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## **Level 1**

### **Why do people yawn?**

**3rd September, 2017**

<http://www.breakingnewsenglish.com/1709/170903-yawning-1.html>

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**Please try Levels 0, 2 and 3. They are (a little) harder.**

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# THE READING

From <http://www.breakingnewsenglish.com/1709/170903-yawning-1.html>

Why do we yawn? Do you yawn when others yawn? A new study has researched this. It found that yawning is contagious and unstoppable. We automatically yawn when we see others yawn. We yawn more when we try to stop yawning. Some people want to yawn a lot more than other people. Researcher Professor Stephen Jackson said that even reading about yawning could make us yawn. You might even want to yawn right now.

The researchers studied the actions and brain activity of 36 people. The people looked at videos of people yawning. They then had to yawn or stop themselves yawning. The people were videoed doing this. The researchers checked the brain activity of the adults. Jackson said understanding more about yawning will help to treat illnesses like dementia and epilepsy. He said he was looking for possible non-drug treatments that might help the brain.

Sources: <http://www.nottinghampost.com/news/nottingham-news/why-is-yawning-contagious-answer-407557>  
<http://metro.co.uk/2017/08/31/why-is-yawning-contagious-6892289/>  
<http://www.medicalnewstoday.com/articles/319227.php>

# PHRASE MATCHING

From <http://www.breakingnewsenglish.com/1709/170903-yawning-1.html>

## PARAGRAPH ONE:

- |                               |                       |
|-------------------------------|-----------------------|
| 1. A new study has researched | a. we see others yawn |
| 2. yawning is contagious      | b. even want to       |
| 3. We automatically yawn when | c. this               |
| 4. We yawn more when we try   | d. could make us yawn |
| 5. a lot more                 | e. now                |
| 6. even reading about yawning | f. and unstoppable    |
| 7. You might                  | g. than other people  |
| 8. yawn right                 | h. to stop yawning    |

## PARAGRAPH TWO:

- |                                   |                           |
|-----------------------------------|---------------------------|
| 1. brain                          | a. and epilepsy           |
| 2. The people looked at videos    | b. activity               |
| 3. stop themselves                | c. help the brain         |
| 4. The people were videoed        | d. of people yawning      |
| 5. checked the brain              | e. about yawning          |
| 6. understanding more             | f. doing this             |
| 7. treat illnesses like dementia  | g. activity of the adults |
| 8. non-drug treatments that might | h. yawning                |

# LISTEN AND FILL IN THE GAPS

From <http://www.breakingnewsenglish.com/1709/170903-yawning-1.html>

Why do we yawn? Do you (1) \_\_\_\_\_ yawn? A new study has researched this. It found that yawning (2) \_\_\_\_\_ and unstoppable. We automatically yawn when we see others yawn. We yawn more (3) \_\_\_\_\_ to stop yawning. Some people want to yawn (4) \_\_\_\_\_ than other people. Researcher Professor Stephen Jackson said (5) \_\_\_\_\_ about yawning could make us yawn. You might even want to (6) \_\_\_\_\_.

The researchers (7) \_\_\_\_\_ and brain activity of 36 people. The people looked (8) \_\_\_\_\_ people yawning. They then had to yawn or stop themselves yawning. The people were (9) \_\_\_\_\_. The researchers checked the brain (10) \_\_\_\_\_ adults. Jackson said understanding more about yawning will help to treat (11) \_\_\_\_\_ and epilepsy. He said he was looking for (12) \_\_\_\_\_ treatments that might help the brain.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <http://www.breakingnewsenglish.com/1709/170903-yawning-1.html>

Why do we yawn? Do you yawn when others yawn? A new study has researched this. It found that yawning is contagious and unstoppable. We automatically yawn when we see others yawn. We yawn more when we try to stop yawning. Some people want to yawn a lot more than other people. Researcher Professor Stephen Jackson said that even reading about yawning could make us yawn. You might even want to yawn right now. The researchers studied the actions and brain activity of 36 people. The people looked at videos of people yawning. They then had to yawn or stop themselves yawning. The people were videoed doing this. The researchers checked the brain activity of the adults. Jackson said understanding more about yawning will help to treat illnesses like dementia and epilepsy. He said he was looking for possible non-drug treatments that might help the brain.

# YAWNING SURVEY

From <http://www.breakingnewsenglish.com/1709/170903-yawning-4.html>

Write five GOOD questions about yawning in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Why do people yawn? – 3rd September, 2017*  
More free lessons at [www.BreakingNewsEnglish.com](http://www.BreakingNewsEnglish.com)

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

