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## Level 2 - 21st September 2023

## Scientists find alternative to palm oil

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https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html

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Please try Levels 0, 1 and 3. They are (a little) harder.

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#### THE READING

From https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html

Palm oil is used in a lot of food and everyday things. It is also in beauty products and biofuel. However, making palm oil damages the environment because of deforestation.

Researchers in Scotland believe they have found an alternative to palm oil. The scientists have created a plant-based oil that is better for nature and for our health. Their new PALM-ALT product is 70 per cent better for the environment. This is because it is more sustainable and leads to less biodiversity loss. It is also healthier. It has 80 per cent less saturated fat and 30 per cent fewer calories than palm oil.

PALM-ALT could change how things are made. Around half of all the food and cosmetics we buy contain palm oil. Trees in tropical countries have to be cut down to make palm oil. However, PALM-ALT is made from the linseed flower and rapeseed oil. A researcher spoke to the BBC about PALM-ALT. She called it the "holy grail". She said: "We've put it through some special...testing to see if [people] can tell the difference between our product and traditional palm [oil], and they can't." She is hoping businesses will start using PALM-ALT instead of regular palm oil.

Sources: https://www.bbc.com/news/uk-scotland-edinburgh-east-fife-66842496

https://news.stv.tv/east-central/scottish-scientists-create-game-changing-palm-oil-alternative https://www.dailymail.co.uk/news/article-12532841/Scots-experts-develop-revolutionary-new-ingredient-replace-controversial-palm-oil-bakery-industry.html

#### PHRASE MATCHING

From <a href="https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html">https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html</a>

#### **PARAGRAPH ONE:**

1.	Palm oil is used ir	n a a	ì.	sustainable
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- 2. everyday b. products
- 3. It is also in beauty c. than palm oil
- 4. scientists have created a plant- d. things
- 5. This is because it is more e. saturated fat
- 6. biodiversity f. lot of food
- 7. It has 80 per cent less g. based oil
- 8. 30 per cent fewer calories h. loss

#### **PARAGRAPH TWO:**

- PALM-ALT could change how
   a. countries
- 2. Around half of b. the difference
- 3. trees in tropical c. palm oil
- 4. have to be d. using PALM-ALT
- 5. We've put it through some special e. all the food
- 6. people can tell f. cut down
- 7. She is hoping businesses will start g. testing
- 8. instead of regular h. things are made

## **LISTEN AND FILL IN THE GAPS**

From <a href="https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html">https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html</a>

Palm oil is used in a lot of food (1) It is
also in beauty products and biofuel. However, making palm oil
damages the environment (2) Researchers
in Scotland believe they have found an alternative to palm oil. The
scientists have created a (3) that is
(4) and for our health. Their new PALM-ALT
product is 70 per cent better for the environment. This is because it
is more sustainable and (5) biodiversity
loss. It is also healthier. It has 80 per cent less saturated fat and 30
per cent (6) palm oil.
PALM-ALT could change how (7) Around
half of all the (8) we buy contain palm oil.
Trees in tropical countries have to be (9)
make palm oil. However, PALM-ALT is made from the linseed flower
and rapeseed oil. A researcher spoke to the BBC about PALM-ALT.
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She (10) "holy grail". She said: "We've put
She (10) "holy grail". She said: "We've put it through some special(11) if [people] can

### PUT A SLASH ( / )WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html

Palmoilisusedinalotoffoodandeverydaythings. It is also in beautyprod uctsandbiofuel. However, making palmoild amages the environment b ecauseofdeforestation.ResearchersinScotlandbelievetheyhavefoun danalternativetopalmoil. The scientist shave created a plant-basedoi Ithatisbetterfornatureandforourhealth.TheirnewPALM-ALTproducti s70percentbetterfortheenvironment.Thisisbecauseitismoresustain ableandleadstolessbiodiversityloss. It is also healthier. It has 80 percen tlesssaturatedfatand30percentfewercaloriesthanpalmoil.PALM-AL Tcouldchangehowthingsaremade. Aroundhalf of all the food and cosme ticswebuycontainpalmoil.Treesintropicalcountrieshavetobecutdow ntomakepalmoil. However, PALM-ALT is made from the linse edflower a ndrapeseedoil.AresearcherspoketotheBBCaboutPALM-ALT.Sheca lleditthe"holygrail". Shesaid: "We'veputitthroughsomespecial...testi ngtoseeif[people]cantellthedifferencebetweenourproductandtraditi onalpalm[oil], and they can't. "She is hoping businesses will start using P ALM-ALTinsteadofregularpalmoil.

#### **PALM OIL SURVEY**

From https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html

Write five GOOD questions about palm oil in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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	QUESTIONS & ASK YOUR PART  Do not show these to your speaking partner(s).
	Do not show these to your speaking partner(s).
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### **WRITING**

From <a href="https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html">https://breakingnewsenglish.com/2309/230921-palm-oil-palm-alt-2.html</a>

Write	about	palm	oil for	10 min	utes.	Read	and t	alk a	bout y	our par	tner's	paper.