

www.**Breaking News English**.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

www.breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freeeslmaterials.com/sean_banville_lessons.html

Level 1

Man swims to work every day to beat traffic

14th August, 2017

<http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-1.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 2 and 3. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

Google +



<https://plus.google.com/+SeanBanville>

THE READING

From <http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-1.html>

A man started swimming to work. He got fed up with commuting and being stuck in traffic. Benjamin David beats the traffic by swimming 2km down a river in Germany. He drags his laptop, phone and his suit in a waterproof bag behind him. David realized the river outside his apartment went past his office. He decided to swim to work and get some exercise. This was better than battling commuters on buses or breathing fumes while cycling.

David's river commute has made him fitter and less stressed. He said: "When I was on my bike, I would yell at cars. When I was on foot, I would yell at cyclists, and so on." He added: "Just a few metres to the side of [all the traffic] is the river, and if you just swim down that, it's completely relaxing." David said river swimming can be dangerous. He always checks the water temperature. In some cities it is illegal to swim in rivers.

Sources: <http://metro.co.uk/2017/08/07/man-swims-to-work-every-day-with-his-laptop-suit-and-phone-6832657/>
<http://www.dailymail.co.uk/news/article-4767864/German-David-Hasselhoff-SWIMS-2km-work-day.html>
<http://zeenews.india.com/world/how-fitness-conscious-are-you-this-german-swims-a-mile-to-work-every-day-2030950.html>

PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-1.html>

PARAGRAPH ONE:

- | | |
|---|------------------------|
| 1. being stuck | a. exercise |
| 2. David beats the | b. bag |
| 3. in a waterproof | c. past his office |
| 4. the river outside his apartment went | d. cycling |
| 5. He decided to swim | e. in traffic |
| 6. get some | f. buses |
| 7. battling commuters on | g. to work |
| 8. breathing fumes while | h. traffic by swimming |

PARAGRAPH TWO:

- | | |
|---------------------------------|----------------------|
| 1. David's river commute has | a. to the side |
| 2. When I was on | b. water temperature |
| 3. I would yell | c. foot |
| 4. Just a few metres | d. to swim in rivers |
| 5. it's completely | e. made him fitter |
| 6. river swimming can | f. relaxing |
| 7. He always checks the | g. at cyclists |
| 8. In some cities it is illegal | h. be dangerous |

LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-1.html>

A man started swimming to work. He (1) _____ with commuting and being (2) _____. Benjamin David (3) _____ by swimming 2km down a river in Germany. He drags his laptop, phone (4) _____ a waterproof bag behind him. David realized the (5) _____ apartment went past his office. He decided to swim to work and get some exercise. This was better than battling (6) _____ or breathing fumes while cycling.

David's river commute has made him (7) _____ stressed. He said: "(8) _____ my bike, I would yell at cars. When I was on foot, I (9) _____ cyclists, and so on." He added: "Just a few metres to the side of (10) _____ is the river, and if you just swim down that, it's completely relaxing." David said river swimming can be dangerous. (11) _____ the water temperature. In some cities it is illegal (12) _____ rivers.

PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-1.html>

Aman started swimming to work. He got fed up with commuting and being stuck in traffic. Benjamin David beats the traffic by swimming 2 km down a river in Germany. He drags his laptop, phone and his suit in a waterproof bag behind him. David realized the river outside his apartment went past his office. He decided to swim to work and get some exercise. This was better than battling commuters on buses or breathing fumes while cycling. David's river commute has made him fitter and less stressed. He said: "When I was on my bike, I would yell at cars. When I was on foot, I would yell at cyclists, and soon." He added: "Just a few metres to the side of [all the traffic] is the river, and if you just swim down that, it's completely relaxing." David said drivers swimming can be dangerous. He always checks the water temperature. In some cities it is illegal to swim in rivers.

COMMUTING SURVEY

From <http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-4.html>

Write five GOOD questions about commuting in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

Man swims to work every day to beat traffic – 14th August, 2017
More free lessons at www.BreakingNewsEnglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <http://www.breakingnewsenglish.com/1708/170814-swimming-to-work-1.html>

Write about **commuting** for 10 minutes. Read and talk about your partner's paper.
