

www.**Breaking News English**.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

www.breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freeeslmaterials.com/sean_banville_lessons.html

Level 0

Loneliness is becoming a big danger to health

8th August, 2017

<http://www.breakingnewsenglish.com/1708/170808-loneliness-0.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 1, 2 and 3. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

Google +



<https://plus.google.com/+SeanBanville>

THE READING

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-0.html>

Loneliness could increase the risk of dying early by 50%. Even people with family and friends can be lonely. There are also dangers with living alone and of having little or no contact with others. Research shows that the risk of dying early was 50% lower for people who mixed with their family and friends.

Researchers said loneliness could be more dangerous than obesity. Many countries are worrying about a 'loneliness epidemic'. This is a problem because people are getting older.

A researcher said teachers and doctors should talk about loneliness to children and patients. People should prepare for their social life in their old age.

Sources: <http://www.medicalnewstoday.com/articles/318723.php>
<https://psychcentral.com/news/2017/08/06/loneliness-epidemic-growing-into-biggest-threat-to-public-health/124226.html>
<http://www.telegraph.co.uk/science/2017/08/06/loneliness-deadlier-obesity-study-suggests/>

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-0.html>

PARAGRAPH ONE:

- | | |
|------------------------|------------------------|
| 1. Loneliness could | a. early |
| 2. There are also | b. alone |
| 3. living | c. with their family |
| 4. having little or no | d. dangers |
| 5. Research shows | e. lower |
| 6. the risk of dying | f. contact with others |
| 7. 50% | g. increase the risk |
| 8. people who mixed | h. that |

PARAGRAPH TWO:

- | | |
|-----------------------------|--------------------------|
| 1. more dangerous than | a. doctors |
| 2. Many countries are | b. problem |
| 3. a 'loneliness | c. to children |
| 4. This is a | d. obesity |
| 5. people are getting | e. life in their old age |
| 6. teachers and | f. worrying |
| 7. talk about loneliness | g. older |
| 8. prepare for their social | h. epidemic' |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-0.html>

Loneliness (1) _____ the risk of dying early by 50%. Even (2) _____ family and friends can be lonely. (3) _____ dangers with living alone and of having (4) _____ contact with others. Research shows that (5) _____ dying early was 50% lower for people (6) _____ their family and friends.

Researchers (7) _____ could be more dangerous than obesity. Many (8) _____ worrying about a 'loneliness epidemic'. (9) _____ problem because people are (10) _____. A researcher said teachers and doctors should (11) _____ loneliness to children and patients. People should prepare for their (12) _____ their old age.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-0.html>

Loneliness could increase the risk of dying early by 50%. Even people with family and friends can be lonely. There are also dangers with living alone and of having little or no contact with others. Research shows that the risk of dying early was 50% lower for people who mixed with their family and friends. Researchers said loneliness could be more dangerous than obesity. Many countries are worrying about a 'loneliness epidemic'. This is a problem because people are getting older. A researcher said teachers and doctors should talk about loneliness to children and patients. People should prepare for their social life in their old age.

LONELINESS SURVEY

From <http://www.breakingnewsenglish.com/1708/170808-loneliness-4.html>

Write five GOOD questions about loneliness in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

Loneliness is becoming a big danger to health – 8th August, 2017
More free lessons at www.BreakingNewsEnglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

