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Level 0 – 6th February, 2019

We may be able to learn vocabulary while sleeping

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<https://breakingnewsenglish.com/1902/190206-learning-vocabulary-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1902/190206-learning-vocabulary-0.html>

We could learn vocabulary while we are sleeping. This is great news for language learners. Researchers said we can learn new information while sleeping and use this information later.

The researchers did tests using new words and their translations. The researchers said our sleeping brain is active.

The language areas and memory in the brain work after a person wakes up. These areas remember vocabulary when we sleep. During deep sleep, our brain is active for about half a second. This is when our brain could learn vocabulary. More research is needed to be sure that we can learn vocabulary when we are sleeping.

Sources: <https://interestingengineering.com/study-shows-that-new-vocabulary-can-be-learned-while-sleeping>
<https://www.sciencedaily.com/releases/2019/01/190131113837.htm>
https://eurekaalert.org/pub_releases/2019-01/uob-lnv012819.php

PHRASE MATCHING

From <https://breakingnewsenglish.com/1902/190206-learning-vocabulary-0.html>

PARAGRAPH ONE:

- | | |
|--------------------------|--------------------------|
| 1. We could learn | a. for language learners |
| 2. while we | b. tests |
| 3. This is great news | c. is active |
| 4. learn new information | d. translations |
| 5. use this information | e. while sleeping |
| 6. The researchers did | f. vocabulary |
| 7. words and their | g. are sleeping |
| 8. our sleeping brain | h. later |

PARAGRAPH TWO:

- | | |
|---------------------------|--------------------|
| 1. The language areas and | a. vocabulary |
| 2. after a person | b. sure |
| 3. These areas remember | c. brain is active |
| 4. when we | d. a second |
| 5. During deep sleep, our | e. memory |
| 6. about half | f. needed |
| 7. More research is | g. wakes up |
| 8. to be | h. sleep |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1902/190206-learning-vocabulary-0.html>

(1) _____ vocabulary while we are sleeping. This is (2) _____ language learners. Researchers said we (3) _____ information while sleeping and use (4) _____. The researchers did tests using new (5) _____ translations. The researchers said our sleeping (6) _____.

The language (7) _____ in the brain work after a (8) _____. These areas remember vocabulary when we sleep. During deep sleep, (9) _____ active for about (10) _____. This is when our brain could learn vocabulary. More research (11) _____ be sure that we can learn vocabulary (12) _____ sleeping.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1902/190206-learning-vocabulary-0.html>

We could learn vocabulary while we are sleeping. This is great news for language learners. Researchers said we can learn new information while sleeping and use this information later. The researchers did tests using new words and their translations. The researchers said our sleeping brain is active. The language areas and memory in the brain work after a person wakes up. These areas remember vocabulary when we sleep. During deep sleep, our brain is active for about half a second. This is when our brain could learn vocabulary. More research is needed to be sure that we can learn vocabulary when we are sleeping.

LEARNING VOCABULARY SURVEY

From <https://breakingnewsenglish.com/1902/190206-learning-vocabulary-4.html>

Write five GOOD questions about learning vocabulary in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

