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Level 1

Study finds why children don't eat their greens

11th October, 2017

<https://breakingnewsenglish.com/1710/171011-eating-greens-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1710/171011-eating-greens-1.html>

Everyone knows that children don't like eating greens. Parents can't get their children to eat vegetables. A new study explains why. The study looked at the eating habits of young children. The study found that genes can make children dislike greens. The children can become fussy eaters. This means parents do not have to stress if their children do not eat vegetables. Many parents worry about what their children eat.

DNA changes how small children taste things. They think many vegetables taste bitter. A researcher into obesity said it was not surprising that children have a sensitive taste. Many children think broccoli is bitter. The new research could help to fight obesity in children. The researcher said there needs to be more research. She said: "There is a huge gap in the research when children [move] from a milk-based diet to foods that the rest of the family eats."

Sources: <http://www.deccanchronicle.com/lifestyle/health-and-wellbeing/091017/not-liking-green-could-be-in-your-genes.html>
<http://www.dailymail.co.uk/sciencetech/article-4961092/Picky-eating-gene-mutation-discovered-scientists.html>
<https://medicalxpress.com/news/2017-10-picky-eater-nature-nurture-behavior.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1710/171011-eating-greens-1.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|-----------------------|
| 1. get their children | a. not eat vegetables |
| 2. A new study explains | b. to eat vegetables |
| 3. the eating habits | c. children eat |
| 4. The children can become fussy | d. of young children |
| 5. parents do not have | e. worry |
| 6. children do | f. why |
| 7. Many parents | g. to stress |
| 8. what their | h. eaters |

PARAGRAPH TWO:

- | | |
|-------------------------------------|------------------------|
| 1. They think many vegetables taste | a. gap in the research |
| 2. children have a sensitive | b. broccoli is bitter |
| 3. Many children think | c. eats |
| 4. fight obesity | d. bitter |
| 5. there needs to be more | e. based diet |
| 6. There is a huge | f. in children |
| 7. move from a milk- | g. research |
| 8. the rest of the family | h. taste |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1710/171011-eating-greens-1.html>

Everyone knows that children (1) _____ greens. Parents (2) _____ children to eat vegetables. A new study explains why. The study looked at (3) _____ of young children. The study found that (4) _____ children dislike greens. The children can become fussy eaters. This means parents (5) _____ to stress if their children do not eat vegetables. Many parents worry about (6) _____ eat.

DNA (7) _____ children taste things. They think many vegetables taste bitter. A researcher (8) _____ it was not surprising that children have a sensitive taste. Many children think (9) _____. The new research (10) _____ fight obesity in children. The researcher said there needs to be more research. She said: "There is (11) _____ in the research when children [move] from a milk-based (12) _____ that the rest of the family eats."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1710/171011-eating-greens-1.html>

Everyone knows that children don't like eating greens. Parents can't get their children to eat vegetables. A new study explains why. The study looked at the eating habits of young children. The study found that genes can make children dislike greens. The children can become fussy eaters. This means parents do not have to stress if their children do not eat vegetables. Many parents worry about what their children eat. DNA changes show some children taste things differently. They think many vegetables taste bitter. A researcher into obesity said it was not surprising that children have a sensitive taste. Many children think broccoli is bitter. The new research could help to fight obesity in children. The researchers said there needs to be more research. She said: "There is a huge gap in the research when children move from a milk-based diet to food that the rest of the family eats."

EATING GREENS SURVEY

From <https://breakingnewsenglish.com/1710/171011-eating-greens-4.html>

Write five GOOD questions about eating greens in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

