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Level 4 – 27th July, 2018

Doctors warn over application of suntan lotion

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1807/180727-suntan-lotion-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-4.html>

We should use suntan lotion correctly or risk skin damage. The northern hemisphere is suffering record-breaking heat. Japan has declared its heatwave a natural disaster. Doctors say people are only getting half the protection from the sun than they think. We should use lotion with the highest sun protection factor (SPF). Researchers say we need to use SPF 30 or 50 to make sure we are protected from the sun's harmful UV rays.

The doctors said we put too little suntan lotion on. A professor said we do not spread the lotion on at-risk areas of our skin. Most people get 40 per cent of the expected protection from SPF 50 lotion because they put too little on. We need at least six teaspoons to cover our body and over half a teaspoon for our face, neck and ears. Many people forget their ears. These are too often open to the sun and burn easily.

Sources: <https://www.bbc.com/news/health-44936124>
<https://www.telegraph.co.uk/travel/news/hawaii-sun-tan-lotion-ban/>
<https://www.bbc.com/news/world-asia-44935152>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-4.html>

PARAGRAPH ONE:

- | | |
|---------------------------------|-------------------|
| 1. The northern | a. to use SPF 30 |
| 2. record- | b. disaster |
| 3. a natural | c. UV rays |
| 4. people are only getting half | d. breaking heat |
| 5. the highest sun protection | e. the protection |
| 6. Researchers say we need | f. are protected |
| 7. make sure we | g. hemisphere |
| 8. the sun's harmful | h. factor (SPF) |

PARAGRAPH TWO:

- | | |
|--------------------------------|----------------------------|
| 1. we put too little suntan | a. teaspoon |
| 2. we put too | b. protection |
| 3. at-risk areas | c. their ears |
| 4. 40 per cent of the expected | d. least six teaspoons |
| 5. We need at | e. to the sun |
| 6. over half a | f. of our skin |
| 7. Many people forget | g. lotion on |
| 8. These are too often open | h. little suntan lotion on |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-4.html>

We should use suntan lotion correctly (1) _____ damage.

The northern hemisphere is suffering (2) _____ . Japan has

declared its heatwave (3) _____. Doctors say people are

only getting (4) _____ from the sun than they think. We

should (5) _____ the highest sun protection factor (SPF).

Researchers say we need to use SPF 30 or 50 to make sure we are protected

from the sun's (6) _____ .

The doctors said we (7) _____ suntan lotion on. A professor

said we do not spread the lotion on (8) _____ our skin.

Most people get 40 per cent of (9) _____ from SPF 50 lotion

because they (10) _____ on. We need at least six teaspoons

to cover our body and (11) _____ teaspoon for our face,

neck and ears. Many people forget their ears. These are too often open to

the sun (12) _____ .

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-4.html>

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SUNTAN LOTION SURVEY

From <https://breakingnewsenglish.com/1807/180727-suntan-lotion-4.html>

Write five GOOD questions about suntan lotion in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

