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Level 2

Calls for Daylight Saving Time to be scrapped

7th November, 2016

<http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-2.html>

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Please try Levels 0, 1 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-2.html>

People want Daylight Saving Time (DST) to end. DST is the semi-annual practice of putting clocks backwards an hour in the autumn and forwards an hour in the spring. It is to have an extra hour of evening daylight over the summer months. Scientists are questioning the value of changing the time. They say it could be harmful to our health and increase energy costs. The states of California and Massachusetts in the USA are considering ending DST. Lawmakers there say it has no meaning today because we have electric lights and people work around the clock.

People who support DST say it saves energy because lights are turned on later. They argue people do more outdoor activities, so it is good for physical and psychological health. They also say it cuts traffic accidents and crime. People who support DST include city workers, shop owners, people who do outdoor sports, and tourism companies. People who want DST to end say it increases energy costs and causes health risks. The number of heart attacks and strokes can increase because of changes to our body clock. With less rest, people make more mistakes, so accidents increase.

Sources: <http://europe.newsweek.com/few-benefits-daylight-saving-time-scrap-it-516694>
<http://www.gjsentinel.com/lifestyle/articles/daylight-saving-a-dim-idea-whose-time-should-end>
https://en.wikipedia.org/wiki/Daylight_saving_time

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-2.html>

PARAGRAPH ONE:

- | | |
|-----------------------------|--------------------|
| 1. the semi- | a. an hour |
| 2. putting clocks backwards | b. today |
| 3. an extra hour of evening | c. months |
| 4. over the summer | d. the clock |
| 5. it could be harmful to | e. annual practice |
| 6. it has no meaning | f. lights |
| 7. electric | g. our health |
| 8. people work around | h. daylight |

PARAGRAPH TWO:

- | | |
|--|----------------|
| 1. lights are turned | a. support DST |
| 2. it is good for physical and psychological | b. clock |
| 3. People who | c. risks |
| 4. people who do outdoor | d. mistakes |
| 5. causes health | e. health |
| 6. heart | f. sports |
| 7. changes to our body | g. on later |
| 8. people make more | h. attacks |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-2.html>

People want Daylight Saving Time (DST) to end. DST is the semi-annual (1) _____ clocks backwards an hour in the autumn and forwards (2) _____ spring. It is to have an extra hour of evening daylight over the summer months. Scientists are (3) _____ value of changing the time. They say it could be (4) _____ health and increase energy costs. The states of California and Massachusetts in the USA are (5) _____ DST. Lawmakers there say it has no meaning today because we have electric lights and people work (6) _____.

People who support DST (7) _____ energy because lights are turned on later. They argue people do more outdoor activities, (8) _____ physical and psychological health. They (9) _____ traffic accidents and crime. People who support DST include city workers, shop owners, people (10) _____ sports, and tourism companies. People who want DST to end say it increases energy costs and causes health risks. (11) _____ heart attacks and strokes can increase because of changes to our body clock. With less rest, people make more mistakes, (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-2.html>

People want Daylight Saving Time (DST) to end. DST is the semi-annual practice of putting clocks backwards an hour in the autumn and forwards an hour in the spring. It is to have an extra hour of evening daylight over the summer months. Scientists are questioning the value of changing the time. They say it could be harmful to our health and increase energy costs. The states of California and Massachusetts in the USA are considering ending DST. Lawmakers there say it has no meaning today because we have electric lights and people work around the clock. People who support DST say it saves energy because lights are returned on later. They argue people do more outdoor activities, so it is good for physical and psychological health. They also say it cuts traffic accidents and crime. People who support DST include city workers, shop owners, people who do outdoor sports, and tourism companies. People who want DST to end say it increases energy costs and causes health risks. The number of heart attacks and strokes can increase because of changes to our body clock. With less rest, people make more mistakes, so accidents increase.

SAVING TIME SURVEY

From <http://www.breakingnewsenglish.com/1611/161107-daylight-saving-time-4.html>

Write five GOOD questions about saving time in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

