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**Level 5 – 1st January 2024**

## **Better weight-loss drugs predicted for 2024**

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-5.html>

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**Please try Levels 4 and 6. They are (a little) harder.**

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# THE READING

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-5.html>

A common New Year resolution is to lose weight. This could be more achievable in 2024 because of recently-approved injectable drugs that have been particularly effective in helping people shed the kilos. The most well known of these drugs are Wegovy and Ozempic. The drugs.com website said extensive studies of patients using Wegovy showed that 83 per cent of participants lost 5 per cent or more of their weight compared to 31 per cent of those taking a placebo. A cardiologist said obesity drugs "are here to stay" and that more and more will come to the market.

Industry experts highlighted the significance of the new remedies. The journal "Science" said the weight-loss drugs were medicine's "breakthrough" of 2023. This year could be even better for overweight people, and for those who find it difficult to exercise. A new drug called Zepbound has been approved. People lost an average of 20-25 per cent of their weight by using it. An obesity specialist said the new drugs were "amazing, since they address the underlying physiological cause of weight regain". She said the test results were "very impressive".

Sources: <https://www.ksl.com/article/50822912/why-the-future-for-americans-with-obesity-is-looking-brighter-in-2024>  
<https://www.drugs.com/medical-answers/long-lose-weight-wegovy-3570091/>  
<https://gizmodo.com/semaglutide-tirzepatide-weight-loss-drugs-future-uses-1851116318>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-5.html>

## PARAGRAPH ONE:

- |                           |                         |
|---------------------------|-------------------------|
| 1. A common New Year      | a. of patients          |
| 2. This could be more     | b. drugs                |
| 3. injectable             | c. known of these drugs |
| 4. particularly effective | d. placebo              |
| 5. The most well          | e. resolution           |
| 6. extensive studies      | f. come to the market   |
| 7. those taking a         | g. achievable in 2024   |
| 8. more and more will     | h. in helping people    |

## PARAGRAPH TWO:

- |                                |                          |
|--------------------------------|--------------------------|
| 1. industry                    | a. physiological cause   |
| 2. the significance            | b. for overweight people |
| 3. medicine's breakthrough     | c. of 20-25 per cent     |
| 4. even better                 | d. of the new remedies   |
| 5. those who find it difficult | e. impressive            |
| 6. People lost an average      | f. of 2023               |
| 7. address the underlying      | g. to exercise           |
| 8. test results were very      | h. experts               |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-5.html>

A common New Year resolution is (1) \_\_\_\_\_. This could be more achievable in 2024 because of recently-approved (2) \_\_\_\_\_ have been particularly effective in helping people shed the kilos. The most well known of these drugs are Wegovy and Ozempic. The drugs.com website (3) \_\_\_\_\_ of patients using Wegovy showed that 83 per cent (4) \_\_\_\_\_ 5 per cent or more of their weight compared to 31 per cent of those (5) \_\_\_\_\_. A cardiologist said obesity drugs "are here to stay" and that more and (6) \_\_\_\_\_ to the market.

Industry experts highlighted (7) \_\_\_\_\_ the new remedies. The journal "Science" said the weight-loss drugs were medicine's (8) \_\_\_\_\_. This year could be even better for overweight people, and for those who find it difficult to exercise. A new drug called Zepbound (9) \_\_\_\_\_. People lost an average of 20-25 per cent of their weight by using it. (10) \_\_\_\_\_ said the new drugs were "amazing, since they address the underlying (11) \_\_\_\_\_ weight regain". She said the test results (12) \_\_\_\_\_.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-5.html>

A common New Year resolution is to lose weight. This could be more achievable in 2024 because of recently-approved injectable drugs that have been particularly effective in helping people shed the kilos. The most well-known of these drugs are Wegovy and Ozempic. The drugs.com website said extensive studies of patients using Wegovy showed that 83 percent of participants lost 5 percent or more of their weight compared to 31 percent of those taking a placebo. A cardiologist said obesity drugs "are here to stay" and that more and more will come to the market. Industry experts highlighted the significance of the new remedies. The journal "Science" said the weight-loss drugs were medicine's "breakthrough" of 2023. This year could be even better for overweight people, and for those who find it difficult to exercise. A new drug called Zepbound has been approved. People lost an average of 20-25 percent of their weight by using it. An obesity specialist said the new drugs were "amazing, since they address the underlying physiological cause of weight regain". She said the test results were "very impressive".

# WEIGHT SURVEY

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-4.html>

Write five GOOD questions about weight in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Better weight-loss drugs predicted for 2024 – 1st January 2024*  
More free lessons at [breakingnewsenglish.com](https://breakingnewsenglish.com)

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

# WRITING

From <https://breakingnewsenglish.com/2401/240101-weight-loss-drugs-5.html>

Write about **weight** for 10 minutes. Read and talk about your partner's paper.

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