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### Level 2

# Worries over eating disorders in Japan

27th April, 2016

http://www.breakingnewsenglish.com/1604/160427-eating-disorders-2.html

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Please try Levels 0 and 1 (easier) and the 26-page Level 3 (harder).

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### THE READING

From http://www.breakingnewsenglish.com/1604/160427-eating-disorders-2.html

A group in Japan is worried about people with eating disorders. The Japan Society for Eating Disorders (JSED) said people who eat too much or too little receive no support. The JSED said ill because of being many people are overweight underweight. It said few of these people get medical help. The president of JSED said: "Hundreds of thousands of people are suffering in silence. There are very few services available to help people." He added: "It's often too late by the time the patient is seen in a hospital. Their condition is very severe. Sometimes they are even close to death."

Japan's Ministry of Health said it was difficult to find out how many people suffer from eating disorders. It said many women were too embarrassed to see a doctor and did not want to admit they had a problem. A spokesman said the government was trying to publish more information about eating disorders. He said: "We want to set up local systems of support where their illness can be picked up early, so people can be helped sooner." Figures show that in 2014, only 10,000 people in Japan got treatment for eating disorders, compared to 725,000 people in the U.K.

Sources: http://www.bbc.co.uk/news/health-36095287

https://www.sciencedaily.com/releases/2016/04/160420211132.htm

http://www.upi.com/Health\_News/2016/04/21/Study-Girls-schools-affect-risk-of-eating-disorder-

diagnosis/8521461246064/

## **MATCHING**

From http://www.breakingnewsenglish.com/1604/160427-eating-disorders-2.html

#### **PARAGRAPH ONE:**

worried about people with
a. very severe

2. people who eat too much b. help

3. few of these people get medical c. late

4. people are suffering d. to death

5. It's often too e. in silence

6. the patient is seen f. eating disorders

7. Their condition is g. in a hospital

8. they are even close h. or too little

#### **PARAGRAPH TWO:**

it was difficult
a. doctor

2. many women were too b. more information

3. see a c. embarrassed

4. admit they d. up early

5. trying to publish e. to find out

6. We want to set up local f. had a problem

7. their illness can be picked g. got treatment

8. 10,000 people in Japan h. systems

## **LISTEN AND FILL IN THE GAPS**

From <a href="http://www.breakingnewsenglish.com/1604/160427-eating-disorders-2.html">http://www.breakingnewsenglish.com/1604/160427-eating-disorders-2.html</a>

A group in Japan is worried (1)	eating
disorders. The Japan Society for Eating Disorders (JSI	ED) said people
who (2) too little receive n	o support. The
JSED said many people are ill because (3)	
or underweight. It said few of t	hese people
(4) The president of JSED s	aid: "Hundreds
of thousands of people are (5)	There are
very few services available to help people." He add	ded: "It's often
too late by the time the patient is seen in a hospital.	Their condition
(6) Sometimes they are	even close to
death."	
Japan's Ministry of Health said it was (7)	
how many people suffer from eating disorders. It said	d many women
were (8) to see a doctor an	d did not want
to admit they had a problem. A spokesman said t	he government
was (9) more information	about eating
disorders. He said: "We want to set up (10)	
support where their illness can (11)	, so
people can be helped sooner." Figures show that	in 2014, only
10,000 people in Japan (12)	eating
disorders, compared to 725,000 people in the U.K.	

## PUT A SLASH ( / )WHERE THE SPACES ARE

From http://www.breakingnewsenglish.com/1604/160427-eating-disorders-2.html

AgroupinJapanisworriedaboutpeoplewitheatingdisorders. The Japan SocietyforEatingDisorders(JSED)saidpeoplewhoeattoomuchortoolit tlereceivenosupport. The JSED said many people are ill because of being overweightorunderweight. Its aid fewofthese peopleget medical help. T hepresidentofJSEDsaid:"Hundredsofthousandsofpeoplearesufferin ginsilence. There are very few services available to help people. "Headde d:"It'softentoolatebythetimethepatientisseeninahospital.Theircond itionisverysevere. Sometimes they are even close to death. "Japan's Min istryofHealthsaiditwasdifficulttofindouthowmanypeoplesufferfrome atingdisorders.Itsaidmanywomenweretooembarrassedtoseeadocto randdidnotwanttoadmittheyhadaproblem. Aspokesmansaidthegove rnmentwastryingtopublishmoreinformationabouteatingdisorders.H esaid: "Wewanttosetuplocalsystemsofsupportwheretheirillnesscanb epickedupearly, sopeople can be helped so oner. "Figures show that in 20 14, only 10,000 people in Japangottreatment for eating disorders, comp aredto725,000peopleintheU.K.

# WRITE QUESTIONS & ASK YOUR PARTNER(S) Student A: Do not show these to your speaking partner(s). a) b) c) d) e) f) g) h) Worries over eating disorders in Japan - 27th April, 2016 More free lessons at www.BreakingNewsEnglish.com WRITE QUESTIONS & ASK YOUR PARTNER(S) Student B: Do not show these to your speaking partner(s). a) b) c) d) e)

f)

g)

h)

## **WRITING**

From <a href="http://www.breakingnewsenglish.com/1604/160427-eating-disorders-2.html">http://www.breakingnewsenglish.com/1604/160427-eating-disorders-2.html</a>

Write about <b>eating disorders</b> for 10 minutes. Comment on your partner's paper.		