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## Level 6

# Curry spice may help repair brain cells

28th September, 2014

<http://www.breakingnewsenglish.com/1409/140928-curry-spice.html>

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**Please try Levels 4 and 5 (they are easier).**

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# THE ARTICLE

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Scientists believe the spice turmeric could help the brain to heal itself. This is encouraging news for those affected by degenerative brain diseases. Researchers from the Institute of Neuroscience and Medicine in Germany examined the effects of properties found in turmeric on rats. The researchers injected rats with a compound from turmeric. After scanning the rodents' brains, they found that parts of the brain known for nerve cell growth were more active. They say the spice could lead to new drugs for treating strokes, Alzheimer's and other diseases. Lead scientist Dr Adele Rueger said it was possible the compound could "boost the effectiveness" of our brain cells, and "help boost repair in the brain".

Research is still in its infancy and more trials are needed to see what potential it has for humans. Dr Laura Phipps, from the charity Alzheimer's Research UK, told the BBC that it was too early to decide whether or not the research will be groundbreaking. She said: "It is not clear whether the results of this research would translate to people, or whether the ability to generate new brain cells in this way would benefit people with Alzheimer's disease." She added: "We'd need to see further studies to fully understand this compound's effects in the context of a complex disease like Alzheimer's. Until then, people shouldn't take this as a sign to stock up on supplies of turmeric for the spice rack."

Sources: <http://www.bbc.co.uk/news/health-29361351>  
<http://medicalxpress.com/news/2014-09-turmeric-compound-boosts-regeneration-brain.html>  
<http://www.dailymail.co.uk/news/article-2770380/Eating-curry-help-beat-dementia-Ingredient-turmeric-hold-key-repairing-brains-people-condition.html#ixzz3EOEi1A00>

# WARM-UPS

**1. CURRY:** Students walk around the class and talk to other students about curry. Change partners often and share your findings.

**2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

*spice / encouraging / neuroscience / compound / scanning / cell growth / boost / potential / charity / groundbreaking / translate / complex / supplies / spice rack*

Have a chat about the topics you liked. Change topics and partners frequently.

**3. GOOD FOR US:** Complete this table with your partner(s). Change partners often and share what you wrote.

	What is it good for?	What does it do?
Chocolate		
Milk		
Bananas		
Yoghurt		
Spinach		
Salmon		

**4. BRAIN DISEASES:** Students A **strongly** believe scientists will cure all brain diseases one day; Students B **strongly** believe that will never happen. Change partners again and talk about your conversations.

**5. HEALTHIEST:** Rank these with your partner. Put the healthiest things at the top. Change partners often and share your rankings.

- spices
- milk
- fish
- oranges
- spinach
- water
- walnuts
- avocado

**6. HEAL:** Spend one minute writing down all of the different words you associate with the word "heal". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

# BEFORE READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

**1. TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

- |   |       |
|---|-------|
| a. Scientists say turmeric will prevent brain diseases from starting.       | T / F |
| b. The research is from neuroscientists in the USA.                         | T / F |
| c. Researchers found turmeric prompted active brain cell regrowth in rats.  | T / F |
| d. A scientist said turmeric could help in the treatment of stroke victims. | T / F |
| e. Research is currently being conducted on infants.                        | T / F |
| f. A doctor told the BBC that the research was groundbreaking.              | T / F |
| g. The doctor said it was unclear if the research could help humans.        | T / F |
| h. The doctor said people didn't need to go shopping for turmeric.          | T / F |

**2. SYNONYM MATCH:** Match the following synonyms from the article.

- |                   |                    |
|-------------------|--------------------|
| 1. heal           | a. characteristics |
| 2. degenerative   | b. early days      |
| 3. properties     | c. complicated     |
| 4. treating       | d. cure            |
| 5. boost          | e. innovative      |
| 6. infancy        | f. improve         |
| 7. groundbreaking | g. debilitating    |
| 8. context        | h. squirrel away   |
| 9. complex        | i. dealing with    |
| 10. stock up on   | j. circumstances   |

**3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- |   |                             |
|---|-----------------------------|
| 1. turmeric could help the brain to heal        | a. infancy                  |
| 2. those affected by degenerative               | b. treating strokes         |
| 3. the effects of properties                    | c. disease like Alzheimer's |
| 4. new drugs for                                | d. brain diseases           |
| 5. the compound could "boost the effectiveness" | e. groundbreaking           |
| 6. Research is still in its                     | f. found in turmeric        |
| 7. the research will be                         | g. for the spice rack       |
| 8. the ability to generate                      | h. itself                   |
| 9. a complex                                    | i. new brain cells          |
| 10. stock up on supplies of turmeric            | j. of our brain cells       |

# GAP FILL

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Scientists believe the spice turmeric could help the brain to (1) \_\_\_\_\_ itself. This is encouraging news for those (2) \_\_\_\_\_ by degenerative brain diseases. Researchers from the Institute of Neuroscience and Medicine in Germany (3) \_\_\_\_\_ the effects of (4) \_\_\_\_\_ found in turmeric on rats. The researchers injected rats with a (5) \_\_\_\_\_ from turmeric. After scanning the rodents' brains, they found that parts of the brain known for nerve cell (6) \_\_\_\_\_ were more active. They say the spice could lead to new drugs for (7) \_\_\_\_\_ strokes, Alzheimer's and other diseases. Lead scientist Dr Adele Rueger said it was possible the compound could "(8) \_\_\_\_\_ the effectiveness" of our brain cells, and "help boost repair in the brain".

*compound*  
*affected*  
*treating*  
*heal*  
*boost*  
*properties*  
*growth*  
*examined*

Research is still in its (9) \_\_\_\_\_ and more trials are needed to see what (10) \_\_\_\_\_ it has for humans. Dr Laura Phipps, from the charity Alzheimer's Research UK, told the BBC that it was too early to decide (11) \_\_\_\_\_ or not the research will be groundbreaking. She said: "It is not clear whether the results of this research would translate to people, or whether the (12) \_\_\_\_\_ to generate new brain cells in this way would (13) \_\_\_\_\_ people with Alzheimer's disease." She added: "We'd need to see further studies to (14) \_\_\_\_\_ understand this compound's effects in the context of a (15) \_\_\_\_\_ disease like Alzheimer's. Until then, people shouldn't take this as a sign to stock up on supplies of turmeric for the spice (16) \_\_\_\_\_."

*potential*  
*benefit*  
*complex*  
*infancy*  
*rack*  
*ability*  
*whether*  
*fully*

# LISTENING – Guess the answers. Listen to check.

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

- 1) Scientists believe the spice turmeric could help the brain \_\_\_\_\_
  - a. to feel itself
  - b. to heal itself
  - c. to heel itself
  - d. to fail itself
- 2) encouraging news for those affected by \_\_\_\_\_ diseases
  - a. regenerative brain
  - b. degenerating brain
  - c. regenerating brain
  - d. degenerative brain
- 3) The researchers injected rats with \_\_\_\_\_ turmeric
  - a. a confound from
  - b. a con pound from
  - c. a comb pound from
  - d. a compound from
- 4) They say the spice could lead to new drugs \_\_\_\_\_
  - a. of treat in strokes
  - b. for treating strokes
  - c. for tree thing strokes
  - d. of treating strokes
- 5) it was possible the compound could "boost \_\_\_\_\_ our brain cells"
  - a. the effectiveness of
  - b. the affectiveness of
  - c. the defective mess of
  - d. the reflectiveness of
- 6) Research is still \_\_\_\_\_
  - a. in its infants see
  - b. in its infant's sea
  - c. in its infancy
  - d. in its in fancies
- 7) it was too early to decide whether or not the research \_\_\_\_\_
  - a. will be heartbreaking
  - b. will be groundbreaking
  - c. will be record-breaking
  - d. will be backbreaking
- 8) She said: "It is not clear whether the results of this research would \_\_\_\_\_ ..."
  - a. translate two people
  - b. translate too people
  - c. translate for people
  - d. translate to people
- 9) understand this compound's effects in the context of \_\_\_\_\_ like Alzheimer's
  - a. a complex disease
  - b. this complex disease
  - c. the complex disease
  - d. complex disease
- 10) stock up on supplies of turmeric \_\_\_\_\_
  - a. for the spice lack
  - b. for the spice ruck
  - c. for the spice luck
  - d. for the spice rack

# LISTENING – Listen and fill in the gaps

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Scientists believe the spice turmeric could help the (1) \_\_\_\_\_. This is encouraging news for those affected (2) \_\_\_\_\_ brain diseases. Researchers from the Institute of Neuroscience and Medicine in Germany examined the (3) \_\_\_\_\_ found in turmeric on rats. The researchers injected rats with a compound from turmeric. After scanning the rodents' brains, they found that parts of the brain known for (4) \_\_\_\_\_ were more active. They say the spice could lead to new drugs (5) \_\_\_\_\_, Alzheimer's and other diseases. Lead scientist Dr Adele Rueger said it was possible the compound could "boost the effectiveness" of our brain cells, and " (6) \_\_\_\_\_ the brain".

Research is (7) \_\_\_\_\_ and more trials are needed to see what potential it has for humans. Dr Laura Phipps, from the charity Alzheimer's Research UK, told the BBC that (8) \_\_\_\_\_ decide whether or not the research will (9) \_\_\_\_\_. She said: "It is not clear whether the results of this research would translate to people, (10) \_\_\_\_\_ to generate new brain cells in this way would benefit people with Alzheimer's disease." She added: "We'd need to see further studies to fully understand this compound's (11) \_\_\_\_\_ of a complex disease like Alzheimer's. Until then, people shouldn't take this as a sign (12) \_\_\_\_\_ supplies of turmeric for the spice rack."

# COMPREHENSION QUESTIONS

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

1. For whom is this news encouraging?

---

2. In what country was this research carried out?

---

3. What animals did researchers conduct tests on?

---

4. What did researchers say their work could lead to?

---

5. What could turmeric help boost the effectiveness of?

---

6. What is still needed to see the potential turmeric has?

---

7. What did a doctor say it was too early for?

---

8. What did a doctor say wasn't clear?

---

9. What did a doctor say she'd like to see?

---

10. What did a doctor say people needn't stock up on?

---



# MULTIPLE CHOICE - QUIZ

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

1. For whom is this news encouraging?
  - a) turmeric growers
  - b) curry lovers
  - c) researchers and neuroscientists
  - d) people with degenerative brain diseases
2. In what country was this research carried out?
  - a) India
  - b) Germany
  - c) Bolivia
  - d) New Zealand
3. What animals did researchers conduct tests on?
  - a) guinea pigs
  - b) chimpanzees
  - c) rhesus monkeys
  - d) rats
4. What did researchers say their work could lead to?
  - a) hotter curries
  - b) the end of brain diseases
  - c) new drugs
  - d) more research
5. What could turmeric help boost the effectiveness of?
  - a) our intelligence
  - b) research
  - c) spicy food
  - d) brain cells
6. What is still needed to see the potential turmeric has?
  - a) more funding
  - b) more volunteers
  - c) more trials
  - d) tastier curries
7. What did a doctor say it was too early for?
  - a) to call the research groundbreaking
  - b) curry
  - c) new drugs
  - d) testing on humans
8. What did a doctor say wasn't clear?
  - a) the future of testing
  - b) green curry
  - c) if turmeric could help humans
  - d) who's in charge
9. What did a doctor say she'd like to see?
  - a) tests done on cinnamon and cumin
  - b) further studies
  - c) brain food
  - d) a spice market in India
10. What did a doctor say people needn't stock up on?
  - a) turmeric
  - b) racks
  - c) drugs
  - d) vitamins

# ROLE PLAY

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

## **Role A – Milk**

You think milk is best for our body. Tell the others three reasons why. Tell the others which is the least important of these (and why): spices, fish or water.

## **Role B – Spices**

You think spices are best for our body. Tell the others three reasons why. Tell the others which is the least important of these (and why): milk, fish or water.

## **Role C – Fish**

You think fish is best for our body. Tell the others three reasons why. Tell the others which is the least important of these (and why): spices, milk or water.

## **Role D – Water**

You think water is best for our body. Tell the others three reasons why. Tell the others which is the least important of these (and why): spices, fish or milk.

# AFTER READING / LISTENING

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

**1. WORD SEARCH:** Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'brain' and 'cell'.

<b>brain</b>	<b>cell</b>
--------------	-------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

**2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

**3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

**4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

**5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none"><li>• believe</li><li>• examined</li><li>• injected</li><li>• parts</li><li>• drugs</li><li>• boost</li></ul>	<ul style="list-style-type: none"><li>• still</li><li>• early</li><li>• translate</li><li>• benefit</li><li>• fully</li><li>• rack</li></ul>
---	--

# CURRY SURVEY

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Write five GOOD questions about curry in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# CURRY DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- 1) What did you think when you read the headline?
- 2) What springs to mind when you hear the word 'spice'?
- 3) What are your favourite spices, and why?
- 4) What do you think of the research?
- 5) What do you know about the healing power of spices?
- 6) Will you eat more things that contain turmeric from now?
- 7) Why do researchers test things on rats?
- 8) How active is your brain? Is it overactive or underused?
- 9) What would you do with more brain power?
- 10) What effect could this research have on society?

*Curry spice may help repair brain cells – 28th September, 2014*  
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# CURRY DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- 11) Did you like reading this article? Why/not?
- 12) How and where do you think the research will go?
- 13) What undiscovered potential do you think there is in spices?
- 14) How are spices used in your national cuisine?
- 15) Are you worried about your brain losing its functions?
- 16) What can we do to keep our brain healthy?
- 17) What are the differences between spices and herbs?
- 18) Do you agree with the saying that "variety is the spice of life"?
- 19) What other uses are there for spices?
- 20) What questions would you like to ask the researchers?

# DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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# DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# LANGUAGE - CLOZE

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Scientists (1) \_\_\_\_\_ the spice turmeric could help the brain to heal itself. This is encouraging news for those (2) \_\_\_\_\_ by degenerative brain diseases. Researchers from the Institute of Neuroscience and Medicine in Germany examined the effects of properties found in turmeric (3) \_\_\_\_\_ rats. The researchers injected rats with a compound from turmeric. After scanning the rodents' brains, they found that parts of the brain (4) \_\_\_\_\_ for nerve cell growth were more active. They say the spice could lead to new drugs for (5) \_\_\_\_\_ strokes, Alzheimer's and other diseases. Lead scientist Dr Adele Rueger said it was possible the compound could "boost the (6) \_\_\_\_\_ " of our brain cells, and "help boost repair in the brain".

Research is still in its (7) \_\_\_\_\_ and more trials are needed to see what potential it has for humans. Dr Laura Phipps, from the charity Alzheimer's Research UK, told the BBC that it was too early to decide (8) \_\_\_\_\_ or not the research will be groundbreaking. She said: "It is not clear whether the results of this research would translate (9) \_\_\_\_\_ people, or whether the ability to generate new brain cells in this way would benefit people with Alzheimer's disease." She added: "We'd need to see (10) \_\_\_\_\_ studies to fully understand this compound's effects (11) \_\_\_\_\_ the context of a complex disease like Alzheimer's. Until then, people shouldn't take this as a sign to stock (12) \_\_\_\_\_ on supplies of turmeric for the spice rack."

## Put the correct words from the table below in the above article.

- |     |                   |                    |                   |                   |
|-----|-------------------|--------------------|-------------------|-------------------|
| 1.  | (a) believe       | (b) belief         | (c) belie         | (d) belike        |
| 2.  | (a) effected      | (b) affective      | (c) affected      | (d) effective     |
| 3.  | (a) of            | (b) to             | (c) by            | (d) on            |
| 4.  | (a) knew          | (b) known          | (c) knows         | (d) know          |
| 5.  | (a) treatment     | (b) treated        | (c) treats        | (d) treating      |
| 6.  | (a) affectiveness | (b) reflectiveness | (c) effectiveness | (d) infectiveness |
| 7.  | (a) primary       | (b) infancy        | (c) childhood     | (d) newborn       |
| 8.  | (a) whether       | (b) if             | (c) so            | (d) how           |
| 9.  | (a) to            | (b) as             | (c) of            | (d) at            |
| 10. | (a) farther       | (b) longer         | (c) further       | (d) distant       |
| 11. | (a) on            | (b) by             | (c) of            | (d) in            |
| 12. | (a) out           | (b) up             | (c) away          | (d) in            |

# SPELLING

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

## Paragraph 1

1. cgnoagiuner news
2. the Institute of eerusiccNone and Medicine
3. injected rats with a cnpmoduo from turmeric
4. known for reenv cell growth
5. lead to new drugs for atneritg strokes
6. boost the ntvesfeifeesc of our brain cells

## Paragraph 2

7. Research is still in its afnicny
8. see what nplttaoie it has
9. the research will be grbenugkrandoi
10. this research would tlersntaa to people
11. raengtee new brain cells
12. a sign to stock up on sipuespl of turmeric



# PUT THE TEXT BACK TOGETHER

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

**Number these lines in the correct order.**

- ( ) results of this research would translate to people, or whether the ability to generate new brain
- ( ) in turmeric on rats. The researchers injected rats with a compound from turmeric. After scanning
- ( **1** ) Scientists believe the spice turmeric could help the brain to heal itself. This is encouraging
- ( ) Research is still in its infancy and more trials are needed to see what potential it has
- ( ) for humans. Dr Laura Phipps, from the charity Alzheimer's Research UK, told the BBC that it was too
- ( ) Dr Adele Rueger said it was possible the compound could "boost the effectiveness" of our brain cells, and "help boost repair in the brain".
- ( ) news for those affected by degenerative brain diseases. Researchers from the Institute
- ( ) early to decide whether or not the research will be groundbreaking. She said: "It is not clear whether the
- ( ) the rodents' brains, they found that parts of the brain known for nerve cell growth were more
- ( ) active. They say the spice could lead to new drugs for treating strokes, Alzheimer's and other diseases. Lead scientist
- ( ) then, people shouldn't take this as a sign to stock up on supplies of turmeric for the spice rack."
- ( ) of Neuroscience and Medicine in Germany examined the effects of properties found
- ( ) cells in this way would benefit people with Alzheimer's disease." She added: "We'd need to see further
- ( ) studies to fully understand this compound's effects in the context of a complex disease like Alzheimer's. Until

# PUT THE WORDS IN THE RIGHT ORDER

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

1. help the brain to heal itself The spice turmeric could .

---

2. diseases affected by News degenerative for brain those .

---

3. turmeric of in rats effects found on The properties .

---

4. brain nerve the for growth of known cell Parts .

---

5. could lead to new drugs for treating strokes The spice .

---

6. potential it has More trials are needed to see what .

---

7. research groundbreaking whether the be Decide not will or .

---

8. cells way people brain this benefit New in would .

---

9. to to studies understand need further fully We'd see .

---

10. on supplies of turmeric for the spice rack . Stock

---

# CIRCLE THE CORRECT WORD (20 PAIRS)

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Scientists *believe* / *belief* the spice turmeric could help the brain to *healing* / *heal* itself. This is encouraging news for those *effected* / *affected* by degenerative brain diseases. Researchers from the Institute of Neuroscience and Medicine in Germany examined the *affects* / *effects* of properties found in turmeric on rats. The researchers *injected* / *inflicted* rats with a compound from turmeric. After scanning the rodents' brains, they found that *part* / *parts* of the brain known for nerve cell growth were more *active* / *actively*. They say the spice could lead to new drugs for *treatment* / *treating* strokes, Alzheimer's and other diseases. Lead scientist Dr Adele Rueger said it was *possibility* / *possible* the compound could "boost the effectiveness" of our brain cells, and "help boost repair *in* / *on* the brain".

Research is still in its *infants* / *infancy* and more trials are needed to see what *potential* / *potency* it has for humans. Dr Laura Phipps, from the charity Alzheimer's Research UK, told the BBC that it was too early to decide *whether* / *if* or not the research will be groundbreaking. She said: "It is not *clarity* / *clear* whether the results of this research would translate *for* / *to* people, or whether the *capable* / *ability* to generate new brain cells in this way would *beneficial* / *benefit* people with Alzheimer's disease." She added: "We'd need to see further studies to *fully* / *full* understand this compound's effects in the *context* / *pretext* of a complex disease like Alzheimer's. Until then, people shouldn't take this as a sign to stock *up* / *in* on supplies of turmeric for the spice rack."

**Talk about the connection between each pair of words in italics, and why the correct word is correct.**

# INSERT THE VOWELS (a, e, i, o, u)

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Sc\_\_nt\_\_sts b\_\_l\_\_v\_\_ th\_\_ sp\_\_c\_\_ t\_\_rm\_\_r\_\_c\_\_ c\_\_ld h\_\_lp th\_\_  
br\_\_n\_\_t\_\_ h\_\_l\_\_ts\_\_lf. Th\_\_s\_\_s\_\_nc\_\_r\_\_g\_\_ng\_\_n\_\_ws\_\_f\_\_r\_\_  
th\_\_s\_\_ \_\_ff\_\_ct\_\_d\_\_ by\_\_ d\_\_g\_\_n\_\_r\_\_t\_\_v\_\_ br\_\_n\_\_d\_\_s\_\_s\_\_s\_\_.  
R\_\_s\_\_rch\_\_rs fr\_\_m th\_\_ \_\_nst\_\_t\_\_t\_\_ \_\_f N\_\_r\_\_sc\_\_nc\_\_ \_\_nd  
M\_\_d\_\_c\_\_n\_\_ \_\_n G\_\_rm\_\_ny \_\_x\_\_m\_\_n\_\_d th\_\_ \_\_ff\_\_cts \_\_f  
pr\_\_p\_\_rt\_\_s f\_\_nd \_\_n t\_\_rm\_\_r\_\_c\_\_ \_\_n r\_\_ts. Th\_\_r\_\_s\_\_rch\_\_rs  
\_\_nj\_\_ct\_\_d r\_\_ts w\_\_th \_\_c\_\_mp\_\_nd fr\_\_m t\_\_rm\_\_r\_\_c\_\_. \_\_ft\_\_r  
sc\_\_nn\_\_ng th\_\_r\_\_d\_\_nts' br\_\_ns, th\_\_y f\_\_nd th\_\_t p\_\_rts \_\_f  
th\_\_ br\_\_n\_\_kn\_\_wn fr\_\_n r\_\_v\_\_c\_\_ll gr\_\_wth w\_\_r\_\_m\_\_r\_\_  
\_\_ct\_\_v\_\_. Th\_\_y s\_\_y th\_\_sp\_\_c\_\_c\_\_ld l\_\_d t\_\_n\_\_w dr\_\_gs fr\_\_  
tr\_\_t\_\_ng str\_\_k\_\_s, \_\_lzh\_\_m\_\_r's \_\_nd \_\_th\_\_r\_\_d\_\_s\_\_s\_\_s\_\_.  
L\_\_d sc\_\_nt\_\_st Dr\_\_d\_\_l R\_\_g\_\_r s\_\_d \_\_t w\_\_s p\_\_ss\_\_bl\_\_  
th\_\_c\_\_mp\_\_nd c\_\_ld "b\_\_st th\_\_ \_\_ff\_\_ct\_\_v\_\_n\_\_ss" \_\_f \_\_r  
br\_\_n\_\_c\_\_lls, \_\_nd "h\_\_lp b\_\_str\_\_p\_\_r\_\_n th\_\_br\_\_n".

R\_\_s\_\_rch \_\_s st\_\_ll \_\_n \_\_ts \_\_nf\_\_ncy \_\_nd m\_\_r\_\_tr\_\_ls \_\_r\_\_  
n\_\_d\_\_d t\_\_s\_\_ wh\_\_t p\_\_t\_\_nt\_\_l\_\_t h\_\_s fr\_\_h\_\_m\_\_ns. Dr  
L\_\_r\_\_Ph\_\_pps, fr\_\_m th\_\_ch\_\_r\_\_ty \_\_lzh\_\_m\_\_r's R\_\_s\_\_rch  
\_\_K, t\_\_ld th\_\_BBC th\_\_t \_\_t w\_\_s t\_\_ \_\_r\_\_ly t\_\_d\_\_c\_\_d\_\_  
wh\_\_th\_\_r \_\_r\_\_n\_\_t th\_\_r\_\_s\_\_rch w\_\_ll b\_\_gr\_\_ndbr\_\_k\_\_ng.  
Sh\_\_s\_\_d: "t\_\_s n\_\_t cl\_\_r wh\_\_th\_\_r th\_\_r\_\_s\_\_lts \_\_f th\_\_s  
r\_\_s\_\_rch w\_\_ld tr\_\_nsl\_\_t\_\_t\_\_p\_\_pl\_\_, \_\_r wh\_\_th\_\_r th\_\_  
\_\_b\_\_l\_\_ty t\_\_g\_\_n\_\_r\_\_t\_\_n\_\_w br\_\_n\_\_c\_\_lls \_\_n th\_\_s w\_\_y w\_\_ld  
b\_\_n\_\_f\_\_t p\_\_pl\_\_w\_\_th \_\_lzh\_\_m\_\_r's d\_\_s\_\_s\_\_s\_\_." Sh\_\_dd\_\_d:  
"W\_\_'d n\_\_d t\_\_s\_\_f\_\_rth\_\_r st\_\_d\_\_s t\_\_f\_\_lly \_\_nd r\_\_st\_\_nd  
th\_\_s c\_\_mp\_\_nd's \_\_ff\_\_cts \_\_n th\_\_c\_\_nt\_\_xt \_\_f \_\_c\_\_mpl\_\_x  
d\_\_s\_\_s\_\_l\_\_k\_\_ \_\_lzh\_\_m\_\_r's. \_\_nt\_\_l th\_\_n, p\_\_pl\_\_sh\_\_ldn't  
t\_\_k\_\_ th\_\_s \_\_s\_\_s\_\_gn\_\_t\_\_st\_\_ck \_\_p\_\_n s\_\_ppl\_\_s \_\_f  
t\_\_rm\_\_r\_\_c fr\_\_th\_\_sp\_\_c\_\_r\_\_ck."

# PUNCTUATE THE TEXT AND ADD CAPITALS

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

scientists believe the spice turmeric could help the brain to heal itself this is encouraging news for those affected by degenerative brain diseases researchers from the institute of neuroscience and medicine in germany examined the effects of properties found in turmeric on rats the researchers injected rats with a compound from turmeric after scanning the rodents' brains they found that parts of the brain known for nerve cell growth were more active they say the spice could lead to new drugs for treating strokes alzheimer's and other diseases lead scientist dr adele rueger said it was possible the compound could "boost the effectiveness" of our brain cells and "help boost repair in the brain"

research is still in its infancy and more trials are needed to see what potential it has for humans dr laura phipps from the charity alzheimer's research uk told the bbc that it was too early to decide whether or not the research will be groundbreaking she said "it is not clear whether the results of this research would translate to people or whether the ability to generate new brain cells in this way would benefit people with alzheimer's disease" she added "we'd need to see further studies to fully understand this compound's effects in the context of a complex disease like alzheimer's until then people shouldn't take this as a sign to stock up on supplies of turmeric for the spice rack"

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Scientists believe the spice turmeric could help the brain to heal itself. This is encouraging news for those affected by degenerative brain diseases. Researchers from the Institute of Neuroscience and Medicine in Germany examined the effects of properties found in turmeric on rats. The researchers injected rats with a compound from turmeric. After scanning the rodents' brains, they found that parts of the brain known for nerve cell growth were more reactive. They say the spice could lead to new drugs for treating strokes, Alzheimer's and other diseases. Lead scientist Dr Adele Rueger said it was possible the compound could "boost the effectiveness" of brain cells, and "help boost repair in the brain". Research is still in its infancy and more trials are needed to see what potential it has for humans. Dr Laura Phipps, from the charity Alzheimer's Research UK, told the BBC that it was too early to decide whether or not the research will be groundbreaking. She said: "It is not clear whether the results of this research would translate to people, or whether the ability to generate new brain cells in this way would benefit people with Alzheimer's disease." She added: "We'd need to see further studies to fully understand this compound's effects in the context of a complex disease like Alzheimer's. Until then, people shouldn't take this as a sign to stock up on supplies of turmeric for the spice rack."

# FREE WRITING

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Write about **curry** for 10 minutes. Comment on your partner’s paper.

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# ACADEMIC WRITING

From <http://www.BreakingNewsEnglish.com/1409/140928-curry-spice.html>

Compare and contrast spicy, hot curry and mild curry. Which is best? Why?

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# HOMework

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find out more about the health benefits of curry. Share what you discover with your partner(s) in the next lesson.

**3. CURRY:** Make a poster about curry around the world. Show your work to your classmates in the next lesson. Did you all have similar things?

**4. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**5. LETTER:** Write a letter to an expert on spices. Ask him/her three questions about them. Tell him/her three ways you use spices. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

# ANSWERS

## TRUE / FALSE (p.4)

a F    b F    c T    d T    e F    f F    g T    h T

## SYNONYM MATCH (p.4)

- |                   |                    |
|-------------------|--------------------|
| 1. heal           | a. cure            |
| 2. degenerative   | b. debilitating    |
| 3. properties     | c. characteristics |
| 4. treating       | d. dealing with    |
| 5. boost          | e. improve         |
| 6. infancy        | f. early days      |
| 7. groundbreaking | g. innovative      |
| 8. context        | h. circumstances   |
| 9. complex        | i. complicated     |
| 10. stock up on   | j. squirrel away   |

## COMPREHENSION QUESTIONS (p.8)

1. People with degenerative brain diseases
2. Germany
3. Rats
4. New drugs
5. Our brain cells
6. More trials
7. To say the research is groundbreaking
8. If the research would help humans
9. Further studies
10. Turmeric

## MULTIPLE CHOICE - QUIZ (p.9)

1. d    2. b    3. d    4. c    5. d    6. c    7. a    8. c    9. b    10. a

## ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.  
(It's good for your English ;-)