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Level 1 – 29th December 2022

Frozen food is Japan's 'dish of the year'

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2212/221229-frozen-food-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2212/221229-frozen-food-1.html>

Japanese food like sushi, tempura and tofu is famous worldwide. A lot of it looks like art. However, Japan's "dish of the year" for 2022 is frozen food. A food website gives a prize every year for new trends in food. In 2022, the Coronavirus pandemic made many people avoid restaurants. They bought frozen food and ate at home. The judges selected a variety of frozen meat and pizzas. They were wrapped in their air-tight bags.

Many food companies experimented with different ways of freezing food. They wanted it to taste good, even after it became unfrozen. A large Japanese supermarket opened a frozen food shop. Japan's convenience stores and vending machines are also selling more frozen food. Changing lifestyles in Japan also increased the popularity of frozen food. Japan has an ageing society. Many older people think frozen food is easier than cooking.

Sources: <https://edition.cnn.com/travel/article/japan-dish-of-the-year-frozen-food-intl-hnk/index.html>
https://www3.nhk.or.jp/nhkworld/en/news/20221207_23/
<https://news.yahoo.com/frozen-food-named-dish-japan-184019590.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2212/221229-frozen-food-1.html>

PARAGRAPH ONE:

- | | |
|--------------------------------|-----------------------|
| 1. A lot of it looks | a. ate at home |
| 2. A food website gives | b. and pizzas |
| 3. new trends | c. like art |
| 4. people avoid | d. a prize every year |
| 5. They bought frozen food and | e. air-tight bags |
| 6. The judges selected | f. restaurants |
| 7. frozen meat | g. a variety |
| 8. They were wrapped in their | h. in food |

PARAGRAPH TWO:

- | | |
|-----------------------------|---------------------|
| 1. different ways | a. people |
| 2. They wanted it to | b. unfrozen |
| 3. after it became | c. of frozen food |
| 4. Changing lifestyles | d. than cooking |
| 5. increased the popularity | e. of freezing food |
| 6. Japan has an ageing | f. in Japan |
| 7. Many older | g. society |
| 8. frozen food is easier | h. taste good |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2212/221229-frozen-food-1.html>

Japanese (1) _____, tempura and tofu is famous worldwide. A lot of it (2) _____. However, Japan's "dish of the year" for 2022 is frozen food. A food website gives a prize every year for (3) _____ food. In 2022, the Coronavirus pandemic made (4) _____ restaurants. They bought frozen food and ate at home. The judges (5) _____ of frozen meat and pizzas. They were (6) _____ air-tight bags.

Many food companies experimented (7) _____ of freezing food. They wanted it to taste good, (8) _____ became unfrozen. A large Japanese supermarket (9) _____ food shop. Japan's convenience stores and vending machines are (10) _____ frozen food. Changing lifestyles in Japan also increased (11) _____ frozen food. Japan has an ageing society. Many older people think frozen (12) _____ than cooking.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2212/221229-frozen-food-1.html>

Japanese food like sushi, tempura and tofu is famous worldwide. A lot of it looks like art. However, Japan's "dish of the year" for 2022 is frozen food. A food website gives a prize every year for new trends in food. In 2022, the coronavirus pandemic made many people avoid restaurants. They bought frozen food and ate at home. The judges selected a variety of frozen meats and pizzas. They were wrapped in their air-tight bags. Many food companies experimented with different ways of freezing food. They wanted it to taste good, even after it became unfrozen. A large Japanese supermarket opened a frozen food shop. Japan's convenience stores and vending machines are also selling more frozen food. Changing lifestyles in Japan also increased the popularity of frozen food. Japan has an ageing society. Many older people think frozen food is easier than cooking.

FROZEN FOOD SURVEY

From <https://breakingnewsenglish.com/2212/221229-frozen-food-4.html>

Write five GOOD questions about frozen food in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/2212/221229-frozen-food-1.html>

Write about **frozen food** for 10 minutes. Read and talk about your partner's paper.
