

www.**Breaking News English**.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

www.breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freeeslmaterials.com/sean_banville_lessons.html

Level 0

Giving babies peanuts and eggs may avoid allergies

27th September, 2016

<http://www.breakingnewsenglish.com/1609/160927-allergies-0.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 1, 2 and 3. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

Google +



<https://plus.google.com/+SeanBanville>

THE READING

From <http://www.breakingnewsenglish.com/1609/160927-allergies-0.html>

Eggs and peanut allergies can kill. Giving eggs and peanuts to babies may stop these allergies. Researchers found that babies aged 4-to-6 months who ate eggs were 40% less likely to get an egg allergy. Babies aged four to 11 months who ate food with peanuts were 70 per cent less likely to get a peanut allergy.

Egg and peanut allergies are the most common food allergies. Parents must be careful. Babies can choke on big nuts. Other food allergies are to soy, wheat and seafood. Giving these to babies may keep allergies away. Parents should check their baby after each new food. We need to find the best ages for babies to eat these foods.

Sources: https://www.washingtonpost.com/national/health-science/giving-babies-eggs-and-peanuts-may-prevent-later-allergies-to-those-foods/2016/09/23/7fdaa018-810b-11e6-b002-307601806392_story.html
<http://www.sciencealert.com/introducing-peanuts-and-eggs-early-in-life-might-lead-to-less-allergies>
http://blogs.babycenter.com/mom_stories/eating-eggs-and-peanuts-early-may-reduce-allergies/

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1609/160927-allergies-0.html>

PARAGRAPH ONE:

- | | |
|------------------------------|--------------------|
| 1. peanut allergies can | a. likely |
| 2. stop | b. with peanuts |
| 3. babies aged 4-to-6 months | c. to-11 months |
| 4. get an | d. allergy |
| 5. ate food | e. these allergies |
| 6. Babies aged four- | f. who ate eggs |
| 7. 70 per cent less | g. kill |
| 8. get a peanut | h. egg allergy |

PARAGRAPH TWO:

- | | |
|--------------------------------|--------------------------|
| 1. the most | a. allergies |
| 2. Parents must | b. on big nuts |
| 3. Babies can choke | c. keep allergies away |
| 4. Other food | d. be careful |
| 5. soy, wheat | e. new food |
| 6. Giving these to babies may | f. common food allergies |
| 7. check their baby after each | g. to eat these foods |
| 8. the best ages for babies | h. and seafood |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1609/160927-allergies-0.html>

Eggs and peanut (1) _____. Giving eggs and peanuts to babies (2) _____ allergies. Researchers (3) _____ babies aged 4-to-6 months who ate eggs were (4) _____ likely to get an egg allergy. Babies (5) _____-11 months who ate (6) _____ were 70 per cent less likely to get a peanut allergy.

Egg and peanut allergies (7) _____ common food allergies. Parents (8) _____. Babies can choke on big nuts. Other food allergies are to soy, (9) _____. Giving these to babies may keep (10) _____. Parents should check their baby after (11) _____. We need to find the best ages for babies to (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1609/160927-allergies-0.html>

Eggs and peanut allergies can kill. Giving eggs and peanuts to babies may stop these allergies. Researchers found that babies aged 4 to 6 months who ate eggs were 40% less likely to get an egg allergy. Babies aged four to 11 months who ate food with peanuts were 70 percent less likely to get a peanut allergy. Egg and peanut allergies are the most common food allergies. Parents must be careful. Babies can choke on big nuts. Other food allergies are to soy, wheat and seafood. Giving these to babies may keep allergies away. Parents should check their baby after each new food. We need to find the best stages for babies to eat these foods.

ALLERGIES SURVEY

From <http://www.breakingnewsenglish.com/1609/160927-allergies-4.html>

Write five GOOD questions about allergies in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

Giving babies peanuts and eggs may avoid allergies – 27th September, 2016
More free lessons at www.BreakingNewsEnglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

