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Level 4 – 1st January 2024

Better weight-loss drugs predicted for 2024

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<https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-4.html>

A New Year resolution is to lose weight. People could do this in 2024 because of new injectable drugs. The drugs have been effective in helping people shed weight. The drugs.com website said extensive studies of patients using a drug called Wegovy showed that 83 per cent of people lost 5 per cent or more of their weight compared to 31 per cent of those taking a placebo. A cardiologist said obesity drugs "are here to stay".

Industry experts said the new remedies were significant. The journal "Science" said they were medicine's "breakthrough" of 2023. This year could be even better for overweight people. A new drug called Zepbound has helped people lose an average of 20-25 per cent of their weight. An obesity specialist said the new drugs were "amazing, since they address the underlying physiological cause of weight regain".

Sources: <https://www.ksl.com/article/50822912/why-the-future-for-americans-with-obesity-is-looking-brighter-in-2024>
<https://www.drugs.com/medical-answers/long-lose-weight-wegovy-3570091/>
<https://gizmodo.com/semaglutide-tirzepatide-weight-loss-drugs-future-uses-1851116318>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-4.html>

PARAGRAPH ONE:

- | | |
|-----------------------------------|--------------------|
| 1. A New Year resolution is | a. here to stay |
| 2. People could do | b. placebo |
| 3. injectable | c. to lose weight |
| 4. helping people shed | d. of their weight |
| 5. extensive | e. weight |
| 6. people lost 5 per cent or more | f. this in 2024 |
| 7. taking a | g. studies |
| 8. obesity drugs are | h. drugs |

PARAGRAPH TWO:

- | | |
|--------------------------------|--------------------------|
| 1. industry | a. physiological cause |
| 2. the new remedies | b. breakthrough of 2023 |
| 3. they were medicine's | c. specialist |
| 4. even better | d. regain |
| 5. lose an average | e. experts |
| 6. an obesity | f. of 20-25 per cent |
| 7. they address the underlying | g. were significant |
| 8. weight | h. for overweight people |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-4.html>

A New Year resolution is (1) _____. People could do this in 2024 because (2) _____ drugs. The drugs have been (3) _____ people shed weight. The drugs.com website said (4) _____ patients using a drug called Wegovy showed that 83 per cent of people lost 5 per cent or more of (5) _____ to 31 per cent of those taking a placebo. A (6) _____ drugs "are here to stay".

Industry experts said the (7) _____ significant. The journal "Science" said they were (8) _____ 2023. This year could be even (9) _____ people. A new drug called Zepbound has helped people (10) _____ of 20-25 per cent of their weight. An (11) _____ the new drugs were "amazing, since they address the underlying (12) _____ weight regain".

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-4.html>

A New Year resolution is to lose weight. People could do this in 2024 because of new injectable drugs. The drugs have been effective in helping people shed weight. The drugs.com website said extensive studies of patients using a drug called Wegovy showed that 83 percent of people lost 5 percent or more of their weight compared to 31 percent of those taking a placebo. A cardiologist said obesity drugs "are here to stay". Industry experts said the new remedies were significant. The journal "Science" said they were medicine's "breakthrough" of 2023. This year could be even better for overweight people. A new drug called Zepbound has helped people lose an average of 20-25 percent of their weight. An obesity specialist said the new drugs were "amazing, since they address the underlying physiological cause of weight regain".

WEIGHT SURVEY

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-4.html>

Write five GOOD questions about weight in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

