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Level 4

Card games can help recovery from strokes

30th June, 2016

<http://www.breakingnewsenglish.com/1606/160630-card-games-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1606/160630-card-games-4.html>

A report says card games can help stroke patients recover just as much as computer games. Researchers did tests to see whether computer games or traditional games were better at treating strokes. They found that playing cards, bingo, dominoes, and even throwing paper balls improved patients' motor skills. Using Wii games consoles also helped. The researchers said if the task is repetitive and gets the hands and arms moving, it will help.

A stroke happens when the blood supply to the brain is cut off. Sufferers usually experience physical changes such as drooping face muscles, slurred speech and a loss of strength. The researchers said it wasn't clear if virtual reality games or traditional games helped more. They said: "We...think that new technology is better than old-fashioned strategies, but sometimes that's not the case....We found that simple recreational activities...may be as effective."

Sources: <http://www.bbc.com/news/health-36638178>
<http://www.cbc.ca/news/health/stroke-recovery-1.3655273>
http://www.eurekaalert.org/pub_releases/2016-06/smh-alp062316.php

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1606/160630-card-games-4.html>

PARAGRAPH ONE:

- | | |
|-----------------------------------|------------------------|
| 1. games can help stroke patients | a. is repetitive |
| 2. Researchers did tests | b. at treating strokes |
| 3. games were better | c. skills |
| 4. throwing paper | d. to see |
| 5. improved patients' motor | e. moving |
| 6. Wii games | f. recover |
| 7. if the task | g. consoles |
| 8. gets the hands and arms | h. balls |

PARAGRAPH TWO:

- | | |
|--|-------------------------|
| 1. the blood | a. strength |
| 2. Sufferers usually experience physical | b. speech |
| 3. drooping face | c. fashioned strategies |
| 4. slurred | d. effective |
| 5. a loss of | e. changes |
| 6. better than old- | f. activities |
| 7. simple recreational | g. muscles |
| 8. may be as | h. supply to the brain |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1606/160630-card-games-4.html>

A report says card games can (1) _____ recover just as much as computer games. Researchers (2) _____ whether computer games or traditional games were (3) _____ strokes. They (4) _____ cards, bingo, dominoes, and even throwing paper (5) _____ motor skills. Using Wii games consoles also helped. The researchers said if (6) _____ and gets the hands and arms moving, it will help.

A stroke happens when the (7) _____ the brain is cut off. Sufferers usually experience physical changes (8) _____ face muscles, slurred speech and (9) _____. The researchers said it wasn't clear (10) _____ games or traditional games helped more. They said: "We...think that new technology is better (11) _____ strategies, but sometimes that's not the case...We found that simple recreational activities... (12) _____."

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1606/160630-card-games-4.html>

Areportsayscardgamescanhelpstrokepatientsrecoverjustasmuchas
computergames.Researchersdidteststoseewhethercomputergames
ortraditionalgameswerebetterattreatingstrokes.Theyfoundthatplay
ingcards,bingo,dominoes,andeventhrowingpaperballsimprovedpati
ents'motorskills.UsingWiigamesconsolesalsohelped.Theresearcher
ssaidifthetaskisrepetitiveandgetsthehandsandarmsmoving,itwillhel
p.Astrokehappenswhenthebloodsupplytothebrainiscutoff.Sufferers
usuallyexperiencephysicalchangessuchasdroopingfacemuscles,slur
redspeechandalossofstrength.Theresearcherssaiditwasn'tclearifvirt
ualrealitygamesortraditionalgameshelpedmore.They said:"We...thi
nkthatnewtechnologyisbetterthanold-fashionedstrategies,but
sometimesthat'snotthecase....Wefoundthatsimplerecreationalactiviti
es...maybeeffective."

CARD GAMES SURVEY

From <http://www.breakingnewsenglish.com/1606/160630-card-games-4.html>

Write five GOOD questions about card games in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

