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## Level 2

### Study finds why children don't eat their greens

**11th October, 2017**

<https://breakingnewsenglish.com/1710/171011-eating-greens-2.html>

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Please try Levels 0, 1 and 3. They are (a little) harder.

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# THE READING

From <https://breakingnewsenglish.com/1710/171011-eating-greens-2.html>

Everyone knows that young children don't like eating greens. It is difficult for parents to get their children to eat vegetables like broccoli. A new study explains why this is. The study looked at the eating habits of two- to four-year-olds. The study found that two genes can make children dislike greens. The genes can make some youngsters dislike new food, so they become fussy eaters. It found that not liking greens is because of a child's genes. This means parents do not have to stress if their children do not eat vegetables. Many parents worry because their children do not eat healthily.

The study found that changes in DNA change how small children taste things. Children think many green vegetables taste bitter. Natasha Cole, a member of an obesity prevention program said it was not surprising that some children have a sensitive taste. She said this makes them think things like broccoli are bitter. She said the new research could help to find new ways of fighting obesity in children. Ms Cole says there needs to be more research. She said: "There is a huge gap in the research when children [move] from a milk-based diet to foods that the rest of the family eats."

Sources: <http://www.deccanchronicle.com/lifestyle/health-and-wellbeing/091017/not-liking-green-could-be-in-your-genes.html>  
<http://www.dailymail.co.uk/sciencetech/article-4961092/Picky-eating-gene-mutation-discovered-scientists.html>  
<https://medicalxpress.com/news/2017-10-picky-eater-nature-nurture-behavior.html>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/1710/171011-eating-greens-2.html>

## PARAGRAPH ONE:

- |                                     |                  |
|-------------------------------------|------------------|
| 1. young children don't like eating | a. to stress     |
| 2. eat vegetables                   | b. food          |
| 3. The study looked at the eating   | c. healthily     |
| 4. some youngsters dislike new      | d. greens        |
| 5. because of a child's             | e. parents worry |
| 6. parents do not have              | f. like broccoli |
| 7. Many                             | g. genes         |
| 8. children do not eat              | h. habits        |

## PARAGRAPH TWO:

- |                                      |                |
|--------------------------------------|----------------|
| 1. many green vegetables taste       | a. research    |
| 2. some children have a sensitive    | b. based diet  |
| 3. things like broccoli              | c. bitter      |
| 4. find new ways of fighting obesity | d. family eats |
| 5. there needs to be more            | e. are bitter  |
| 6. There is a huge                   | f. in children |
| 7. move from a milk-                 | g. taste       |
| 8. the rest of the                   | h. gap         |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1710/171011-eating-greens-2.html>

Everyone (1) \_\_\_\_\_ children don't like eating greens. It is difficult for parents (2) \_\_\_\_\_ children to eat vegetables like broccoli. A new study explains (3) \_\_\_\_\_. The study looked at the eating habits of two- to four-year-olds. The study found that two genes can make children dislike greens. The genes (4) \_\_\_\_\_ youngsters dislike new food, so they become fussy eaters. It found that not liking greens (5) \_\_\_\_\_ a child's genes. This means parents do not have to stress if their children do not eat vegetables. Many parents (6) \_\_\_\_\_ children do not eat healthily.

The study found that changes in DNA (7) \_\_\_\_\_ children taste things. Children (8) \_\_\_\_\_ vegetables taste bitter. Natasha Cole, a (9) \_\_\_\_\_ obesity prevention program said it was not surprising that some children have a sensitive taste. She (10) \_\_\_\_\_ them think things like broccoli are bitter. She said the new research could help to find (11) \_\_\_\_\_ fighting obesity in children. Ms Cole says there needs to be more research. She said: "There is a (12) \_\_\_\_\_ research when children [move] from a milk-based diet to foods that the rest of the family eats."

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1710/171011-eating-greens-2.html>

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# EATING GREENS SURVEY

From <https://breakingnewsenglish.com/1710/171011-eating-greens-4.html>

Write five GOOD questions about eating greens in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Study finds why children don't eat their greens – 11th October, 2017*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

