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Level 4 'Sexist' poll says women moody 10 days a year

24th September, 2014

http://www.breakingnewsenglish.com/1409/140924-moodiness-4.html

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Please try the harder Level 5 and the 26-page Level 6 (harder).



THE READING

From http://www.breakingnewsenglish.com/1409/140924-moodiness-4.html

'Metro' newspaper has said researchers who said women are grumpy for ten days a year are sexist. A vitamin company carried out a survey of the moods of 1,000 women and 1,000 men. It said the average woman is in a bad mood for five hours a week. 'Metro' called the study "incredibly" and "extraordinarily" sexist, and that it strengthened stereotypes of over-emotional women. It said the researchers should spend their time "doing something useful".

The vitamin company, said: "Moods are a barometer of our overall well being...both men and women are susceptible to being in a bad mood." It added that: "Women crave 'me time' and men tend to rely on their partners." The study listed reasons for women's moods. These include "everyday challenges from bad traffic to failing technology". Other "triggers" were feeling fat, money worries, breaking a nail, and fearing their partners never listened.

Sources: http://metro.co.uk/2014/09/21/incredibly-sexist-study-finds-women-are-all-really-moody-and-breaking-a-nail-ruins-their-day-4876723/

http://www.**telegraph**.co.uk/women/womens-life/11112652/Women-spend-10-days-every-year-grumpy-survey-finds.html

BAD-MOOD TRIGGERS

From http://www.breakingnewsenglish.com/1409/140924-moodiness-4.html

28 Triggers for a bad mood, according to the study.

Complete the table and talk to your partner(s) about it.

Trigger		Is this you?	How to get over it?
1.	Partner not listening		
2.	Feeling under the weather		
3.	Weather/ bad weather		
4.	Not having enough money		
5.	Technology		
6.	Feeling undervalued		
7.	No one helping with anything		
8.	Having nothing to wear		
9.	Having a bad hair day		
10.	Keeping on top of housework		
11.	A boring life		
12.	Heavy workload		
13.	The traffic		
14.	Colleagues not helping		
15.	Being hungry		
16.	Children not listening		
17.	Public transport being late		
18.	Hating your job		
19.	Waking up with a spot		
20.	Knowing what to cook		
21.	Pressure from your boss		
22.	Rubbish on TV		
23.	Ungrateful children		
24.	Your friends' Facebook		
25.	Colleagues being late for work		
26.	No one making you a drink		
27.	Breaking a nail		
28.	Being overweight		

MATCHING

From http://www.breakingnewsenglish.com/1409/140924-moodiness-4.html

PARAGRAPH ONE:

2	carried out	b.	stereotypes
2			
3.	"incredibly" and "extraordinarily"	с.	doing something useful
4.	it strengthened	d.	women are grumpy
5.	over-	e.	sexist
6.	spend their time	f.	a survey
PAI	RAGRAPH TWO:		

1.	Moods are a barometer of	a.	challenges
2	susceptible	b.	'me time'
3.	Women crave	c.	on their partners
4.	men tend to rely	d.	a nail
5.	everyday	e.	our overall well being
6.	breaking	f.	to being in a bad mood

4

LISTEN AND FILL IN THE GAPS

From http://www.breakingnewsenglish.com/1409/140924-moodiness-4.html

'Metro' newspaper has said researchers who said (1)
ten days a year are sexist. A vitamin company (2)
of the moods of 1,000 women and 1,000 men. It said
(3) is in a bad mood for five hours a week. 'Metro'
called the study "incredibly" and (4), and that it
strengthened (5)emotional women. It said the
researchers should (6) "doing something useful".
The vitamin company, said: "Moods are (7) overall
well beingboth men and women (8) being in a bad
mood." It added that: "Women (9) and men tend to
rely on their partners." The study listed reasons for women's moods. These
include "(10) from bad traffic to failing technology".
Other "triggers" were feeling fat, (11), breaking a
nail, and fearing their (12)

MOODINESS SURVEY

From http://www.breakingnewsenglish.com/1409/140924-moodiness-4.html

Write five GOOD questions about moodiness in the table. Do this in pairs. Each student must write the questions on his / her own paper.

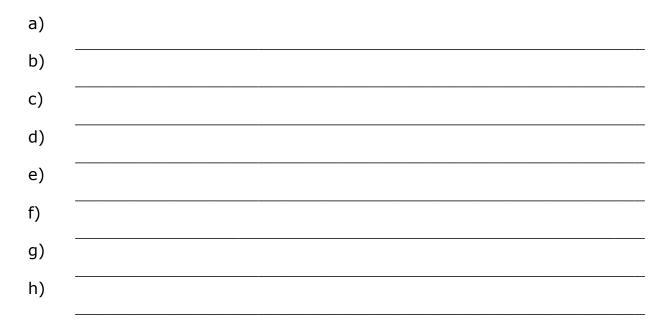
When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

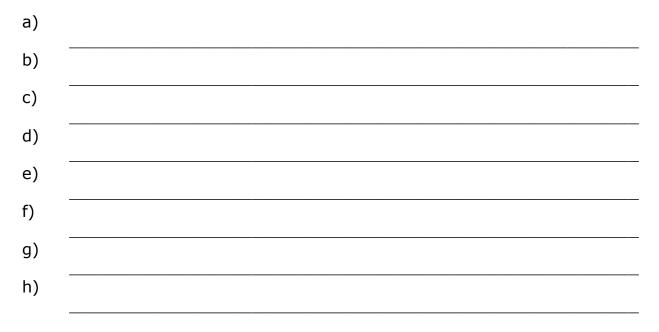
Student A: Do not show these to your speaking partner(s).



'Sexist' poll says women moody 10 days a year – 24th September, 2014 More free lessons at www.BreakingNewsEnglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).



FREE WRITING

From http://www.breakingnewsenglish.com/1409/140924-moodiness-4.html

Write about **moodiness** for 10 minutes. Comment on your partner's paper.