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United Nations asks us to eat insects

16th May, 2013

<http://www.breakingnewsenglish.com/1305/130516-insects.html>

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THE ARTICLE

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

A new United Nations report says that we should all eat insects. The report is from the U.N. Food and Agriculture Organization. It is called "Edible Insects: Future Prospects for Food and Feed Security". The U.N. says it is important we eat insects to help the Earth. It gave three reasons why we should be adding insects to our diet. The first is they are good for our health. "Insects are healthy, nutritious alternatives to mainstream staples such as chicken, pork, beef and even fish." The second reason is they are better for the environment than breeding cows, sheep, and other animals. Finally, "insect farming" would help millions of poor families around the world eat and start a small business.

Many cultures already include insects in their diet. The report says: "Many people around the world eat insects out of choice, largely because of the [tastiness]....More than 1,900 species have reportedly been used as food." However, most people in Western or "developed" countries think the idea of eating insects is disgusting. The report says governments need to educate Westerners about the benefits of eating bugs so they get over the "disgust factor". Ento, a company in London that sells insect-based food, said it is difficult to get people to eat creepy-crawlies. It told the "New Scientist" magazine: "On paper, insects are fantastic, but on a plate, most people won't touch them."

Sources: <http://www.newscientist.com/article/dn23536-to-save-the-planet-chow-down-on-a-caterpillar.html>
<http://www.fao.org/docrep/018/i3253e/i3253e00.htm>

WARM-UPS

1. INSECTS: Students walk around the class and talk to other students about insects. Change partners often and share your findings.

2. CHAT: In pairs / groups, decide which of these topics or words from the article are most interesting and which are most boring.

United Nations / insects / eating insects / healthy / nutritious / chicken / poor families / cultures / diet / tastiness / 1,900 species / Western countries / disgusting / fantastic

Have a chat about the topics you liked. Change topics and partners frequently.

3. DISGUSTING?: Complete this table and share what you wrote with your partner(s). Change partners often.

Food	Disgusting? (10=very / 0 = not at all)	Why?
worms		
cockroaches		
whale		
sheep's brain		
snake		
rat		

4. SECURITY: Students A **strongly** believe we will all be eating insects 50 years from now; Students B **strongly** believe not. Change partners again and talk about your conversations.

5. BUGS: Rank these and share your rankings with your partner. Put the best at the top. Change partners often and share your rankings.

- spiders
- ants
- ladybirds / ladybugs
- butterflies
- cockroaches
- centipedes
- mosquitos
- bees

6. FOOD: Spend one minute writing down all of the different words you associate with the word 'food'. Share your words with your partner(s) and talk about them. Together, put the words into different categories.

BEFORE READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. The United Nations published a cookery book full of insect recipes. T / F
- b. The U.N. said it is important we start eating insects to help the Earth. T / F
- c. The U.N. said insects are just as healthy as chicken or fish. T / F
- d. The U.N. said insect farming would help big, international companies. T / F
- e. There are over 1,900 kinds of insects that people around the world eat. T / F
- f. Many Westerners would love to start introducing insects into their diet. T / F
- g. An insect food shop in London said it is easy to get people to eat bugs. T / F
- h. The shop said most people wouldn't eat insects if they were on a plate. T / F

2. SYNONYM MATCH: Match the following synonyms from the article.

- | | |
|---------------|---------------------|
| 1. report | a. insects |
| 2. edible | b. deliciousness |
| 3. diet | c. study |
| 4. nutritious | d. raising |
| 5. breeding | e. great |
| 6. tastiness | f. healthy |
| 7. disgusting | g. eat |
| 8. bugs | h. safe to eat |
| 9. fantastic | i. stomach-churning |
| 10. touch | j. food |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--|-----------------------------------|
| 1. A new United Nations | a. such as chicken |
| 2. adding insects | b. the "disgust factor" |
| 3. staples | c. cows, sheep, and other animals |
| 4. breeding | d. is disgusting |
| 5. help millions of poor families | e. crawlies |
| 6. people around the world eat insects | f. to our diet |
| 7. the idea of eating insects | g. won't touch them |
| 8. ...so they get over | h. report |
| 9. creepy- | i. around the world |
| 10. most people | j. out of choice |

GAP FILL

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

A new United Nations (1) _____ says that we should all eat insects. The report is from the U.N. Food and Agriculture Organization. It is called "(2) _____ Insects: Future Prospects for Food and Feed Security". The U.N. says it is important we eat insects to (3) _____ the Earth. It gave three reasons why we should be adding insects to our (4) _____. The first is they are good for our health. "Insects are healthy, nutritious alternatives to mainstream staples (5) _____ as chicken, pork, beef and even fish." The second (6) _____ is they are better for the environment than (7) _____ cows, sheep, and other animals. Finally, "insect farming" would help millions of poor families around the world eat and start a small (8) _____.

reason
diet
business
report
breeding
edible
such
help

Many cultures already (9) _____ insects in their diet. The report says: "Many people around the world eat insects out of (10) _____, largely because of the [tastiness]....More than 1,900 (11) _____ have reportedly been used as food." However, most people in Western or "developed" countries think the (12) _____ of eating insects is disgusting. The report says governments need to (13) _____ Westerners about the benefits of eating bugs so they get over the "disgust (14) _____". Ento, a company in London that sells insect-based food, said it is (15) _____ to get people to eat creepy-crawlies. It told the "New Scientist" magazine: "On paper, insects are (16) _____, but on a plate, most people won't touch them."

educate
difficult
factor
choice
fantastic
include
idea
species

LISTENING – Guess the answers. Listen to check

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

- 1) A new United Nations report says that we _____
 - a. shall all eat insects
 - b. could all eat insects
 - c. should all eat insects
 - d. would all eat insects
- 2) It is called "Edible Insects: Future Prospects for _____ Security"
 - a. Food and Feeding
 - b. Foods and Feed
 - c. Food and Feeder
 - d. Food and Feed
- 3) It gave three reasons why we should be adding _____ diet
 - a. insects to your
 - b. insects to our
 - c. insects too our
 - d. insects two our
- 4) Insects are healthy, nutritious alternatives to mainstream _____ chicken
 - a. staples such as
 - b. stables such as
 - c. stay pulls such as
 - d. stay pies such as
- 5) "insect farming" would help millions of poor families around the world _____ a small business
 - a. eats and start
 - b. eat and starts
 - c. eats and starts
 - d. eat and start
- 6) people around the world eat insects out of choice, largely _____
 - a. because of the taste in it
 - b. because of the tastiness
 - c. because of the tasty nest
 - d. because of the taste in eggs
- 7) the idea of eating insects _____
 - a. is disgusting
 - b. is discussing
 - c. is digesting
 - d. is disgraceful
- 8) governments need to educate Westerners about the _____ bugs
 - a. benefits for eating
 - b. benefits from eating
 - c. benefits off eating
 - d. benefits of eating
- 9) it is difficult to get people to _____
 - a. eat creep-pea crawlies
 - b. eat crepe-crawlies
 - c. eat creepy-brownies
 - d. eat creepy-crawlies
- 10) On paper, insects are fantastic, but on a plate, most people _____
 - a. won't touch them
 - b. won't eat them
 - c. won't taste them
 - d. won't cook them

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LISTENING – Listen and fill in the gaps

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

A new United Nations report says that (1) _____. The report is from the U.N. Food and Agriculture Organization. It is called "Edible Insects: Future Prospects for Food and Feed Security". The U.N. says it is important we eat (2) _____. It gave three reasons why we should be adding insects to our diet. The first is they are good for our health. "Insects are healthy, (3) _____ mainstream staples such as chicken, pork, beef and even fish." The second reason is they are better for the environment (4) _____, sheep, and other animals. Finally, (5) _____ help millions of poor families around the world eat and (6) _____.

Many cultures already (7) _____ diet. The report says: "Many people around the world eat (8) _____, largely because of the [tastiness]....More than 1,900 species have reportedly been used as food." However, most people in Western or "developed" countries think the idea of eating (9) _____. The report says governments need to educate Westerners about the benefits of eating bugs so (10) _____ factor". Ento, a company in London that sells insect-based food, said (11) _____ to eat creepy-crawlies. It told the "New Scientist" magazine: "On paper, insects are fantastic, but on a plate, (12) _____ them."

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COMPREHENSION QUESTIONS

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

1. What did a United Nations report suggest we do?

2. How many reasons did the U.N. give?

3. What food can insects replace?

4. What's the second reason given?

5. How could "insect farming" help poor families?

6. Why do many people around the world eat insects?

7. How many different types of insect do people eat?

8. What do most Westerners think of eating insects?

9. How could governments get Westerners to eat insects?

10. What did a shop say about insects on a plate?

MULTIPLE CHOICE - QUIZ

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

1. What did a United Nations report suggest we do?
 - a) give up eating meat
 - b) start breeding insects
 - c) visit an insect restaurant
 - d) eat insects
2. How many reasons did the U.N. give?
 - a) two
 - b) three
 - c) four
 - d) five
3. What food can insects replace?
 - a) seafood (shells, prawns, crab, etc.)
 - b) pasta
 - c) protein
 - d) meat and fish
4. What's the second reason given?
 - a) insects are a low-cholesterol food
 - b) insects are delicious
 - c) it's better for the environment
 - d) insects are cheap
5. How could "insect farming" help poor families?
 - a) they could make use of their gardens
 - b) they could reduce the number of pests
 - c) they could get extra nutrition
 - d) they could start a small business
6. Why do many people around the world eat insects?
 - a) for good luck
 - b) there are no cows or sheep
 - c) they are tasty
 - d) people are poor
7. How many different types of insect do people eat?
 - a) over 1,900
 - b) less than 1,800
 - c) around 900
 - d) about 80
8. What do most Westerners think of eating insects?
 - a) it's an exciting idea
 - b) it's important
 - c) it's disgusting
 - d) it's unhealthy
9. How could governments get Westerners to eat insects?
 - a) selling cheap insect pies
 - b) through education
 - c) free coupons for insect restaurants
 - d) online insect cookery books
10. What did a shop say about insects on a plate?
 - a) people would not eat them
 - b) it's better than insects in a sandwich
 - c) a bowl is better so the insects don't run away
 - d) they look delicious

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ROLE PLAY

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

Role A – Insect lover

You think insects are very tasty. You also think more people should eat them. Tell the others three reasons why. You think the insect hater has no idea about the world because (s)he lives in a McDonald's world. Worms are healthier than Big Macs. You are sure you are very healthy because of insects.

Role B – Insect hater

You think the idea of eating insects is disgusting. Tell the others three reasons why. There is no need to change food culture that is thousands of years old. People only eat insects during wars or famine. Why would anyone eat insects when there is real food in the stores.

Role C – Environmentalist

You don't care if insects are tasty or disgusting. You think we should all eat insects for environmental reasons. Tell the others three reasons why. The world will be healthier if we eat insects. Tell the insect hater that if we keep eating meat and fish, our food and fields will disappear.

Role D – Government

You don't want people in your country to start eating insects. Tell the others three reasons why. You disagree with the environmentalist and the insect lover. Your farmers and fishermen can produce enough food to feed your country. If we start eating insects, it will hurt the environment.

AFTER READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'edible' and 'insects'.

edible	insects
---------------	----------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• new• security• three• chicken• cows• small	<ul style="list-style-type: none">• choice• species• disgusting• benefits• company• plate
---	--

INSECTS SURVEY

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

Write five GOOD questions about insects in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

INSECTS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- a) What did you think when you read the headline?
- b) What springs to mind when you hear the word 'insects'?
- c) What do you think about what you read?
- d) Do you think insects are a healthy food source?
- e) What insects could and couldn't you eat?
- f) Do you think we will all need to eat insects to help the Earth?
- g) How could insects replace meat and fish?
- h) If you ate a pie, loved it, and then found out it was insect pie, how would you feel?
- i) What do you think of the idea of insect farming?
- j) Which is better, worm curry or bee soup?

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INSECTS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- a) Did you like reading this article? Why/not?
- b) Why do some cultures love eating insects while others don't?
- c) Would it be exciting to try all 1,900 insects?
- d) What is the most disgusting food you can think of?
- e) Could Westerners ever be educated to eat bugs?
- f) Would insects taste better if they didn't look like insects on the plate?
- g) Could you date someone who ate insects?
- h) What would you do if you found a jar of insects in your fridge?
- i) If scientists found insects were the healthiest food ever, would you eat them?
- j) What questions would you like to ask an insect eater?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

MULTIPLE CHOICE - LANGUAGE

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

A new United Nations report says that we (1) _____ all eat insects. The report is from the U.N. Food and Agriculture Organization. It is (2) _____ "Edible Insects: Future Prospects for Food and (3) _____ Security". The U.N. says it is important we eat insects to help the Earth. It gave three reasons why we should be (4) _____ insects to our diet. The first is they are good for our health. "Insects are healthy, nutritious alternatives to mainstream staples (5) _____ as chicken, pork, beef and even fish." The second reason is they are better for the environment than (6) _____ cows, sheep, and other animals. Finally, "insect farming" would help millions of poor families around the world eat and start a small business.

Many cultures already include insects in their (7) _____. The report says: "Many people around the world eat insects (8) _____ of choice, largely because of the [tastiness]....More than 1,900 species have reportedly been used as food." However, most people in Western or "developed" countries think the idea of eating insects is (9) _____. The report says governments need to educate Westerners about the benefits of eating bugs so they get over the "disgust (10) _____". Ento, a company in London that sells insect-(11) _____ food, said it is difficult to get people to eat creepy-crawlies. It told the "New Scientist" magazine: "On paper, insects are fantastic, but on a plate, most people won't (12) _____ them."

Put the correct words from the table below in the above article.

- | | | | | |
|-----|---------------|--------------|--------------|----------------|
| 1. | (a) have to | (b) should | (c) must | (d) maybe |
| 2. | (a) calls | (b) called | (c) calling | (d) call |
| 3. | (a) Flee | (b) Flea | (c) Free | (d) Feed |
| 4. | (a) added | (b) adding | (c) add | (d) adds |
| 5. | (a) like | (b) such | (c) much | (d) example |
| 6. | (a) brooding | (b) bleeding | (c) breeding | (d) blooding |
| 7. | (a) weight | (b) recipe | (c) diet | (d) ingredient |
| 8. | (a) up | (b) in | (c) out | (d) for |
| 9. | (a) disgusted | (b) disgusts | (c) disgust | (d) disgusting |
| 10. | (a) checker | (b) monitor | (c) power | (d) factor |
| 11. | (a) based | (b) cased | (c) laced | (d) faced |
| 12. | (a) stroke | (b) feel | (c) touch | (d) pet |

SPELLING

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

Paragraph 1

1. the U.N. Food and rcirgAeutlu Organization
2. bieled insects
3. three esansor why
4. healthy, rotuniistu alternatives
5. better for the mtereionnnv
6. rdinegeb cows

Paragraph 2

7. Many cultures already elnicud insects
8. eat insects out of coheci
9. eating insects is sdgtsungii
10. the nefetsib of eating bugs
11. the "New tntiSicse" magazine
12. insects are fsattniac

PUT THE TEXT BACK TOGETHER

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

Number these lines in the correct order.

- () and Agriculture Organization. It is called "Edible Insects: Future Prospects for Food and Feed
- () to mainstream staples such as chicken, pork, beef and even fish." The second reason is they are better for the environment
- () magazine: "On paper, insects are fantastic, but on a plate, most people won't touch them."
- () bugs so they get over the "disgust factor". Ento, a company in London that sells insect-
- () help millions of poor families around the world eat and start a small business.
- () Security". The U.N. says it is important we eat insects to help the Earth. It gave three reasons why we should be
- () disgusting. The report says governments need to educate Westerners about the benefits of eating
- () based food, said it is difficult to get people to eat creepy-crawlies. It told the "New Scientist"
- () than breeding cows, sheep, and other animals. Finally, "insect farming" would
- () Many cultures already include insects in their diet. The report says: "Many people around the world
- () eat insects out of choice, largely because of the [tastiness]....More than 1, 900 species have reportedly been
- () used as food." However, most people in Western or "developed" countries think the idea of eating insects is
- (**1**) A new United Nations report says that we should all eat insects. The report is from the U.N. Food
- () adding insects to our diet. The first is they are good for our health. "Insects are healthy, nutritious alternatives

PUT THE WORDS IN THE RIGHT ORDER

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

1. says report UN new A insects eat all should we that.

2. insects to our diet Reasons why we should be adding.

3. as such staples mainstream to Alternatives chicken.

4. the for Better cows breeding than environment.

5. help millions of poor families Finally, insect farming would.

6. diet include insects Many in cultures their already.

7. choice around eat of People world out the insects.

8. species have reportedly been used as food 1,900.

9. is insects eating of idea The disgusting.

10. - creepy eat to people get to difficult is It crawlies.

CIRCLE THE CORRECT WORD (20 PAIRS)

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

A new United Nations report says that we should *all / everyone* eat insects. The report is from the U.N. Food and Agriculture Organization. It is *calling / called* "Edible Insects: Future Prospects for Food and *Feud / Feed* Security". The U.N. says it is important we eat insects *to / for* help the Earth. It gave three reasons why we should be *added / adding* insects to our diet. The first is they are good *by / for* our health. "Insects are healthy, nutritious alternatives to mainstream *stables / staples* such as chicken, pork, beef and *even / ever* fish." The second reason is they are better for the environment than *breeding / bleeding* cows, sheep, and other animals. Finally, "insect farming" would help millions *of / for* poor families around the world eat and start a small business.

Many cultures already *including / include* insects in their diet. The report says: "Many people around the world eat insects *out / in* of choice, *largely / big* because of the [tastiness]....More than 1,900 species have reportedly been used *to / as* food." However, most people in Western or "developed" countries think the idea of eating insects is *disgusted / disgusting*. The report says governments need to *educate / education* Westerners about the benefits *for / of* eating bugs so they get over the "disgust *factor / factory*". Ento, a company in London that sells insect-based food, said it is difficult to get people to eat *crawly-creepies / creepy-crawlies*. It told the "New Scientist" magazine: "On paper, insects are fantastic, but on a plate, most people won't *touch / feel* them."

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

_ n _ w _ n _ t _ d N _ t _ _ n s r _ p _ r t s _ y s t h _ t w _ s h _ _ l d _ l l
_ _ t _ n s _ c t s . T h _ r _ p _ r t _ s f r _ m t h _ _ . N . F _ _ d _ n d
_ g r _ c _ l t _ r _ _ r g _ n _ z _ t _ _ n . _ t _ s _ c _ l l _ d _ " _ d _ b l _
_ n s _ c t s : F _ t _ r _ P r _ s p _ c t s f _ r F _ _ d _ n d F _ _ d S _ c _ r _ t y " .
T h _ _ . N . s _ y s _ t _ s _ m p _ r t _ n t w _ _ _ t _ n s _ c t s t _ h _ l p
t h _ _ _ r t h . _ t _ g _ v _ t h r _ _ r _ s _ n s w h y w _ s h _ _ l d b _
_ d d _ n g _ n s _ c t s t _ _ _ r d _ _ t . T h _ f _ r s t _ s t h _ y _ r _ g _ d
f _ r _ _ r _ h _ _ l t h . " _ n s _ c t s _ r _ h _ _ l t h y , n _ t r _ t _ _ s
_ l t _ r n _ t _ v _ s t _ m _ _ n s t r _ _ m s t _ p l _ s s _ c h _ s _ c h _ c k _ n ,
p _ r k , b _ _ f _ _ n d _ v _ n _ f _ s h . " T h _ s _ c _ n d r _ _ s _ n _ s t h _ y
_ r _ b _ t t _ r _ f _ r t h _ _ n v _ r _ n m _ n t t h _ n b r _ d _ n g _ c _ w s ,
s h _ _ p , _ n d _ t h _ r _ n _ m _ l s . F _ n _ l l y , " _ n s _ c t f _ r m _ n g "
w _ _ l d h _ l p m _ l l _ _ n s _ f _ p _ _ r f _ m _ l _ _ s _ r _ _ n d t h _ w _ r l d
_ _ t _ n d s t _ r t _ _ s m _ l l b _ s _ n _ s s .

M _ n y c _ l t _ r _ s _ l r _ _ d y _ n c l _ d _ _ n s _ c t s _ n t h _ _ r d _ _ t .
T h _ r _ p _ r t s _ y s : " M _ n y p _ _ p l _ _ r _ _ n d t h _ w _ r l d _ _ t
_ n s _ c t s _ _ t _ f _ c h _ _ c _ , l _ r g _ l y b _ c _ _ s _ _ f t h _
[t _ s t _ n _ s s] ... M _ r _ t h _ n 1 , 9 0 0 s p _ c _ _ s h _ v _ r _ p _ r t _ d l y
b _ _ n _ s _ d _ s f _ _ d . " H _ w _ v _ r , m _ s t p _ _ p l _ _ n W _ s t _ r n
_ r " d _ v _ l _ p _ d " c _ _ n t r _ _ s t h _ n k t h _ _ d _ _ _ f _ _ t _ n g
_ n s _ c t s _ s _ d _ s g _ s t _ n g . T h _ r _ p _ r t s _ y s g _ v _ r n m _ n t s
n _ _ d t _ _ d _ c _ t _ W _ s t _ r n _ r s _ b _ _ t t h _ b _ n _ f _ t s _ f
_ _ t _ n g b _ g s s _ t h _ y g _ t _ v _ r t h _ " d _ s g _ s t _ f _ c t _ r " .
_ n t _ , _ c _ m p _ n y _ n L _ n d _ n t h _ t s _ l l s _ n s _ c t - b _ s _ d
f _ _ d , s _ _ d _ t _ s _ d _ f f _ c _ l t t _ g _ t p _ _ p l _ t _ _ _ t c r _ _ p y -
c r _ w l _ _ s . _ t t _ l d t h _ " N _ w S c _ _ n t _ s t " m _ g _ z _ n _ : " _ n
p _ p _ r , _ n s _ c t s _ r _ f _ n t _ s t _ c , b _ t _ n _ _ p l _ t _ , m _ s t
p _ _ p l _ w _ n ' t t _ _ c h t h _ m . "

PUNCTUATE THE TEXT AND ADD CAPITALS

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

a new united nations report says that we should all eat insects the report is from the un food and agriculture organization it is called "edible insects future prospects for food and feed security" the un says it is important we eat insects to help the earth it gave three reasons why we should be adding insects to our diet the first is they are good for our health "insects are healthy nutritious alternatives to mainstream staples such as chicken pork beef and even fish" the second reason is they are better for the environment than breeding cows sheep and other animals finally "insect farming" would help millions of poor families around the world eat and start a small business many cultures already include insects in their diet the report says "many people around the world eat insects out of choice largely because of the [tastiness]...more than 1900 species have reportedly been used as food" however most people in western or "developed" countries think the idea of eating insects is disgusting the report says governments need to educate westerners about the benefits of eating bugs so they get over the "disgust factor" ento a company in london that sells insect-based food said it is difficult to get people to eat creepy-crawlies it told the "new scientist" magazine "on paper insects are fantastic but on a plate most people won't touch them"

United Nations asks us to eat insects – 16th May, 2013

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PUT A SLASH (/) WHERE THE SPACES ARE

From <http://www.BreakingNewsEnglish.com/1305/130516-insects.html>

A new United Nations report says that we should all eat insects. The report is from the U.N. Food and Agriculture Organization. It is called "Edible Insects: Future Prospects for Food and Feed Security". The U.N. says it is important we eat insects to help the Earth. It gave three reasons why we should be adding insects to our diet. The first is they are good for our health. "Insects are healthy, nutritious alternatives to mainstream staples such as chicken, pork, beef and even fish." The second reason is they are better for the environment than breeding cows, sheep, and other animals. Finally, "insect farming" would help millions of poor families around the world eat and start a small business. Many cultures already include insects in their diet. The report says: "Many people around the world eat insects out of choice, largely because of the [tastiness] More than 1,900 species have reportedly been used as food." However, most people in Western or "developed" countries think the idea of eating insects is disgusting. The report says governments need to educate Westerners about the benefits of eating bugs so they get over the "disgust factor". Ento, a company in London that sells insect-based food, said it is difficult to get people to eat creepy-crawlies. It told the "New Scientist" magazine: "On paper, insects are fantastic, but on a plate, most people won't touch them."

United Nations asks us to eat insects – 16th May, 2013

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HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about insects as food. Share what you discover with your partner(s) in the next lesson.

3. INSECTS: Make a poster about insects. Show your work to your classmates in the next lesson. Did you all have similar things?

4. EATING INSECTS: Write a magazine article about eating insects. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an insect expert. Ask him/her three questions about eating bugs. Give him/her three of your opinions on this. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

TRUE / FALSE (p.4)

a F b T c T d F e T f F g F h T

SYNONYM MATCH (p.4)

- | | |
|---------------|---------------------|
| 1. report | a. study |
| 2. edible | b. safe to eat |
| 3. diet | c. food |
| 4. nutritious | d. healthy |
| 5. breeding | e. raising |
| 6. tastiness | f. deliciousness |
| 7. disgusting | g. stomach-churning |
| 8. bugs | h. insects |
| 9. fantastic | i. great |
| 10. touch | j. eat |

COMPREHENSION QUESTIONS (p.8)

1. Eat insects
2. 3
3. Chicken, pork, beef and fish
4. Eating insects is better for the environment than breeding animals
5. They could eat or start a business
6. They are tasty
7. Over 1,900
8. It's disgusting
9. Through education
10. Most people wouldn't touch (eat) them

MULTIPLE CHOICE - QUIZ (p.9)

1. d 2. b 3. d 4. c 5. d 6. c 7. a 8. c 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)