Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

"1,000 IDEAS & ACTIVITIES FOR LANGUAGE TEACHERS" breakingnewsenglish.com/book.html Thousands more free lessons from Sean's other websites www.freeeslmaterials.com/sean_banville_lessons.html

Level 0 – 16th August, 2018

Tonga prime minister challenges leaders to lose weight

FREE online quizzes, mp3 listening and more for this lesson here: https://breakingnewsenglish.com/1808/180816-losing-weight-0.html

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 1, 2 and 3. They are (a little) harder.



THE READING

From https://breakingnewsenglish.com/1808/180816-losing-weight-0.html

Tonga's prime minister Akilisi Pohiva asked other leaders to fight obesity through a year-long weight-loss challenge. The challenge will start in September. He said: "When we meet the following year, we will weigh in again and see who has lost the most." Leaders have talked about this issue for many years. Tonga's life expectancy has gone down from 71 to 68 because of obesity. He hopes Pacific islanders will look after their weight if they see their leaders doing the same. Pacific island nations are losing the fight against child obesity. The World

island countries are obese.

Sources: https://www.**theguardian.com**/world/2018/aug/14/tonga-pm-obesity-challenges-pacific-leadersweight-loss-battle https://www.**telegraph.co.uk**/news/2018/08/14/tonga-pm-challenges-pacific-states-weight-losscontest-tackle/ http://www.**sobserver.ws**/en/14_08_2018/local/35879/Pohiva-urges-Pacific-leaders-to-setexample.htm

Health Organization said 20 per cent of children in 10 Pacific

PHRASE MATCHING

From https://breakingnewsenglish.com/1808/180816-losing-weight-0.html

PARAGRAPH ONE:

1.	Pohiva asked other	a.	loss challenge
2.	fight	b.	about this issue
3.	a year-long weight-	c.	obesity
4.	The challenge will start	d.	years
5.	When we meet the	e.	leaders
6.	see who has	f.	following year
7.	Leaders have talked	g.	in September
8.	for many	h.	lost the most

PARAGRAPH TWO:

1.	life	a.	of children
2.	gone down	b.	doing the same
3.	because	c.	from 71 to 68
4.	look after their	d.	countries
5.	if they see their leaders	e.	of obesity
6.	losing the fight	f.	expectancy
7.	20 per cent	g.	weight
8.	10 Pacific island	h.	against child obesity

LISTEN AND FILL IN THE GAPS

From https://breakingnewsenglish.com/1808/180816-losing-weight-0.html

Tonga's prime minister Akilisi Pohiva (1) to fight obesity through a year-long (2) ______. The challenge (3) _____ September. He said: "When we meet (4) _____, we will weigh in again and see who has (5) ." Leaders have talked about this issue (6) ______. Tonga's life expectancy (7) _____ from 71 to 68 (8) _____. He hopes Pacific islanders will look after their weight if they (9) _____ doing the same. Pacific island (10) the fight against child obesity. (11) _____ Organization said 20 per cent of children in 10 Pacific island (12)

PUT A SLASH (/)WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1808/180816-losing-weight-0.html

Tonga'sprimeministerAkilisiPohivaaskedotherleaderstofightobesity

throughayear-longweight-losschallenge.ThechallengewillstartinSe

ptember.Hesaid:"Whenwemeetthefollowingyear,wewillweighinagai

nandseewhohaslostthemost."Leadershavetalkedaboutthisissuefor

manyyears.Tonga'slifeexpectancyhasgonedownfrom71to68becaus

 $eofobesity. He hopes {\sf Pacific is landers will look after their weight if the yse}$

etheirleadersdoingthesame.Pacificislandnationsarelosingthefightag

ainstchildobesity.TheWorldHealthOrganizationsaid20percentofchil

drenin10Pacificislandcountriesareobese.

LOSING WEIGHT SURVEY

From https://breakingnewsenglish.com/1808/180816-losing-weight-4.html

Write five GOOD questions about losing weight in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)	
b)	
c)	
d)	
e)	
f)	
,	

Tonga prime minister challenges leaders to lose weight – 16th August, 2018 More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)	 	 	
b)	 		
c)	 		
d)	 		
e)			
f)			

Level · 0Tonga prime minister challenges leaders to lose weight – 16th August, 2018More free lessons atbreakingnewsenglish.com- Copyright Sean Banville 20187

WRITING

From https://breakingnewsenglish.com/1808/180816-losing-weight-0.html

Write about **losing weight** for 10 minutes. Read and talk about your partner's paper.