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Level 1 Cut music to an hour a day

2nd March, 2015

http://www.breakingnewsenglish.com/1503/150302-loud-music-1.html

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Try Level 0 (easier), Level 2 (harder) & the 26-page Level 3 (harder).



THE READING

From http://www.breakingnewsenglish.com/1503/150302-loud-music-1.html

The WHO has warned that a billion teenagers and young people are damaging their hearing with loud music. Nearly half of young people in richer countries risk hearing loss because of "unsafe" levels of music on music players and smartphones. Music in nightclubs, bars and at sporting events adds to the risk. A safe limit is to listen for just one hour a day. The WHO is trying to raise awareness of an issue that is not talked about enough. People can prevent hearing loss.

Turning the volume down and listening for less than an hour a day can reduce hearing loss. However, the WHO said that, "even an hour can be too much if the volume is too loud". A researcher explained that: "Loud sounds damage your hearing by killing off thousands of little hair cells in the inner ear [that] detect different...sounds [but] they are very fragile, and if they vibrate too much,...they get damaged and die." They never regrow.

Sources: http://www.**bbc**.com/news/health-31661789 http://www.**independent**.co.uk/life-style/health-and-families/health-news/children-warned-to-notlisten-to-music-for-more-than-one-hour-a-day-10076200.html http://www.**mirror**.co.uk/news/uk-news/music-health-warning-listening-more-5244982

VOCABULARY MATCHING

From http://www.breakingnewsenglish.com/1503/150302-loud-music-1.html

PARAGRAPH ONE:

1.	young people are	a.	awareness of an issue
2	Nearly half	b.	of music
3.	"unsafe" levels	c.	hearing loss
4.	A safe	d.	damaging their hearing
5.	listen for	e.	of young people
6.	The WHO is trying to raise	f.	about enough
7.	an issue that is not talked	g.	limit
8.	People can prevent	h.	just one hour a day

PARAGRAPH TWO:

1.	Turning the volume	a.	and die
2	reduce hearing	b.	of little hair cells
3.	even an hour can	c.	regrow
4.	Loud sounds damage	d.	fragile
5.	killing off thousands	e.	down
6.	they are very	f.	your hearing
7.	they get damaged	g.	loss
8.	They never	h.	be too much

LISTEN AND FILL IN THE GAPS

From http://www.breakingnewsenglish.com/1503/150302-loud-music-1.html

The WHO (1) ______ a billion teenagers and young people are damaging their hearing (2) ______. Nearly half of young people in richer countries (3) ______. Nearly half of young people in richer decause of "unsafe" levels of music on music players and smartphones. Music in nightclubs, bars and at sporting events (4) ______. A safe limit is to listen (5) ______ hour a day. The WHO is trying to raise awareness of an issue that is not talked about enough. People (6) ______ loss.

Turning	the	volum		ime down		and	lis	tening
(7) hour a day can reduce hearing loss.								
However,	the	WHO	Sä	aid 1	that,	"even	an	hour
(8) much if the volume is too loud". A								
(9): "Loud sounds damage your hearing								
(10) thousands of little hair cells in the								
inner ear [that] (11)sounds [but] they								
are very	fragile,	and	if	they	vibrate	too	much,	they
(12)" They never regrow.								

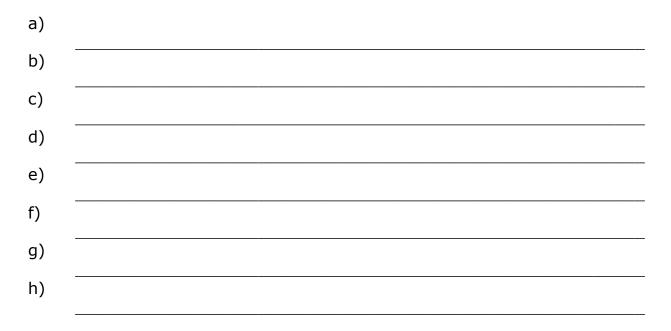
PUT A SLASH (/)WHERE THE SPACES ARE

From http://www.breakingnewsenglish.com/1503/150302-loud-music-1.html

TheWHOhaswarnedthatabillionteenagersandyoungpeoplearedama gingtheirhearing with loud music. Nearly half of young people in richerco untriesriskhearinglossbecauseof"unsafe"levelsofmusiconmusicplay ersandsmartphones.Musicinnightclubs,barsandatsportingeventsad dstotherisk.Asafelimitistolistenforjustonehouraday.TheWHOistryin gtoraiseawarenessofanissuethatisnottalkedaboutenough.Peopleca npreventhearingloss.Turningthevolumedownandlisteningforlesstha nanhouradaycanreducehearingloss.However,theWHOsaidthat,"eve nanhourcanbetoomuchifthevolumeistooloud".Aresearcherexplaine dthat:"Loudsoundsdamageyourhearingbykillingoffthousandsoflittle haircellsintheinnerear[that]detectdifferent...sounds[but]theyareve ryfragile, and if they vibrate to omuch, ... they get damaged and die. "They neverregrow.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

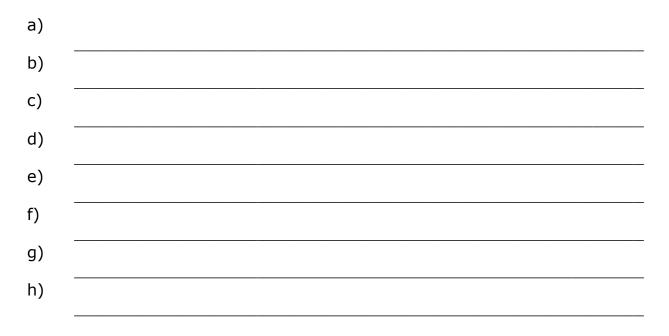
Student A: Do not show these to your speaking partner(s).



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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).



WRITING

From http://www.breakingnewsenglish.com/1503/150302-loud-music-1.html

Write about **loud music** for 10 minutes. Comment on your partner's paper.