

Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freeeslmaterials.com/sean_banville_lessons.html

Level 2 – 25th November, 2018

DNA could decide whether you like coffee or tea

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/1811/181125-coffee-or-tea-2.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 1 and 3. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

Google +



<https://plus.google.com/+SeanBanville>

THE READING

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-2.html>

New research says that DNA helps decide whether we prefer coffee or tea. Researchers from a university in Australia studied how our DNA affected our taste and why we like some things more than others. The researchers think they know why some of us prefer coffee while others like tea. People who like bitter tastes are more likely to drink coffee. People who are more sensitive to the bitter taste of caffeine are more likely to prefer coffee to tea. They were also more likely to drink more coffee than those who were not so sensitive to caffeine.

Researchers looked at data on more than 400,000 people. They also looked at a study that compared the tastes of 1,757 twins with their siblings. DNA is not the only thing affecting people's tastes. Other things like our environment, social factors or the effects of medicine can also affect our taste. One researcher said we can learn to like coffee. He said: "Bitter taste...is shaped not only by [DNA], but also environmental factors. Even though humans naturally dislike bitterness, we can learn to like or enjoy bitter-tasting food after being exposed to environmental factors."

Sources: <https://tribune.com.pk/story/1848673/3-tea-coffee-answer-might-genetic/>
<https://www.smithsonianmag.com/smart-news/first-coffeeunless-you-are-genetically-disposed-prefer-tea-180970841/>
<http://blogs.discovermagazine.com/d-brief/2018/11/16/the-bitter-truth-coffee-lovers-love-of-caffeine-is-wired-in-their-dna>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-2.html>

PARAGRAPH ONE:

- | | |
|------------------------------------|-----------------------|
| 1. how our DNA | a. of caffeine |
| 2. why we like some things | b. drink more coffee |
| 3. they know why some of | c. more than others |
| 4. People who like bitter | d. to caffeine |
| 5. the bitter taste | e. affected our taste |
| 6. more likely to prefer | f. tastes |
| 7. more likely to | g. us prefer coffee |
| 8. those who were not so sensitive | h. coffee to tea |

PARAGRAPH TWO:

- | | |
|-----------------------------------|-------------------|
| 1. data on more than | a. the only thing |
| 2. 1,757 twins with their | b. food |
| 3. DNA is not | c. like coffee |
| 4. affecting people's | d. factors |
| 5. the effects | e. siblings |
| 6. we can learn to | f. tastes |
| 7. enjoy bitter-tasting | g. 400,000 people |
| 8. being exposed to environmental | h. of medicine |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-2.html>

New research (1) _____ helps decide whether we prefer coffee or tea. Researchers from (2) _____ Australia studied how our DNA affected our taste and why we like some things (3) _____. The researchers think they know why (4) _____ prefer coffee while others like tea. People who like bitter tastes are more likely to drink coffee. People who are (5) _____ the bitter taste of caffeine are more likely to prefer coffee to tea. They were (6) _____ to drink more coffee than those who were not so sensitive to caffeine.

Researchers (7) _____ on more than 400,000 people. They also looked at a study that compared the tastes of 1,757 twins (8) _____. DNA is not the only thing affecting people's tastes. Other things like our environment, social factors or (9) _____ medicine can also affect our taste. One researcher said we (10) _____ like coffee. He said: "Bitter taste...is (11) _____ only by [DNA], but also environmental factors. Even though humans naturally dislike bitterness, we can learn to like or enjoy bitter-tasting food after (12) _____ environmental factors."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-2.html>

New research says that DNA helps decide whether we prefer coffee or tea. Researchers from a university in Australia studied how our DNA affected our taste and why we like some things more than others. The researchers think they know why some of us prefer coffee while others like tea. People who like bitter tastes are more likely to drink coffee. People who are more sensitive to the bitter taste of caffeine are more likely to prefer coffee to tea. They were also more likely to drink more coffee than those who were not so sensitive to caffeine. Researchers looked at data on more than 400,000 people. They also looked at a study that compared the tastes of 1,757 twin siblings. DNA is not the only thing affecting people's tastes. Other things like our environment, social factors or the effects of medicine can also affect our taste. One researcher said we can learn to like coffee. He said: "Bitter taste... is shaped not only by [DNA], but also environmental factors. Even though humans naturally dislike bitterness, we can learn to like or enjoy bitter-tasting food after being exposed to environmental factors."

COFFEE AND TEA SURVEY

From <https://breakingnewsenglish.com/1811/181125-coffee-or-tea-4.html>

Write five GOOD questions about Coffee and tea in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

DNA could decide whether you like coffee or tea – 25th November, 2018
More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

