

Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freeeslmaterials.com/sean_banville_lessons.html

Level 0 – 28th August, 2018

Honey better for coughs than antibiotics

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1808/180828-honey-0.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 1, 2 and 3. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

Google +



<https://plus.google.com/+SeanBanville>

THE READING

From <https://breakingnewsenglish.com/1808/180828-honey-0.html>

Doctors say people with coughs should take honey instead of visiting a doctor. Honey will usually work better than antibiotics. A cough usually gets better on its own in a few weeks. Many of us go to a doctor if we have a cough. Doctors say this can be a waste of time. Antibiotics do little to make a cough go away.

We use antibiotics too much so they are getting weaker against viruses. Medicines are working less. This is creating dangerous superbugs. Honey can help to soothe a sore throat. It is a traditional remedy for coughs. Honey may be good for children - they love honey but don't like medicine or doctors.

Sources: <https://www.bbc.com/news/health-45270134>
<https://www.thisinsider.com/treat-cough-with-honey-before-antibiotics-new-guidelines-2018-8>
<http://www.pulsetoday.co.uk/clinical/clinical-specialties/prescribing/gps-should-recommend-honey-and-herbal-medicines-for-coughs-suggests-nice/20037335.article>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1808/180828-honey-0.html>

PARAGRAPH ONE:

- | | |
|------------------------------------|---------------------|
| 1. people with coughs should | a. weeks |
| 2. instead of visiting | b. waste of time |
| 3. Honey will usually work better | c. a doctor |
| 4. A cough usually gets better | d. cough go away |
| 5. in a few | e. on its own |
| 6. go to a doctor if we | f. than antibiotics |
| 7. Doctors say this can be a | g. have a cough |
| 8. Antibiotics do little to make a | h. take honey |

PARAGRAPH TWO:

- | | |
|-------------------------------|------------------------|
| 1. We use antibiotics | a. working less |
| 2. they are getting weaker | b. for children |
| 3. Medicines are | c. a sore throat |
| 4. This is creating dangerous | d. don't like medicine |
| 5. Honey can help to soothe | e. against viruses |
| 6. It is a traditional | f. superbugs |
| 7. Honey may be good | g. too much |
| 8. they love honey but | h. remedy for coughs |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1808/180828-honey-0.html>

Doctors (1) _____ coughs should take honey
(2) _____ a doctor. Honey will usually
(3) _____ antibiotics. A cough usually gets better
on its (4) _____ few weeks. Many of us go to a
doctor (5) _____ a cough. Doctors say this can
be a waste of time. Antibiotics do little to make a
(6) _____.

We use antibiotics (7) _____ they are getting
(8) _____. Medicines are working less. This is
creating dangerous superbugs. Honey (9) _____
soothe a sore throat. It is a traditional
(10) _____. Honey (11) _____ for
children - they love honey (12) _____ medicine
or doctors.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1808/180828-honey-0.html>

Doctors say people with coughs should take honey instead of visiting a doctor. Honey will usually work better than antibiotics. A cough usually gets better on its own in a few weeks. Many of us go to a doctor if we have a cough. Doctors say this can be a waste of time. Antibiotics do little to make a cough go away. We use antibiotics too much so they are getting weaker against viruses. Medicines are working less. This is creating dangerous superbugs. Honey can help to soothe a sore throat. It is a traditional remedy for coughs. Honey may be good for children - they love honey but don't like medicine or doctors.

HONEY SURVEY

From <https://breakingnewsenglish.com/1808/180828-honey-4.html>

Write five GOOD questions about honey in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

Honey better for coughs than antibiotics – 28th August, 2018
More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

