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Level 5

Big rise in self-harm among girls

21st October, 2017

<https://breakingnewsenglish.com/1710/171021-self-harm-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1710/171021-self-harm-5.html>

There has been a big rise in self-harm among young teenage girls in the UK. A new study from a British medical journal says more and more 13-16-year-old girls are self-harming. Researchers looked at the data of 600 doctors on nearly 17,000 patients. The researchers found that there was a 68 per cent increase in self-harm among girls over the three-year period of the study. During the same period, rates stayed constant for 10- to 12-year-old girls and 17- to 19-year-olds. The self-harm rates for girls are three times higher than those for boys.

A professor of psychiatry and population health said increasing stress and psychological problems were probably adding to the trend. He said: "It's important to understand its underlying causes." A children's charity said: "Self-harm can often be an expression of a deeper problem, which is why early intervention services to support these children are vital. Without this, the consequences really can be a matter of life or death." Self-harm is one of the biggest risk factors for teenage suicide. Suicide is the second most common cause of death in under-25s around the world.

Sources: <http://www.bbc.com/news/health-41671060>
<https://medicalxpress.com/news/2017-10-teenage-girls-self-harm-boys.html>
<https://www.newscientist.com/article/2150888-self-harm-in-teenage-girls-has-risen-dramatically-in-the-uk/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1710/171021-self-harm-5.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|------------------------|
| 1. There has been a big | a. for girls |
| 2. A new study from a British | b. period of the study |
| 3. nearly 17,000 | c. rise in self-harm |
| 4. a 68 per cent increase | d. those for boys |
| 5. over the three-year | e. medical journal |
| 6. During the same period, rates | f. patients |
| 7. The self-harm rates | g. stayed constant |
| 8. three times higher than | h. in self-harm |

PARAGRAPH TWO:

- | | |
|---|-------------------|
| 1. A professor of | a. or death |
| 2. problems were probably adding | b. are vital |
| 3. important to understand its underlying | c. cause of death |
| 4. an expression of a deeper | d. to the trend |
| 5. services to support these children | e. risk factors |
| 6. be a matter of life | f. causes |
| 7. Self-harm is one of the biggest | g. psychiatry |
| 8. the second most common | h. problem |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1710/171021-self-harm-5.html>

There has been a (1) _____ self-harm among young teenage girls in the UK. A new study from a British (2) _____ more and more 13-16-year-old girls are self-harming. Researchers looked at (3) _____ 600 doctors on nearly 17,000 patients. The researchers found that there was a 68 per cent increase in self-harm (4) _____ the three-year period of the study. During (5) _____, rates stayed constant for 10- to 12-year-old girls and 17- to 19-year-olds. The self-harm rates for girls are three times higher (6) _____ boys.

A professor (7) _____ population health said increasing stress and psychological problems were probably adding (8) _____. He said: "It's important to understand its underlying causes." A children's charity said: "Self-harm can often be an expression of (9) _____, which is why early intervention services (10) _____ children are vital. Without this, the consequences really can be (11) _____ life or death." Self-harm is one of the biggest risk factors for teenage suicide. Suicide is the second (12) _____ of death in under-25s around the world.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1710/171021-self-harm-5.html>

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SELF-HARM SURVEY

From <https://breakingnewsenglish.com/1710/171021-self-harm-4.html>

Write five GOOD questions about self-harm in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

