

Bad dream stops climber's record Everest climb

28th May, 2021



A man decided not to climb Mount Everest because he had a bad dream from the "Mountain Goddess". The man is a 51-year-old Nepalese Sherpa called Kami Rita. He is not any ordinary mountain climber. He is already the record holder for climbing

Mount Everest the most times. He climbed the world's highest peak for a record 25th time earlier this month. He told reporters: "I was making my 26th attempt and had reached Camp Three, but the weather turned bad and I had a really bad dream. The gods were telling me not to go and because I really believe in God, I decided to return." He added: "I take orders from goddesses". Mr Rita did not give any more details about what was in his dream.

Kami Rita is a climbing legend and a hero in the Himalayan nation of Nepal. He has the nickname Snow Leopard because of his decades of experiences in climbing Everest and other mountains. He first scaled Everest in 1994 and has done the climb nearly every year since then. He said he would make another attempt at the climb in 2022, saying: "I felt the Goddess did not want me to go up again this year. After receiving the signals, I returned to Kathmandu. I will go back again next year to complete my dream." The Sherpa people believe Everest is a goddess. They take part in a religious ceremony to pay their respects to the mountain and to have good luck before starting a climb.

Sources: abcnews.go.com / huffpost.com / aninews.in

Writing

We should always listen to our dreams. Discuss.

Chat

Talk about these words from the article.

climb / Mount Everest / bad dream / mountain / record / peak / believe in God / order legend / hero / nickname / decade / this year / signals / religious ceremony / respects

True / False

- 1) A man had a terrible nightmare that stopped him climbing a mountain. T / F
- 2) The man has climbed Mount Everest over 24 times. T / F
- 3) The man said the weather was perfect for mountain climbing. T / F
- 4) The man told reporters all about his dream in great detail. T / F
- 5) The man's nickname is Snow Lion. T / F
- 6) The man climbed Everest for the first time in 1994. T / F
- 7) The man has scaled Everest nearly every year since 1994. T / F
- 8) Sherpa people take part in a religious ceremony to have good luck. T / F

Synonym Match

(The words in **bold** are from the news article.)

- | | |
|---------------------|----------------|
| 1. climb | a. pretty much |
| 2. ordinary | b. try |
| 3. peak | c. country |
| 4. attempt | d. mountain |
| 5. return | e. fortune |
| 6. nation | f. scale |
| 7. nearly | g. join |
| 8. signals | h. go back |
| 9. take part | i. normal |
| 10. luck | j. signs |

Discussion – Student A

- a) What do you know about Mount Everest?
- b) How often do you have a bad dream?
- c) What do bad dreams mean?
- d) Have you ever changed a plan because of a bad dream?
- e) Have you ever had a nightmare?
- f) What do you think of mountain climbing?
- g) Would you like to climb Mount Everest?
- h) What advice do you have for Kami Rita?

Phrase Match

- | | |
|-----------------------------------|--------------------------------|
| 1. He is not any | a. Snow Leopard |
| 2. climbing Mount Everest the | b. peak for a record 25th time |
| 3. He climbed the world's highest | c. respects to the mountain |
| 4. the weather | d. since then |
| 5. Mr Rita did not give any | e. turned bad |
| 6. Rita is a climbing legend and | f. ordinary mountain climber |
| 7. He has the nickname | g. back again next year |
| 8. nearly every year | h. most times |
| 9. I will go | i. more details |
| 10. pay their | j. a hero |

Discussion – Student B

- What do you think about what you read?
- What do you know about Sherpas?
- What do you know about Nepal?
- Do you have a nickname?
- Do you have any big dream that you want to complete?
- Should we all respect things in nature as belonging to the gods?
- How often do you remember your dreams?
- What questions would you like to ask Kami Rita?

Spelling

- He is not any ordnyari mountain climber
- He climbed the world's highest pkae
- I was making my 26th tepmtta
- I really iebveel in God
- I decided to rtrenu
- alidtse about what was in his dream
- a climbing ngeedl and a hero
- scedaed of experiences
- He first cdlase Everest in 1994
- go back again next year to eltemcop my dream
- They take part in a religious nomreecy
- pay their pctsesse to the mountain

Answers – Synonym Match

1. f	2. i	3. d	4. b	5. h
6. c	7. a	8. j	9. g	10. e

Role Play

Role A – The Fastest Runner

You think being the fastest runner is the best record to hold. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least useful of these (and why): best speller, kindest or strongest.

Role B – The Best Speller

You think being the best speller is the best record to hold. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least useful of these (and why): fastest runner, kindest or strongest.

Role C – The Kindest

You think being the kindest is the best record to hold. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least useful of these (and why): best speller, fastest runner or strongest.

Role D – The Strongest

You think being the strongest is the best record to hold. Tell the others three reasons why. Tell them what is wrong with their things. Also, tell the others which is the least useful of these (and why): best speller, kindest or fastest runner.

Speaking – Records

Rank these with your partner. Put the best records to have at the top. Change partners often and share your rankings.

- | | |
|-------------------------|------------------------|
| • The kindest person | • The fastest runner |
| • The funniest person | • The best speller |
| • The strongest person | • The cleverest person |
| • The healthiest person | • The best at English |

Answers – True False

1 F	2 T	3 F	4 F	5 F	6 T	7 T	8 T
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Answers to Phrase Match and Spelling are in the text.