetings
- Co-workers
- No promotion
- Dangers
- Boredom
- Salary

VOCABULARY MATCHING

Paragraph 1

- | | |
|---------------|---|
| 1. embracing | a. Becoming clear to see and important. |
| 2. emerging | b. Being given or assigned to someone to do. |
| 3. phenomenon | c. Involve something as a necessary or inevitable part or consequence. |
| 4. entail | d. A fact or situation that is observed to exist or happen. |
| 5. designated | e. Accepting a belief, theory, or change willingly and enthusiastically. |
| 6. mitigate | f. Became aware or conscious of something; come to realize or understand. |
| 7. perceived | g. Make something bad and less severe, serious, or painful. |

Paragraph 2

- | | |
|------------------|--|
| 8. reassessing | h. Paying no attention to; ignoring. |
| 9. fulfilling | i. Considering or assessing again, in the light of new or different factors. |
| 10. burnout | j. Exactly on time. |
| 11. jettisoning | k. Leaving out or excluding. |
| 12. on the dot | l. Physical or mental collapse caused by overwork or stress. |
| 13. disregarding | m. Abandoning or discarding someone or something that is no longer wanted. |
| 14. omitting | n. Making someone satisfied or happy through allowing their character or abilities to develop fully. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. The article says workers are embarrassing about a work concept. **T / F**
2. With quiet quitting, workers do only what's in their contract. **T / F**
3. Workers who quiet quit often walk a mile to work. **T / F**
4. A website said quiet quitting means workers silently withdraw labour. **T / F**
5. The coronavirus pandemic increased the popularity of quiet quitting. **T / F**
6. People want a more fulfilling work-life balance. **T / F**
7. Workers who are quiet quitting leave work at five on the dot. **T / F**
8. Most workers have seen examples of quiet firing in the workplace. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-----------------------|---------------|
| 1. spreading | a. ditching |
| 2. embracing | b. recognized |
| 3. phenomenon | c. replying |
| 4. designated | d. views |
| 5. perceived | e. welcoming |
| 6. attitudes | f. satisfying |
| 7. fulfilling | g. happening |
| 8. jettisoning | h. nominated |
| 9. responding | i. excluding |
| 10. omitting | j. growing |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|-----------------------------------|----------------------------|
| 1. A new culture of work has been | a. overtime |
| 2. Workers are increasingly | b. pressures |
| 3. things that are not part | c. minimum |
| 4. No offers of | d. work-life balance |
| 5. perceived as unreasonable | e. embracing the concept |
| 6. Quiet quitting has | f. on the dot |
| 7. achieve a more fulfilling | g. quietly spreading |
| 8. They do the bare | h. in a survey |
| 9. leave at five | i. of their contract |
| 10. 48 per cent of employees | j. increased in popularity |

GAP FILL

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

A new culture of work has been quietly (1) _____ around offices, factories and workplaces worldwide. Workers are increasingly embracing the (2) _____ of "quiet quitting". This emerging phenomenon (3) _____ workers slowly abandoning doing things that are not part of their (4) _____. The website entrepreneur.com defines quiet quitting as (5) _____: "Quiet quitting is the process of coming to work to achieve the minimum requirements of your (6) _____ in the time that you're there, then leaving. No offers of overtime, no (7) _____ outside your designated obligations, no going the extra mile. It's the silent withdrawal of extra labor to mitigate what are perceived as unreasonable (8) _____."

entails
follows
pressures
spreading
contract
stepping
concept
role

Quiet quitting has increased in (9) _____ since the coronavirus pandemic. People are reassessing their attitudes towards work. They have decided to achieve a more fulfilling work-life (10) _____, and focus on avoiding job (11) _____. Workers are jettisoning unpaid duties they once voluntarily carried out in their workplaces. They do the (12) _____ minimum and leave at five on the (13) _____. Some employers are responding with what is being (14) _____ as "quiet firing". This is when bosses try to get employees to leave. They do this by not (15) _____ salaries, disregarding employees' ideas and omitting them from meetings. A LinkedIn poll found that 48 per cent of employees in a (16) _____ have seen quiet firing in the workplace.

bare
popularity
raising
dot
survey
burnout
termed
balance

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

- 1) workplaces worldwide. Workers are increasingly _____
 - a. in bracing the concept
 - b. embarking the concept
 - c. embarrassing the concept
 - d. embracing the concept
- 2) entails workers slowly abandoning doing things that are not part of _____
 - a. their contact
 - b. their contract
 - c. their contractual
 - d. their intact
- 3) Quiet quitting is the process of coming to work to achieve _____
 - a. a minimum requirements
 - b. the minimums requirements
 - c. the minimum requirements
 - d. the minimums requirement
- 4) stepping outside your designated obligations, no going _____
 - a. the extra mile
 - b. the extra mail
 - c. the extra mule
 - d. the extra meal
- 5) extra labor to mitigate what are perceived _____
 - a. as unreasonable pleasures
 - b. as unreasonable pressures
 - c. as unreasonable pressies
 - d. as unreasonable pressings
- 6) People are reassessing their _____
 - a. attitudes towards works
 - b. attitudes towards work
 - c. attitudes towards workings
 - d. attitudes towards worked
- 7) achieve a more fulfilling work-life balance, and focus on _____
 - a. avoid in job burnout
 - b. avoiding job burns out
 - c. avoiding job burnout
 - d. avoiding job burnt out
- 8) They do the bare minimum and leave at five _____
 - a. on the dot
 - b. on the dote
 - c. on the bot
 - d. on the tot
- 9) Some employers are responding with what is being _____ firing
 - a. teamed as quiet
 - b. turned as quiet
 - c. termed as quiet
 - d. tamed as quiet
- 10) They do this by not raising salaries, disregarding employees' ideas _____
 - a. and committing them
 - b. and omitting them
 - c. and remitting them
 - d. and emitting them

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

A new (1) _____ has been quietly spreading around offices, factories and workplaces worldwide. Workers are increasingly (2) _____ of "quiet quitting". This emerging phenomenon entails workers slowly abandoning doing things that are not part of their contract. The website entrepreneur.com defines quiet quitting as follows: "Quiet quitting is the (3) _____ to work to achieve the minimum requirements of your role in the time that you're there, then leaving. No (4) _____, no stepping outside your designated obligations, no going (5) _____. It's the silent withdrawal of extra labor (6) _____ are perceived as unreasonable pressures."

Quiet quitting has increased in popularity since the coronavirus pandemic. People are (7) _____ towards work. They have decided to achieve a more fulfilling work-life balance, and (8) _____ job burnout. Workers are jettisoning unpaid duties they once voluntarily carried out in their workplaces. They do (9) _____ and leave at five (10) _____. Some employers are responding with what is being termed as "quiet firing". This is when bosses try to get employees to leave. They do this by not raising salaries, disregarding employees' (11) _____ them from meetings. A LinkedIn poll found that 48 per cent of employees (12) _____ have seen quiet firing in the workplace.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

1. What are workers embracing the concept of?
2. What do quiet quitting workers strictly follow?
3. What do quiet quitters not offer to do?
4. What do quit quitters not go for?
5. What do people who quietly quit silently withdraw?
6. What increased the popularity of quiet quitting?
7. What do quiet quitters want to be more fulfilling?
8. What time do quiet quitters leave work?
9. What are employers hitting back with?
10. What is the name of the company that conducted a workers' poll?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

- 1) What are workers embracing the concept of?
 - a) technology
 - b) promotion
 - c) quiet quitting
 - d) designated obligations
- 2) What do quiet quitting workers strictly follow?
 - a) their contract
 - b) the clock
 - c) their boss
 - d) promotion opportunities
- 3) What do quiet quitters not offer to do?
 - a) overtime
 - b) talk
 - c) photocopying
 - d) help
- 4) What do quit quitters not go for?
 - a) lunch
 - b) the extra mile
 - c) meetings
 - d) promotion
- 5) What do people who quietly quit silently withdraw?
 - a) their cash
 - b) their opinions
 - c) their time
 - d) extra labour
- 6) What increased the popularity of quiet quitting?
 - a) the cost of living crisis
 - b) the coronavirus pandemic
 - c) the Internet
 - d) social media
- 7) What do quiet quitters want to be more fulfilling?
 - a) their work-life balance
 - b) life
 - c) their duties
 - d) their commute
- 8) What time do quiet quitters leave work?
 - a) 5:01
 - b) 4:59
 - c) 5:00
 - d) 4:57
- 9) What are employers hitting back with?
 - a) longer working hours
 - b) overtime
 - c) reduced bonuses
 - d) quiet firing
- 10) What is the name of the company that conducted a workers' poll?
 - a) LinkedIn
 - b) Facebook
 - c) Amazon
 - d) Twitter

ROLE PLAY

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

Role A – A Bad Boss

You think a bad boss is the biggest reason to quit a job. Tell the others three reasons why. Tell them why their reasons aren't as bad. Also, tell the others which is the least worrying of these (and why): overtime, salary or boredom.

Role B – Overtime

You think overtime is the biggest reason to quit a job. Tell the others three reasons why. Tell them why their reasons aren't as bad. Also, tell the others which is the least worrying of these (and why): a bad boss, salary or boredom.

Role C – Salary

You think salary is the biggest reason to quit a job. Tell the others three reasons why. Tell them why their reasons aren't as bad. Also, tell the others which is the least worrying of these (and why): overtime, a bad boss or boredom.

Role D – Boredom

You think boredom is the biggest reason to quit a job. Tell the others three reasons why. Tell them why their reasons aren't as bad. Also, tell the others which is the least worrying of these (and why): overtime, salary or a bad boss.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'quit' and 'fire'.

| | |
|-------------|-------------|
| quit | fire |
|-------------|-------------|

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

| | |
|---|---|
| <ul style="list-style-type: none">• culture• emerging• contract• achieve• overtime• silent | <ul style="list-style-type: none">• since• balance• unpaid• bare• bosses• poll |
|---|---|

QUITTING YOUR JOB SURVEY

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

Write five GOOD questions about quitting your job in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

| | STUDENT 1 _____ | STUDENT 2 _____ | STUDENT 3 _____ |
|------|--------------------|--------------------|--------------------|
| Q.1. | | | |
| Q.2. | | | |
| Q.3. | | | |
| Q.4. | | | |
| Q.5. | | | |

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

QUITTING YOUR JOB DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'quitting'?
3. What are your experiences of workplaces?
4. Have you ever quit a job?
5. What is your idea of a good work culture?
6. What do you think of the concept of quiet quitting?
7. Should workers do only the things that are in their contract?
8. What do you think of working overtime?
9. Do you ever go the extra mile?
10. What unreasonable pressures have you felt in the workplace?

'Quiet quitting' becoming common in workplaces – 3rd October, 2022
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QUITTING YOUR JOB DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'being fired'?
13. What do you think about what you read?
14. Do you agree or disagree with quiet quitting?
15. What is a good work-life balance for you?
16. Have you ever experienced job burnout?
17. Do you ever do the bare minimum?
18. Do you ever leave at five on the dot?
19. What do you think of the idea of 'quiet firing'?
20. What questions would you like to ask a company boss?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

A new culture (1) _____ work has been quietly spreading around offices, factories and workplaces worldwide. Workers are increasingly (2) _____ the concept of "quiet quitting". This emerging phenomenon (3) _____ workers slowly abandoning doing things that are not part of their contract. The website entrepreneur.com defines quiet quitting as (4) _____: "Quiet quitting is the process of coming to work to achieve the minimum requirements of your role in the time that you're there, then leaving. No offers of overtime, no (5) _____ outside your designated obligations, no going the extra mile. It's the silent withdrawal of extra labor to mitigate what are perceived (6) _____ unreasonable pressures."

Quiet quitting has increased (7) _____ popularity since the coronavirus pandemic. People are reassessing their attitudes towards work. They have decided to achieve a more fulfilling work-life balance, and focus on avoiding job (8) _____. Workers are jettisoning unpaid duties they once voluntarily carried out in their workplaces. They do the (9) _____ minimum and leave at five on the (10) _____. Some employers are responding with what is being termed as "quiet firing". This is when bosses try to get employees to leave. They do this by not (11) _____ salaries, disregarding employees' ideas and omitting them from meetings. A LinkedIn poll found that 48 per cent of employees in a (12) _____ have seen quiet firing in the workplace.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|---------------|---------------|---------------|------------------|
| 1. | (a) on | (b) of | (c) by | (d) as |
| 2. | (a) embarking | (b) embracing | (c) endearing | (d) embarrassing |
| 3. | (a) retails | (b) entrails | (c) contrails | (d) entails |
| 4. | (a) followed | (b) follows | (c) follower | (d) following |
| 5. | (a) stopping | (b) stepping | (c) strapping | (d) stripping |
| 6. | (a) has | (b) was | (c) as | (d) ease |
| 7. | (a) on | (b) of | (c) in | (d) by |
| 8. | (a) workout | (b) readout | (c) burnout | (d) washout |
| 9. | (a) bear | (b) bard | (c) bore | (d) bare |
| 10. | (a) dot | (b) slash | (c) point | (d) comma |
| 11. | (a) raising | (b) arising | (c) rising | (d) braising |
| 12. | (a) scurvy | (b) servile | (c) survey | (d) surveillance |

SPELLING

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

Paragraph 1

1. increasingly imbancgre the concept
2. This emerging onenpehnom
3. slowly ndbioagnan doing things
4. stepping outside your adesengidt obligations
5. It's the silent wtwidalarh of extra labor
6. ercveepdi as unreasonable pressures

Paragraph 2

7. People are rneeisssga their attitudes
8. focus on avoiding job urtbonu
9. nejoigsntti unpaid duties
10. they once lunivtarylo carried out
11. do the bare mmiuinm
12. ititmgnno them from meetings

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

Number these lines in the correct order.

- () requirements of your role in the time that you're there, then leaving. No offers of
- () Quiet quitting has increased in popularity since the coronavirus pandemic. People are reassessing
- () as "quiet firing". This is when bosses try to get employees to leave. They do this by
- () found that 48 per cent of employees in a survey have seen quiet firing in the workplace.
- () on avoiding job burnout. Workers are jettisoning unpaid duties they once voluntarily carried
- () not raising salaries, disregarding employees' ideas and omitting them from meetings. A LinkedIn poll
- () of extra labor to mitigate what are perceived as unreasonable pressures."
- () phenomenon entails workers slowly abandoning doing things that are not part of their contract. The website entrepreneur.com defines
- () worldwide. Workers are increasingly embracing the concept of "quiet quitting". This emerging
- (**1**) A new culture of work has been quietly spreading around offices, factories and workplaces
- () their attitudes towards work. They have decided to achieve a more fulfilling work-life balance, and focus
- () out in their workplaces. They do the bare minimum and leave at five on the dot. Some employers are responding with what is being termed
- () quiet quitting as follows: "Quiet quitting is the process of coming to work to achieve the minimum
- () overtime, no stepping outside your designated obligations, no going the extra mile. It's the silent withdrawal

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

1. culture new A of work is quietly spreading .
2. quitting . concept embracing the quiet Workers are of
3. things of Doing that aren't part contract . their
4. the your Achieve role . minimum requirements of
5. as unreasonable what are Mitigate pressures . perceived
6. duties out . carried voluntarily once Jettisoning unpaid they
7. at Do and minimum leave the five . bare
8. bosses try to leave . When to get employees
9. ideas meetings . omitting from them employees' Disregarding and
10. quiet have a in Employees firing . seen survey

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

A new culture of work has been *quietly* / *quitting* spreading around offices, factories and workplaces worldwide. Workers are increasingly *embarrassing* / *embracing* the concept of "quiet quitting". This *emerging* / *emergence* phenomenon *entails* / *entrails* workers slowly abandoning doing things that are not part of their *contact* / *contract*. The website entrepreneur.com defines quiet quitting as *following* / *follows*: "Quiet quitting is the *progress* / *process* of coming to work to achieve the minimum requirements of your role in the time that you're there, then leaving. No *offices* / *offers* of overtime, no stepping outside your designated obligations, no *going* / *running* the extra mile. It's the silent withdrawal of extra labor to mitigate what are perceived as unreasonable *pleasures* / *pressures*."

Quiet quitting has increased *in* / *on* popularity since the coronavirus pandemic. People are reassessing their attitudes *towards* / *from* work. They have decided to achieve a more fulfilling work-life balance, and focus *in* / *on* avoiding job burnout. Workers are jettisoning unpaid duties they once voluntarily carried *in* / *out* in their workplaces. They do the *bear* / *bare* minimum and leave at five on the *dot* / *slash*. Some employers are responding with what is being termed *as* / *was* "quiet firing". This is when bosses try to get *employees* / *employers* to leave. They do this by not raising salaries, disregarding employees' ideas and *emitting* / *omitting* them from meetings. A LinkedIn poll found that 48 per cent of employees in a *survey* / *scurvy* have seen quiet firing in the workplace.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

_ n_w c_lt_r_ _f w_rk h_s b__n q___tly spr__d_ng
_r__nd _ff_c_s, f_ct_r__s _nd w_rkpl_c_s w_rldw_d_.
W_rk_rs _r_ _ncr__s_ngly _mbr_c_ng th_ c_nc_pt _f
"q___t q__tt_ng". Th_s _m_rg_ng ph_n_m_n_n _nt__ls
w_rk_rs sl_wly _b_nd_n_ng d__ng th_ngs th_t _r_ n_t
p_rt _f th__r c_ntr_ct. Th_ w_bs_t_ _ntr_pr_n__r.c_m
d_f_n_s q___t q__tt_ng _s f_ll_ws: "Q___t q__tt_ng _s
th_ pr_c_ss _f c_m_ng t_ w_rk t_ _ch__v_ th_
m_n_m_m r_q__r_m_nts _f y__r r_l_ _n th_ t_m_ th_t
y__'r_ th_r_, th_n l__v_ng. N_ _ff_rs _f _v_rt_m_, n_
st_pp_ng __ts_d_ y__r d_s_gn_t_d _bl_g_t__ns, n_
g__ng th_ _xtr_ m_l_. _t's th_ s_l_nt w_thdr_w_l _f
xtr l_b_r t_ m_t_g_t_ wh_t _r_ p_rc__v_d _s
_nr__s_n_bl_ pr_ss_r_s."

Q___t q__tt_ng h_s _ncr__s_d _n p_p_l_r_ty s_nc_ th_
c_r_n_v_r_s p_nd_m_c. P__pl_ _r_ r__ss_ss_ng th__r
_tt_t_d_s t_w_rds w_rk. Th_y h_v_ d_c_d_d t_ _ch__v_
_ m_r_ f_ll_ng w_rk-l_f_ b_l_nc_, _nd f_c_s _n
_v__d_ng j_b b_rn__t. W_rk_rs _r_ j_tt_s_n_ng _np__d
d_t__s th_y _nc_ v_l_nt_r_ly c_rr__d __t _n th__r
w_rkpl_c_s. Th_y d_ th_ b_r_ m_n_m_m _nd l__v_ _t
f_v_ _n th_ d_t. S_m_ _mpl_y_rs _r_ r_sp_nd_ng w_th
wh_t _s b__ng t_rm_d _s "q___t f_r_ng". Th_s _s
wh_n b_ss_s try t_ g_t _mpl_y__s t_ l__v_. Th_y d_
th_s by n_t r__s_ng s_l_r__s, d_sr_g_rd_ng _mpl_y__s'
_d__s _nd _m_tt_ng th_m fr_m m__t_ngs. _ Lnk_d_n
p_ll f__nd th_t 48 p_r c_nt _f _mpl_y__s _n _s_rv_y
h_v_ s__n q___t f_r_ng _n th_ w_rkpl_c_.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

a new culture of work has been quietly spreading around offices factories and workplaces worldwide workers are increasingly embracing the concept of quiet quitting this emerging phenomenon entails workers slowly abandoning doing things that are not part of their contract the website entrepreneur.com defines quiet quitting as follows quiet quitting is the process of coming to work to achieve the minimum requirements of your role in the time that you're there then leaving no offers of overtime no stepping outside your designated obligations no going the extra mile it's the silent withdrawal of extra labor to mitigate what are perceived as unreasonable pressures

quiet quitting has increased in popularity since the coronavirus pandemic people are reassessing their attitudes towards work they have decided to achieve a more fulfilling worklife balance and focus on avoiding job burnout workers are jettisoning unpaid duties they once voluntarily carried out in their workplaces they do the bare minimum and leave at five on the dot some employers are responding with what is being termed as quiet firing this is when bosses try to get employees to leave they do this by not raising salaries disregarding employees ideas and omitting them from meetings a linkedin poll found that 48 per cent of employees in a survey have seen quiet firing in the workplace

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2210/221003-quiet-quitting.html>

A new culture of work has been quietly spreading around offices, factories and workplaces worldwide. Workers are increasingly embracing the concept of "quiet quitting". This emerging phenomenon entails workers slowly abandoning doing things that are not part of their contract. The website entrepreneur.com defines quiet quitting as follows: "Quiet quitting is the process of coming to work to achieve the minimum requirements of your role in the time that you're there, then leaving. No offers of overtime, no stepping outside your designated obligations, no going the extra mile. It's the silent withdrawal of extra labor to mitigate what are perceived as unreasonable pressures." Quiet quitting has increased in popularity since the coronavirus pandemic. People are reassessing their attitudes towards work. They have decided to achieve a more fulfilling work-life balance, and focus on avoiding job burnout. Workers are jettisoning unpaid duties they once voluntarily carried out in their workplaces. They do the bare minimum and leave at five on the dot. Some employers are responding with what is being termed as "quiet firing". This is when bosses try to get employees to leave. They do this by not raising salaries, disregarding employees' ideas and omitting them from meetings. A LinkedIn poll found that 48 per cent of employees in a survey have seen quiet firing in the workplace.

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. QUITTING YOUR JOB: Make a poster about quitting your job. Show your work to your classmates in the next lesson. Did you all have similar things?

4. WORK CONTRACTS: Write a magazine article about workers doing only what is in their contract and no more. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on quitting your job. Ask him/her three questions about quitting jobs. Give him/her three of your opinions on quiet quitting. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. e 2. a 3. d 4. c 5. b 6. g 7. f
8. i 9. n 10. l 11. m 12. j 13. h 14. k

TRUE / FALSE (p.5)

- 1 F 2 T 3 F 4 T 5 T 6 T 7 T 8 F

SYNONYM MATCH (p.5)

| | | | | |
|------|------|------|------|-------|
| 1. j | 2. e | 3. g | 4. h | 5. b |
| 6. d | 7. f | 8. a | 9. c | 10. i |

COMPREHENSION QUESTIONS (p.9)

1. Quiet quitting
2. Their contract
3. Overtime
4. The extra mile
5. Extra labour
6. The coronavirus pandemic
7. Their work-life balance
8. Five (on the dot)
9. Quiet firing
10. LinkedIn

WORDS IN THE RIGHT ORDER (p.19)

1. A new culture of work is quietly spreading.
2. Workers are embracing the concept of quiet quitting.
3. Doing things that aren't part of their contract.
4. Achieve the minimum requirements of your role.
5. Mitigate what are perceived as unreasonable pressures.
6. Jettisoning unpaid duties they once voluntarily carried out.
7. Do the bare minimum and leave at five.
8. When bosses try to get employees to leave.
9. Disregarding employees' ideas and omitting them from meetings.
10. Employees in a survey have seen quiet firing.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. a 4. b 5. d 6. b 7. a 8. c 9. d 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)