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### Level 3

# Alternative medicine becoming popular in Bahrain 13th January, 2014

http://www.breakingnewsenglish.com/1401/140113-alternative-medicine.html

### **Contents**

The Article	2	Discussion (Student-Created Qs)	14
Warm-Ups	3	Language Work (Cloze)	15
Before Reading / Listening	4	Spelling	16
While Reading / Listening	5	Put The Text Back Together	17
Match The Sentences And Listen	6	Put The Words In The Right Order	18
Listening Gap Fill	7	Circle The Correct Word	19
Comprehension Questions	8	Insert The Vowels (a, e, i, o, u)	20
Multiple Choice - Quiz	9	Punctuate The Text And Add Capitals	21
Role Play	10	Put A Slash ( / ) Where The Spaces Are	22
After Reading / Listening	11	Free Writing	23
Student Survey	12	Academic Writing	24
Discussion (20 Questions)	13	Homework	25
		Answers	26

### Please try Levels 0, 1 and 2 (they are easier).

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### THE ARTICLE

From http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html

Alternative medicine is becoming more popular in Bahrain. More and more people are trying things like hypnotherapy and reiki. Hypnotherapy is when a hypnotherapist tries to change the feelings and behavior of people. Many people use it to stop smoking. Reiki changes the energy lines in your body to make you better. People are also becoming interested in other kinds of alternative medicine, for example, homeopathy and acupuncture. Wikipedia.com says alternative medicine is any treatment that heals the body without medicine. Wikipedia says there is little scientific research on it. There are very few medical universities in western countries where you can study alternative medicine.

Bahrain allowed alternative medicine in 2012 and is being very careful. It only gave licences to seven therapy clinics in 2013. Dr Baha Fateha from Bahrain's health department said more people wanted to open their own clinics. He told Gulf News: "Alternative therapy is on the increase in Bahrain and we have new applications all the time." He also said the country wanted to make sure new clinics were safe. He said: "First, we need to see evidence that they have the professional qualifications to do their job and that they have a business plan." A hypnotherapist in Bahrain said many people did not understand alternative medicine. She said people, "still see it as a form of magic or something that can't be trusted".

Sources: http://www.gulf-daily-news.com/NewsDetails.aspx?storyid=368509

http://en.wikipedia.org/wiki/Alternative\_medicine

### **WARM-UPS**

- **1. MEDICINE:** Students walk around the class and talk to other students about medicine. Change partners often and share your findings.
- **2. CHAT:** In pairs / groups, decide which of these topics or words from the article are most interesting and which are most boring.

medicine / popular / hypnotherapy / feelings / stop smoking / energy / heals / research / careful / therapy / health department / applications / clinics / qualifications / magic

Have a chat about the topics you liked. Change topics and partners frequently.

**3. ALTERNATIVE MEDICINE:** What do you know about these? Complete this table with your partner(s). Change partners often and share what you wrote.

	What I know	An interesting fact I found online
Acupuncture		
Homeopathy		
Reiki		
Hypnotism		
Ayurveda		
Naturopathy		

- **4. BETTER:** Students A **strongly** believe alternative medicine is better than medicine with modern drugs; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.
- **5. MY CURE:** What do you suggest for the following problems? Talk about this with your partner(s). Change partners and discuss what you talked about.

• headache

• tiredness / fatigue / exhaustion

stress

• flu

• muscle pain

bad breath

• bad skin

obesity

**6. POPULAR:** Spend one minute writing down all of the different words you associate with the word "popular". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

### **BEFORE READING / LISTENING**

From <a href="http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html">http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html</a>

### 1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. Alternative medicine is now the most popular treatment in Bahrain. T/F
- b. Reiki is increasing in popularity, hypnotherapy is decreasing.
- c. The article says people use hypnotherapy to stop smoking.
- d. There are many university courses in the west for alternative medicine. T/F
- e. Bahrain has allowed alternative medicine since the year 1912. T/F
- f. More people in Bahrain want to open an alternative therapy clinic. T/F
- g. Bahrain wants clinic owners to have qualifications and a business plan. T/F
- h. Some people still believe alternative medicine is like magic. T / F

#### **2. SYNONYM MATCH:** Match the following synonyms from the article.

- becoming
   requests
- 2 trying b. actions
- 3. behavior c. believed in
- 4. kinds d. cautious
- 5. treatment e. getting
- 6. careful f. proof
- 7. increase q. types
- 8. applications h. checking out
- 9. evidence10. trustedi. risej. care

### **3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- 1. More and a. qualifications
- 2 trying things b. countries
- 3. Many people use it4. treatment that healsc. evidenced. plan
- 5. medical universities in western e. like hypnotherapy
- 6. Alternative therapy is on the f. of magic
- 7. we need to see g. the body
- 8. professional9. have a businessi. increase in Bahrain
- 10. people still see it as a form j. more people

# **GAP FILL**

Alternative medicine is (1) more popular in Bahrain.	energy
More and more people are (2) things like	research
hypnotherapy and reiki. Hypnotherapy is when a hypnotherapist	trying
tries to change the (3) and behavior of people.	
Many people use it to stop smoking. Reiki changes the	heals
(4) lines in your body to make you better. People	feelings
are also becoming interested in other kinds of alternative	becoming
medicine, for (5), homeopathy and acupuncture.	western
Wikipedia.com says alternative medicine is any treatment that	example
(6) the body without medicine. Wikipedia says there	скаттрте
is little scientific (7) on it. There are very few	
medical universities in (8) countries where you can	
study alternative medicine.	
Bahrain (9) alternative medicine in 2012 and is	plan
being very careful. It only gave licences to seven	clinics
(10) clinics in 2013. Dr Baha Fateha from Bahrain's	evidence
health department said more people wanted to open their own	trusted
(11) He told Gulf News: "Alternative therapy is on	
the increase in Bahrain and we have new (12) all	allowed
the time." He also said the country wanted to make sure new	form
clinics were safe. He said: "First, we need to see	therapy
(13) that they have the professional qualifications	applications
to do their job and that they have a business (14)"	арртсастото
A hypnotherapist in Bahrain said many people did not understand	
alternative medicine. She said people, "still see it as a	
(15) of magic or something that can't be	
(16) ".	

# **LISTENING** — Guess the answers. Listen to check.

1)	More and more people are trying things like a. hypnotherapy and reiki b. hypnotherapy and raking c. hypnotherapy and ray key d. hypnotherapy and hiking
2)	<ul> <li>a hypnotherapist tries to change the feelings and</li> <li>a. behavior for people</li> <li>b. behavior of people</li> <li>c. behavior from people</li> <li>d. behavior if people</li> </ul>
3)	Many people use it to  a. stop smoke in b. stop smoke king c. stop smoking d. stop no smoking
4)	People are also becoming interested a. in other kindness b. in other kinds c. in other kindly d. in other kind
5)	Wikipedia says there is little scientific a. researches on it b. researched on it c. research on it d. researcher on it
6)	Bahrain allowed alternative medicine in 2012 and is a. being very careless b. being very carefully c. being very car full d. being very careful
7)	It only gave licences to seven a. therapy clinics b. therapy Kleenex c. therapy clean eggs d. therapy clean nicks
8)	Alternative therapy is on the a. increased in Bahrain b. increase in Bahrain c. increases in Bahrain d. increasing in Bahrain
9)	First, we need to see evidence that they have the a. professional qualification b. professionally qualifications c. professional qualifications d. professionally qualificationss
10)	people, "still see it as a form of magic or something that"  a. can't be trust it  b. can't be trusted  c. can't be trusty  d. can't be trussed

# **LISTENING** – Listen and fill in the gaps

Alternative medicine is becoming more popular in Bahrain. More and more
people (1) hypnotherapy and reiki. Hypnotherapy is
when a hypnotherapist tries (2) and behavior of
people. Many people use it to stop smoking. Reiki changes the energy lines
in your body (3) People are also becoming
interested in other kinds of alternative medicine, for example, homeopathy
and acupuncture. Wikipedia.com says alternative medicine
(4) heals the body without medicine. Wikipedia says
there is (5) it. There are very few medical
universities in western countries (6) alternative
medicine.
Bahrain allowed alternative medicine in 2012 (7)
careful. It only gave licences to seven therapy clinics in 2013. Dr Baha
Fateha from Bahrain's health department said (8)
open their own clinics. He told Gulf News: "Alternative therapy is on the
increase in Bahrain and we (9) all the time." He also
said the country wanted to make sure (10) He
said: "First, we need to see evidence that they have the professional
qualifications to (11) they have a business plan." A
hypnotherapist in Bahrain said many people did not understand alternative
medicine. She said people, "still see it (12) or
something that can't be trusted".

# **COMPREHENSION QUESTIONS**

 $\textbf{From} \quad \underline{\text{http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html}}$ 

1.	What two things are more and more people trying?
2.	What do hypnotherapists try to change?
3.	What do some people who try hypnotherapy want to stop?
4.	What lines in your body does reiki change?
5.	At how many western universities can you study alternative medicine?
6.	When did Bahrain allow alternative medicine clinics to open?
7.	How many licences did Bahrain's government issue in 2013?
8.	What does Bahrain want to make sure of with new clinics?
9.	What kind of plan do alternative medicine clinics need?
10.	What do some people mistake alternative medicine for?

# **MULTIPLE CHOICE - QUIZ**

 $\textbf{From} \quad \underline{\text{http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html}}$ 

1.	people trying?	6.	medicine clinics to open?
	a) feelings and behaviour		a) 2012
	b) reiki and hypnotherapy		b) 2011
	c) smoking and energy		c) 2010
	d) this and that		d) 2009
2.	What do hypnotherapists try to change?	7.	How many licences did Bahrain's government issue in 2013?
	a) brain patterns		a) 5
	b) mind control		b) 6
	c) heart beat		c) 7
	d) feelings and behavior		d) 8
3.	What do some people who try hypnotherapy want to stop?	8.	What does Bahrain want to make sure of with new clinics?
	a) smoking		a) they are safe
	b) trying		b) there are many of them
	c) reiki		c) they are cheap
	d) feelings		d) people speak English
4.	What lines in your body does reiki change?	9.	What kind of plan do alternative medicine clinics need?
	a) horizontal lines		a) a business plan
	b) wrinkles		b) a health and safety plan
	c) energy lines		c) a back-up plan
	d) scars		d) an emergency plan
5.	At how many western universities can you study alternative medicine?	10.	What do some people mistake alternative medicine for?
	a) all		a) Chinese medicine
	b) very few		b) herbal medicine
	c) many		c) massages
	d) none		d) magic

### **ROLE PLAY**

From http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html

### Role A - Sleep

You think sleep is the best thing to stay healthy. Tell the others three reasons why. Tell them things that are wrong with their things. Also, tell the others which is the least effective of these (and why): fruit, exercise or having fun.

#### Role B – Fruit

You think fruit is the best thing to stay healthy. Tell the others three reasons why. Tell them things that are wrong with their things. Also, tell the others which is the least effective of these (and why): sleep, exercise or having fun.

#### Role C - Exercise

You think exercise is the best thing to stay healthy. Tell the others three reasons why. Tell them things that are wrong with their things. Also, tell the others which is the least effective of these (and why): fruit, sleep or having fun.

### Role D - Having fun

You think having fun is the best thing to stay healthy. Tell the others three reasons why. Tell them things that are wrong with their things. Also, tell the others which is the least effective of these (and why): fruit, exercise or sleep.

### AFTER READING / LISTENING

From http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html

**1. WORD SEARCH:** Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'alternative' and 'medicine'.

alternative	medicine

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.
- **2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.
  - Share your questions with other classmates / groups.
  - Ask your partner / group your questions.
- **3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?
- **4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.
- **5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

popular	allowed
when	• seven
• lines	• own
<ul><li>kinds</li></ul>	• time
• any	• first
• study	• form

### **ALTERNATIVE MEDICINE SURVEY**

From <a href="http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html">http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html</a>

Write five GOOD questions about alternative medicine in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

### **ALTERNATIVE MEDICINE DISCUSSION**

STUDENT A's QUESTIONS (Do not show these to student B)

- a) What did you think when you read the headline?
- b) What springs to mind when you hear the word 'medicine'?
- c) How often do you take medicine?
- d) Does the medicine you use always work?
- e) What do you think of alternative medicine?
- f) Would you like to try hypnotherapy?
- g) Why do people choose alternative medicine instead of "normal" medicine?
- h) Why do you think there is so little research on alternative medicine?
- i) Do you think alternative medicine is best for some things and conventional medicine is better for other things?
- j) What do you think medicine of the future will be like?

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# ALTERNATIVE MEDICINE DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- a) Did you like reading this article? Why/not?
- b) Is Bahrain right to be careful?
- c) What do you know about alternative medicine?
- d) What do you think of acupuncture? Would you try it?
- e) What is "alternative" about alternative medicine?
- f) Do you think alternative medicine will ever become common?
- g) Why do you think alternative medicine isn't so common in hospitals?
- h) Why do people think alternative medicine is a kind of magic?
- i) What do you use for aches and pains?
- j) What questions would you like to ask an expert on alternative medicine?

# **DISCUSSION** (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

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SC	USSION (Write your own questions) T B's QUESTIONS (Do not show these to student A)
SC	USSION (Write your own questions)
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SC	USSION (Write your own questions)
SC	USSION (Write your own questions)
SC	USSION (Write your own questions)

# **LANGUAGE - CLOZE**

 $\textbf{From} \quad \underline{\text{http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html}}$ 

Altei	nativ	e medicine is b	ecomii	ng more (1)	iı	n Bahrain. M	ore and	d more people
		g things (2)						-
		rapist tries to			•		-	•
		to stop sm	_	_		•	•	, , ,
		er. People are	_	_			-	-
•		for example						
		e medicine is		-		-	-	-
Wiki	pedia	says there is	little	scientific re	search	on it. There	are v	ery (6)
med	ical u	niversities in w	estern	countries w	here yo	u can study a	lternat	ive medicine.
Bahı	ain (	7) altern	native r	medicine in	2012 a	nd is being	very ca	areful. It only
	_	nces to seven				_	-	
heal	th de	partment said	more p	eople wante	ed to op	en their (8)	c	linics. He told
Gulf	News	s: "Alternative	therap	by is on the	increa	se in Bahrai	n and	we have new
appl	icatio	ns (9) th	e time.	" He also sa	id the c	country wante	ed to (	10) sure
new	clinic	s were safe. H	e said:	"First, we i	need to	see evidence	e that	they have the
•		nal qualification		_		•		•
		rapist in Bahı			•			
		She said peop	ole, "st	ill see it as	a (12) <sub>.</sub>	of mag	ic or s	omething that
can	t be tr	rusted".						
Put	the c	orrect words	from t	the table be	elow in	the above	article	•
1.	(a)	popularity	(b)	populated	(c)	polar	(d)	popular
2.	(a)	prefer	(b)	love	(c)	as	(d)	like
3.	(a)	him	(b)	it	(c)	all	(d)	them
4.	(a)	interesting	(b)	interests	(c)	interested	(d)	interest
5.	(a)	heals	(b)	seals	(c)	peals	(d)	deals
6.	(a)	few	(b)	low	(c)	small	(d)	much
7.	(a)	asked	(b)	permit	(c)	let	(d)	allowed
8.	(a)	own	(b)	down	(c)	owner	(d)	downer
9.	(a)	most	(b)	all	(c)	every	(d)	a lot
10.	(a)	have	(b)	do	(c)	make	(d)	give
11.	(a)	healthy	(b)	massage	(c)	business	(d)	alternative
12.	(a)	document	(b)	form	(c)	paper	(d)	shape

### **SPELLING**

From http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html

#### Paragraph 1

- 1. trying things like <a href="https://network.net/">nhtypeapyhor</a>
- 2. <u>hvbiaeor</u> (USA) / <u>iohvrbaue</u> (UK) of people
- 3. changes the yenrge lines
- 4. becoming <u>ietnstrdee</u> in other kinds
- 5. <u>ttarnmete</u> that heals the body
- 6. medical iusretniisev

### Paragraph 2

- 7. Bahrain <u>dwollae</u> alternative medicine in 2012
- 8. gave licences to seven therapy <u>iicslcn</u>
- 9. Alternative therapy is on the <u>aiescner</u> in Bahrain
- 10. we need to see ednvieec
- 11. professional cilisnoiufataq
- 12. have a <u>esibusns</u> plan

# **PUT THE TEXT BACK TOGETHER**

From <a href="http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html">http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html</a>

#### Number these lines in the correct order.

(	)	heals the body without medicine. Wikipedia says there is little scientific research on it. There are very							
(	)	feelings and behavior of people. Many people use it to stop smoking. Reiki changes the energy							
(	)	few medical universities in western countries where you can study alternative medicine.							
(	)	lines in your body to make you better. People are also becoming interested in other kinds							
(	)	of alternative medicine, for example, homeopathy and acupuncture. Wikipedia.com says alternative medicine is any treatment that							
(	)	understand alternative medicine. She said people, "still see it as a form of magic or something that can't be trusted".							
(	1 )	Alternative medicine is becoming more popular in Bahrain. More and more people are trying							
(	)	things like hypnotherapy and reiki. Hypnotherapy is when a hypnotherapist tries to change the							
(	)	job and that they have a business plan." A hypnotherapist in Bahrain said many people did not							
(	)	therapy clinics in 2013. Dr Baha Fateha from Bahrain's health department said more people wanted							
(	)	Bahrain allowed alternative medicine in 2012 and is being very careful. It only gave licences to seven							
(	)	to open their own clinics. He told Gulf News: "Alternative therapy is on the increase in Bahrain and we have							
(	)	safe. He said: "First, we need to see evidence that they have the professional qualifications to do their							
(	)	new applications all the time." He also said the country wanted to make sure new clinics were							

# **PUT THE WORDS IN THE RIGHT ORDER**

1.	becoming	more Alterna	ative popula	ar medicine	in is Bahrain.
2.	behavior	change and	people	to feelings	of Tries the.
3.	to body	your in lines	energy the	Changes b	etter you make.
4.	becoming	interested	People in	are othe	r also kinds.
5.	you whe	ere Countries	medicine	alternative	study can.
6.	therapy	gave clinics	licences	to It se	ven only.
7.	own war	nted clinics	to open	More the	ir people.
8.	country n	make clinics 1	Γhe to nev	w safe wa	nted sure were.
9.	people d	lid not unc	lerstand all	ternative me	edicine Many .
10.	a as it	t see still	people s	said She	magic of form.

# **CIRCLE THE CORRECT WORD (20 PAIRS)**

From http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html

Alternative medicine is becoming more *popularity / popular* in Bahrain. More and more people are trying *things / thing* like hypnotherapy and reiki. Hypnotherapy is when a hypnotherapist *trying / tries* to change the feelings and behavior of people. Many people use it to *stopped / stop* smoking. Reiki changes the *energy / energetic* lines in your body to make you better. People are also *become / becoming* interested in other kinds of alternative medicine, *for / as* example, homeopathy and acupuncture. Wikipedia.com says alternative medicine is any treatment that *seals / heals* the body without medicine. Wikipedia says there is *few / little* scientific research on it. There are very *few / little* medical universities in western countries where you can study alternative medicine.

Bahrain *allowed / allows* alternative medicine in 2012 and is being very *careful / careless*. It only gave licences to seven therapy *clinic / clinics* in 2013. Dr Baha Fateha from Bahrain's *healthy / health* department said more people wanted to open their *own / down* clinics. He told Gulf News: "Alternative therapy is *in / on* the increase in Bahrain and we have new *applications / application* all the time." He also said the country wanted to make sure new clinics were safe. He said: "First, we need to *see / watch* evidence that they have the professional qualifications to do their job and that they have a business *plant / plan*." A hypnotherapist in Bahrain said many people did not understand alternative medicine. She said people, "still see it as a form of magic or something that can't be *trust / trusted*".

Talk about the connection between each pair of words in italics, and why the correct word is correct.

# **INSERT THE VOWELS (a, e, i, o, u)**

From http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html

\_lt\_rn\_t\_v\_ m\_d\_c\_n\_ \_s b\_c\_m\_ng m\_r\_ p\_p\_l\_r \_n B\_hr\_\_n. M\_r\_\_nd m\_r\_ p\_\_pl\_\_r\_ try\_ng th\_ngs l\_k\_ hypn\_th\_r\_py \_nd r\_\_k\_. Hypn\_th\_r\_py \_s wh\_n \_ hypn thrp st tr s t ch ng th f l ngs nd b\_h\_v\_\_r \_f p\_\_pl\_. M\_ny p\_\_pl\_ \_s\_ \_t t\_ st\_p  $sm_k_ng.$   $R_k_ch_ng_s$   $th_ng_s$   $l_ns_ng_s$ b\_dy t\_ m\_k\_ y\_\_ b\_tt\_r. P\_\_pl\_ \_r\_ \_ls\_ b\_c\_m\_ng \_nt\_r\_st\_d \_n \_th\_r k\_nds \_f \_lt\_rn\_t\_v\_ m\_d\_c\_n\_, W k p\_d\_\_.c\_m s\_ys \_lt\_rn\_t\_v\_ m\_d\_c\_n\_ \_s \_ny tr tm\_nt th\_t h\_\_ls th\_ b\_dy w\_th\_\_t m\_d\_c\_n\_. W\_k\_p\_d\_\_ s\_ys th\_r\_ \_s l\_ttl\_ sc\_\_nt\_f\_c r\_s\_\_rch \_n \_t. Th\_r\_ \_r\_ v\_ry f\_w m\_d\_c\_l \_n\_v\_rs\_t\_\_s \_n w\_st\_rn c\_\_ntr\_\_s wh\_r\_ y\_\_ c\_n st\_dy \_lt\_rn\_t\_v\_  $m_d_c_n$  $B\_hr\_\_n \_II\_w\_d \_It\_rn\_t\_v\_ m\_d\_c\_n\_\_n \ 2012 \ \_nd \ \_s$  $b\_\_ng \ v\_ry \ c\_r\_f\_l. \ \_t \ \_nly \ g\_v\_ \ l\_c\_nc\_s \ t\_ \ s\_v\_n$ th\_r\_py cl\_n\_cs \_n 2013. Dr B\_h\_ F\_t\_h\_ fr\_m B\_hr\_\_n's h\_\_lth d\_p\_rtm\_nt s\_\_d m\_r\_ p\_\_pl\_ w\_nt\_d  $t\_\quad \_p\_n \quad th\_\_r \quad \_wn \quad cl\_n\_cs. \quad H\_\quad t\_ld \quad G\_lf \quad N\_ws:$ "It rn t v th r py s n th ncr s n B hr n \_nd w\_ h\_v\_ n\_w \_ppl\_c\_t\_\_ns \_ll th\_ t\_m\_." H\_ \_ls\_ s\_\_d th\_ c\_\_ntry w\_nt\_d t\_ m\_k\_ s\_r\_ n\_w cl\_n\_cs w\_r\_ s\_f\_. H\_ s\_\_d: "F\_rst, w\_ n\_\_d t\_ s\_\_ \_v\_d\_nc\_ th\_t th\_y h\_v\_ th\_ pr\_f\_ss\_\_n\_l q\_\_l\_f\_c\_t\_\_ns t\_ d\_ th\_\_r j\_b \_nd th\_t th\_y h\_v\_ \_ b\_s\_n\_ss pl\_n." \_ hypn\_th\_r\_p\_st \_n B\_hr\_\_n s\_\_d m\_ny p\_\_pl\_ d\_d n\_t \_nd\_rst\_nd \_lt\_rn\_t\_v\_ m\_d\_c\_n\_. Sh\_ s\_\_d p\_\_pl\_, "st\_ll s\_\_ \_t \_s \_ f\_rm \_f m\_g\_c \_r s\_m\_th\_ng th\_t

c n't b tr st d".

### PUNCTUATE THE TEXT AND ADD CAPITALS

From <a href="http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html">http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html</a>

alternative medicine is becoming more popular in bahrain more and more people are trying things like hypnotherapy and reiki hypnotherapy is when a hypnotherapist tries to change the feelings and behavior of people many people use it to stop smoking reiki changes the energy lines in your body to make you better people are also becoming interested in other kinds of alternative medicine for example homeopathy and acupuncture wikipediacom says alternative medicine is any treatment that heals the body without medicine wikipedia says there is little scientific research on it there are very few medical universities in western countries where you can study alternative medicine

bahrain allowed alternative medicine in 2012 and is being very careful it only gave licences to seven therapy clinics in 2013 dr baha fateha from bahrain's health department said more people wanted to open their own clinics he told gulf news "alternative therapy is on the increase in bahrain and we have new applications all the time" he also said the country wanted to make sure new clinics were safe he said "first we need to see evidence that they have the professional qualifications to do their job and that they have a business plan" a hypnotherapist in bahrain said many people did not understand alternative medicine she said people "still see it as a form of magic or something that can't be trusted"

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html

AlternativemedicineisbecomingmorepopularinBahrain. Moreandmorepeopl earetryingthingslikehypnotherapyandreiki. Hypnotherapyiswhenahypnothe rapisttriestochangethefeelingsandbehaviorofpeople. Manypeopleuseittosto psmoking.Reikichangestheenergylinesinyourbodytomakeyoubetter.People arealsobecominginterestedinotherkindsofalternativemedicine, for example, homeopathyandacupuncture. Wikipedia.comsaysalternative medicine isanyt reatmentthathealsthebodywithoutmedicine. Wikipediasaysthereislittlescien tificresearchonit. There are very few medical universities in western countries w hereyoucanstudyalternativemedicine. Bahrainallowedalternativemedicinei n2012andisbeingverycareful. Itonlygavelicences to seventherapyclinics in 20 13. DrBahaFatehafromBahrain'shealthdepartmentsaidmorepeoplewantedt oopentheirownclinics. Hetold Gulf News: "Alternative the rapy is on the increase i nBahrainandwehavenewapplicationsallthetime."Healsosaidthecountrywan tedtomakesurenewclinicsweresafe. Hesaid: "First, weneed to see evidence tha ttheyhavetheprofessionalqualificationstodotheirjobandthattheyhaveabusin essplan."AhypnotherapistinBahrainsaidmanypeopledidnotunderstandalter nativemedicine. Shesaid people, "still see it as a form of magic or something that c an'tbetrusted".

# **FREE WRITING**

 $\textbf{From} \quad \underline{\text{http://www.BreakingNewsEnglish.com/1401/140113-alternative-medicine.html}}$ 

Vrite about <b>alternative medicine</b> for 10 minutes. Comment on your partner's aper.				

# **ACADEMIC WRITING**

erriative meu	ative medicine is better than that using modern drugs. Discuss.			

### **HOMEWORK**

- **1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.
- **2. INTERNET:** Search the Internet and find out more about alternative medicine. Share what you discover with your partner(s) in the next lesson.
- **3. ALTERNATIVE MEDICINE:** Make a poster about alternative medicine. Show your work to your classmates in the next lesson. Did you all have similar things?
- **4. MEDICINE:** Write a magazine article about alternative medicine. Include imaginary interviews with people who are for and against it.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

- **5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.
- **6. LETTER:** Write a letter to an alternative medicine expert. Ask him/her three questions about alternative medicine. Give him/her three of your opinions on it. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

### **ANSWERS**

### TRUE / FALSE (p.4)

a F b F c T d F e F f T g T h T

### **SYNONYM MATCH (p.4)**

- 1. becoming
- 2 trying
- 3. behavior
- 4. kinds
- 5. treatment
- 6. careful
- 7. increase
- 8. applications
- 9. evidence
- 10. trusted

- a. getting
- b. checking out
- c. actions
- d. types
- e. care
- f. cautious
- q. rise
- h. requests
- i. proof
- j. believed in

### **COMPREHENSION QUESTIONS (p.8)**

- 1. Hypnotherapy and reiki
- 2. The feelings and behavior of people
- 3. Smoking
- 4. Energy lines
- 5. Very few
- 6. 2012
- 7. Seven
- 8. That they are safe
- 9. A business plan
- 10. Magic

# **MULTIPLE CHOICE - QUIZ (p.9)**

1. b 2. d 3. a 4. c 5. b 6. a 7. c 8. a 9. a 10. d

#### **ALL OTHER EXERCISES**

Please check for yourself by looking at the Article on page 2. (It's good for your English ;-)