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# **Level 0 – 28th October, 2018**

# Canada doctors using art to treat patients

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https://breakingnewsenglish.com/1810/181028-art-therapy-0.html

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From https://breakingnewsenglish.com/1810/181028-art-therapy-0.html

Doctors and a museum in Canada are helping sick people.

They are sending patients to art galleries, instead of giving

them medicine. The doctors say art helps our health. The

patients have breast cancer, eating disorders and mental

health problems. A doctor said: "You could come to the

museum and you might feel better."

A doctor who heals people with art therapy said it is good for

physical health. Looking at art produces the same

hormones in our bodies that exercise releases. A museum

spokesperson said: "I am [sure] that in the 21st century, [art]

will be what physical activity was for health in the 20th

century."

Sources: https://www.**bbc.com**/news/world-us-canada-45972348

https://www.lonelyplanet.com/news/2018/10/25/montreal-museum-of-fine-arts-prescription/ https://montrealgazette.com/news/local-news/doctors-can-soon-prescribe-visits-to-montreal-

museum-of-fine-arts

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### PHRASE MATCHING

From https://breakingnewsenglish.com/1810/181028-art-therapy-0.html

#### **PARAGRAPH ONE:**

helping sick

2. instead of giving

3. The doctors say art

4. The patients have breast

5. eating

6. mental health

7. You could come

8. you might

a. helps our health

b. problems

c. them medicine

d. feel better

e. people

f. to the museum

q. disorders

h. cancer

#### **PARAGRAPH TWO:**

1. A doctor who

2. it is

3. our physical

4. Looking at

5. the same hormones

6. A museum

7. physical

8. health in

a. health

b. spokesperson

c. in our bodies

d. the 20th century

e. good

f. activity

g. art

h. heals people

# **LISTEN AND FILL IN THE GAPS**

From https://breakingnewsenglish.com/1810/181028-art-therapy-0.html

Doctors and (1)			C	anada	are h	elping	sick
people. They (2)			t	o art g	galleri	es, ins	tead
of (3)		The	docto	ors say	/ art	helps	our
health. The	patients	h	ave	bre	east	car	ncer,
(4)	men	tal he	alth p	roblem	s. A d	loctor s	said:
"(5)		to	the	muse	um	and	you
(6)							
A doctor (7)			with	art th	erapy	⁄ said	it is
good (8)		_ hea	lth. L	ooking	at ar	t prod	uces
the same (9)				bodies	tha	t exe	rcise
releases. A	museui	m	sp	okespe	rson	S	said:
"(10)		that	in	the	21st	cent	ury,
(11)	wha	at phy	/sical	activit	y was	for he	ealth
in <sub>(12)</sub>	п						

## PUT A SLASH ( / )WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1810/181028-art-therapy-0.html

DoctorsandamuseuminCanadaarehelpingsickpeople. Theyaresendi ngpatientstoartgalleries, insteadofgiving them medicine. The doctorss ayarthelpsourhealth. The patients have breast cancer, eating disorders andmentalhealthproblems. Adoctorsaid: "Youcouldcometothemuse umandyoumightfeelbetter."Adoctorwhohealspeoplewitharttherapy saiditisgoodforourphysicalhealth.Lookingatartproducesthesamehor monesinourbodiesthatexercisereleases. Amuseum spokespersonsai d:"Iam[sure]thatinthe21stcentury,[art]willbewhatphysicalactivity

wasforhealthinthe20thcentury."

#### **ART SURVEY**

From https://breakingnewsenglish.com/1810/181028-art-therapy-4.html

Write five GOOD questions about art in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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## **WRITING**

From <a href="https://breakingnewsenglish.com/1810/181028-art-therapy-0.html">https://breakingnewsenglish.com/1810/181028-art-therapy-0.html</a>

Write about <b>art</b> for 10 minutes. Read and talk about your partner's paper.				