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## **Level 0**

### **Pet dogs lower stress in kids**

**4th December, 2015**

<http://www.breakingnewsenglish.com/1512/151204-anxiety.html>

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**Please try Levels 1, 2 and 3. They are (a little) harder.**

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# THE READING

From <http://www.breakingnewsenglish.com/1512/151204-anxiety.html>

A pet dog helps reduce children's stress. Petting a dog really helps kids. Researchers looked at 643 young children. They found that children with a pet dog are less stressed than children without one. This will not surprise parents. They know dogs help children to develop.

We do not know if less stressed children have pet dogs, or if pet dogs make children less stressed. Pet dogs help children start conversations. This is often difficult for children. Children often tell their pet all their secrets. Sometimes a pet dog is so important that its name is the first word a baby speaks.

Sources: <http://www.healthaim.com/playing-pets-perfect-anxiety-cure/33472>  
<http://rapidnewsnetwork.com/a-dog-is-a-child-s-best-friend-reducing-anxiety-levels/321154/>  
<http://financialspots.com/2015/11/30/children-with-dogs-are-less-anxious/>

# VOCABULARY MATCHING

From <http://www.breakingnewsenglish.com/1512/151204-anxiety.html>

## PARAGRAPH ONE:

- |                            |                          |
|----------------------------|--------------------------|
| 1. pet dog helps reduce    | a. one                   |
| 2. Petting a dog really    | b. at 643 young children |
| 3. Researchers looked      | c. parents               |
| 4. children with a pet dog | d. develop               |
| 5. children without        | e. children's stress     |
| 6. This will not surprise  | f. are less stressed     |
| 7. They know               | g. helps kids            |
| 8. help children to        | h. dogs                  |

## PARAGRAPH TWO:

- |                              |                           |
|------------------------------|---------------------------|
| 1. less stressed children    | a. their secrets          |
| 2. pet dogs make             | b. speaks                 |
| 3. Pet dogs help             | c. children               |
| 4. start                     | d. important              |
| 5. This is often difficult   | e. have pet dogs          |
| 6. tell their pet all        | f. conversations          |
| 7. Sometimes a pet dog is so | g. children less stressed |
| 8. the first word a baby     | h. for children           |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1512/151204-anxiety.html>

A pet (1) \_\_\_\_\_ children's stress. Petting a dog  
(2) \_\_\_\_\_. Researchers (3) \_\_\_\_\_  
young children. They (4) \_\_\_\_\_ with a pet dog  
are less stressed than children (5) \_\_\_\_\_. This  
will not surprise parents. They know dogs help  
(6) \_\_\_\_\_.

We (7) \_\_\_\_\_ less stressed children have pet  
dogs, or if pet dogs make children (8) \_\_\_\_\_.  
Pet dogs help children (9) \_\_\_\_\_. This is often  
(10) \_\_\_\_\_. Children often (11) \_\_\_\_\_  
all their secrets. Sometimes a pet dog is so important that its  
name is the first word (12) \_\_\_\_\_.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1512/151204-anxiety.html>

A pet dog helps reduce children's stress. Petting a dog really helps kids. Researchers looked at 643 young children. They found that children with a pet dog are less stressed than children without one. This will not surprise parents. They know dogs help children to develop. We do not know if less stressed children have pet dogs, or if pet dogs make children less stressed. Pet dogs help children start conversations. This is often difficult for children. Children often tell their pet all their secrets. Sometimes a pet dog is so important that its name is the first word a baby speaks.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Pet dogs lower stress in kids – 4th December*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

