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#### Level 2

### Low social status bad for health

27th November, 2016

http://www.breakingnewsenglish.com/2016/161127-social-status-2.html

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Please try Levels 0, 1 and 3. They are (a little) harder.

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## THE READING

From http://www.breakingnewsenglish.com/2016/161127-social-status-2.html

A new study shows that a low social status can be bad for your health. Researchers from Duke University in the USA looked at the behaviour and health of 45 female monkeys. The monkeys with a lower social status had more health problems. The monkeys were split into five groups. The researchers gave the monkeys time to get to know each other. Then they took one monkey from each group and put her into another group. This meant she was the "new girl" at the bottom of the group. Researchers found that the "new girl" was unhealthier than the other monkeys.

The researchers said that although their study focused on monkeys, the findings could also be true for humans because we share a lot of our DNA with monkeys. Professor Graham Rook, from University College London, told the BBC News that governments need to understand that people with a lower social status have more health problems. He said "people at the bottom" have got cars and TVs, but that does not mean they are happy. If they feel they are at the bottom, their health will get worse. People who are richer can live up to two decades longer than those who are poorer.

Sources: http://www. nhs.uk/news/2016/11 November/Pages/Low-social-status-damages-immune-status-damages-damages-immune-status-damages-dam

function.aspx

http://www.**bbc.com**/news/health-38092146

https://www.**newscientist.com**/article/2114070-being-popular-is-good-for-health-in-monkeys-at-

least/

## PHRASE MATCHING

From http://www.breakingnewsenglish.com/2016/161127-social-status-2.html

#### **PARAGRAPH ONE:**

1	Α	n	ρ١	۸ı
	$\overline{}$		<b>L</b> 1	vv

- 2. a low social status can
- 3. the behaviour and health of
- 4. had more
- 5. The monkeys were split
- 6. time to get to
- 7. the "new girl" at the bottom
- 8. the "new girl" was

- a. 45 female monkeys
- b. into five groups
- c. unhealthier
- d. study
- e. know each other
- f. of the group
- g. be bad for your health
- h. health problems

#### **PARAGRAPH TWO:**

- 1. their study focused
- 2. the findings could also be
- 3. we share a lot of
- 4. governments need
- 5. have more
- 6. people at
- 7. their health will
- 8. live up to two

- a. our DNA with monkeys
- b. get worse
- c. health problems
- d. true for humans
- e. decades longer
- f. on monkeys
- q. the bottom
- h. to understand

# **LISTEN AND FILL IN THE GAPS**

From <a href="http://www.breakingnewsenglish.com/2016/161127-social-status-2.html">http://www.breakingnewsenglish.com/2016/161127-social-status-2.html</a>

A new study (1)	_ social status can be bad
for your health. Researchers from Du	ke University in the USA
looked at the behaviour and (2)	female
monkeys. The monkeys with a	lower social status
(3) prob	lems. The monkeys
(4) five groups.	The researchers gave the
monkeys time to get to know each o	ther. Then they took one
monkey from each group (5)	another
group. This meant she was the "new	girl" at the bottom of the
group. Researchers found that (6	)
unhealthier than the other monkeys.	
The researchers said that although (7)	on
The researchers said that although (7) monkeys, the findings could (8)	
	humans
monkeys, the findings could (8)	humans DNA with monkeys.
monkeys, the findings could (8)because we share (9)	humans DNA with monkeys. Y College London, told the
monkeys, the findings could (8) because we share (9) Professor Graham Rook, from University	humans DNA with monkeys. College London, told the that
monkeys, the findings could (8) because we share (9) Professor Graham Rook, from University BBC News that governments need (10) _	humans DNA with monkeys. College London, told the that more health problems. He
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monkeys, the findings could (8) because we share (9) Professor Graham Rook, from University BBC News that governments need (10) _ people with a lower social status have said "(11)" have	humans DNA with monkeys. College London, told the that more health problems. He got cars and TVs, but that eel they are at the bottom,
monkeys, the findings could (8) because we share (9) Professor Graham Rook, from University BBC News that governments need (10) _ people with a lower social status have said "(11) " have does not mean they are happy. If they f	humans DNA with monkeys. y College London, told the that more health problems. He got cars and TVs, but that eel they are at the bottom, eople who are richer

# PUT A SLASH ( / )WHERE THE SPACES ARE

From http://www.breakingnewsenglish.com/2016/161127-social-status-2.html

Anewstudyshowsthatalowsocialstatuscanbebadforyourhealth.Rese  $archers from {\tt DukeUniversity} in the {\tt USAlooked} at the behaviour and heal$ thof45femalemonkeys.Themonkeyswithalowersocialstatushadmor ehealthproblems. Themonkeyswere split into five groups. There search ersgavethemonkeystimetogettoknoweachother. Then they took one monkeyfromeachgroupandputherintoanothergroup. This meant she wasthe"newgirl"atthebottomofthegroup.Researchersfoundthatthe" newgirl"wasunhealthierthantheothermonkeys. Theresearcherssaidt hatalthoughtheirstudyfocusedonmonkeys,thefindingscouldalsobetr ueforhumansbecausewesharealotofourDNAwithmonkeys.Professor GrahamRook, from University College London, told the BBCNewsthatg overnmentsneedtounderstandthatpeoplewithalowersocialstatusha vemorehealthproblems. Hesaid "peopleatthebottom" have got carsan dTVs, butthat does not mean they are happy. If they feel they are at the bot tom, their healthwill getworse. People who are richer can live up to two de cadeslongerthanthosewhoarepoorer.

## **SOCIAL STATUS SURVEY**

From <a href="http://www.breakingnewsenglish.com/2016/161127-social-status-4.html">http://www.breakingnewsenglish.com/2016/161127-social-status-4.html</a>

Write five GOOD questions about social status in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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	QUESTIONS & ASK Y Do not show these to your speakir	
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# **WRITING**

From <a href="http://www.breakingnewsenglish.com/2016/161127-social-status-2.html">http://www.breakingnewsenglish.com/2016/161127-social-status-2.html</a>

Write about <b>social status</b>	for 10 minutes.	Read and talk about y	our partner's paper