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**Level 2 – 28th August, 2018**

## Honey better for coughs than antibiotics

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/1808/180828-honey-2.html>

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**Please try Levels 0, 1 and 3. They are (a little) harder.**

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# THE READING

From <https://breakingnewsenglish.com/1808/180828-honey-2.html>

Doctors have some advice for people with coughs. They are telling people not to visit a doctor but to drink or eat honey or get some medicine from a drugstore instead. Doctors say that in most cases, honey will work and people do not need antibiotics. The doctors added that most of the time, a cough will get better on its own in two to three weeks, even without medicine. Many of us go to see a doctor at a hospital or clinic if we have a cough. Doctors in England say this is usually a waste of time. They say antibiotics do little to make a cough go away.

Doctors say we use antibiotics too much. This can be bad for us. Many viruses are becoming resistant to antibiotics, so medicines are working less. Doctors say this is creating superbugs. These can be dangerous to our health. Doctors say honey can help to soothe a sore throat and make other symptoms disappear. A hot drink with honey is a traditional remedy for coughs. People sometimes add lemon or ginger to it. Honey may be good for children with coughs. Many children do not like medicine but love the taste of honey. Younger children usually do not like visiting a doctor.

Sources: <https://www.bbc.com/news/health-45270134>  
<https://www.thisisinsider.com/treat-cough-with-honey-before-antibiotics-new-guidelines-2018-8>  
<http://www.pulsetoday.co.uk/clinical/clinical-specialties/prescribing/gps-should-recommend-honey-and-herbal-medicines-for-coughs-suggests-nice/20037335.article>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/1808/180828-honey-2.html>

## PARAGRAPH ONE:

- |                               |                      |
|-------------------------------|----------------------|
| 1. advice for people          | a. of time           |
| 2. get some medicine from a   | b. with coughs       |
| 3. in most cases, honey       | c. away              |
| 4. a cough will get           | d. will work         |
| 5. see a doctor at a hospital | e. little            |
| 6. this is usually a waste    | f. drugstore         |
| 7. They say antibiotics do    | g. or clinic         |
| 8. make a cough go            | h. better on its own |

## PARAGRAPH TWO:

- |                                   |                         |
|-----------------------------------|-------------------------|
| 1. Doctors say we use             | a. to antibiotics       |
| 2. This can                       | b. of honey             |
| 3. viruses are becoming resistant | c. to our health        |
| 4. Doctors say this is creating   | d. a sore throat        |
| 5. These can be dangerous         | e. antibiotics too much |
| 6. honey can help to soothe       | f. for coughs           |
| 7. honey is a traditional remedy  | g. be bad for us        |
| 8. love the taste                 | h. superbugs            |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1808/180828-honey-2.html>

Doctors (1) \_\_\_\_\_ for people with coughs. They are telling people (2) \_\_\_\_\_ a doctor but to drink or eat honey or get some medicine from (3) \_\_\_\_\_. Doctors say that in most cases, honey will work and people do not need antibiotics. The doctors added (4) \_\_\_\_\_ the time, a cough will get better on its own in two to three weeks, even without medicine. Many (5) \_\_\_\_\_ to see a doctor at a hospital or clinic if we have a cough. Doctors in England say this is usually a (6) \_\_\_\_\_. They say antibiotics do little to make a cough go away.

Doctors (7) \_\_\_\_\_ antibiotics too much. This can be bad for us. Many viruses (8) \_\_\_\_\_ to antibiotics, so medicines are working less. Doctors say this is creating superbugs. These can be dangerous (9) \_\_\_\_\_. Doctors say honey can help to soothe a sore throat and make other symptoms disappear. A hot drink with honey (10) \_\_\_\_\_ remedy for coughs. People sometimes add lemon or ginger to it. Honey (11) \_\_\_\_\_ for children with coughs. Many children do not like medicine but love the taste of honey. Younger children (12) \_\_\_\_\_ like visiting a doctor.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1808/180828-honey-2.html>

Doctors have some advice for people with coughs. They are telling people not to visit a doctor but to drink or eat honey or get some medicine from a drug store instead. Doctors say that in most cases, honey will work and people do not need antibiotics. The doctors added that most of the time, a cough will get better on its own in two to three weeks, even without medicine. Many of us go to see a doctor at a hospital or clinic if we have a cough. Doctors in England say this is usually a waste of time. They say antibiotics do little to make a cough go away. Doctors say we use antibiotics too much. This can be bad for us. Many viruses are becoming resistant to antibiotics, so some medicines are working less. Doctors say this is creating superbugs. These can be dangerous to our health. Doctors say honey can help to soothe a sore throat and make other symptoms disappear. A hot drink with honey is a traditional remedy for coughs. People sometimes add lemon or ginger to it. Honey may be good for children with coughs. Many children do not like medicine but love the taste of honey. Younger children usually do not like visiting a doctor.

# HONEY SURVEY

From <https://breakingnewsenglish.com/1808/180828-honey-4.html>

Write five GOOD questions about Honey in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

