

# www.**Breaking News English**.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES  
FOR LANGUAGE TEACHERS"**

[www.breakingnewsenglish.com/book.html](http://www.breakingnewsenglish.com/book.html)

**Thousands more free lessons  
from Sean's other websites**

[www.freeeslmaterials.com/sean\\_banville\\_lessons.html](http://www.freeeslmaterials.com/sean_banville_lessons.html)

## **Level 2**

### **Maori haka and language may keep dementia away**

**14th May, 2017**

<http://www.breakingnewsenglish.com/1705/170514-maori-haka-2.html>

## **Contents**

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

**Please try Levels 0, 1 and 3. They are (a little) harder.**

**Twitter**



[twitter.com/SeanBanville](https://twitter.com/SeanBanville)

**Facebook**



[www.facebook.com/pages/BreakingNewsEnglish/155625444452176](https://www.facebook.com/pages/BreakingNewsEnglish/155625444452176)

**Google +**



<https://plus.google.com/+SeanBanville>

# THE READING

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-2.html>

The famous Maori war dance (the haka) and being bilingual may help people keep dementia away. Researchers from a university in New Zealand say doing the haka and speaking two languages (Maori and English) might help Maoris avoid dementia. A study compared rates of dementia among people in their 80s and 90s. Researchers thought these rates would be higher among Maoris. This is because Maoris have less health care, less income and more heart diseases than non-Maoris. However, researchers found no differences between Maoris and non-Maoris.

The haka is a traditional war cry. A group of people all chant and repeat the same energetic movements while stamping their feet. Warriors did it before battles. They wanted to show their strength and frighten their enemy. A New Zealand football team started using it in 1888. The famous All Blacks rugby team then started using it before their matches in 1905. It is now part of the pre-match preparations for the All Blacks. A Maori professor said that skill, eye co-ordination and the difficult dance routines of the haka help to keep the brain healthy.

Sources: <http://www.bbc.com/news/blogs-news-from-elsewhere-39881974>  
<https://www.maoritelevison.com/news/national/kapa-haka-and-te-reo-maori-may-help-maori-avoid-dementia>  
[http://www.nzherald.co.nz/health/news/article.cfm?c\\_id=204&objectid=11853969](http://www.nzherald.co.nz/health/news/article.cfm?c_id=204&objectid=11853969)

# PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-2.html>

## PARAGRAPH ONE:

- |                                |                      |
|--------------------------------|----------------------|
| 1. The famous Maori war        | a. among Maoris      |
| 2. being                       | b. their 80s and 90s |
| 3. speaking two                | c. dance             |
| 4. A study compared rates      | d. no differences    |
| 5. among people in             | e. of dementia       |
| 6. these rates would be higher | f. income            |
| 7. less                        | g. languages         |
| 8. researchers found           | h. bilingual         |

## PARAGRAPH TWO:

- |                                  |                   |
|----------------------------------|-------------------|
| 1. The haka is a traditional war | a. healthy        |
| 2. repeat the same energetic     | b. feet           |
| 3. stamping their                | c. preparations   |
| 4. Warriors did it               | d. movements      |
| 5. They wanted to show           | e. co-ordination  |
| 6. part of the pre-match         | f. before battles |
| 7. eye                           | g. cry            |
| 8. keep the brain                | h. their strength |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-2.html>

The famous Maori (1) \_\_\_\_\_, the haka, and being bilingual may help people keep (2) \_\_\_\_\_. Researchers from a university in New Zealand say doing the haka and (3) \_\_\_\_\_ languages (Maori and English) might help Maoris avoid dementia. A study compared rates of dementia among (4) \_\_\_\_\_ and 90s. Researchers thought these rates would be higher among Maoris. This is because Maoris have (5) \_\_\_\_\_, less income and more heart diseases than non-Maoris. However, researchers found (6) \_\_\_\_\_ between Maoris and non-Maoris.

The haka (7) \_\_\_\_\_ war cry. A group of people all chant and repeat the (8) \_\_\_\_\_ movements while stamping their feet. Warriors (9) \_\_\_\_\_ battles. They wanted to show their strength and frighten their enemy. A New Zealand football team started (10) \_\_\_\_\_ 1888. The famous All Blacks rugby team then started using it before their matches in 1905. It (11) \_\_\_\_\_ the pre-match preparations for the All Blacks. A Maori professor said that skill, eye co-ordination and the difficult (12) \_\_\_\_\_ of the haka help to keep the brain healthy.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-2.html>

The famous Maori wārdance (the haka) and being bilingual may help people keep dementia away. Researchers from a university in New Zealand say doing the haka and speaking two languages (Maori and English) might help Maori avoid dementia. A study compared rates of dementia among people in their 80s and 90s. Researchers thought these rates would be higher among Maori. This is because Maori have less healthcare, less income and more heart disease than non-Maori. However, researchers found no differences between Maori and non-Maori. The haka is a traditional war cry. A group of people all chant and repeat the same energetic movements while stamping their feet. Warriors did it before battles. They wanted to show their strength and frighten their enemy. A New Zealand football team started using it in 1888. The famous All Blacks rugby team then started using it before their matches in 1905. It is now part of the pre-match preparations for the All Blacks. A Maori professor said that skill, eye coordination and the difficult dancer routines of the haka help to keep the brain healthy.

# DEMENTIA SURVEY

From <http://www.breakingnewsenglish.com/1705/170514-maori-haka-4.html>

Write five GOOD questions about dementia in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Maori haka and language may keep dementia away – 14th May, 2017*  
More free lessons at [www.BreakingNewsEnglish.com](http://www.BreakingNewsEnglish.com)

---

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

