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## Level 3

### No shampoo may be better for your hair

4th April, 2017

<http://www.breakingnewsenglish.com/1704/170404-shampoo.html>

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**Please try Levels 0, 1 and 2 (they are easier).**

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# THE ARTICLE

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

Could shampoo be a thing of the past? Millions of us spend a lot of time and money on it, but is it necessary? Shampoo sales have gone down a lot in the UK recently as more people are changing their hair-washing habits. A recent study by Nielsen, a consumer analyst company, said: "People are working from home...and fewer people are smoking, so [they] are using less shampoo less frequently than before." The ecosalon.com website said shampooing regularly may be the reason hair gets so greasy. Shampoo makes the scalp dry, so the head produces more oil, which you then shampoo again to remove. The site said: "By shampooing less often, your scalp naturally reduces its production of [oil]."

However, many people say shampoo is good for the hair. Mark Coray, a former president of the National Hairdressers' Federation in the UK, says there is no benefit to not washing your hair. He said: "Shampoo is not abrasive or harsh to the scalp....The ingredients in shampoo help the hair to look so [glossy]....The hair's oil may build up so it starts to look like it is shiny...but it will not self-clean." A hair loss clinic in London, The Belgravia Centre, said: "Rinsing your hair is not going to be very effective after certain activities that make the scalp sweaty, such as exercising or using a sauna." It added: "Rinsing will also not remove bacteria or clean the excess oil from your scalp if you have greasy hair."

Sources: <http://www.bbc.com/news/uk-38812935>  
<http://www.treehugger.com/organic-beauty/washing-ones-hair-shampoo-so-passe.html>  
<http://ecosalon.com/no-poo-method/>

# WARM-UPS

**1. SHAMPOO:** Students walk around the class and talk to other students about shampoo. Change partners often and share your findings.

**2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

shampoo / the past / time / money / necessary / recently / hair washing / scalp / benefit / glossy / ingredients / oil / hair loss clinic / rinsing / activities / bacteria

Have a chat about the topics you liked. Change topics and partners frequently.

**3. NATURAL:** Students A **strongly** believe natural is best and we don't need to use shampoo; Students B **strongly** believe we need shampoo. Change partners again and talk about your conversations.

**4. PROBLEMS:** What do you know about these problems (not all are problems)? What should we do about them? Complete this table with your partner(s). Change partners often and share what you wrote.

	What we know	What to do
Greasy hair		
Split ends		
Dandruff		
Baldness / thinning hair		
Grey hair		
Bad hair days		

**5. HAIR:** Spend one minute writing down all of the different words you associate with the word "hair". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

**6. HAIR CARE PRODUCTS:** Rank these with your partner. Put the most important hair care products at the top. Change partners often and share your rankings.

- shampoo
- mousse
- brush
- hair dye
- conditioner
- hair spray
- coconut oil
- hair dryer

# BEFORE READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

**1. TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

- a. The article says shampoo is now a thing of the past. **T / F**
- b. Shampoo in the UK has not been selling so well recently. **T / F**
- c. Fewer people are using shampoo because fewer people are smoking. **T / F**
- d. Shampoo makes the scalp dry, so the scalp then produces more oil. **T / F**
- e. A former hairdressing president said not shampooing has many benefits. **T / F**
- f. The former president said shampoo can be harsh on the scalp. **T / F**
- g. The former president said hair is not self-cleaning. **T / F**
- h. Rinsing your hair is effective at removing bacteria. **T / F**

## 2. SYNONYM MATCH:

Match the following synonyms. The words in **bold** are from the news article.

- |                      |               |
|----------------------|---------------|
| <b>1. necessary</b>  | a. wash off   |
| <b>2. habits</b>     | b. successful |
| <b>3. frequently</b> | c. routines   |
| <b>4. remove</b>     | d. good point |
| <b>5. reduces</b>    | e. essential  |
| <b>6. former</b>     | f. rough      |
| <b>7. benefit</b>    | g. ex-        |
| <b>8. harsh</b>      | h. often      |
| <b>9. effective</b>  | i. oily       |
| <b>10. greasy</b>    | j. lowers     |

**3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- |  |                      |
|--|----------------------|
| 1. Could shampoo be a thing                    | a. in shampoo        |
| 2. Millions of us spend a lot of time and      | b. dry               |
| 3. People are working from                     | c. of oil            |
| 4. Shampoo makes the scalp                     | d. washing your hair |
| 5. your scalp naturally reduces its production | e. clinic            |
| 6. there is no benefit to not                  | f. money on it       |
| 7. The ingredients                             | g. scalp sweaty      |
| 8. A hair loss                                 | h. home              |
| 9. certain activities that make the            | i. bacteria          |
| 10. Rinsing will also not remove               | j. of the past?      |

# GAP FILL

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

Could shampoo be a thing of the (1) \_\_\_\_\_? Millions of us spend a lot of time and money on it, but is it (2) \_\_\_\_\_? Shampoo sales have gone down a lot in the UK recently as more people are changing their hair-washing (3) \_\_\_\_\_. A recent study by Nielsen, a consumer analyst company, said: "People are working from home...and (4) \_\_\_\_\_ people are smoking, so [they] are using less shampoo less (5) \_\_\_\_\_ than before." The ecosalon.com website said shampooing regularly may be the reason hair gets so (6) \_\_\_\_\_. Shampoo makes the scalp (7) \_\_\_\_\_, so the head produces more oil, which you then shampoo again to remove. The site said: "By shampooing less often, your (8) \_\_\_\_\_ naturally reduces its production of [oil]."

*necessary*  
*frequently*  
*scalp*  
*fewer*  
*past*  
*dry*  
*habits*  
*greasy*

However, many people say shampoo is good for the hair. Mark Coray, a (9) \_\_\_\_\_ president of the National Hairdressers' Federation in the UK, says there is no (10) \_\_\_\_\_ to not washing your hair. He said: "Shampoo is not abrasive or harsh to the scalp...The (11) \_\_\_\_\_ in shampoo help the hair to look so [glossy]...The hair's oil may build up so it starts to look like it is (12) \_\_\_\_\_...but it will not self-clean." A hair (13) \_\_\_\_\_ clinic in London, The Belgravia Centre, said: "Rinsing your hair is not going to be very (14) \_\_\_\_\_ after certain activities that make the scalp (15) \_\_\_\_\_, such as exercising or using a sauna." It added: "Rinsing will also not remove (16) \_\_\_\_\_ or clean the excess oil from your scalp if you have greasy hair."

*ingredients*  
*effective*  
*benefit*  
*loss*  
*bacteria*  
*sweaty*  
*former*  
*shiny*

# LISTENING – Guess the answers. Listen to check.

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

- 1) Millions of us spend a lot of time and money on it, but \_\_\_\_\_?
  - a. was it necessary
  - b. is that necessary
  - c. what's it necessary
  - d. is it necessary
- 2) gone down a lot in the UK recently as more people are changing their \_\_\_\_\_
  - a. hair-washing habits
  - b. hair-wash in habit
  - c. hair-washer habits
  - d. hair-washing habit
- 3) fewer people are smoking, so [they] are using less shampoo less \_\_\_\_\_ before
  - a. frequency than
  - b. frequently than
  - c. frequenting than
  - d. frequent tea than
- 4) The ecosalon.com website said shampooing regularly may be the reason hair \_\_\_\_\_
  - a. gets so glassy
  - b. gets so grease sea
  - c. gets so greasy
  - d. gets so glassy
- 5) The site said: "By shampooing less often, your scalp naturally reduces \_\_\_\_\_."
  - a. its productive
  - b. its products on
  - c. its production
  - d. its protection
- 6) He said: "Shampoo is not abrasive or harsh \_\_\_\_\_."
  - a. to the skull
  - b. to the skulk
  - c. to the scalp
  - d. to the scoop
- 7) The ingredients in shampoo help the hair to \_\_\_\_\_
  - a. look so glassy
  - b. look so glossy
  - c. look so grassy
  - d. look so gossipy
- 8) The hair's oil may build up so it starts to look like it is shiny...but it will \_\_\_\_\_
  - a. not self-cleaner
  - b. not selfish-clean
  - c. not self-clean
  - d. not itself-cleans
- 9) Rinsing your hair is not going to be very effective after \_\_\_\_\_
  - a. certain cavities
  - b. certainly activities
  - c. certainly cavities
  - d. certain activities
- 10) Rinsing will also not remove bacteria or clean \_\_\_\_\_
  - a. the excess soil
  - b. the excess oil
  - c. the excess oily
  - d. these excessive oily

**Level 3**

No shampoo may be better for your hair– 4th April, 2017

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# LISTENING – Listen and fill in the gaps

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

Could shampoo (1) \_\_\_\_\_ past? Millions of us spend a lot of time and money (2) \_\_\_\_\_ necessary? Shampoo sales have gone down a lot in the UK (3) \_\_\_\_\_ people are changing their hair-washing habits. A recent study by Nielsen, a consumer analyst company, said: "People are working from (4) \_\_\_\_\_ people are smoking, so [they] are using less shampoo less frequently than before." The ecosalon.com website said shampooing (5) \_\_\_\_\_ the reason hair gets so greasy. Shampoo makes the scalp dry, so the head produces more oil, which you then shampoo again to remove. The site said: "By shampooing less often, your scalp (6) \_\_\_\_\_ production of [oil]."

However, many people say (7) \_\_\_\_\_ for the hair. Mark Coray, a former president of the National Hairdressers' Federation in the UK, says there (8) \_\_\_\_\_ not washing your hair. He said: "Shampoo is not abrasive or harsh to the scalp....(9) \_\_\_\_\_ shampoo help the hair to look so [glossy]....The hair's oil may build up so it starts to look (10) \_\_\_\_\_...but it will not self-clean." A hair loss clinic in London, The Belgravia Centre, said: "Rinsing your hair is not going (11) \_\_\_\_\_ after certain activities that make the scalp sweaty, such as exercising or using a sauna." It added: "Rinsing will also not remove bacteria or clean (12) \_\_\_\_\_ from your scalp if you have greasy hair."

# COMPREHENSION QUESTIONS

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

1. What do millions of us spend a lot of money on?
2. What happened to shampoo sales in the United Kingdom recently?
3. What did the article say fewer people are doing?
4. What becomes dry if you use shampoo often?
5. What does the scalp produce less of if you shampoo less?
6. How many benefits did Mark Coray say there were to not washing hair?
7. How do the ingredients in shampoo make your hair look?
8. In which city is the hair loss clinic mentioned in the article?
9. What did a clinic say was not effective after exercise or a sauna?
10. What will rinsing not remove from your hair?



# MULTIPLE CHOICE - QUIZ

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

- 1) What do millions of us spend a lot of money on?
  - a) time
  - b) shampoo
  - c) habits
  - d) oil
- 2) What happened to shampoo sales in the United Kingdom recently?
  - a) they were the same as last year
  - b) they went crazy
  - c) they hit a record high
  - d) they went down
- 3) What did the article say fewer people are doing?
  - a) smoking
  - b) shaving their head
  - c) dancing
  - d) scratching their head
- 4) What becomes dry if you use shampoo often?
  - a) the top of your ears
  - b) your hair
  - c) the scalp
  - d) the sink
- 5) What does the scalp produce less of if you shampoo less?
  - a) dandruff
  - b) oil
  - c) hair
  - d) soap
- 6) How many benefits did Mark Coray say there were to not washing hair?
  - a) 7
  - b) 2
  - c) 0
  - d) 5
- 7) How do the ingredients in shampoo make your hair look?
  - a) creamy
  - b) milky
  - c) glassy
  - d) glossy
- 8) In which city is the hair loss clinic mentioned in the article?
  - a) London
  - b) New York
  - c) Paris
  - d) Tokyo
- 9) What did a clinic say was not effective after exercise or a sauna?
  - a) rinsing
  - b) swimming
  - c) blow drying
  - d) cutting your hair
- 10) What will rinsing not remove from your hair?
  - a) hair spray
  - b) bacteria
  - c) ribbons
  - d) split ends

# ROLE PLAY

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

## **Role A – Shampoo**

You think shampoo is the most important hair care product. Tell the others three reasons why. Tell them what is wrong with their products. Also, tell the others which is the least important of these (and why): a brush, a hair dryer or hair dye.

## **Role B – A Brush**

You think a brush is the most important hair care product. Tell the others three reasons why. Tell them what is wrong with their products. Also, tell the others which is the least important of these (and why): shampoo, a hair dryer or hair dye.

## **Role C – A Hair Dryer**

You think a hair dryer is the most important hair care product. Tell the others three reasons why. Tell them what is wrong with their products. Also, tell the others which is the least important of these (and why): a brush, shampoo or hair dye.

## **Role D – Hair Dye**

You think hair dye is the most important hair care product. Tell the others three reasons why. Tell them what is wrong with their products. Also, tell the others which is the least important of these (and why): a brush, a hair dryer or shampoo.

# AFTER READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

**1. WORD SEARCH:** Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'wash' and 'hair'.

<b>wash</b>	<b>hair</b>
-------------	-------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

**2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

**3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

**4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

**5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none"><li>• past</li><li>• lot</li><li>• home</li><li>• reason</li><li>• dry</li><li>• naturally</li></ul>	<ul style="list-style-type: none"><li>• former</li><li>• ingredients</li><li>• build</li><li>• loss</li><li>• sweaty</li><li>• bacteria</li></ul>
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# SHAMPOO SURVEY

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

Write five GOOD questions about shampoo in the table. Do this in pairs. Each student must write the questions on his / her own paper.  
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# SHAMPOO DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'shampoo'?
3. What do you think of shampoo?
4. How necessary is shampoo?
5. What are your hair-washing habits?
6. What do you think of washing your hair?
7. What's the difference between very cheap and expensive shampoo?
8. Do you like going to the hairdresser's?
9. What problems do you have with your hair?
10. What do you do to look after your hair?

*No shampoo may be better for your hair – 4th April, 2017*  
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# SHAMPOO DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'hair'?
13. What do you think about what you read?
14. Is shampoo good value for money?
15. What would it be like to be a hairdresser?
16. What would happen to your hair if you didn't wash it for a year?
17. How important is your hair to you?
18. What is your favourite hairstyle, and why?
19. Would it be better if we were all bald?
20. What questions would you like to ask a hair expert?

# DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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# DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# LANGUAGE - CLOZE

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

Could shampoo be a (1) \_\_\_\_\_ of the past? Millions of us spend a lot of time and money on it, but is it necessary? Shampoo sales have (2) \_\_\_\_\_ down a lot in the UK recently as more people are changing their hair-washing (3) \_\_\_\_\_. A recent study by Nielsen, a consumer analyst company, said: "People are working from home...and fewer people are smoking, so [they] are using (4) \_\_\_\_\_ shampoo less frequently than before." The ecosalon.com website said shampooing regularly may be the reason hair (5) \_\_\_\_\_ so greasy. Shampoo makes the scalp dry, so the head produces more oil, which you then shampoo again to remove. The site said: "By shampooing (6) \_\_\_\_\_ often, your scalp naturally reduces its production of [oil]."

However, many people say shampoo is good for the hair. Mark Coray, a former president of the National Hairdressers' Federation in the UK, says there is no benefit (7) \_\_\_\_\_ not washing your hair. He said: "Shampoo is not abrasive or (8) \_\_\_\_\_ to the scalp...The ingredients in shampoo help the hair to look so [glossy]...The hair's oil may (9) \_\_\_\_\_ up so it starts to look like it is shiny...but it will not self-clean." A hair (10) \_\_\_\_\_ clinic in London, The Belgravia Centre, said: "Rinsing your hair is not going to (11) \_\_\_\_\_ very effective after certain activities that make the scalp sweaty, such as exercising or using a sauna." It added: "Rinsing will also not remove bacteria or clean the (12) \_\_\_\_\_ oil from your scalp if you have greasy hair."

## Put the correct words from the table below in the above article.

- |     |             |             |              |               |
|-----|-------------|-------------|--------------|---------------|
| 1.  | (a) thin    | (b) thingy  | (c) think    | (d) thing     |
| 2.  | (a) greasy  | (b) dirty   | (c) unwashed | (d) gone      |
| 3.  | (a) habitat | (b) habits  | (c) habitual | (d) habitats  |
| 4.  | (a) fewer   | (b) smaller | (c) less     | (d) reduce    |
| 5.  | (a) gets    | (b) wets    | (c) lets     | (d) sets      |
| 6.  | (a) less    | (b) fewer   | (c) rare     | (d) rarely    |
| 7.  | (a) as      | (b) on      | (c) at       | (d) to        |
| 8.  | (a) harsh   | (b) harshly | (c) hoarse   | (d) hoarsely  |
| 9.  | (a) erect   | (b) build   | (c) assemble | (d) construct |
| 10. | (a) losing  | (b) lost    | (c) loss     | (d) loser     |
| 11. | (a) have    | (b) do      | (c) be       | (d) wash      |
| 12. | (a) access  | (b) excess  | (c) exert    | (d) except    |

# SPELLING

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

## Paragraph 1

1. Insliomi of us
2. is it asrnsceey
3. using less shampoo less fleqyutnre
4. shampooing raglryule
5. Shampoo makes the psalc dry
6. your scalp laryanutl reduces its production

## Paragraph 2

7. there is no feetinb
8. The ntedineigs in shampoo help the hair
9. A hair loss iilncc in London
10. very etvficfee after certain activities
11. clean the scsxee oil
12. if you have gasrye hair



# PUT THE TEXT BACK TOGETHER

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

**Number these lines in the correct order.**

- ( **1** ) Could shampoo be a thing of the past? Millions of us spend a lot of time and money on it,
- ( ) necessary? Shampoo sales have gone down a lot in the UK recently as more people are changing their hair-washing
- ( ) remove. The site said: "By shampooing less often, your scalp naturally reduces its production of [oil]."
- ( ) clinic in London, The Belgravia Centre, said: "Rinsing your hair is not going to be very effective after
- ( ) certain activities that make the scalp sweaty, such as exercising or using a sauna." It added:
- ( ) habits. A recent study by Nielsen, a consumer analyst company, said: "People are working from
- ( ) before." The ecosalon.com website said shampooing regularly may be the reason hair gets so
- ( ) "Rinsing will also not remove bacteria or clean the excess oil from your scalp if you have greasy hair."
- ( ) home...and fewer people are smoking, so [they] are using less shampoo less frequently than
- ( ) greasy. Shampoo makes the scalp dry, so the head produces more oil, which you then shampoo again to
- ( ) look so [glossy]....The hair's oil may build up so it starts to look like it is shiny...but it will not self-clean." A hair loss
- ( ) hair. He said: "Shampoo is not abrasive or harsh to the scalp....The ingredients in shampoo help the hair to
- ( ) of the National Hairdressers' Federation in the UK, says there is no benefit to not washing your
- ( ) However, many people say shampoo is good for the hair. Mark Coray, a former president

# PUT THE WORDS IN THE RIGHT ORDER

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

1. on money and time of lot a spend us of Millions it .
2. gone down a lot in the UK recently Shampoo sales have .
3. More hair people - are washing changing habits their .
4. greasy may reason so regularly the gets Shampooing be hair .
5. dry scalp the makes Shampoo oil more produces head the so , .
6. , many people say shampoo is good for the hair However .
7. the in so shampoo glossy hair The to ingredients look help .
8. not be Rinsing is to effective hair going very your .
9. "Rinsing remove not also will added: It bacteria" .
10. hair greasy have you if scalp your from oil excess the Clean .

# CIRCLE THE CORRECT WORD (20 PAIRS)

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

Could shampoo be a thing of the *passed / past*? Millions of us spend a lot of time and money *on / in* it, but is it necessary? Shampoo sales have *going / gone* down a lot in the UK *recent / recently* as more people are changing their hair-washing *habits / habitat*. A recent study by Nielsen, a consumer analyst company, said: "People are working *from / for* home...and fewer people are smoking, so [they] are using *less / fewer* shampoo less frequently than before." The ecosalon.com website said shampooing *regular / regularly* may be the reason hair gets so greasy. Shampoo makes the scalp dry, so the head produces more *oily / oil*, which you then shampoo again to remove. The site said: "By shampooing less often, your scalp *naturally / natural* reduces its production of [oil]."

However, many people say shampoo is good for *a / the* hair. Mark Coray, a former president of the National Hairdressers' Federation *in / at* the UK, says there is no benefit to *no / not* washing your hair. He said: "Shampoo is not abrasive *nor / or* harsh to the scalp....The ingredients in shampoo help the hair to look *such / so* [glossy]....The hair's oil may build *up / on* so it starts to look like it is *shiny / shine*...but it will not self-clean." A hair loss clinic in London, The Belgravia Centre, said: "Rinsing your hair is not going to *be / do* very effective after certain activities that make the scalp sweaty, such *was / as* exercising or using a sauna." It added: "Rinsing will also not remove bacteria or clean the excess oil from your scalp if you have *grease / greasy* hair."

**Talk about the connection between each pair of words in italics, and why the correct word is correct.**

# INSERT THE VOWELS (a, e, i, o, u)

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C\_\_ld sh\_\_mp\_\_ b\_\_ th\_\_ng \_\_f th\_\_ p\_\_st? M\_\_ll\_\_ns \_\_f \_\_s  
sp\_\_nd \_\_ l\_\_t \_\_f t\_\_m\_\_ nd m\_\_n\_\_y \_\_n \_\_t, b\_\_t \_\_s \_\_t  
n\_\_c\_\_ss\_\_ry? Sh\_\_mp\_\_ s\_\_l\_\_s h\_\_v\_\_g\_\_n\_\_d\_\_wn \_\_l\_\_t\_\_n th\_\_  
\_\_K\_\_r\_\_c\_\_ntly \_\_s\_\_m\_\_r\_\_p\_\_pl\_\_ \_\_r\_\_ch\_\_ng\_\_ng th\_\_r\_\_h\_\_r\_\_  
w\_\_sh\_\_ng h\_\_b\_\_ts. \_\_r\_\_c\_\_nt st\_\_dy by N\_\_ls\_\_n, \_\_  
c\_\_ns\_\_m\_\_r\_\_n\_\_lyst c\_\_mp\_\_ny, s\_\_d: "P\_\_pl\_\_ \_\_r\_\_w\_\_rk\_\_ng  
fr\_\_m h\_\_m\_\_...nd f\_\_w\_\_r\_\_p\_\_pl\_\_ \_\_r\_\_sm\_\_k\_\_ng, s\_\_ [th\_\_y]  
\_\_r\_\_ \_\_s\_\_ng l\_\_ss sh\_\_mp\_\_ l\_\_ss fr\_\_q\_\_ntly th\_\_n b\_\_f\_\_r\_\_."  
Th\_\_c\_\_s\_\_l\_\_n.c\_\_m w\_\_bs\_\_t\_\_s\_\_d sh\_\_mp\_\_ng r\_\_g\_\_l\_\_rly  
m\_\_y b\_\_ th\_\_r\_\_s\_\_n h\_\_r\_\_g\_\_ts s\_\_gr\_\_sy. Sh\_\_mp\_\_  
m\_\_k\_\_s th\_\_sc\_\_lp dry, s\_\_th\_\_h\_\_d pr\_\_d\_\_c\_\_s m\_\_r\_\_ \_\_l\_\_,  
wh\_\_ch y\_\_ th\_\_n sh\_\_mp\_\_ \_\_g\_\_n\_\_t\_\_r\_\_m\_\_v\_\_. Th\_\_s\_\_t\_\_  
s\_\_d: "By sh\_\_mp\_\_ng l\_\_ss \_\_ft\_\_n, y\_\_r sc\_\_lp n\_\_t\_\_r\_\_lly  
r\_\_d\_\_c\_\_s\_\_ts pr\_\_d\_\_ct\_\_n \_\_f [\_\_l]."

H\_\_w\_\_v\_\_r, m\_\_ny p\_\_pl\_\_ s\_\_y sh\_\_mp\_\_ \_\_s\_\_g\_\_d\_\_f\_\_r\_\_th\_\_  
h\_\_r\_\_. M\_\_rk C\_\_r\_\_y, \_\_f\_\_rm\_\_r pr\_\_s\_\_d\_\_nt \_\_f th\_\_N\_\_t\_\_n\_\_l  
H\_\_rdr\_\_ss\_\_rs' F\_\_d\_\_r\_\_t\_\_n \_\_n th\_\_ \_\_K\_\_, s\_\_ys th\_\_r\_\_s\_\_n\_\_  
b\_\_n\_\_f\_\_t\_\_t\_\_n\_\_t w\_\_sh\_\_ng y\_\_r h\_\_r\_\_. H\_\_s\_\_d: "Sh\_\_mp\_\_  
\_\_s\_\_n\_\_t \_\_br\_\_s\_\_v\_\_ \_\_r\_\_h\_\_rsh\_\_t\_\_ th\_\_sc\_\_lp...Th\_\_  
\_\_ngr\_\_d\_\_nts \_\_n sh\_\_mp\_\_ h\_\_lp th\_\_h\_\_r\_\_t\_\_l\_\_k\_\_s\_\_  
[gl\_\_ssy]...Th\_\_h\_\_r's \_\_l\_\_m\_\_y b\_\_ld \_\_p\_\_s\_\_t st\_\_rts t\_\_  
l\_\_k\_\_l\_\_k\_\_ \_\_t \_\_s sh\_\_ny...b\_\_t \_\_t w\_\_ll n\_\_t s\_\_lf\_\_cl\_\_n\_\_."  
h\_\_r l\_\_ss cl\_\_n\_\_c\_\_n L\_\_nd\_\_n, Th\_\_B\_\_lgr\_\_v\_\_ C\_\_ntr\_\_,  
s\_\_d: "R\_\_ns\_\_ng y\_\_r h\_\_r \_\_s\_\_n\_\_t g\_\_ng t\_\_b\_\_v\_\_ry  
\_\_ff\_\_ct\_\_v\_\_ \_\_ft\_\_r\_\_c\_\_rt\_\_n\_\_ct\_\_v\_\_t\_\_s th\_\_t m\_\_k\_\_th\_\_sc\_\_lp  
sw\_\_ty, s\_\_ch \_\_s \_\_x\_\_rc\_\_s\_\_ng \_\_r\_\_s\_\_ng \_\_s\_\_n\_\_." \_\_t  
\_\_dd\_\_d: "R\_\_ns\_\_ng w\_\_ll \_\_ls\_\_n\_\_t r\_\_m\_\_v\_\_ b\_\_ct\_\_r\_\_ \_\_r\_\_  
cl\_\_n\_\_th\_\_ \_\_xc\_\_ss \_\_l\_\_fr\_\_m y\_\_r sc\_\_lp \_\_f y\_\_ h\_\_v\_\_  
gr\_\_sy h\_\_r\_\_."

# PUNCTUATE THE TEXT AND ADD CAPITALS

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

could shampoo be a thing of the past millions of us spend a lot of time and money on it but is it necessary shampoo sales have gone down a lot in the uk recently as more people are changing their hair-washing habits a recent study by nielsen a consumer analyst company said "people are working from home...and fewer people are smoking so [they] are using less shampoo less frequently than before" the ecosaloncom website said shampooing regularly may be the reason hair gets so greasy shampoo makes the scalp dry so the head produces more oil which you then shampoo again to remove the site said "by shampooing less often your scalp naturally reduces its production of [oil]"

however many people say shampoo is good for the hair mark coray a former president of the national hairdressers' federation in the uk says there is no benefit to not washing your hair he said "shampoo is not abrasive or harsh to the scalp...the ingredients in shampoo help the hair to look so [glossy]...the hair's oil may build up so it starts to look like it is shinybut it will not self-clean" a hair loss clinic in london the belgravia centre said "rinsing your hair is not going to be very effective after certain activities that make the scalp sweaty such as exercising or using a sauna" it added "rinsing will also not remove bacteria or clean the excess oil from your scalp if you have greasy hair"

# PUT A SLASH ( / ) WHERE THE SPACES ARE

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# FREE WRITING

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

Write about **shampoo** for 10 minutes. Comment on your partner's paper.

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# ACADEMIC WRITING

From <http://www.BreakingNewsEnglish.com/1704/170404-shampoo.html>

Shampoo and conditioner are an unnecessary waste of money. Discuss.

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# HOMework

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find out more about whether shampoo is good or bad for our hair. Share what you discover with your partner(s) in the next lesson.

**3. SHAMPOO:** Make a poster about shampoo. Show your work to your classmates in the next lesson. Did you all have similar things?

**4. NO SHAMPOO:** Write a magazine article about not shampooing your hair being better for you. Include imaginary interviews with people who agree with this and with people who disagree.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

**5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**6. LETTER:** Write a letter to an expert on shampoo. Ask him/her three questions about it. Give him/her three of your opinions on shampoo. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

# ANSWERS

## TRUE / FALSE (p.4)

a F    b T    c T    d T    e F    f F    g T    h F

## SYNONYM MATCH (p.4)

- |               |               |
|---------------|---------------|
| 1. necessary  | a. essential  |
| 2. habits     | b. routines   |
| 3. frequently | c. often      |
| 4. remove     | d. wash off   |
| 5. reduces    | e. lowers     |
| 6. former     | f. ex-        |
| 7. benefit    | g. good point |
| 8. harsh      | h. rough      |
| 9. effective  | i. successful |
| 10. greasy    | j. oily       |

## COMPREHENSION QUESTIONS (p.8)

1. Shampoo
2. They went down
3. Smoking
4. The scalp
5. Oil
6. None
7. Glossy
8. London
9. Rinsing
10. Bacteria

## MULTIPLE CHOICE - QUIZ (p.9)

1. b    2. d    3. a    4. c    5. b    6. c    7. d    8. a    9. a    10. b

## ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.  
(It's good for your English ;-)