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Level 1

Dirt is good for babies

19th July, 2017

<http://www.breakingnewsenglish.com/1707/170719-dirt-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <http://www.breakingnewsenglish.com/1707/170719-dirt-1.html>

It is sensible for parents to make sure their baby is always clean. Parents do their best to keep dirt away from babies. A scientist says dirt is important because it makes babies stronger. Dr Jack Gilbert did research into how dirt affects children. His research is in a book called 'Dirt is Good: The Advantage of Germs for Your Child's Developing Immune System'. He said: "It's fine to wash their hands...but if a dog licks their face, that's not a bad thing."

Dr Gilbert said letting children get dirty was good. The dirt helps babies to build their immune system. Children often get allergies because parents clean everything that children use. This makes children's immune systems weaker, which can cause asthma and food allergies. Gilbert said the "five-second rule" is OK. This is when you eat something that fell on the floor for fewer than five seconds. Gilbert says it is OK if the floor isn't really dirty.

Sources: <http://www.scarymommy.com/jack-gilbert-scientist-dirt-good-for-kids/>
<https://www.immortal.org/34249/dirt-good-kids/>
<http://www.npr.org/sections/health-shots/2017/07/16/537075018/dirt-is-good-why-kids-need-exposure-to-germs>

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1707/170719-dirt-1.html>

PARAGRAPH ONE:

- | | |
|---------------------------------------|---------------------|
| 1. make sure their baby | a. affects children |
| 2. do their best to keep dirt | b. wash their hands |
| 3. dirt is important because it makes | c. is always clean |
| 4. research into how dirt | d. bad thing |
| 5. His research is | e. babies stronger |
| 6. It's fine to | f. their face |
| 7. if a dog licks | g. in a book |
| 8. that's not a | h. away from babies |

PARAGRAPH TWO:

- | | |
|---|----------------------|
| 1. The dirt helps babies to build their | a. fell on the floor |
| 2. parents clean everything | b. immune system |
| 3. This makes children's immune | c. dirty |
| 4. cause asthma and | d. that children use |
| 5. Gilbert said the five-second | e. than five seconds |
| 6. you eat something that | f. food allergies |
| 7. for fewer | g. rule is OK |
| 8. the floor isn't really | h. systems weaker |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1707/170719-dirt-1.html>

It is sensible for parents (1) _____ their baby is always clean. Parents do their (2) _____ dirt away from babies. A scientist (3) _____ important because it makes babies stronger. Dr Jack Gilbert did research into (4) _____ children. His research is in a book called 'Dirt is Good: The Advantage of Germs for Your Child's Developing (5) _____. He said: "It's fine to wash their hands.... (6) _____ licks their face, that's not a bad thing."

Dr Gilbert said letting children get (7) _____. The dirt helps babies (8) _____ immune system. Children often get allergies because parents (9) _____ that children use. This makes children's immune systems weaker, which can (10) _____ food allergies. Gilbert said the "(11) _____" is OK. This is when you eat something that fell on the floor for fewer than five seconds. Gilbert (12) _____ if the floor isn't really dirty.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1707/170719-dirt-1.html>

It is sensible for parents to make sure their baby is always clean. Parents do their best to keep dirt away from babies. A scientist says dirt is important because it makes babies stronger. Dr Jack Gilbert did research into how dirt affects children. His research is in a book called 'Dirt is Good: The Advantage of Germs for Your Child's Developing Immune System'. He said: "It's fine to wash their hands.... but if a dog licks their face, that's not a bad thing. "Dr Gilbert said letting children get dirty was good. The dirt helps babies to build their immune system. Children often get allergies because parents clean everything that children use. This makes children's immune systems weaker, which can cause asthma and food allergies. Gilbert said the "five-second rule" is OK. This is when you eat something that fell on the floor for fewer than five seconds. Gilbert says it is OK if the floor isn't really dirty.

DIRT SURVEY

From <http://www.breakingnewsenglish.com/1707/170719-dirt-4.html>

Write five GOOD questions about dirt in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

