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**Level 0 – 27th December, 2020**

## **Early humans may have hibernated in winter**

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2012/201227-early-humans-0.html>

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**Please try Levels 1, 2 and 3. They are (a little) harder.**

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# THE READING

From <https://breakingnewsenglish.com/2012/201227-early-humans-0.html>

Animals hibernate for the winter. They escape the cold in a hole. Perhaps early humans did this too. Winters were much colder hundreds of thousands of years ago. Scientists looked at bones from humans from 430,000 years ago. Cuts and other damage on the bones were like those on the bones of animals who hibernate.

Early humans slowed down their bodies in winter so they could survive longer without food. They could not do this like a bear.

Bears can sleep for months. Hibernating gave early humans health problems. Many of these were because of not enough vitamin D from sunlight. This made their bones weaker.

Sources: <https://www.theguardian.com/science/2020/dec/20/early-humans-may-have-survived-the-harsh-winters-by-hibernating>  
<https://www.sciencealert.com/early-humans-may-have-hibernated-through-long-winters>  
<https://sputniknews.com/science/202012201081521644-early-humans-may-have-slept-through-harsh-winters-new-study-finds/>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2012/201227-early-humans-0.html>

## PARAGRAPH ONE:

- |                          |                      |
|--------------------------|----------------------|
| 1. They escape the cold  | a. of years ago      |
| 2. Winters were much     | b. 430,000 years ago |
| 3. hundreds of thousands | c. hibernate         |
| 4. Scientists looked     | d. colder            |
| 5. humans from           | e. bones             |
| 6. cuts and other damage | f. at bones          |
| 7. like those on the     | g. in a hole         |
| 8. animals who           | h. on the bones      |

## PARAGRAPH TWO:

- |                                  |                      |
|----------------------------------|----------------------|
| 1. Early humans slowed           | a. for months        |
| 2. they could survive            | b. weaker            |
| 3. without                       | c. like a bear       |
| 4. They could not do this        | d. from sunlight     |
| 5. Bears can sleep               | e. food              |
| 6. Hibernating gave early humans | f. down their bodies |
| 7. not enough vitamin D          | g. health problems   |
| 8. This made their bones         | h. longer            |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2012/201227-early-humans-0.html>

Animals (1) \_\_\_\_\_ winter. They escape the cold in a hole. Perhaps (2) \_\_\_\_\_ this too. Winters were much colder (3) \_\_\_\_\_ of years ago. Scientists looked (4) \_\_\_\_\_ humans from 430,000 years ago. Cuts and (5) \_\_\_\_\_ the bones were like those on the bones of (6) \_\_\_\_\_.

Early humans (7) \_\_\_\_\_ bodies in winter so they could (8) \_\_\_\_\_ food. They could not (9) \_\_\_\_\_ a bear. Bears can (10) \_\_\_\_\_. Hibernating gave early humans health problems. (11) \_\_\_\_\_ were because of not enough vitamin D from sunlight. This made (12) \_\_\_\_\_.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2012/201227-early-humans-0.html>

Animals hibernate for the winter. They escape the cold in a hole. Perhaps  
early humans did this too. Winters were much colder hundreds of thousand  
s of years ago. Scientists looked at bones from humans from 430,000 ye  
ars ago. Cuts and other damage on the bones were like those on the bones  
of animals who hibernate. Early humans slowed down their bodies in wint  
er so they could survive longer without food. They could not do this like a b  
ear. Bears can sleep for months. Hibernating gave early humans health p  
roblems. Many of these were because of not enough vitamin D from sunlig  
ht. This made their bones weaker.

# HIBERNATION SURVEY

From <https://breakingnewsenglish.com/2012/201227-early-humans-0.html>

Write five GOOD questions about hibernation in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Early humans may have hibernated in winter – 27th December, 2020*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

