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Level 4 – 27th January, 2019

Slim people's genes help them stay slim

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<https://breakingnewsenglish.com/1901/190127-genes-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1901/190127-genes-4.html>

Researchers say people's genes help them to stay slim. Thin people have DNA that help them stay slim and stops them putting on weight. A professor of metabolism and medicine said: "Genes play at least 40 per cent of a role in people's weight. It's much more than people realize." This might explain why some people are naturally skinny, while others have problems with keeping their weight down.

The researchers wanted to find out why so many people struggle with their weight. On the island of Nauru, 94.5 per cent of adults are overweight. The professor wanted to help people who are struggling. She said: "It's easy to rush to judgment and criticize people for their weight....Healthy, thin people are generally thin because they have a lower burden of genes that increase a person's chances of being overweight."

Sources: <https://edition.cnn.com/2019/01/25/health/thinness-and-obesity-due-to-genes-study-intl/index.html>
<https://www.bbc.com/news/health-46976031>
<https://medicalxpress.com/news/2019-01-slim-people-genetic-advantage-weight.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1901/190127-genes-4.html>

PARAGRAPH ONE:

- | | |
|------------------------------|------------------------|
| 1. people's genes help them | a. and medicine |
| 2. stops them putting | b. skinny |
| 3. A professor of metabolism | c. down |
| 4. Genes play at | d. to stay slim |
| 5. It's much more than | e. problems |
| 6. some people are naturally | f. on weight |
| 7. others have | g. people realize |
| 8. keeping their weight | h. least 40% of a role |

PARAGRAPH TWO:

- | | |
|-----------------------------------|----------------------|
| 1. The researchers wanted to find | a. chances |
| 2. so many people struggle | b. out why |
| 3. help people who | c. of genes |
| 4. It's easy to rush | d. are struggling |
| 5. criticize people | e. overweight |
| 6. they have a lower burden | f. with their weight |
| 7. increase a person's | g. for their weight |
| 8. being | h. to judgment |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1901/190127-genes-4.html>

Researchers say people's (1) _____ to stay slim. Thin people have DNA that help them stay (2) _____ them putting on weight. A professor (3) _____ medicine said: "Genes play at least 40 per cent of (4) _____ people's weight. It's much more than people realize." This (5) _____ some people are naturally skinny, while others have problems (6) _____ weight down.

The researchers wanted to find out why so (7) _____ with their weight. On the island of Nauru, 94.5 per cent of (8) _____. The professor wanted to help people who are struggling. She said: "It's (9) _____ to judgment and criticize people (10) _____. Healthy, thin people are generally thin because they have (11) _____ of genes that increase a person's (12) _____ overweight."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1901/190127-genes-4.html>

Researchers say people's genes help them to stay slim. Thin people have DNA that help them stay slim and stop them putting on weight. A professor of metabolism and medicine said: "Genes play at least 40 percent of a role in people's weight. It's much more than people realize." This might explain why some people are naturally skinny, while others have problems with keeping their weight down. The researchers wanted to find out why so many people struggle with their weight. On the island of Nauru, 94.5 percent of adults are overweight. The professor wanted to help people who are struggling. She said: "It's easy to rush to judgment and criticize people for their weight.... Healthy, thin people are generally thin because they have a lower burden of genes that increase a person's chances of being overweight."

STAYING SLIM SURVEY

From <https://breakingnewsenglish.com/1901/190127-genes-4.html>

Write five GOOD questions about staying slim in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

