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# Scientists say they can read dreams 8th April, 2013

http://www.breakingnewsenglish.com/1304/130408-dreams.html

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### THE ARTICLE

From http://www.BreakingNewsEnglish.com/1304/130408-dreams.html

Japanese scientists say they have found a way to "read" people's dreams. Researchers at the ATR Computational Neuroscience Laboratories used magnetic resonance imaging (MRI) for what they say is, "the world's first decoding" of night-time visions. Their research is published in the journal "Science". The researchers wrote: "Visual imagery during sleep has long been a topic of persistent speculation, but its private nature has hampered objective analysis. Here, we present a neural decoding approach in which machine learning models predict the contents of visual imagery during sleep." They were able to predict what images their volunteers had seen with a 60 per cent accuracy rate.

The research is a part of a wider programme aimed at studying the brain. It hopes to unlock the secrets of the unconscious mind to help the disabled move artificial limbs using brain activity. It could also help those with dementia and other neurological conditions. A spokesperson said: "Our expectations from the dream study are quite high, but we are also looking carefully at the ethical aspects of the technology, which may allow a third person to look at somebody else's thoughts." Head researcher Yukiyasu Kamitani said, "dreams have fascinated people since ancient times, but their function and meaning has remained closed". He believes his research is, "a key step towards reading dreams more precisely".

 $Sources: \quad http://www. \textbf{ibtimes}. co.uk/articles/454252/20130406/japan-scientists-read-dreams-brain-scandard for the second of the second o$ 

mri.htm

http://www.sciencemag.org/content/early/2013/04/03/science.1234330 http://www.japantimes.co.jp/news/2013/04/05/national/kyoto-scientists-read-

dreams/#.UWD0\_xnqPc8

### **WARM-UPS**

- **1. DREAMS:** Students walk around the class and talk to other students about dreams. Change partners often and share your findings.
- **2. CHAT:** In pairs / groups, decide which of these topics or words from the article are most interesting and which are most boring.

scientists / reading dreams / research / journal / speculation / predict / volunteers / research / unlock secrets / the unconscious mind / expectations / ancient times

Have a chat about the topics you liked. Change topics and partners frequently.

**3. NIGHT-TIME VISIONS:** What do dreams mean? Complete this table with your partner(s). Change partners often and share what you wrote.

Dreams about	Meaning
falling	
flying	
being naked in public	
being chased	
knowing famous people	
missing a flight	

- **4. READING MINDS:** Students A **strongly** believe being able to read other people's minds is a good thing; Students B **strongly** believe it's very dangerous. Change partners again and talk about your conversations.
- **5. READING OTHER'S THOUGHTS:** Rank these and share your rankings with your partner. Put the ones you want to know most at the top. Change partners often.
  - their past relationships
  - their feelings about you
  - their biggest secrets
  - their politics

- the future
- their fears
- their secret desires
- their level of honesty

**6. SLEEP:** Spend one minute writing down all of the different words you associate with the word 'sleep'. Share your words with your partner(s) and talk about them. Together, put the words into different categories.

### **BEFORE READING / LISTENING**

From http://www.BreakingNewsEnglish.com/1304/130408-dreams.html

### 1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- Scientists used CAT (Computer Axial Tomography) to read dreams.
- b. The scientists say their research into decoding dreams is a world first. T/F
- c. Scientists said the private nature of dreams makes research difficult. T/F
- d. The researchers say their technology is less than 50% accurate.
- The research is aimed at helping the disabled be more mobile. T/F
- f. Scientists say the research can't help those with neurological problems. T/F
- g. A spokesperson said they must look into the ethics of reading dreams. T/F
- h. A researcher said wanting to understand dreams is a newish thing.

### **2. SYNONYM MATCH:** Match the following synonyms from the article.

- persistent
   a. slowed down
- 2 hampered b. correctness
- 3. objective c. interested
- 4. predict d. synthetic
- 5. accuracy e. constant
- 6. unconscious f. forecast
- 7. artificial g. moral
- 8. conditions h. sleeping
- 9. ethical i. unbiased
- 10. fascinated j. illnesses

### **3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- 1. magnetic resonance a. analysis
- 2 the world's first decoding b. aspects
- 3. a topic of persistent c.
- 4. objective5. a 60 per centd. imaginge. limbs
- 5. a wider programme aimed f. of night-time visions
- 7. artificial g. since ancient times
- 8. dementia and other neurological h. speculation
- 9. looking carefully at the ethical i. conditions
- 10. dreams have fascinated people j. accuracy rate

at studying the brain

### **GAP FILL**

From <a href="http://www.BreakingNewsEnglish.com/1304/130408-dreams.html">http://www.BreakingNewsEnglish.com/1304/130408-dreams.html</a>

Japanese scientists say they have found a (1) to	
"read" people's dreams. Researchers at the ATR Computational	journal
Neuroscience Laboratories used (2) resonance	rate
imaging (MRI) for what they say is, "the world's first	magnetic
(3) " of night-time visions. Their research is	_
published in the (4) "Science". The researchers	approach
wrote: "Visual imagery during sleep has long been a topic of	way
(5) speculation, but its private nature has	during
hampered objective analysis. Here, we present a neural decoding	decoding
(6) in which machine learning models predict the	persistent
contents of visual imagery (7) sleep." They were	persistent
able to predict what images their volunteers had seen with a 60	
per cent accuracy (8)	
The research is a part of a (9) programme aimed	
at studying the brain. It hopes to (10) the secrets	conditions
of the unconscious mind to help the disabled move artificial	fascinated
(11) using brain activity. It could also help those	step
with dementia and other neurological (12) A	•
spokesperson said: "Our expectations from the dream study are	unlock
quite (13), but we are also looking carefully at the	high
ethical aspects of the technology, which may allow a	wider
(14) person to look at somebody else's thoughts."	limbs
Head researcher Yukiyasu Kamitani said, "dreams have	
(15) people since ancient times, but their function	third
and meaning has remained closed". He believes his research is, "a	
key (16) towards reading dreams more precisely".	

# **LISTENING** — Guess the answers. Listen to check

1)	the world's first decoding of night a. timed visions b. times visions c. time vision d. time visions
2)	Visual imagery during sleep has long been a topic a. of persistently speculation b. of persistence speculations c. of persistent speculation d. of persistent speculations
3)	its private nature has hampered a. objectively analysis b. objective analytics c. objectives analysis d. objective analysis
4)	models predict the contents during sleep a. of visual imagery b. for visual images c. of visualised imagery d. of visual images
5)	They were able to their volunteers had seen a. predict which images b. predict what images c. predict those images d. predict the images
6)	The research is a part of a wider programme the brain a. aimed at studying b. aimed that studying c. aimed what studying d. aimed for studying
7)	help the disabled using brain activity a. move artificially limbs b. move artificial limb c. move artificially limb d. move artificial limbs
8)	It could also help those with neurological conditions a. dementia and others b. dementia and another c. dementia and other d. dementia and the other
9)	we are also looking carefully of the technology a. at the ethical aspects b. at the ethically aspects c. at the ethical aspect d. at the ethically aspect
10)	He believes his research towards reading dreams more precisely a. is a key step b. is a key stage c. is a key slip d. is a key stepping

# **LISTENING** – Listen and fill in the gaps

From <a href="http://www.BreakingNewsEnglish.com/1304/130408-dreams.html">http://www.BreakingNewsEnglish.com/1304/130408-dreams.html</a>

Japanese scientists say they (1) $_{-}$	"read" people's
dreams. Researchers at the ATR	Computational Neuroscience Laboratories
used (2)	$\_$ (MRI) for what they say is, "the world's
first decoding" of night-time visio	ns. (3) in the
journal "Science". The researchers	s wrote: "Visual imagery during sleep has
long been (4)	speculation, but its private nature
has hampered objective analysis	s. Here, we present a neural decoding
approach in which machine learni	ng models (5)
visual imagery during sleep." Th	ney were (6)
images their volunteers had seen v	with a 60 per cent accuracy rate.
The research is a (7)	aimed at studying the
brain. It hopes to unlock the secre	ets (8) to help
the disabled (9)	brain activity. It could also help
those with dementia and other ne	urological conditions. A spokesperson said:
"Our (10)	dream study are quite high, but we
are also looking carefully (11) _	the technology,
which may allow a third person to	look at somebody else's thoughts." Head
researcher Yukiyasu Kamitani sai	d, "dreams have fascinated people since
ancient times, but their function	and (12)". He
believes his research is, "a ke	ey step towards reading dreams more
precisely".	

# **COMPREHENSION QUESTIONS**

From <a href="http://www.BreakingNewsEnglish.com/1304/130408-dreams.html">http://www.BreakingNewsEnglish.com/1304/130408-dreams.html</a>

1.	What technology did the scientists use to "read" people's dreams?
2.	What did the scientists say was a world first?
3.	What have visions during sleep been a topic of for a long time?
4.	What has always got in the way of "objective analysis"?
5.	How precisely were researchers able to predict images volunteers saw?
6.	How do scientists hope to help disabled people?
7.	Who else could the research help besides the disabled?
8.	How hopeful are researchers their research will bear fruit?
9.	What considerations are the researchers looking into?
10.	For how long did a researcher say dreams have fascinated us?

# **MULTIPLE CHOICE - QUIZ**

1.

From <a href="http://www.BreakingNewsEnglish.com/1304/130408-dreams.html">http://www.BreakingNewsEnglish.com/1304/130408-dreams.html</a>

	to "read" people's dreams?		people?	
	a) CAT		a) let them see their dreams	
	b) X-ray		b) by using prosthetic arms and legs	
	c) MRI d) A&E		<ul><li>c) provide them with jobs as dream testers</li></ul>	
	u) A&L		d) clear their unconscious minds	
2.	What did the scientists say was a world first?	7.	Who else could the research help besides the disabled?	
	a) the decoding of night-time visions		a) those suffering from brain-related	
	b) the use of magnets in looking at		diseases	
	dreams		b) psychologists / psychoanalysts	
	<ul><li>c) putting someone's dreams on a projector</li></ul>		c) writers	
	d) controlling someone's dreams		d) the government	
3.	What have visions during sleep been a topic of for a long time?	8.	How hopeful are researchers their research will bear fruit?	
	a) constant conjecture and theories		a) it's too early to say	
	b) medicine		b) not very	
	c) sleeplessness		c) they have high expectations	
	d) being private and objective in nature		d) they are 100% sure	
4.	What has always got in the way of "objective analysis"?	9.	What considerations are the researchers looking into?	
	a) neuroscientists		a) logical	
	b) dreams being so private		b) medical	
	c) technology		c) clinical	
	d) ethics		d) ethical	
5.	How precisely were researchers able to predict images volunteers saw?	10.	For how long did a researcher say dreams have fascinated us?	
	a) about 16% of the time		a) tens of thousands of years	
	b) with considerable precision		b) a billion years	
	c) it was rather hit and miss		c) centuries	
	d) with 60% accuracy		d) since Freud started writing	

What technology did the scientists use 6. How do scientists hope to help disabled

### **ROLE PLAY**

From http://www.BreakingNewsEnglish.com/1304/130408-dreams.html

#### Role A - Pro-dream reader

You think the ability to read dreams and thoughts is fantastic. Tell the others three reasons why. The technology could cure all mental illnesses. It could cure the world's mental health and we would all love each other. You think most people would love to look back at their dreams.

#### Role B - Anti-dream reader

You think the ability to read dreams and thoughts is very dangerous. Tell the others three reasons why. You think it is ethically unsound to read dreams and thoughts. There is a reason why we cannot read dreams. You think this ability would change humans too much.

### Role C - Troubled relationship person

You are having trouble with your partner. You think (s)he is seeing someone else. You are sure that if you read his/her dreams, you could find out the answer. You think dream-reading is a fantastic way of keeping marriages and relationships together.

### Role D - Person X

You are incredibly rich and powerful and want to be a dictator. You want to invest in this dream-reading technology to control everyone in your country. Support everything the pro-dream reader says. Strongly disagree with the other two. Tell everyone nothing gets in the way of science.

### AFTER READING / LISTENING

From <a href="http://www.BreakingNewsEnglish.com/1304/130408-dreams.html">http://www.BreakingNewsEnglish.com/1304/130408-dreams.html</a>

**1. WORD SEARCH:** Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'read' and 'dream'.

read	dream

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.
- **2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.
  - Share your questions with other classmates / groups.
  - Ask your partner / group your questions.
- **3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?
- **4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.
- **5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

• way	• wider
• first	• limbs
• topic	• high
• private	• third
• present	• times
• rate	• key

### **DREAMS SURVEY**

From <a href="http://www.BreakingNewsEnglish.com/1304/130408-dreams.html">http://www.BreakingNewsEnglish.com/1304/130408-dreams.html</a>

Write five GOOD questions about dreams in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

### DREAMS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- a) What did you think when you read the headline?
- b) What springs to mind when you hear the word 'dream'?
- c) What kinds of dreams do you have?
- d) Would you like to be able to read your dreams?
- e) Do you think this is a good use of technology?
- f) Would you like to be able to read everything in someone's mind?
- g) Would you like to volunteer for this research?
- h) How interested are you in the meaning of dreams?
- i) Has anything you've dreamt about come true?
- j) Do you ever dream in English?

Scientists say they can read dreams – 8th April, 2013 More free lessons at www.BreakingNewsEnglish.com

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### DREAMS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- a) Did you like reading this article? Why/not?
- b) Do you think scientists should unlock all the brain's secrets?
- c) Could dream- / mind-reading technology be dangerous?
- d) Would you buy technology that let you save dreams on your computer?
- e) Whose mind or dreams would you like to read?
- f) Could this technology cure the world's mental health?
- g) What are the ethical issues surrounding this technology?
- h) Who would you allow to read your deepest thoughts?
- i) How could this technology improve people's lives?
- j) What questions would you like to ask the scientists?

# **DISCUSSION** (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

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SCU	ISSIOI	N (Wr	rite yo	our ov	n que	estion	
SCU	ISSIOI	N (Wr	rite yo	our ov	n que	estion	

# **MULTIPLE CHOICE - LANGUAGE**

Japa	nese	scientists sa	y they	have found	d a w	ay to "read	d" peo	ple's dreams
Res	earche	ers at the AT	R Comp	outational Ne	uroscie	ence Laborat	ories u	sed (1)
resc	nance	e imaging (MR	I) for w	hat they say	is, "th	e world's firs	t (2)	" of night
time	visio	ns. Their rese	arch is	published in t	the (3)	"Scier	nce". Th	ne researchers
		isual imager	-				=	-
		n, but its pr						
-		neural deco						_
-		eir volunteers			-	-		o predict wha
	,					(0)		
The	resea	rch is a part	of a (7	') progi	ramme	e aimed at s	tudying	the brain. I
-		unlock the s						
		ficial limbs us	_	-		-		
		irological con idy are quite		•			•	
		f the technol				_	=	
-		ughts." Head		-		-		
		.1) anc		•		-		
clos	ed". H	He believes h	is resea	arch is, "a ke	ey ste	p towards re	eading	dreams more
(12)		. ".						
Put	the c	orrect words	s from t	the table be	low in	the above	article	
1.	(a)	magnet	(b)	magnetism	(c)	magnets	(d)	magnetic
2.	(a)	encoding	(b)	coding	(c)	recoding	(d)	decoding
3.	(a)	rag	(b)	journal	(c)	diary	(d)	novella
4.	(a)	wide	(b)	soon	(c)	long	(d)	very
5.	(a)	on	(b)	at	(c)	in	(d)	so
6.	(a)	accuracy	(b)	primacy	(c)	privacy	(d)	acidity
7.	(a)	higher	(b)	wider	(c)	stronger	(d)	taller
8.	(a)	the	(b)	those	(c)	some	(d)	much
9.	(a)	increase	(b)	high	(c)	tall	(d)	sky
10.	(a)	mythical	(b)	ethereal	(c)	ethical	(d)	mystical
11.	(a)	for	(b)	via	(c)	since	(d)	by
12.	(a)	précis	(b)	precision	(c)	precise	(d)	precisely

### **SPELLING**

From http://www.BreakingNewsEnglish.com/1304/130408-dreams.html

### Paragraph 1

- 1. <u>dnocgdie</u> of night-time visions
- 2. published in the <u>ljaunor</u> "Science"
- 3. a topic of persistent <u>eupcnslaito</u>
- 4. hampered objective islaysna
- 5. images their <u>troseluenv</u> had seen
- 6. a 60 per cent rcccayua rate

### Paragraph 2

- 7. the noinoucussc mind
- 8. <u>iiaifatclr</u> limbs
- 9. other igeonarloclu conditions
- 10. the halitec aspects
- 11. dreams have tedaancisf people
- 12. reading dreams more <u>eelspyirc</u>

# **PUT THE TEXT BACK TOGETHER**

(	)	activity. It could also help those with dementia and other neurological conditions. A spokesperson said: "Our
(	)	The research is a part of a wider programme aimed at studying the brain. It hopes to
(	)	"Science". The researchers wrote: "Visual imagery during sleep has long been a topic of persistent
(	)	speculation, but its private nature has hampered objective analysis. Here, we present a neural
(	)	sleep." They were able to predict what images their volunteers had seen with a 60 per cent accuracy rate.
(	)	decoding approach in which machine learning models predict the contents of visual imagery during
(	)	unlock the secrets of the unconscious mind to help the disabled move artificial limbs using brain
(	)	first decoding" of night-time visions. Their research is published in the journal
(	)	expectations from the dream study are quite high, but we are also looking carefully at the ethical
(	<b>1</b> )	Japanese scientists say they have found a way to "read" people's dreams. Researchers
(	)	aspects of the technology, which may allow a third person to look at somebody else's
(	)	thoughts." Head researcher Yukiyasu Kamitani said, "dreams have fascinated people since ancient
(	)	times, but their function and meaning has remained closed". He believes his research is, "a key step towards reading dreams more precisely".
(	)	at the ATR Computational Neuroscience Laboratories used magnetic resonance imaging (MRI) for what they say is, "the world's

# PUT THE WORDS IN THE RIGHT ORDER

1.	dreams	have	way	people'	s The	у а	read	found	to.
2.	night	visions	world's	of	time	The	decodin	g -	first.
3.	topic	speculatio	on has	а р	ersistent	t Slee	ep beer	n of	long.
4.	contents	s sleep	of	visual	Predict	ima	gery t	the du	uring.
5.	images	had A	ble wh	nat vo	lunteers	predi	ict thei	ir seer	n to.
6.	wider	programn	ne aime	ed at	studying	g the	brain	Part o	of a.
7.	hopes	to unlo	ck the	secret	cs of t	he un	consciou	s mino	d It.
8.	dementi	a with	those	help	also	could	d It.		
9.	We lo	oking t	the al	so at	asped	cts ar	e care	fully e	thical.
10.	more	step p	recisely	towa	rds re	ading	A dr	reams	key.

# **CIRCLE THE CORRECT WORD (20 PAIRS)**

From http://www.BreakingNewsEnglish.com/1304/130408-dreams.html

Japanese scientists say they have found a way to "read" people's *dream / dreams*. Researchers at the ATR Computational Neuroscience Laboratories used *magnetic / magnetism* resonance imaging (MRI) for what they say is, "the world's first *encoding / decoding*" of night-time visions. Their research is *published / publishing* in the journal "Science". The researchers wrote: "Visual imagery *during / between* sleep has *long / lengthy* been a topic of persistent speculation, but its *private / public* nature has hampered objective analysis. Here, we *present / presentation* a neural decoding approach in which machine learning models predict the contents of visual imagery during sleep." They were able to *predict / contradict* what images their volunteers had seen with a 60 per cent accuracy *ratio / rate*.

The research is a part of a *wilder / wider* programme aimed at studying the brain. It hopes to unlock the *secrets / secrecy* of the unconscious mind to help the disabled *move / more* artificial *limbs / limps* using brain activity. It could also help those with dementia and *other / others* neurological conditions. A spokesperson said: "Our expectations from the dream study are quite *tall / high*, but we are also looking carefully at the *methodical / ethical* aspects of the technology, which may allow a *third / fourth* person to look at somebody else's *thoughts / thought*." Head researcher Yukiyasu Kamitani said, "dreams have fascinated people since ancient times, but their function and meaning has remained closed". He believes his research is, "a key step towards reading dreams more *precision / precisely*".

Talk about the connection between each pair of words in italics, and why the correct word is correct.

### **INSERT THE VOWELS (a, e, i, o, u)**

```
J_p_n_s_ sc__nt_sts s_y th_y h_v_ f__nd _ w_y t_
"r__d" p__pl_'s dr__ms. R_s__rch_rs _t th_ _TR
C_mp_t_t_n N_r_sc_nc_L_b_r_t_r_s_s_d
m_gn_t_c r_s_n_nc_ _m_g_ng (MR_) f_r wh_t th_y s_y
_s, "th_ w_rld's f_rst d_c_d_ng" _f n_ght-t_m_
v_s__ns. Th__r r_s__rch _s p_bl_sh_d _n th__j__rn_l
"Sc__nc_". Th__ r_s__rch_rs_wr_t_: "V_s__l _m_g_ry
d_r_ng sl__p h_s l_ng b__n _ t_p_c _f p_rs_st_nt
sp_c_l_t__n, b_t _ts pr_v_t_ n_t_r_ h_s h_mp_r_d
_bj_ct_v_ _n_lys_s. H_r_, w_ pr_s_nt _ n__r_l
d_c_d_ng _ppr__ch _n wh_ch m_ch_n_ l__rn_ng m_d_ls
pr_d_ct th_ c_nt_nts _f v_s__l _m_g_ry d_r_ng sl__p."
Th_y w_r_ _bl_ t_ pr_d_ct wh_t _m_g_s th__r
v_l_nt__rs h_d s__n w_th _ 60 p_r c_nt _cc_r_cy r_t_.
Th_ r_s__rch _s _ p_rt _f _ w_d_r pr_gr_mm_ __m_d
_t st_dy_ng th_ br__n. _t h_p_s t_ _nl_ck th_ s_cr_ts
_f th_ _nc_nsc___s m_nd t_ h_lp th_ d_s_bl_d m_v_
_rt_f_c__l l_mbs _s_ng br__n _ct_v_ty. _t c__ld _ls_
h_lp th_s_ w_th d_m_nt__ _nd _th_r n__r_l_g_c_l
c_nd_t__ns. _ sp_k_sp_rs_n s__d: "__r _xp_ct_t__ns
fr_m th_ dr__m st_dy _r_ q__t_ h_gh, b_t w_ _r_ _ls_
l__k_ng c_r_f_lly _t th_ _th_c_l _sp_cts _f th_
t_chn_l_gy, wh_ch m_y _ll_w _ th_rd p_rs_n t_ l__k _t
s_m_b_dy _ls_'s th__ghts." H__d r_s__rch_r Y_k_y_s_
K_m_t_n_ s__d, "dr__ms h_v_ f_sc_n_t_d p__pl_ s_nc_
_nc__nt t_m_s, b_t th__r f_nct__n _nd m__n_ng h_s
rm ndclsd". Hbl vshsrs rch s, "ky
st_p t_w_rds r__d_ng dr__ms m_r_ pr_c_s ly".
```

### PUNCTUATE THE TEXT AND ADD CAPITALS

From <a href="http://www.BreakingNewsEnglish.com/1304/130408-dreams.html">http://www.BreakingNewsEnglish.com/1304/130408-dreams.html</a>

japanese scientists say they have found a way to "read" people's dreams researchers at the atr computational neuroscience laboratories used magnetic resonance imaging (mri) for what they say is "the world's first decoding" of night-time visions their research is published in the journal "science" the researchers wrote "visual imagery during sleep has long been a topic of persistent speculation but its private nature has hampered objective analysis here we present a neural decoding approach in which machine learning models predict the contents of visual imagery during sleep" they were able to predict what images their volunteers had seen with a 60 per cent accuracy rate

the research is a part of a wider programme aimed at studying the brain it hopes to unlock the secrets of the unconscious mind to help the disabled move artificial limbs using brain activity it could also help those with dementia and other neurological conditions a spokesperson said "our expectations from the dream study are quite high but we are also looking carefully at the ethical aspects of the technology which may allow a third person to look at somebody else's thoughts" head researcher yukiyasu kamitani said "dreams have fascinated people since ancient times but their function and meaning has remained closed" he believes his research is "a key step towards reading dreams more precisely"

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From http://www.BreakingNewsEnglish.com/1304/130408-dreams.html

Japanesescientistssaytheyhavefoundawayto"read"people'sdreams.Researchers  $at the {\sf ATRComputational Neuroscience Laboratories used magnetic resonance}$ imaging(MRI)forwhattheysayis, "theworld's first decoding "of night-time visions." Theirresearchispublishedinthejournal "Science". Theresearchers wrote: "Visual imageryduringsleephaslongbeenatopicofpersistentspeculation, but its private naturehashamperedobjectiveanalysis. Here, we presentaneural decoding approachinwhichmachinelearningmodelspredictthecontentsofvisualimagery duringsleep."Theywereabletopredictwhatimagestheirvolunteershadseenwith a60percentaccuracyrate. The research is a part of a wider programme aimed at studyingthebrain. Ithopestounlock these crets of the unconscious mind to help the disabled move artificial limbs using brain activity. It could also help those with dementiaandotherneurologicalconditions. Aspokes personsaid: "Our expectations from the dream study are quite high, but we are also looking carefully attheethicalaspectsofthetechnology, which may allow a third person to look at somebodyelse'sthoughts."HeadresearcherYukiyasuKamitanisaid,"dreams havefascinatedpeoplesinceancienttimes, buttheir function and meaning has remainedclosed". Hebelieveshisresearchis, "akeysteptowardsreadingdreams moreprecisely".

### **FREE WRITING**

From <a href="http://www.BreakingNewsEnglish.com/1304/130408-dreams.html">http://www.BreakingNewsEnglish.com/1304/130408-dreams.html</a>

Write about <b>dreams</b> for 10 minutes. Comment on your pa	rtner's paper.

# **ACADEMIC WRITING**

Looking at other people's dreams is unethical and should not be pursued by scientists. Discuss.					

### **HOMEWORK**

- **1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.
- **2. INTERNET:** Search the Internet and find out more about dreams. Share what you discover with your partner(s) in the next lesson.
- **3. DREAMS:** Make a poster about dreams and what they mean. Show your work to your classmates in the next lesson. Did you all have similar things?
- **4. ETHICS:** Write a magazine article about the decoding of people's dreams. Include imaginary interviews with people who are for and against it.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

- **5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.
- **6. LETTER:** Write a letter to an expert on ethics. Ask him/her three questions about looking at other people's dreams. Give him/her three of your opinions on this. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

### **ANSWERS**

### TRUE / FALSE (p.4)

a F b T c T d F e T f F g T h F

### **SYNONYM MATCH (p.4)**

- 1. persistent
- 2 hampered
- 3. objective
- 4. predict
- 5. accuracy
- 6. unconscious
- 7. artificial
- 8. conditions
- 9. ethical
- 10. fascinated

- a. constant
- b. slowed down
- c. unbiased
- d. forecast
- e. correctness
- f. sleeping
- g. synthetic
- h. illnesses
- i. moral
- j. interested

### **COMPREHENSION QUESTIONS (p.8)**

- 1. Magnetic resonance imaging (MRI)
- 2. The decoding of night-time visions
- 3. Persistent speculation
- 4. The private nature of dreams
- 5. With a 60 per cent accuracy rate
- 6. Allow them to move artificial limbs using brain activity
- 7. Those with dementia and other neurological conditions
- 8. Their expectations are high
- 9. Ethical aspects of the technology
- 10. Since ancient times

### **MULTIPLE CHOICE - QUIZ (p.9)**

1. c 2. a 3. a 4. b 5. d 6. b 7. a 8. c 9. d 10. a

#### **ALL OTHER EXERCISES**

Please check for yourself by looking at the Article on page 2. (It's good for your English ;-)