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# Level 2 – 28th October, 2018 Canada doctors using art to treat patients

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#### Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 1 and 3. They are (a little) harder.



## THE READING

From https://breakingnewsenglish.com/1810/181028-art-therapy-2.html

A museum in Montreal, Canada is working with a group of doctors to help sick people. The doctors will prescribe visits to art galleries, instead of medicine. The museum is taking part in trials on patients to find out how art affects health. The patients include people with breast cancer, eating disorders, epilepsy and mental health problems. The museum's director of education and wellness believes that art heals. He said: "We saw that the museum was good for people....If you're suffering from breast cancer, you could come to the museum and you might feel better."

A doctor with experience in helping to heal people with art therapy spoke about its benefits. She said: "There's more and more scientific proof that art therapy is good for your physical health." She said looking at art increases hormones in our bodies that are responsible for our well-being. She said these same hormones are released when we exercise. The museum's director-general said physical activity and art gave similar health benefits. She said: "I am convinced that in the 21st century, [art] will be what physical activity was for health in the 20th century."

Sources: https://www.bbc.com/news/world-us-canada-45972348 https://www.lonelyplanet.com/news/2018/10/25/montreal-museum-of-fine-arts-prescription/ https://montrealgazette.com/news/local-news/doctors-can-soon-prescribe-visits-to-montrealmuseum-of-fine-arts

## **PHRASE MATCHING**

From https://breakingnewsenglish.com/1810/181028-art-therapy-2.html

#### **PARAGRAPH ONE:**

1.	working with a	a.	cancer
2.	doctors will prescribe	b.	to the museum
3.	The museum is taking	c.	health problems
4.	breast	d.	better
5.	eating	e.	part in trials
6.	mental	f.	group of doctors
7.	you could come	g.	disorders
8.	you might feel	h.	visits to art galleries

#### **PARAGRAPH TWO:**

1.	experience in helping	a.	physical health
2.	scientific	b.	convinced
3.	art therapy is good for your	c.	20th century
4.	increases hormones	d.	being
5.	responsible for our well-	e.	proof
6.	art gave similar health	f.	to heal people
7.	I am	g.	in our bodies
8.	health in the	h.	benefits

## LISTEN AND FILL IN THE GAPS

From https://breakingnewsenglish.com/1810/181028-art-therapy-2.html

A museum in Montreal, Canada (1) a group help sick people. The of doctors to doctors (2) \_\_\_\_\_\_ to art galleries, instead of medicine. The museum is taking part (3) \_\_\_\_\_ patients to find out how art affects health. The patients include people with breast cancer, eating disorders, epilepsy (4) problems. The museum's director of education and wellness believes that art heals. He said: "We saw that the museum was good for people....If (5) \_\_\_\_\_ breast cancer, you could come to the museum and (6) \_\_\_\_\_\_ better." A doctor with experience in (7) \_\_\_\_\_ people with art therapy spoke (8) \_\_\_\_\_\_. She said: "There's more and more scientific proof that art therapy is good for your physical health." She said (9) increases hormones in our bodies that are responsible for our well-being. She said these same hormones (10) \_\_\_\_\_\_ we exercise. The museum's director-general said physical activity and art gave similar health benefits. She said: "I (11) \_\_\_\_\_ in the 21st century, [art] will be what physical activity (12) \_\_\_\_\_ in the 20th century."

# PUT A SLASH ( / )WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1810/181028-art-therapy-2.html

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5

# **ART SURVEY**

From https://breakingnewsenglish.com/1810/181028-art-therapy-4.html

Write five GOOD questions about Art in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

#### WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a)	 	 
b)	 	 
c)	 	 
d)		
e)		
f)		

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#### WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a)	 	
b)	 	
c)		
d)		
e)		
f)		

## WRITING

From https://breakingnewsenglish.com/1810/181028-art-therapy-2.html

Write about **art** for 10 minutes. Read and talk about your partner's paper.