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#### Level 2

# Processed meat causes cancer, says WHO 29th October, 2015

http://www.breakingnewsenglish.com/1510/151029-processed-meat-2.html

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Please try Levels 0 and 1 (easier) and the 26-page Level 3 (harder).

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#### THE READING

From http://www.breakingnewsenglish.com/1510/151029-processed-meat-2.html

A new report from the WHO says processed meat causes cancer. Processed meat includes bacon, hot dogs, ham, sausages, canned meat and meat-based sauces. The report was made by the International Agency for Research on Cancer. It said the world should know about the danger of processed meat because many people eat it and get cancer. The report says that eating 50g of processed meat a day can increase the chance of developing cancer by 18 per cent. Fifty grams is just two slices of bacon or one sausage. The WHO also said eating red meat carried a risk.

The WHO warned people about eating too much processed and red meat, but also said meat had health benefits. It has many important vitamins and minerals. The WHO said people should eat less processed meat and more food that contains fibre, such as fruit and vegetables. People need a balanced diet. The meat industry is not happy with the report. It does not like the fact that processed meat is in the same group as tobacco and alcohol. Processed meat is not as harmful as alcohol or tobacco. The North American Meat Institute said the report would unfairly scare people.

Sources: http://www.**bbc.com**/news/health-34615621

http://edition.cnn.com/2015/10/26/health/who-processed-meat-cancer-social-reaction/

http://www.un.org/apps/news/story.asp?NewsID=52370#.Vi7GAqRX\_88

#### **MATCHING**

From http://www.breakingnewsenglish.com/1510/151029-processed-meat-2.html

#### **PARAGRAPH ONE:**

Processed meat
a. about the danger

2 canned b. developing cancer

3. the world should know c. includes bacon

4. many people eat it d. a risk

5. eating 50g of processed meat e. of bacon

6. increase the chance of f. a day

7. Fifty grams is just two slices g. meat

8. red meat also carried h. and get cancer

#### **PARAGRAPH TWO:**

People need a balanced

4.

meat had health
a. fibre

2 It has many important vitamins b. industry

3. more food that contains c. harmful as alcohol

d.

benefits

5. The meat e. scare people

6. in the same group f. and minerals

7. Processed meat is not as g. as tobacco

8. the report would unfairly h. diet

## **LISTEN AND FILL IN THE GAPS**

From http://www.breakingnewsenglish.com/1510/151029-processed-meat-2.html

A new report (1)	says processed meat
causes cancer. Processed meat (2)	, hot
dogs, ham, sausages, canned meat (3)	
sauces. The report was made by the In	ternational Agency for
Research on Cancer. It said the world should	know about the danger
of processed meat because many people (4)	)
cancer. The report says that eating 50g of	processed meat a day
can increase (5) de	eveloping cancer by 18
per cent. Fifty grams is just (6)	bacon or
one sausage. The WHO also said eating red r	neat carried a risk.
The WHO warned people about (7)	
processed and red meat, but also said meat	had health benefits. It
has many important (8)	The WHO said
people should eat less processed	meat and more
(9) fibre, such as	fruit and vegetables.
People need a balanced diet.	Γhe meat industry
(10) the report. It	does not like the fact
that processed meat is in the (11)	tobacco
and alcohol. Processed meat is not as harmfu	ıl as alcohol or tobacco.
The North American Meat Institute sa	id the report would
(12) people.	

## PUT A SLASH ( / )WHERE THE SPACES ARE

From http://www.breakingnewsenglish.com/1510/151029-processed-meat-2.html

AnewreportfromtheWHOsaysprocessedmeatcausescancer.Process edmeatincludesbacon, hotdogs, ham, sausages, cannedmeatandmea t-basedsauces. The report was made by the International Agency for Re searchonCancer.Itsaidtheworldshouldknowaboutthedangerofproce ssedmeatbecausemanypeopleeatitandgetcancer. Thereports ay stha teating50gofprocessedmeatadaycanincreasethechanceofdevelopin gcancerby18percent.Fiftygramsisjusttwoslicesofbaconoronesausag e.TheWHOalsosaideatingredmeatcarriedarisk.TheWHOwarned peopleabouteatingtoomuchprocessedandredmeat, but also said meat hadhealthbenefits. It has many important vitamins and minerals. The W HOsaidpeopleshouldeatlessprocessedmeatandmorefoodthatcontai nsfibre, such as fruit and vegetables. People need a balanced diet. The me atindustryisnothappywiththereport. It does not like the fact that proces sedmeatisinthesamegroupastobaccoandalcohol. Processed meatisn otasharmfulasalcoholortobacco.TheNorthAmericanMeatInstitutesai dthereportwouldunfairlyscarepeople.

# WRITE QUESTIONS & ASK YOUR PARTNER(S) Student A: Do not show these to your speaking partner(s). a) b) c) d) e) f) g) h) Processed meat causes cancer, says WHO - 29th October, 2015 More free lessons at www.BreakingNewsEnglish.com WRITE QUESTIONS & ASK YOUR PARTNER(S) Student B: Do not show these to your speaking partner(s). a) b) c) d) e) f)

g)

h)

### **WRITING**

From <a href="http://www.breakingnewsenglish.com/1510/151029-processed-meat-2.html">http://www.breakingnewsenglish.com/1510/151029-processed-meat-2.html</a>

Write about <b>meat</b> for 10 minutes. Comment on your partner's paper.						
			<del>-</del>			