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# Level 3 More gum disease today than 2,000 years ago

#### 28th October, 2014

http://www.breakingnewsenglish.com/1410/141028-gum-disease.html

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#### Please try Levels 0, 1 and 2 (they are easier).



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# THE ARTICLE

From <a href="http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html">http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html</a>

A new study shows that people today have more gum disease than people living 2,000 years ago. The study is from the university King's College in London and is published in the 'British Dental Journal'. Researchers looked at the teeth in the skulls of 303 people who lived between 200-400 AD (2,200-2,400<sup>\*</sup> years ago). The skulls were found at an old burial site in the west of England. The researchers found that only 5 per cent of the skulls showed signs of gum disease. Up to 30 per cent of people in England today have gum disease. Professor Francis Hughes was surprised by what he found. He said people did not have toothbrushes or toothpaste back then and did not visit dentists, like we do today.

The main reason why modern people have more gum disease is smoking. Theya Molleson, co-author of the report, said the study shows that people's oral health has become much worse over the past 2,000 years. She added that she thinks gum disease could start going down from now as more people stop smoking. She said: "As smoking declines in the population, we should see a decline in the [numbers of people with] the disease." Gum disease happens when bacteria build up in your mouth. The bacteria eat away at your gums and can make your teeth fall out. People can reduce the risk of gum disease by regular brushing, using mouthwash and not smoking.

\* CORRECTION: This sould be 1,600-1,800 years ago.

Sources: http://www.**healthcanal**.com/oral-dental-health/56640-romans-had-less-gum-disease-thanmodern-britons.html http://www.**nature**.com/bdj/journal/v217/n8/full/sj.bdj.2014.908.html http://www.**nhm**.ac.uk/about-us/news/2014/oct/gum-disease-worse-now-than-in-romanbritain133420.html

#### WARM-UPS

**1. TEETH AND GUMS:** Students walk around the class and talk to other students about teeth and gums. Change partners often and share your findings.

**2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

study / gum disease / university / researchers / teeth / surprised / toothbrush / dentist / main reason / smoking / oral health / population / bacteria / regular brushing / risk

Have a chat about the topics you liked. Change topics and partners frequently.

**3. 2,000 YEARS AGO:** How was life different? Complete this table with your partner(s). Change partners often and share what you wrote.

	Differences?	Better or worse (and why)?
Our food		
Teeth		
Hair		
Exercise		
Friends		
Travel		

**4. FALSE TEETH (DENTURES):** Students A **strongly** believe it would be easier to have false teeth; Students B **strongly** believe having your own (real and natural) teeth is best. Change partners again and talk about your conversations.

**5. ORAL HYGIENE:** Rank these with your partner. Put the most important for oral hygiene at the top. Change partners often and share your rankings.

- regular brushing
- rinsing after eating
- no sweets
- visits to the dentist

- flossing
- using mouthwash
- no smoking
- chewing gum

**6. DENTIST:** Spend one minute writing down all of the different words you associate with the word "dentist". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

# **BEFORE READING / LISTENING**

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

#### **1. TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

a.	People from 2,000 years ago had healthier gums than people today.	T / F
b.	Researchers looked at the skulls of over 3,000 people.	T / F
c.	Less than 6% of the 2,000-year-old skulls had signs of gum disease.	T / F
d.	People 2,000 years ago started using the world's first toothpaste.	T / F
e.	The study says smoking is the biggest cause of gum disease.	T / F
f.	A researcher said she thinks gum disease will increase from now.	T / F

- g. Gum disease is because of a build-up of bacteria in your mouth.  $\hfill T$  / F
- h. Mouthwash actually increases the likelihood of getting gum disease. T / F

#### **2. SYNONYM MATCH:** Match the following synonyms from the article.

1. study ancient a. 2 published b. go to 3. old c. goes down 4. d. signs printed 5. visit lower e. 6. main f. frequent 7. much research g. 8. declines h. a lot 9. reduce i. evidence 10. regular biggest j.

#### **3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- 1. people today
- 2 the teeth in the
- 3. found at an old
- 4. the skulls showed signs
- 5. people did not have toothbrushes or
- 6. The main
- 7. oral
- 8. she thinks gum disease could
- 9. bacteria build
- 10. reduce the risk of gum disease

- a. toothpaste back then
- b. of gum disease
- c. by regular brushing
- d. health
- e. skulls of 303 people
- f. start going down
- g. have more gum disease
- h. up in your mouth
- i. burial site
- j. reason why

# GAP FILL

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

A new study shows that people today have more gum disease than surprised people (1) \_\_\_\_\_ 2,000 years ago. The study is from the published university King's College in London and is (2) \_\_\_\_\_ in burial the 'British Dental Journal'. Researchers looked at the teeth in the back (3) \_\_\_\_\_ of 303 people who lived between 200-400 AD dentists (2,200-2,400 years ago). The skulls were found at an old (4) site in the west of England. The researchers livina found that only 5 per cent of the skulls showed (5) \_\_\_\_\_ signs of gum disease. Up to 30 per cent of people in England today have skulls gum disease. Professor Francis Hughes was (6) \_\_\_\_\_ by what he found. He said people did not have toothbrushes or toothpaste (7) \_\_\_\_\_ then and did not visit (8) \_\_\_\_\_, like we do today.

The main reason why (9) \_\_\_\_\_ people have more gum oral disease is smoking. Theya Molleson, co-author of the decline (10) \_\_\_\_\_, said the study shows that people's fall (11) \_\_\_\_\_\_ health has become much worse over the past modern 2,000 years. She added that she thinks gum disease could start regular going (12) \_\_\_\_\_ from now as more people stop smoking. She said: "As smoking declines in the population, we report should see a (13) \_\_\_\_\_ in the [numbers of people with] build disease." Gum disease happens the when bacteria down (14) \_\_\_\_\_ up in your mouth. The bacteria eat away at your gums and can make your teeth (15) \_\_\_\_\_ out. People can reduce the risk of gum disease by (16) \_\_\_\_\_ brushing, using mouthwash and not smoking.

#### **LISTENING** – Guess the answers. Listen to check.

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

1)	<ul> <li>people today have more gum disease than people</li> <li>a. live in 2,000 years ago</li> <li>b. alive in 2,000 years ago</li> <li>c. living 2,000 years ago</li> <li>d. living in 2,000 years ago</li> </ul>
2)	Researchers looked at the teeth in the people a. skulls of 303 b. skills of 303 c. schools of 303 d. scales of 303
3)	The skulls were found at an a. old bury all site b. old buried site c. old berry all site d. old burial site
4)	Up to 30 per cent of people in England disease a. these days have gum b. today have gum c. nowadays have gum d. two days have gum
5)	He said people did not have toothbrushes or a. toothpaste backing then b. toothpaste back then c. toothpaste backing them d. toothpaste backs then
6)	The main reason why modern people have more gum a. diseases is smoking b. disease is smoking c. diseases smoking d. disease this smoking
7)	the study shows that people's oral health has become a. much worsen b. much worse c. much worsened d. much worth
8)	As smoking declines in the population, we should see a numbers a. decline in the b. recline in the c. incline in the d. the cline in the
9)	Gum disease happens when bacteria build a. up in your mouth b. up on your mouth c. up of your mouth d. up by your mouth
10)	People can reduce the risk of gum disease by a. regularly brushing

- b. regulated brushing
- c. regular brushing
- d. regulars brushing

#### **LISTENING** – Listen and fill in the gaps

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

A new study shows that people (1) \_\_\_\_\_\_ gum disease than people living 2,000 years ago. The study is from the university King's College in London and (2) \_\_\_\_\_\_ 'British Dental Journal'. Researchers looked at the teeth (3) \_\_\_\_\_\_ 303 people who lived between 200-400 AD (2,200-2,400 years ago). The skulls were found at (4) \_\_\_\_\_\_ the west of England. The researchers found that only 5 per cent of the skulls (5) \_\_\_\_\_\_ disease. Up to 30 per cent of people in England today have gum disease. Professor Francis Hughes was surprised by what he found. He said people did not have toothbrushes or (6) \_\_\_\_\_\_ and did not visit dentists, like we do today.

The (7) \_\_\_\_\_ modern people have more gum disease is smoking. Theya Molleson, co-author of the report, said the study shows that people's (8) become much worse over the past 2,000 that she thinks years. She added gum disease (9) \_\_\_\_\_ down from now as more people stop smoking. said: "As smoking declines in She the population, we (10) \_\_\_\_\_\_ the [numbers of people with] the disease." Gum disease happens when bacteria (11) \_\_\_\_\_ . The bacteria eat away at your gums and can make your teeth fall out. People can (12) disease by regular brushing, using mouthwash and not smoking.

# **COMPREHENSION QUESTIONS**

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

- 1. What is the name of the university that carried out the study?
- 2. How many different skulls did researchers look at in their research?
- 3. Where in England were the skulls located?
- 4. Around how many people have gum disease in England today?
- 5. Who did people not visit 2,000 years ago?
- **6.** What did the study say is the biggest cause of gum disease?
- 7. What did a researcher say has become worse in the past 2,000 years?
- **8.** What would happen if more people stopped smoking?
- 9. What do bacteria eat away at?
- **10.** What can we use to help reduce the risk of gum disease?

# **MULTIPLE CHOICE - QUIZ**

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

What is the name of the university that 6. What did the study say is the biggest 1. carried out the study? cause of gum disease? a) Queen's University a) chocolate b) King's College b) juice c) Princess School c) smoking d) Princeton d) fizzy drinks (sodas) How many different skulls did What did a researcher say has become 2. 7. researchers look at in their research? worse in the past 2,000 years? a) 606 a) aerial health b) 505 b) all our health c) 404 c) aural health d) 303 d) oral health 3. Where in England were the skulls 8. What would happen if more people located? stopped smoking? a) the west a) gum disease would go down b) the north b) people would eat chocolate c) the middle c) governments would lose money d) the south d) there would be more dentists Around how many people have gum What do bacteria eat away at? 4. 9. disease in England today? a) 26% a) gums b) 28% b) cakes c) 30% c) disease d) 32% d) toothpaste Who did people not visit 2,000 years What can we use to help reduce the 5. 10. ago? risk of gum disease? a) friends in hospital a) our fingers b) mouthwash b) dentists c) relatives c) the Internet d) great-great grandparents d) carrots

# **ROLE PLAY**

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

#### Role A – The dentist

You think the dentist is the best thing for oral hygiene. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least useful of these (and why): mouthwash, regular brushing or no sweets.

#### Role B – Mouthwash

You think mouthwash is the best thing for oral hygiene. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least useful of these (and why): the dentist, regular brushing or no sweets.

#### Role C – Regular brushing

You think regular brushing is the best thing for oral hygiene. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least useful of these (and why): mouthwash, the dentist or no sweets.

#### **Role D – No sweets**

You think no sweets is the best thing for oral hygiene. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least useful of these (and why): mouthwash, regular brushing or the dentist.

# AFTER READING / LISTENING

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

**1. WORD SEARCH:** Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'gum' and 'disease'.

gum	disease

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

**2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

**3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

**4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

**5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

• new	• main
• 303	• worse
• west	• 2,000
• 5	• see
• 30	• eat
• back	• regular

# **TEETH AND GUMS SURVEY**

From <u>http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html</u>

Write five GOOD questions about teeth and gums in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# **TEETH AND GUMS DISCUSSION**

STUDENT A's QUESTIONS (Do not show these to student B)

- 1) What did you think when you read the headline?
- 2) What springs to mind when you hear the word 'gum'?
- 3) What do you do to look after your gums?
- 4) Are you surprised by what you read?
- 5) Why did people have better teeth 2,000 years ago?
- 6) How important is it to care for your teeth and gums?
- 7) What kind of condition are your teeth and gums in?
- 8) Is it easy to look after your teeth and gums?
- 9) What would you like to change about your teeth and gums?
- 10) What do you think of going to the dentist?

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#### TEETH AND GUMS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- 11) Did you like reading this article? Why/not?
- 12) What do you know about gums?
- 13) Why don't people know that smoking is bad for your gums?
- 14) Who should tell us about oral hygiene?
- 15) What things about your teeth do you worry about?
- 16) What would you do if your teeth fell out?
- 17) How does reading this article make you feel about your teeth?
- 18) How can our teeth survive without toothpaste and brushing?
- 19) How important is it to floss and use mouthwash?
- 20) What questions would you like to ask the researchers?

### **DISCUSSION (Write your own questions)**

STUDENT A's QUESTIONS (Do not show these to student B)

1.	
2.	
3.	
4.	
5.	
51	
6.	
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\_\_\_\_\_

# **DISCUSSION (Write your own questions)**

STUDENT B's QUESTIONS (Do not show these to student A)

1.	 	
Ζ.	 	
3.	 	
4.		
5.	 	
6.		

### LANGUAGE - CLOZE

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

A new study (1) \_\_\_\_\_ that people today have more gum disease than people living 2,000 years ago. The study is from the university King's College in London and is (2) \_\_\_\_\_ in the 'British Dental Journal'. Researchers looked at the teeth in the skulls (3) \_\_\_\_\_ 303 people who lived between 200-400 AD (2,200-2,400 years ago). The skulls were found at an old burial (4) \_\_\_\_\_ in the west of England. The researchers found that only 5 per cent of the skulls showed signs of gum disease. Up to 30 per cent of people in England today have gum disease. Professor Francis Hughes was (5) \_\_\_\_\_ by what he found. He said people did not have toothbrushes or toothpaste back (6) \_\_\_\_\_ and did not visit dentists, like we do today.

The (7) \_\_\_\_\_ reason why modern people have more gum disease is smoking. Theya Molleson, co-author of the report, said the study shows that people's oral health has (8) \_\_\_\_\_ much worse over the past 2,000 years. She added that she thinks gum disease could start (9) \_\_\_\_\_ down from now as more people stop smoking. She said: "As smoking declines in the population, we should see a (10) \_\_\_\_\_ in the [numbers of people with] the disease." Gum disease happens when bacteria build up in your mouth. The bacteria (11) \_\_\_\_\_ away at your gums and can make your teeth fall out. People can reduce the risk of gum disease by regular brushing, using mouthwash and (12) \_\_\_\_\_ smoking.

#### Put the correct words from the table below in the above article.

1.	(a)	showing	(b)	shows	(c)	show	(d)	show off
2.	(a)	publication	(b)	published	(c)	publisher	(d)	publishes
3.	(a)	by	(b)	for	(c)	at	(d)	of
4.	(a)	land	(b)	site	(c)	earth	(d)	location
5.	(a)	surprising	(b)	surprised	(c)	surprises	(d)	surprise
6.	(a)	them	(b)	there	(c)	then	(d)	these
7.	(a)	mast	(b)	most	(c)	main	(d)	meant
8.	(a)	becoming	(b)	became	(c)	become	(d)	becomes
9.	(a)	leaving	(b)	showing	(c)	becoming	(d)	going
10.	(a)	decline	(b)	declining	(c)	declined	(d)	declines
11.	(a)	eat	(b)	drink	(c)	consume	(d)	attack
12.	(a)	nor	(b)	non	(c)	not	(d)	now

# SPELLING

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

#### Paragraph 1

- 1. <u>liphesubd</u> in the 'British Dental Journal'
- 2. the <u>luskls</u> of 303 people
- 3. an old <u>iabulr</u> site
- 4. Hughes was <u>pirrseusd</u> by what he found
- 5. He said people did not have <u>hstbtehsrouo</u>
- 6. visit <u>sdstneti</u>

#### Paragraph 2

- 7. The main <u>nreaos</u> why
- 8. people's <u>laro</u> health
- 9. in the <u>outoippnal</u>
- 10. we should see a <u>deeilnc</u> in the numbers
- 11. <u>cbatraei</u> builds up in your mouth
- 12. <u>alrrgue</u> brushing

# PUT THE TEXT BACK TOGETHER

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

#### Number these lines in the correct order.

- ( ) ago. The study is from the university King's College in London and is published in the
- ( ) 200-400 AD (2,200-2,400 years ago). The skulls were found at an old burial site in the west
- ( ) of England. The researchers found that only 5 per cent of the skulls showed signs of gum disease. Up to 30 per cent
- ( ) of people in England today have gum disease. Professor Francis Hughes was surprised by what
- ( ) mouth. The bacteria eat away at your gums and can make your teeth fall out. People can reduce
- ( ) The main reason why modern people have more gum disease is smoking. Theya Molleson, co-author of the
- ( ) people with] the disease." Gum disease happens when bacteria build up in your
- ( ) report, said the study shows that people's oral health has become much worse over the past
- (1) A new study shows that people today have more gum disease than people living 2,000 years
- ( ) he found. He said people did not have toothbrushes or toothpaste back then and did not visit dentists, like we do today.
- ( ) 'British Dental Journal'. Researchers looked at the teeth in the skulls of 303 people who lived between
- ( ) the risk of gum disease by regular brushing, using mouthwash and not smoking.
- ( ) 2,000 years. She added that she thinks gum disease could start going down from now as more people stop
- ( ) smoking. She said: "As smoking declines in the population, we should see a decline in the [numbers of

#### PUT THE WORDS IN THE RIGHT ORDER

From <a href="http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html">http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html</a>

1.	shows that people today have more gum disease A study .
2.	the teeth in the skulls of 303 people Looked at .
3.	skulls at burial The found old were an site .
4.	5% Only disease gum of signs showed skulls the of .
5.	, do Did dentists we visit like today not .
6.	disease main people gum The why more reason have .
7.	health Shows has that become people's worse oral .
8.	start thinks going gum down disease could She .
9.	people with the disease A decline in the numbers of .
10.	risk disease brushing the gum regular Reduce of by .

18

# **CIRCLE THE CORRECT WORD (20 PAIRS)**

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

A new *study / studious* shows that people today have more gum disease than people *living / lived* 2,000 years ago. The study is from the university King's College in London and is *publication / published* in the 'British Dental Journal'. Researchers looked at the *tooth / teeth* in the skulls of 303 people who lived between 200-400 AD (2,200-2,400 years ago). The skulls were found at an old *burial / bury* site in the west *on / of* England. The researchers found that only 5 per cent of the skulls *showed / shows* signs of gum disease. Up to 30 per cent of people in England today have gum disease. Professor Francis Hughes was *surprising / surprised* by what he found. He said people did not have toothbrushes or toothpaste *before / back* then and did not *drop by / visit* dentists, like we do today.

The main *reason / reasons* why modern people have more gum disease is *smoking / smoked*. Theya Molleson, co-author of the *reporting / report*, said the study shows that people's *oral / aural* health has become much worse over the *passed / past* 2,000 years. She added that she thinks gum disease could start going down *from / by* now as more people stop smoking. She said: "As smoking declines *in / on* the population, we should see a decline in the [numbers of people *for / with*] the disease." Gum disease happens when bacteria build up in your mouth. The bacteria *eat / bite* away at your gums and can make your teeth fall out. People can reduce the risk of gum disease by *regulation / regular* brushing, using mouthwash and not smoking.

# Talk about the connection between each pair of words in italics, and why the correct word is correct.

### **INSERT THE VOWELS (a, e, i, o, u)**

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

Th\_ m\_\_n r\_\_s\_n why m\_d\_rn p\_\_pl\_ h\_v\_ m\_r\_ g\_m d\_s\_\_s\_ s sm\_k\_ng. Th\_y\_ M\_II\_s\_n, c\_-\_th\_r \_f th\_ r\_p\_rt, s\_\_d th\_ st\_dy sh\_ws th\_t p\_\_pl\_'s \_r\_l h\_\_lth h\_s b\_c\_m\_ m\_ch w\_rs\_ v\_r th\_ p\_st 2,000 y\_\_rs. Sh\_ \_dd\_d th\_t sh\_ th\_nks g\_m d\_s\_\_s\_ c\_\_ld st\_rt g\_\_ng d\_wn fr\_m n\_w \_s m\_r\_ p\_\_pl\_ st\_p sm\_k\_ng. Sh\_ s\_\_d: "\_s sm\_k\_ng d\_cl\_n\_s \_n th\_ p\_pl\_t\_\_n, w\_ sh\_\_ld s\_\_\_ d\_cl\_n\_ n th\_ [n\_mb\_rs \_f p\_\_pl\_ w\_th] th\_ d\_s\_\_s\_." G\_m d\_s\_\_s\_ h\_pp\_ns wh\_n b\_ct\_r\_\_ b\_\_ld \_p \_n y\_\_r m\_\_th. Th\_ b\_ct\_r\_\_ \_t \_w\_y \_t y\_\_r g\_ms \_nd c\_n m\_k\_ y\_\_r t\_\_th f\_II \_\_t. P\_\_pl\_ c\_n r\_d\_c\_ th\_ r\_sk \_f g\_m d\_s\_\_s\_ by r\_g\_l\_r br\_sh\_ng, s\_ng m\_\_thw\_sh \_nd n\_t sm\_k\_ng.

#### PUNCTUATE THE TEXT AND ADD CAPITALS

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

a new study shows that people today have more gum disease than people living 2000 years ago the study is from the university king's college in london and is published in the 'british dental journal' researchers looked at the teeth in the skulls of 303 people who lived between 200-400 ad (2200-2400 years ago) the skulls were found at an old burial site in the west of england the researchers found that only 5 per cent of the skulls showed signs of gum disease up to 30 per cent of people in england today have gum disease professor francis hughes was surprised by what he found he said people did not have toothbrushes or toothpaste back then and did not visit dentists like we do today

the main reason why modern people have more gum disease is smoking theya molleson co-author of the report said the study shows that people's oral health has become much worse over the past 2000 years she added that she thinks gum disease could start going down from now as more people stop smoking she said "as smoking declines in the population we should see a decline in the [numbers of people with] the disease" gum disease happens when bacteria build up in your mouth the bacteria eat away at your gums and can make your teeth fall out people can reduce the risk of gum disease by regular brushing using mouthwash and not smoking

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# PUT A SLASH ( / ) WHERE THE SPACES ARE

From http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html

Anewstudyshowsthatpeopletodayhavemoregumdiseasethanpeople living2,000yearsago.ThestudyisfromtheuniversityKing'sCollegeinL ondonandispublishedinthe'BritishDentalJournal'.Researcherslooke dattheteethintheskullsof303peoplewholivedbetween200-400AD(2 ,200-2,400yearsago). The skullswere found at an old burial site in the w estofEngland.Theresearchersfoundthatonly5percentoftheskullssho wedsignsofgumdisease.Upto30percentofpeopleinEnglandtodayhav equmdisease.ProfessorFrancisHugheswassurprisedbywhathefound .Hesaidpeopledidnothavetoothbrushesortoothpastebackthenanddi dnotvisitdentists, likewedotoday. The main reason why modern people havemoregumdiseaseissmoking.TheyaMolleson,co-authoroft hereport, said the study shows that people's or alhealth has become muc hworseoverthepast2,000years.Sheaddedthatshethinksgumdisease couldstartgoingdownfromnowasmorepeoplestopsmoking.Shesaid: "Assmokingdeclinesinthepopulation, we should see a decline in the [nu mbersofpeoplewith]thedisease."Gumdiseasehappenswhenbacteria buildupinyourmouth.Thebacteriaeatawayatyourgumsandcanmake yourteethfallout.Peoplecanreducetheriskofgumdiseasebyregularbr ushing, using mouth washand not smoking.

## FREE WRITING

From <a href="http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html">http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html</a>

Write about **teeth and gums** for 10 minutes. Comment on your partner's paper.

### ACADEMIC WRITING

From <a href="http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html">http://www.BreakingNewsEnglish.com/1410/141028-gum-disease.html</a>

It is better to clean your teeth four times a day than two times a day. Discuss.


### HOMEWORK

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find out more about teeth and gums. Share what you discover with your partner(s) in the next lesson.

**3. TEETH AND GUMS:** Make a poster about teeth and gums. Show your work to your classmates in the next lesson. Did you all have similar things?

**4. ORAL HEALTH:** Write a magazine article about oral health. Include imaginary interviews with people who have bad teeth and with dentists.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

**5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**6. LETTER:** Write a letter to an expert on teeth and gums. Ask him/her three questions about teeth and gums. Give him/her three of your ideas on how we can look after them better. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

#### **ANSWERS**

#### TRUE / FALSE (p.4)

а	Т	b I	F	С	Т	d	F	е	Т	f	F	q	Т	h	F

#### SYNONYM MATCH (p.4)

- 1. study
- 2 published
- 3. old
- 4. signs
- 5. visit
- 6. main
- 7. much
- 8. declines
- 9. reduce
- 10. regular

- a. research
- b. printed
- c. ancient
- d. evidence
- e. go to
- f. biggest
- g. a lot
- h. goes down
- i. lower
- j. frequent

#### **COMPREHENSION QUESTIONS (p.8)**

- 1. King's College
- 2. 303
- 3. The west
- 4. 30%
- 5. The dentist
- 6. Smoking
- 7. Oral health
- 8. Gum disease would decline (go down)
- 9. Gums
- 10. Mouthwash

#### MULTIPLE CHOICE - QUIZ (p.9)

1. b 2. d 3. a 4. c 5. b 6. c 7. d 8. a 9. a 10. b

#### **ALL OTHER EXERCISES**

Please check for yourself by looking at the Article on page 2. (It's good for your English ;-)