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Level 1 – 16th August, 2018

Tonga prime minister challenges leaders to lose weight

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<https://breakingnewsenglish.com/1808/180816-losing-weight-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1808/180816-losing-weight-1.html>

The prime minister of Tonga asked other leaders to fight obesity by taking part in a year-long weight-loss challenge. Akilisi Pohiva will set the challenge when the Pacific Island Forum takes place in the nation of Nauru in September. He said: "We should all get together for a weight-loss competition...so when we meet the following year, we will weigh in again and see who has lost the most." He added leaders had talked about this issue for years, but nothing changed.

Tonga's life expectancy has gone down because of obesity. It has reduced from 71 to 68. He hopes his challenge will get Pacific islanders to lose weight and that they will look after their weight if they see their leaders doing the same. The Pacific Island Forum said Pacific island nations were losing the fight against child obesity. The World Health Organization said 20 per cent of children were obese in 10 Pacific island countries.

Sources: <https://www.theguardian.com/world/2018/aug/14/tonga-pm-obesity-challenges-pacific-leaders-weight-loss-battle>
<https://www.telegraph.co.uk/news/2018/08/14/tonga-pm-challenges-pacific-states-weight-loss-contest-tackle/>
http://www.sobserver.ws/en/14_08_2018/local/35879/Pohiva-urges-Pacific-leaders-to-set-example.htm

PHRASE MATCHING

From <https://breakingnewsenglish.com/1808/180816-losing-weight-1.html>

PARAGRAPH ONE:

- | | |
|----------------------|---------------------|
| 1. fight | a. issue for years |
| 2. set the | b. loss competition |
| 3. We should all get | c. challenge |
| 4. a weight- | d. changed |
| 5. when we meet the | e. together |
| 6. see who has lost | f. following year |
| 7. talked about this | g. obesity |
| 8. nothing | h. the most |

PARAGRAPH TWO:

- | | |
|----------------------------|--------------------------|
| 1. life | a. were obese |
| 2. It has reduced | b. weight |
| 3. lose | c. island countries |
| 4. they will look | d. from 71 to 68 |
| 5. they see their leaders | e. expectancy |
| 6. losing the fight | f. doing the same |
| 7. 20 per cent of children | g. after their weight |
| 8. 10 Pacific | h. against child obesity |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1808/180816-losing-weight-1.html>

The prime minister of Tonga (1) _____ to fight obesity (2) _____ in a year-long weight-loss challenge. Akilisi Pohiva will (3) _____ when the Pacific Island Forum takes place in the nation of Nauru in September. He said: "We should all (4) _____ a weight-loss competition...so when we meet the following year, we will (5) _____ and see who has lost the most." He added leaders had talked about this (6) _____, but nothing changed.

Tonga's life expectancy has gone (7) _____ obesity. It has reduced from 71 to 68. (8) _____ challenge will get Pacific islanders (9) _____ and that they will look after their weight if they see (10) _____ the same. The Pacific Island Forum said Pacific island nations were (11) _____ against child obesity. The World Health Organization said 20 per cent of children were obese in 10 (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1808/180816-losing-weight-1.html>

The prime minister of Tonga asked other leaders to fight obesity by taking part in a year-long weight-loss challenge. Akilisi Pohiva will set the challenge when the Pacific Island Forum takes place in the nation of Nauru in September. He said: "We should all get together for a weight-loss competition... so when we meet the following year, we will weigh in again and see who has lost the most." He added leaders had talked about this issue for years, but nothing changed. Tonga's life expectancy has gone down because of obesity. It has reduced from 71 to 68. He hopes his challenge will get Pacific islanders to lose weight and that they will look after their weight if they see their leaders doing the same. The Pacific Island Forum said Pacific island nations were losing the fight against child obesity. The World Health Organization said 20 percent of children were obese in 10 Pacific island countries.

LOSING WEIGHT SURVEY

From <https://breakingnewsenglish.com/1808/180816-losing-weight-4.html>

Write five GOOD questions about losing weight in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

