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Level 0 – 21st April, 2022

Half the world's population get headaches

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2204/220421-headaches-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2204/220421-headaches-0.html>

A report says over half of us get headaches. Researchers looked at 357 studies on headaches from 1961 to 2020. They had data on headaches and migraines. The report said 52 per cent of people have a headache every year. The lead researcher was surprised. The report is published in "The Journal of Headache and Pain".

Women get more headaches and migraines than men. Six per cent of women get headaches on 15 or more days a month. This number is three per cent for men. Headaches are common worldwide. More people are getting them. The researchers want more research to look at why we get headaches, and to try to stop them.

Sources: <https://www.sciencealert.com/over-50-of-world-s-population-is-likely-affected-by-this-health-disorder-every-year>
https://www.upi.com/Health_News/2022/04/12/headaches-half-world/2751649783764/
<https://www.washingtonpost.com/health/2022/04/17/headache-disorders-migraines/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2204/220421-headaches-0.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|-------------------|
| 1. A report says over half of us | a. every year |
| 2. Researchers looked | b. to 2020 |
| 3. from 1961 | c. was surprised |
| 4. They had data on headaches | d. get headaches |
| 5. 52 per cent of | e. published |
| 6. have a headache | f. people |
| 7. The lead researcher | g. at 357 studies |
| 8. The report is | h. and migraines |

PARAGRAPH TWO:

- | | |
|-----------------------------|---------------------|
| 1. Women get more headaches | a. days a month |
| 2. Six per cent | b. we get headaches |
| 3. on 15 or more | c. are getting them |
| 4. This number is | d. stop them |
| 5. Headaches are common | e. 3% for men |
| 6. More people | f. and migraines |
| 7. look at why | g. worldwide |
| 8. try to | h. of women |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2204/220421-headaches-0.html>

A report (1) _____ of us get headaches.

Researchers (2) _____ studies on headaches

from 1961 to 2020. They (3) _____ on

headaches and migraines. The report said 52 per cent

(4) _____ a headache every year. The

(5) _____ surprised. The report

(6) _____ "The Journal of Headache and Pain".

(7) _____ headaches and migraines than men.

Six per cent (8) _____ headaches on 15 or more

days a month. (9) _____ three per cent for men.

Headaches (10) _____. More people are getting

them. The researchers (11) _____ to look at why

we get headaches, and (12) _____ stop them.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2204/220421-headaches-0.html>

Areportsaysoverhalfofusgetheadaches.Researcherslookedat357stu
diesonheadachesfrom1961to2020.Theyhaddataonheadachesandm
igraines.Therereportsaid52percentofpeoplehaveaheadacheeveryyear
.Theleadresearcherwassurprised.Therereportispublishedin"TheJourn
alofHeadacheandPain".Womenggetmoreheadachesandmigrainestha
nmen.Sixpercentofwomenggetheadacheson15ormoredaysamonth.T
hisnumberisthreepercentformen.Headachesarecommonworldwide.
Morepeoplearegettingthem.Thereresearcherswantmoreresearchtolo
okatwhywegetheadaches,andtotrytostopthem.

HEADACHES SURVEY

From <https://breakingnewsenglish.com/2204/220421-headaches-0.html>

Write five GOOD questions about headaches in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

